

KH-690 Light Commercial Elliptical Trainer

Drive

- Pull Motor System with poly V-belt.
- Resistance system : New Technology silent programmable magnetic resistance system.
- Resistance level : 32 levels.
- With adaptor power system.

Monitor

- Advance LCD display.
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse & Watts.
- 10 programs.

Special Features

- With 4 level manual incline.
- Adjustable stride for ultimate workout.
- Both forward and reverse motions offer various workout options.
- Heavy -gauge, epoxy hybrid, steel frame.
- Low impact workout.
- Long stride & 9 kg of rotating flywheel ensures smooth & dynamic elliptical movement.
- Comfy over-sized, non-slip pedals.
- Handheld pulse sensors.
- Dual action handle bars with high density foam grips.
- Accessory tray & built-in reading rack.
- Transport wheels.
- Zwift support.
- Bluetooth support.
- Adjustable floor levelers.
- Maximum User Weight : 150 Kgs.
- LXWXH : 165X63X170 CM.

[Watch Video](#)



