



**# PushYourself**

Commercial Equipment / Strength Training / IF Series - Benches & Racks

## IF-SS Squat Stand

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### Specifications

- Self spotting triple chromed bar racking system for safer solo workouts
- Angled uprights for better squat & bench exercises
- Multiple plate holders for convenient storage
- Adjustable safety spotters
- 123cm (L) x 128cm (W) x 174cm (H)

