Commercial Equipment / Strength Training / IF Series - Benches & Racks

IF-HC Half Cage

Specifications

- This base system provides the ultimate in safety & exercise variety
- Self spotting triple chromed bar racking system for safer free weight solo workouts
- Includes multiple plate holders for convenient racking
- Adjustable safety spotters accommodates : IF-FB & IF-FID
- 118cm (L) x 182cm (W) x 209cm (H)