Commercial Equipment / Strength / IF Series - Benches \& Racks

## IF-SS Squat Stand

## Specifications

- Self spotting triple chromed bar racking system for safer solo workouts
- Angled uprights for better squat \& bench exercises
- Multiple plate holders for convenient storage
- Adjustable safety spotters
- $123 \mathrm{~cm}(\mathrm{~L}) \times 128 \mathrm{~cm}(\mathrm{~W}) \times 174 \mathrm{~cm}(\mathrm{H})$


