

Pilates

## NJ1006A – Spine Corrector

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### General

The Spine Corrector is the ultimate piece of equipment for aligning and mobilising the spine and can also contribute to an improved posture. As a diverse Pilates tool, it can also be used to perform exercises lengthening and strengthening the torso, shoulders, back and legs while correcting or restoring the spine's natural curvature.

Dimensions :

(L) 94 x (W) 44 x (H) 61 cm

