



#PushYourself

Commercial Equipment / Strength Training / IF Series - Benches & Racks

IF-SS Squat Stand

Specifications

- Self spotting triple chromed bar racking system for safer solo workouts
- Angled uprights for better squat & bench exercises
- Multiple plate holders for convenient storage
- Adjustable safety spotters
- 123cm (L) x 128cm (W) x 174cm (H)

