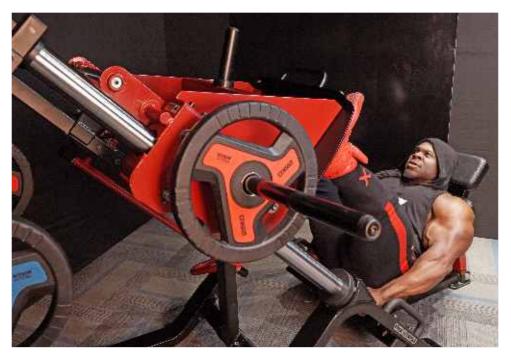




**PRODUCT CATALOGUE 2025** 





'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed for both commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.















# PECIFICATIONS

## VIRTUAL X COMMERCIAL TREADMILL



- 21.5" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
  - AC driving system with adjustable variable frequency.
  - 4.0 HP AC continuous (8.0 HP Peak) motor.
  - 23" x 64" running surface.
  - Speed: 1~20 kmph.
  - Precise incline control from 0~15%.
  - With intelligent invertor that detects speed variation and adjust automatically.
  - Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.

- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- With cordless mobile charger.
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight: 180 Kgs.
- LXWXH: 223X95X160 CM.

















## **GENESIS 9i**COMMERCIAL TRE





- Supports Wi-Fi connection and web browsing.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed: 1~25 kmph.
- Precise incline control from -3~18%.
- Unique 3% declinable deck.
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.

- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- With cordless mobile charger.
- · Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- · Large sized twin cup holder with a built-in tray
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight: 200 Kgs
- LXWXH: 221X98X176 CM

















# T6000 COMMERCIAL TREADMILL

#### INNOVATIVE FEATURES





- 5.0 HP AC continuous (10 HP Peak) motor.
- 22.5" x 64" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~20%.
- 16 x 24 cm Dot Matrix & alpha numerical display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopaedic running belt.
- Built in speakers
- Sweat proof console design.
- Two Cup / Mobile Holders.
- Maximum User Weight: 200 Kgs.
- LXWXH: 218X97X163 CM



#### End cap & roller protect guide

 End cap installed with safety device for protection of user.



#### Safe key

- The emergency key with clip
- The user can also push center emergency button.



#### Grip

- Big, wide and smooth handle feel.
- Wide space structure so that user can work out freely and easily.
- Polyurethane sweat proof material.



#### **Heart rate**

- · Intelligent heart rate system.
- Comfortable measure of heart rate.



#### Frame

- Steady elevation system.
- Minimum noise system.
- Advance technology for stable and durable frame.



















- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 21.5" x 62" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and ipod.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH: 214X93X137 CM.

















#### COMMERCIAL TREADM



- 21.5" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
  24" x 65" running surface.
  Speed 0.5-25kmph.
  Precise incline control from 0-20%.

- Inducing key-press, with direct speed (3/6/9) & incline(3/6/9) on the TFT screen.
- 38 programs: HRC (4), custom (18), manual (1), target (3), fatburn (3), cardio (3), strength (5) & fat measuring program.
   Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
- Comes with unique curved upright tube and handle bar.
- With USB, audio port, speaker & regular lubrication & replacement reminder.
- With wireless charger.
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Durable and reliable aluminum side rails.
- With durable Japanese bearing in rollers.
- Maximum user weight: 200kg.
- LXWXH: 226×97×167 CM.













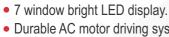




## GENESIS 9

#### COMMERCIAL TREADMILL





- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed: 1~25 kmph.
- Precise incline control from -3~18%.
- Unique 3% declinable deck.
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.

 Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.

HEART RATE MONITORING

- 1" thick fibre board running deck.
- With cordless mobile charger.
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight: 200 Kgs.
- LXWXH: 221X98X176 CM.



SPECIFICATIONS















## COMMERCIAL TREADMI



- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
  24" x 65" running surface.
  Speed 0.8~25 kmph.

- Precise incline control from -3~18%
- Unique -3% declinable deck
- 6 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH: 221X103X168 CM



















- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 23" x 67" running surface. Speed 1~22 kmph.
- Precise incline control from 0~15%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps.
- · Comes with Aluminum strip on side rail
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone.
- With USB charging point.
- MP3 connectivity with speakers.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH: 228X104X162 CM.

















### COMMERCIAL TREADMILL



- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 65" running surface.
- Speed 0.5-25kmph.
- Precise incline control from 0-20%.
  - 7LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs, temperature etc.
  - Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
  - 38 programs: HRC (4), custom (18), manual (1), target (3), fatburn (3), cardio (3), strength (5) & fat measuring program.
- Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
  - Comes with unique curved upright tube and handle bar.
  - With USB, audio port, speaker & regular lubrication & replacement reminder.
- Sweat proof console design.
  - Large sized twin cup holder.
  - Extra heavy duty running board supporting structure.
  - Heavy duty reliable orthopaedic running belt.
  - Durable and reliable aluminum side rails.
  - With durable Japanese bearing in rollers.
  - Maximum user weight: 200kg.
  - LXWXH : 226×97×167 CM.

















# **Q7i**COMMERCIAL TREADMILL



- 15.6" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
- AC driving system with adjustable variable frequency.
  - 4.5 HP AC continuous (9.0 HP Peak) external roto motor, high heat dissipation performance
  - 24"x63" running surface.
- Speed 1-22kmph.
  - Precise incline control from 0-15%.
- ✓ Inducing key-press, with direct speed (3/6/9) & incline (3/6/9) on the TFT screen.
  - Various motivating programs for different workout requirements.
  - With USB & audio interface.
  - With wireless charger.
- Sweat proof console design.
  - Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
  - With durable Japanese bearing in rollers.
  - Maximum user weight: 180kg.
  - •LXWXH: 210×93×161 CM.

















# Q8 COMMERCIAL TREADMII



- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10.0 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 65" running surface.
- Speed 0.5-25kmph.
- Precise incline control from 0-20%.
- 6 LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs & temperature.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements.
- With USB & audio interface, USB can be used for charging.
- Sweat proof console design.
  Large sized twin cup holder.
  Emergency stop button.
- Extra heavy duty running board supporting structure.
  Heavy duty reliable orthopaedic running belt.
- With durable Japanese bearing in rollers.
- Maximum user weight: 180kg.
- LXWXH: 226×97×167 CM.

















#### Q5i

## COMMERCIAL TREADMILL



- 15.6" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) external roto motor, high heat dissipation performance
- 23.6" x 63" (60\*160cm) running surface
- Speed 1-22kmph
- Precise incline control from 0-15%
- Inducing key-press, with direct speed (3/6/9) & incline(3/6/9) on the TFT screen
- Various motivating programs for different workout requirements: quick start/ real scene mode (6) / target mode (3) / training mode (5) / HRC mode
- With USB & audio interface
- With wireless charger
- Sweat proof console design
- Large sized, twin cup holder to hold your mobile phone
- Emergency stop button
- Extra heavy duty running board supporting structure
- Heavy duty reliable orthopaedic running belt
- Maximum user weight: 180kg
- L X W X H : 210×93×161 cm

















# X10 COMMERCIAL TREADMII



- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
  23" x 62" running surface.
  Speed 0.8~20 kmph.

- Precise incline control from 0~18%
- With cordless mobile charger.
- 5 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 160 kg.
- LXWXH: 209X88X163 CM

















## T3000 COMMERCIAL TREADMILL



- AC driving system provides higher torgue of power for heavy loading
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 23.5" x 61" running surface
- Speed 1~20 kmph
- Precise incline control from 0~20%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- Double shock absorption that provides suitable push off to reduce the possibility of injury to knees and joints
- Comes with Aluminum strip on side rail
- Heavy duty 2.5mm reliable orthopedic running belt
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight: 180 kgs
- LXWXH: 190X96X165 CM.

















### COMMERCIAL TREADMIL



- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 63" running surface.
- Speed 1-22kmph.
- Precise incline control from 0-15%.
- 7 LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs & temperature.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements.
- With USB & audio interface, USB can be used for charging.
- Sweat proof console design.
  Large sized twin cup holder.
  Emergency stop button.
- Extra heavy duty running board supporting structure.
  Heavy duty reliable orthopaedic running belt.
- With durable Japanese bearing in rollers.
- Maximum user weight: 180kg.
- LXWXH: 210×93×161 CM.

















## COMMERCIAL TREADMILL



- 15.6" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
- AC driving system with adjustable variable frequency
- 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance
- 22.44" x 59" running surface.Speed:1-20km/h
- Precise incline control from 0-15%
- Inducing key-press, with direct speed (3/6/9) & incline(3/6/9) on the TFT screen
- Various motivating programs for different workout requirements: quick start/ real scene mode (6) / target mode (3) / training mode (5) / HRC mode
- With USB & audio interface
- With wireless charger
- Sweat proof console design
- Large sized, twin cup holder to hold your mobile phone
- Emergency stop button
  - Extra heavy duty running board supporting structure
  - Durable Japanese bearing used in roller
  - Max user weight: 150kg
  - L X W X H : 197×93×145 cm

















## COMMERCIAL TREADMILL



- •AC driving system with adjustable variable frequency.
- •4.0 HP AC continuous (8.0 HP Peak) external roto motor with high heat performance.
- •23.6" x 63" running surface.
- •Speed: 1-22 kmph.
- Precise incline control from 0-15%.
- •6LED+dot matrix display showing time, incline, calorie, distance and heart rate.
- •Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- •Various motivating programs for different workout requirements: HRC, custom, manual, hill, fat burn, target, cardio, strength, fit test etc.
- Bluetooth music play.
- •Sweat proof console design.
- •Large sized, twin cup holder with a built-in tray to hold your mobile phone / tablet.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Maximum user weight: 180kg.
- •LXWXH : 210×93×161 CM.



















- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- Speed : 1~20 kmph.
- Precise incline control from 0 ~15%.
- 21" x 58" running surface.
- Multi window display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight: 150 Kgs.
- LXWXH: 216X92X151 CM.



















- AC driving system with adjustable variable frenquency.
- 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance.
- 22.44" x 59" running surface.
- Speed:1-20km/h.
- Precise incline control from 0-15%.
- 5 LED+dot matrix display showing time, incline, speed, calorie, distance, heart rate and step.
- Medical grade silicon keys with direct speed (3/6/9) & incline(4/8/12) on the console.
- Various motivating programs for different workout requirements:
   4HRC, 18 preset, 1 manual, 1 fit test.
- Sweat proof console design.
- Large sized, twin cup holder with a built in tray to hold your mobile phone & tablet PC.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Durable Japanese bearing used in roller.
- Max user weight: 150 kg.
- LXWXH: 197×93×145 cm.



















- Innovative curved deck with durable rubber belt having aluminum base.
- Non motorized technology.
- Comes with detachable waist strap that allows variety of pulling & pushing exercise.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description: run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- 195 kgs heavy duty stable steel structure.
- Noise below 80 DB.
- Maximum user weight 200 kg.
- LXWXH: 202X96X151 CM.









- Innovative curved deck with durable nylon belt.
- Non motorized technology.
- Display showing: distance, time, speed, pulse, calories & body fat.
  Exercise description: run, power walk, lateral shuffle & low push.
- Exercise description . run
   With 6 resistance levels.

  - Highly durable treadmill with low maintenance cost.
  - Ideal for core strength & interval training.
  - Long hand rails for maximum safety.
  - Maximum user weight 150 kg.







# SPECIFICATIONS



- Unique patented Decline to Incline running deck -0.5 ~ 40%.
- Ideal for special training of army, professional sports etc.
- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed: 1~20 kmph.
- 21.5" x 61" running surface.
- 7" large window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O<sup>2</sup> generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight: 150 Kgs.
- LXWXH: 179X112X202 CM



















- New patented technology that offers user to choose between Climbing/Elliptical/Running/Bike stride
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance
- Various motivating programs for different workout requirements
- Multi grip handle bar
- Variable stride length from 28" to 38" accommodating users of different heights
- Large pedals with toe caps for extra comfort
- Resistence Level: 0-16
- Reinforced frame for extra strength
- The large drink & accessories shelf is conveniently located with easy access while working out
- Maximum User Weight: 180 kgs
- LXWXH: 203X108X174 CM.



SPECIFICATIONS











## E1000

## COMMERCIAL ELLIPTICAL TRAINER



Resistance: Magnetron resistance system.
 Power: Self-generation.
 Display: 4 window LED with easy to use control panel.
 Resistance level: 40 levels.
 Program: Constant Watt, Interval, Fat burn, Cardio etc.
 Flywheel: 14kg.

Maximum User Weight: 180 kgs.

LXWXH: 176X92X116 CM.















#### DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (with cushioned gel pads) provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance design and space-saving deliver a fast return of investment.
- Power : Generator.
- Resistance level: 20

SPECIFICATIONS

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used distance covered, burned calories, watt and mets achieved.
- · Reliable sweat-proof construction keeps console in demanding commercial environment.

#### **SPECIAL FEATURES**

- Offers various motivating programs for different workout requirements.
   Large LED's and intuitive keystroke permit easy-to-operation interface for
- change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Cup holder with towel handle.
- Maximum user weight: 180 kg.LXWXH: 218X74X161 CM.













# E900i COMMERCIAL ELLIPTICA



- - Program: Various motivating programs for different workout requirements.

  - LXWXH: 190X86X177 CM.











### **E700i**

## COMMERCIAL ELLIPTICAL TRAINER



=ICATIONS

- Display: 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level: 40 levels.
- Program: 12 Preset, Manual, Interval, Weight loss, Target heart rate, Random, Warm up & down.
- 10kg two ways flywheel with 22" stride length & 3 pcs crank arm.
- Comes with Earphone port, Speakers & Mobile phone holder.
- Maximum User Weight: 160 kgs.
- LXWXH: 165X53X80 CM.











# E900 COMMERCIAL EL



• Resistance : Magnetron resistance system.

• Display: 5 window LED dot matrix.

- Self power generating.
- Resistance level: 32 levels.
- Various motivating programs for different workout requirements.
- 14.2kg two ways flywheel with 20" stride length & 3 pcs crank arm
- Comes with Mobile phone holder & Transport wheels.
- Maximum User Weight: 160 kgs.
- LXWXH: 190X85X176 CM.













### COMMERCIAL ELLIPTICAL TRA



- LED dot matrix console readouts: INCLINE, TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Z Level Control : 20 resistance levels.
  - With 15 level power incline.
- 500mm x 220mm unique stride length.
   12 kgs flywheel.
   Both forward & reverse motions offer value Both forward & reverse motions offer various workout options.
  - Hand held pulse sensors enable to monitor the heart rate all times.
  - Mp3 with speaker and USB charger.
  - With O2 generator and bottle holder.
    - Unique durable floor levelers on front & rear stabilizer.
    - With adaptor power system.
    - Maximum user weight: 150 kg
    - LXWXH: 215X77X194 CM.











## E800

#### COMMERCIAL ELLIPTICAL TRAINER



 Rear drive and dual handle arms enable smooth and engaging exercise, regardless of your fitness level.

- Self-powered system.
- LED screen.
- 8 Defaulted programs + 2 customized programs.
- Stride distance : 500mm.
- Resistance level: 26 levels.
- Max user weight: 150KGS.
- LXWXH: 209X78X168 cm.











## **KH2070**

### COMMERCIAL ELLIPTICAL TRAINER



- Rear-drive and dual handle arms enable smooth and engaging exercise, regardless of your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance and space-saving design.
- Multi LED Dot matrix display.
- Various motivating programs for different workout requirements.
- Striding distance : 500 mm (20").
- Power: Generator.
- Resistance level: 15.
- Maximum user weight: 150 kg.
  - LXWXH: 218x75x178 cm.













# SPECIFICATIONS

## **KH620**

### COMMERCIAL ELLIPTICAL TRAINER



- 20" long stride.
- Red backlight LED display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt, 20 preset, 4 Users and 3 Fitness test.
- 3 pcs crank system with 14kgs flywheels.
- USB port with MP3 reader.
- Handheld pulse sensor.
- Magnetic flywheel.
- With self generating system.
- Resistance level 24.
- Transport wheels.
- Adjustable floor levelers.
   Maximum User Weight: 150kgs.















- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control: 24 resistance levels.
- Dual Technology resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With ipad holder & bottle cage.
- Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- Maximum user weight: 150 kg.
- LXWXH: 162X65X180 CM.











## **KH640**

## COMMERCIAL ELLIPTICAL TRAINER



- Display: 5 window LED dot matrix.
  Self power generating.
  Resistance level: 40 levels.
  Program: 12 Preset, Manual, Interval, Weight loss, Target heart random, Warm up & down.
  14.2kg two ways flywheel with 19" stride length & 3 pcs crank arm
  Comes with Mobile phone holder & Transport wheels.
  Maximum User Weight: 160 kgs.
  LXWXH: 200X81X166 CM. • Program: 12 Preset, Manual, Interval, Weight loss, Target heart rate













## COMMERCIAL ELLIPTICAL



- Rear Drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large & impact-absorbing pedals (with gel pads) provide gentle movement to reduce lower back stress.
- Self-powered system, low maintenance design & space-saving deliver a fast return of investment.
- Power: Generator.
- Resistance level: 32.

### **Monitor**

- Heart rate control programs pro vide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and meters achieved.

### **Special Features**

- Offers various motivating programs for different workout requirements.
- Large LED's and intuitive keystroke permit easy to ope rate interface for change and monitor.
- Quick start key allows commencing exercise with a touch of a button.
- Display function is switchable for feedback of Level, Watt, Meters and Pulse.
- Cup holder with towel handle.
- Max User Weight :150Kgs.
- LxWxH: 210x64x180 cm.













## **KH610**

## LIGHT COMMERCIAL ELLIPTICAL TRAINER



• 20" long stride.

• 3 section manual incline.

Blue backlight LCD display.

 Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.

• Multiple programs including 1 Manual, 4 HRC, 1 Watt,

• 11 preset, 4 Users and 3 Fitness test.

• Handheld pulse sensor.

Magnetic flywheel.

With adapter power system.

• Resistance level - 24.

Transport wheels.

Adjustable floor levelers.

Maximum User Weight: 130kgs.

LXWXH: 176X68X179 CM

# KH690 LIGHT COMMERCIAL ELLIPTICAL TRAINER



### Drive

Pull Motor System with poly V-belt.

Resistance system: New Technology silent programmable magnetic resistance system.

Resistance level: 32 levels.

With adaptor power system.

### Monitor

• Advance LCD display.

Display readouts: Time, Distance, Speed, Level, Calories, Pulse & Watts

• 10 programs.

### **Special Features**

• With 4 level manual incline.

• Adjustable stride for ultimate workout.

Both forward and reverse motions offer various workout options.

• Heavy -gauge, epoxy hybrid, steel frame.

Low impact workout.

Long stride & 9 kg of rotating flywheel ensures smooth & dynamic elliptical movemen

• Comfy over-sized, non-slip pedals.

• Handheld pulse sensors.

· Dual action handle bars with high density foam grips.

· Accessory tray & built-in reading rack.

Transport wheels.

Zwift support.

Bluetooth support.

· Adjustable floor levelers.

Maximum User Weight: 150 Kgs.

•LXWXH: 165X63X170 CM.

# KH965 LIGHT COMMERCIAL ELLIPTICAL TRAINER



# LIGHT COMMERCIAL ELLIPTICAL TRAINER





- Display: 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level: 32 levels.
- Program: Various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Cushioned seats with horizontal adjustment.
- Comes with Blue tooth connectivity, Speakers & Mobile phone holder
- Maximum User Weight: 160 kgs.
- LXWXH: 166X66X132 CM.











# KH3040 COMMERCIAL RECUMBE



- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level: 20 Levels.

### **MONITOR**

- 7 window dot matrix LED display.
- Display readouts: Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
  - Various motivating programs for different workout requirements.

### SPECIAL FEATURES

- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily. Accessory tray with cup holder.
- Seat handle bars with quick access resistance (+/-) keys and handheld pulse sensors.
- Adjustable pedal straps
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- Adjustable floor levelers
- Built-in receiver
- Maximum User Weight: 180 kgs
- LXWXH: 165X64X138 CM.















- S window LED display was pace, heart rate etc.
  Offers various motivatin
  Ergonomic multi grip hat
  Weighted pedals provided
  Power: Self Generator.
  Cushioned seats with
  Low maintenance and some seats with
  Large sized cup holder.
  Maximum user weight:
  U LXWXH: 166X66X132 One • 5 window LED display with dot matrix showing time, speed, distance, calories
  - Offers various motivating programs for different workout requirements.
  - Ergonomic multi grip handles with heart rate & resistance control keys.
  - Weighted pedals provide gentle movement to reduce lower back stress

  - Cushioned seats with horizontal adjustment.
  - Low maintenance and space-saving design.

  - Maximum user weight: 160 kg.
  - LXWXH: 166X66X132 CM.

















### Drive

- One stage drive with poly V-belt.
- Resistance System : Self powered generator brake.
- Resistance Level: 32 Levels.

### **Monitor**

- LED(red light).
- Display readouts : speed,time,distance,calorie,heart rate,level,wat.
- 20 programs: 1 manual, 11 presetting, 4 HRC, 3 fittest, 1 wat.

### **Special Features**

- The easy-to-operate adjustment to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Seat handle bars with handheld pulse sensors.
- Adjustable pedal straps.
- 3 piece crank.
- · Built-in speakers & Bluetooth Music.
- With IP support bracket.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 180 kgs.













# KH575 COMMERCIAL RECUMBENT BIKE



### **Drive**

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake
- Resistance Level: 32 Levels

### **Monitor**

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

### **Special Features**

- The easy-to-operate adjustment bar to move the seat forward and backward
- Walk-through design to get on / off easily
- · Adjustable resistance levels
- · Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- · With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH: 183x68x90 cms













- Supports Wi-Fi connection & web browsing.

  - Program: Various motivating programs for different workout requirements.
  - Ergonomic multi grip handles with heart rate & resistance control keys.
  - Weighted pedals provide gentle movement to reduce lower back stress.

  - Comes with Blue tooth connectivity, Speakers & Mobile phone holder.











# KH3020 COMMERCIAL UPRIGHT BIKE



### **DRIVE**

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level: 20 Levels.

### **MONITOR**

- 7 window dot matrix LED display.
- Display readouts: Time, Distance, RPM, Speed, Level, Calories, Pulse
- · Various motivating programs for different workout requirements

### **SPECIAL FEATURES**

- · Various seat height level adjustments.
- Accessory tray with cup holder.
- Adjustable pedal straps.
- · Aluminum upright beam.
- Hidden 3 piece cranks inside crank cover for safety.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximum User Weight: 180 kgs.
- LXWXH: 109X60X149 CM.













# U900 COMMERCIAL UPRIGHT BI



• 5 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.

- Offers various motivating programs for different workout requirements. Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Cushioned seat with vertical adjustment.
- Low maintenance and space-saving design.
- Resistance level: 32
- Large sized cup holder.
- Maximum user weight: 160 kg.
  - LXWXH: 135X58X144 CM.













### U5555

## COMMERCIAL UPRIGHT BIKE



- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
  - Offers various motivating programs for different workout requirements.
  - Ergonomic multi grip handles with heart rate & resistance control keys.
  - Weighted pedals provide gentle movement to reduce lower back stress.
  - Power: Self Generator.
  - Low maintenance and space-saving design.
  - Resistance level: 20
  - 8 kg flywheel weight
  - With USB charger.
  - Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
  - Maximum user weight: 180 kg.
  - LXWXH: 105X73X149 CM.

# KH1020 COMMERCIAL UPRIGHT BIKE



- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight: 140 Kgs.
- LXWXH: 105X56X152 CM.















## COMMERCIAL UPRIGHT BIKE

### Drive

One stage drive with poly V-belt

**KH618** 

- Resistance System : Self powered generator brake.
- Resistance Level: 32 Levels

### Monitor

- LED(red light)
- Display readouts: speed, time, distance, calorie, heart rate, level, wat.
- •20 programs: 1 manual, 11 presetting, 4 HRC, 3 fittest,1 wat.

### **Special Features**

- •Various seat height levels easily adjustable by knob ball
- Ergonomic stationary handle bars
- · Handheld pulse sensor
- Adjustable pedal straps
- •3 piece cranks
- Transport wheels
- · Built-in speakers & Bluetooth Music
- With IP support bracket
- Adjustable floor levelers
- Maximum User Weight: 180 kgs



## KH565

## COMMERCIAL UPRIGHT BIKE

### Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Level: 32 Levels

### Monitor

- 7 window dot matrix LED display
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse and Watts
- · Various motivating programs for different workout requirements

### Special Features

- The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH: 111x56x148 cms















# AB1000 COMMERCIAL AIR BIKE



Maximum User Weight	150kg	Programs	3 target programs (Time, Distance, Calories),
Resistance	Air Resistance	Frograms	3 Heart Rate Programs (65%, 75%, 85%),
Drive Model	Belt Drive		4 Interval Programs (3 time interval and
Pedals & handle bars	Synchronized Motion	_	1 distance interval )
Pedals	Double Faced Aluminum Alloy	Heart Rate Monitor	Telemetry (Compatible with Polar heart rate belt
Footholds	Aluminum		H9 or H10 which can be bought separately)
Crank	Oversize	Cup Holder	Yes
Console Display	5"LCD Screen	Fan Size	26 inches
Console Readouts	Time, Speed/Average Speed, Calories/Average	Fan Blades	26 ABS Curved blades
	Calories, Distance, RPM/Average RPM,	Product Dimension	130 × 71 × 134 CM
	Watt/Average Watt		









This Bike enables users to do upper body training, lower body training and total body training. It helps to improve your body coordination and meets training demands of various people.

# AB700 COMMERCIAL AIR BIKE

- Various motivating programs for different workout requirements.
- Belt transmission system with fan flywheel.
  Various motivating programs for different workout requirements.
  3 pcs Crank system.
  Comes with horizontal and vertical saddle post adjustment.
  Transport wheels + Aluminum pedals.
  Big LCD screen with backlit.
  Quick buttons for interval program.
  Maximum user weight: 160 kg.
  LXWXH: 129x59x122 cms



# AB400 COMMERCIAL AIR BIKE

System: Fan drive
1 manual + 12 built-in programs
Built-in wireless receiver
Transport wheels + Aluminium pedals
Big LCD screen with backlit
Quick buttons for interval program
Maximum user weight: 150 kg.
LXWXH: 129x59x122 cms



# COMMERCIAL GROUP BIKE

- Comes with large computer display.
  Ultra sturdy structure with heavy duty 3 pcs crank.
  Fully adjustable GEL seat with sweat proof finish.
  4 way adjustable handle bar.
  Belt transmission system with 20 kg flywheel.
  Side break system.
  SPD racing pedals.
  Transport wheels for easy movement.
  Maximum user weight: 160 kg.
  LXWXH: 119X53X105 CM.



## **KH156**

## COMMERCIAL GROUP BIKE

- Comes with large computer display
  - Adjustable resistance
  - Racing handle bar
  - With 20kgs flywheel
  - 3 piece aluminum crank with SPD pedals
  - Computer functions: time, speed, distance, calories & pulse
    Maximum User Weight: 150 Kgs



# KH154 COMMERCIAL GROUP BIKE

Comes with large computer display.

- Ultra sturdy structure.
  - Fully adjustable GEL seat with sweat proof finish.
- 4 way adjustable handle bar.
  - Belt transmission system with 20 kg flywheel.
  - Side break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight: 150 kg.
- LXWXH: 119X53X105 CM.



# KH153 COMMERCIAL GROUP BIKE

Adjustable resistance.

- Dipping handle bar.
  - With 20kgs flywheel.
- With adjustable seat.
- Computer functions : time, speed, distance, calories & pulse.
- Maximum User Weight 140 Kgs.
- LXWXH: 115X50X123 CM.



# KH142 COMMERCIAL GROUP BIKE

Ultra sturdy with heavy duty crank.

- Fully adjustable Gel seat with sweat proof finish.
- With 18 kg flywheel.
- Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
  - Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight: 150 kg.
- LXWXH: 107X58X112 CM.



# SR1000 COMMERCIAL SKI / AIR



Maximum User Weight	150kg
Drive Model	Belt
Handlebar Design	Rowing Bar & Skiing Bar
Flywheel Weight	4.1kg
Special Features	Provided Rowing & Skiing Training
Resistance Design	MARS (Magnetic & Air Resistance System)
Resistance Power	300W
Resistance Levels	20
Console Display	5" LCD display with 8 readout windows
Console Readouts	Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level
Programs	5(Time/Distance/Calorie Target, Interval Time/Distance)
HR Monitor	Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
Product Dimension	Horizontal Form: $262 \times 88 \times 106$ CM
	Vertical Form: 136 × 88 × 214 CM
Seat Height	513mm/ 20.2"
Monorail	1663mm/ 65.5" (Aluminum)





MARS (Magnetic & Air Resistance System) allows users to control their exertion and





The SKI&ROW can be used instanding form, which and core training. Optional foot straps help users to train lower body and complete the workout shown below



bars accommodate different user's need.

The sturdylegs provide users a comfortal



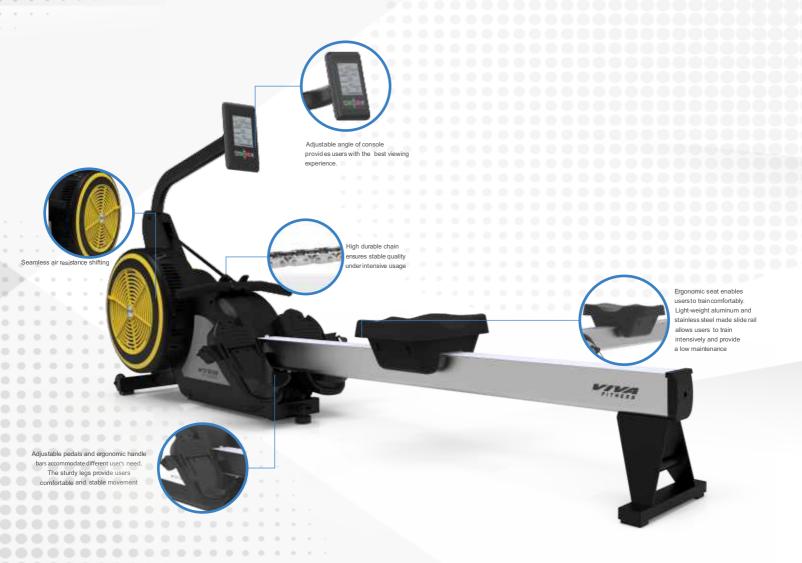








# AR1000 COMMERCIAL AIR ROWER



Drive Model	Chain
Maximum User Weight	150kg
Resistance Design	Air Resistance
Console Display	5" LCD display with 8 readout windows
Console Readouts	Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level
Programs	Multiple
HR Monitor	Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
Product Dimension	224 × 36 × 106 CM



- Unique fan plus Thes
  Durable chain drive with 1-way Death so
  Air+magnetic dual resistance.
  Aluminum rowing rail with stainless top surface.
  Dual adjustable console.
  Comfortable & smooth rowing seat.
  Ultra adjustable pedal.
  Max. User weight: 160 kgs.
  Lxwxh: 224x35x150 cm.

## **AR500**

COMMERCIAL AIR ROWER

IFICATIONS

- Solid steel frame that folds up for easy storage.
- Air generated 10 levels resistance.
- High strength steel chain rowing strap for a smooth and quiet pull.
- Back-lit bright LCD monitor that displays all workout data.
- Compatible with FITLOG, KINOMAP and ZWIFT.
- High quality contoured seat.
- Adjustable footrest with numbered setting
- Max. user weight: 160 Kgs.

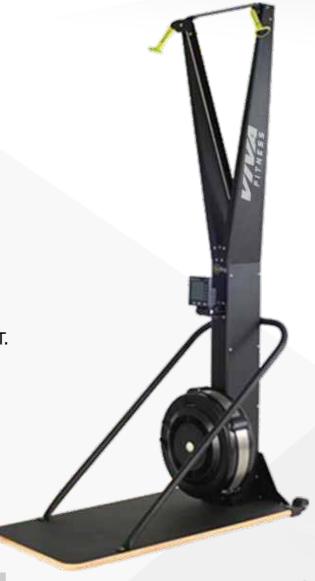
LXWXH: 241X62X111 CM.



## **SKI 500** SKI MACHINE

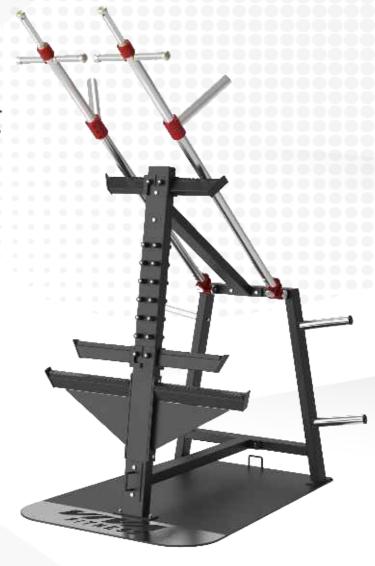
• Durable and ergonomic construction.

- Can be either moulted on a wall or with specially designed anti-skid floor stand.
- Air generated 10 levels resistance.
- High strength light weight drive cord with strapless handles for secure grip.
- Back-lit bright LCD monitor that displays all workout data.
- Compatible with FITLOG, KINOMAP and ZWIFT.
- Max. user weight: 160 Kgs.
- LXWXH: 128X62X216 CM.



# TRAINER

- Unique machine with variety of exercises possible.
- Heavy duty stainless steel base.
- Dimensions : 220x135x162 cms
- Weight: 160 kgs



- Starting resistance of 100 lbs.
- Plate loaded ability up to 40 additional pounds.
- 4 sounds reducing bumpers .
- 2 battle rope anchor points.
- 4 floor levelers.
- 8 floor mounting points.Weight of the tyre: 49 kgs.
- Weight of the machine: 145 kgs.
- LXWXH: 164X124X60 CM



## KH5050 STEPMILL



- Magnetic EMS system.
- Console : 6 window LED dot-matrix display.
- Speed & Start / Stop button on handle bar.
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : P1-36 + FAT + User / Countdown / Manual Floor mode & Cool down.
- 3 Emergency stop switch including infrared sensor.
- Step size: 21" wide step, 11" deep & 8" height
- Comes with wireless charger.
- With water bottle holder.
- Max user weight: 180 kgs.
- LXWXH: 167X87X131 CM.

## KH4040 STEPMILL



Magnetic EMS system.

Console : LED dot-matrix display.

• Speed & Start / Stop button on handle bar.

• Data readout : Speed level, calories, time, distance, steps etc.

 Program : Various motivating programs for different workout requirements.

With water bottle holder.

• Max user weight : 160 kgs.

LXWXH: 145X82X208 CM.

## KH3030 STEPMILL

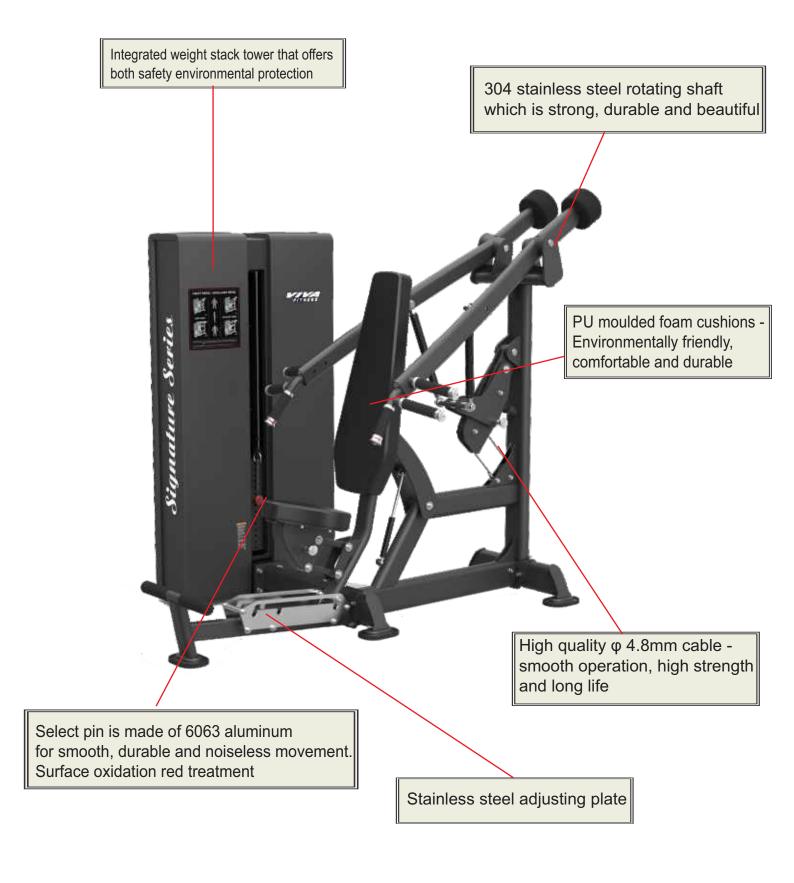


CIFICATIONS

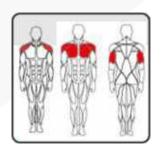
- Magnetic EMS system.
- Console: LED dot-matrix display
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : Various motivating programs for different workout requirements.
- With water bottle holder.
- Max user weight : 150 kgs.
- LXWXH: 145X82X208 CM.



## SIGNATURE SERIES UNIQUE FEATURES

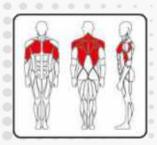


LXWXH: 198X135X166 CM.Weight stack: 150 LBS.

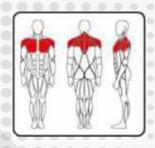


# PC2102 LAT PULL / SEATED ROW

LXWXH: 188X121X225 CM.Weight stack: 190 LBS.



LXWXH: 137X150X195 CM.Weight stack: 220 LBS.



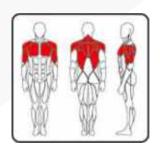






## PC2104 DIP / CHIN ASSIST

LXWXH: 116X154X220 CM.Weight stack: 170 LBS.



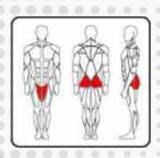


LXWXH: 161X133X158 CM.Weight stack: 220 LBS.



# PC2106 HIP ABDUCTOR / ADDUCTOR

LXWXH: 167X73X158 CM.Weight stack: 150 LBS.



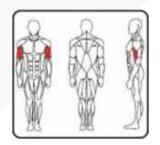






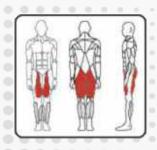
# PC2107 BICEP CURL / TRICEPS EXTENSION

LXWXH: 124X131X158 CM.Weight stack: 220 LBS.



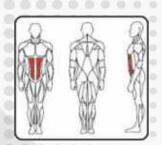


LXWXH: 194X114X158 CM. Weight stack: 290 LBS.



# PC2109 ABDOMINAL / BACK EXTENSIO

LXWXH: 131X121X158 CM. Weight stack : 200 LBS.



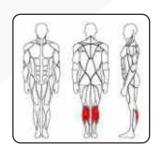




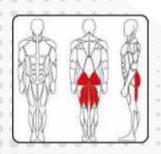


PC2110
DEEP SQUAT / STANDING CALF EXTENSION

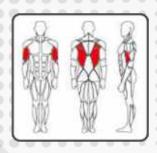
LXWXH: 130X115X158 CM.Weight stack: 220 LBS.



# PC2111 ROTARY HIP



LXWXH: 167X143X202 CM.Weight stack: 300 LBS.



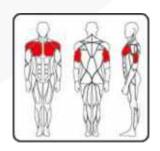






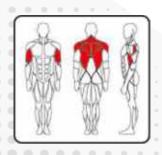
## PC2201 CHEST PRESS

LXWXH: 97X152X182 CM.Weight stack: 240 LBS.



## PC2202 SEATED ROW

LXWXH: 159X108X150 CM.Weight stack: 230 LBS.



## PC2203 SHOULDER PRESS

LXWXH: 171X146X150 CM.Weight stack: 240 LBS.



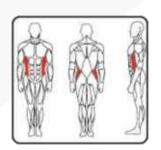






# PC2204 TORSO ROTATION

• LXWXH: 86X126X150CM. Weight stack : 120 LBS.





 LXWXH: 127X121X150 CM. Weight stack: 230 LBS.



• LXWXH: 143X121X150 CM.

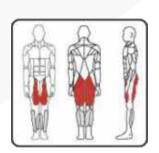






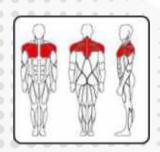
## PC2211 SEATED LEG PRESS

LXWXH: 186X114X150 CM.Weight stack: 330 LBS.



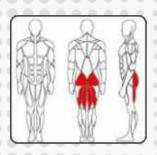
# PC2212 DELTOID TRAINER

LXWXH: 150X88X157 CM.Weight stack: 120 LBS.



## PC2215 HIP TRAINER

LXWXH: 163X113X150 CM.Weight stack: 150 LBS.



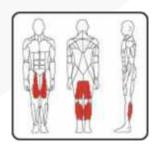






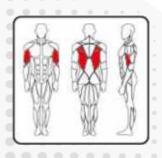
### PC2218 PRONE LEG CURL

LXWXH: 173X124X150 CM.Weight stack: 230 LBS.



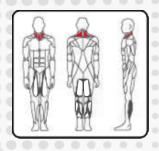


LXWXH: 94X119X150 CM.
 Weight stack: 150 LRS



### PC2223 NECK BENDING MACHINE

LXWXH: 168X88X158 CM.Weight stack: 200 LBS.









# PC2230 CABLE CROSSOVER

LXWXH: 414X76X236 CM.Weight stack: 220 LBS X 2.



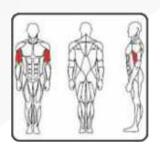
- LXWXH: 166X123X242 CM.Weight stack: 220 LBS X 2.

- Counter Balanced.Comes with Aluminum pulley.LXWXH: 140X209X250 CM.



# PC1013 BICEP CURL

- LXWXH: 148X108X119 CM.
- MAX WEIGHT CAPACITY: 150KG / 330 LBS.



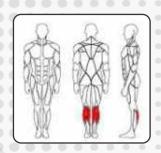
# PC1015 HIP THRUST

- LXWXH: 162X124X81 CM.
  MAX WEIGHT CAPACITY: 200KG / 440 LBS.



### PC1018 POWER SQUAT

- LXWXH: 199X129X140 CM.
  MAX WEIGHT CAPACITY: 400KG / 880 LBS





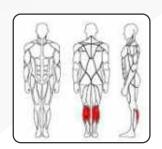




### PC1021 PENDULUM SQUAT

LXWXH: 213X162X96 CM.

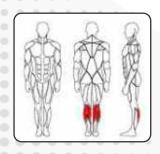
MAX WEIGHT CAPACITY: 200KG / 440 LBS





### PC1022 DEEP BELT SQUAT

- LXWXH: 172X175X143 CM.
- MAX WEIGHT CAPACITY : 350KG / 770 LBS.
- COMES WITH BELT ATTACHMENT.





#### PC3013

### LEG EXTENSION / PRONE LEG CURL

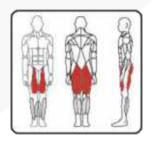
- UNIQUE LOAD DROP MECHANISM, ALLOWS FOR UP TO 30% WEIGHT REDUCTION.
- LXWXH: 141X134X103 CM.
- MAX WEIGHT CAPACITY: 150KG / 330 LBS





## PC3008 ISO LATERAL LEG PRESS

- UNIQUE LOAD DROP MECHANISM, ALLOWS FOR UP TO 30% WE
   LXWXH: 217X186X154 CM.
- MAX WEIGHT CAPACITY: 500KG / 1100 LBS



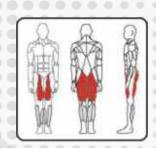


# PC3016 HIP ABDUCTOR

- MAX WEIGHT CAPACITY: 150KG / 330 LBS



- LXWXH: 214X161X140 CM.
- MAX WEIGHT CAPACITY: 600KG / 1300 LBS







### IT SERIES UNIQUE FEATURES

Aircraft spec 5mm American LOOS cable with 4,200 lb breaking strength. All fittings tested for 250,000 cycles using full weight stack.

 Easy-to-use seat with minimal adjustments and pre-stretched features optimal exercise positions.

- → 3mm thick, 50mm by 100 mm racetrack tubing, electro-welded for maximum strength.
- Electrostatic powder coated and heat cured paint finish for maximum durability.

- Compact space efficient design requires minimal floor space.
- Rubber grip prevent from being slipped.

### IT9501 CHEST PRESS

LXWXH: 148X120X150 CMWeight Stack: 200 lbs



### IT9503 ARM CURL

LXWXH: 130X121X150 CMWeight Stack: 160 lbs



### IT9502 LAT PULLDOWN

LXWXH: 143X138X188 CMWeight Stack: 295 lbs



### IT9504 PECTORAL

LXWXH: 150X146X150 CMWeight Stack: 200 lbs



### IT9505 LEG EXTENSION

LXWXH: 154X119X150 CMWeight Stack: 200 lbs



# IT9508 ABDUCTOR / ADDUCTOR

LXWXH: 155X90X150 CMWeight Stack: 160 lbs



### IT9506 SEATED LEG CURL

LXWXH: 147X120X150 CMWeight Stack: 200 lbs



### IT9509 TOTAL HIP

LXWXH: 130X98X150 CMWeight Stack: 200 lbs



#### IT9510 LEG PRESS

LXWXH: 180X120X150 CMWeight Stack: 295 lbs



### IT9514 ABDOMINAL

LXWXH: 135X115X158 CMWeight Stack: 200 lbs



# IT9512 SHOULDER PRESS

LXWXH: 156X144X151 CMWeight Stack: 200 lbs



# IT9515 PEC FLY / REAR DELT

LXWXH: 166X129X200 CMWeight Stack: 200 lbs



### IT9516 STANDING CALF

LXWXH: 135X115X158 CMWeight Stack: 235 lbs



# IT9518 ROTARY TORSO

LXWXH: 122X120X150 CMWeight Stack: 160 lbs



# IT9517 TRICEP PRESS

LXWXH: 179.4X126X150 CMWeight Stack: 200 lbs



### IT9519 VERTICAL ROW

LXWXH: 144X114X150 CMWeight Stack: 200 lbs



### IT9520 DIP / CHIN ASSIST

LXWXH: 122X136X220 CMWeight Stack: 200 lbs



## LAT PULL / SEATED ROW

LXWXH: 135X115X158 CM
 Weight Stack: 295 lbs



# IT9521 PRONE LEG CURL

LXWXH: 147X120X150 CMWeight Stack: 200 lbs



### IT9524 LATERAL RAISE

LXWXH: 122X121X150 CMWeight Stack: 200 lbs



# IT9526 GLUTE

• LXWXH: 150X124X150 CM • Weight Stack: 200 lbs





IT9528
LEG EXTENSION / LEG CURL

• Weight Stack: 235 lbs



LXWXH: 130X124X150 CM Weight Stack : 200 lbs



• LXWXH: 119X118X150 CM • Weight Stack: 200 lbs



### **IT7001**

### COUNTER BALANCED SMITH MACHINE

# STANDING MULTI FLIGHT MACHINE

LXWXH: 145X90X186 CM • Weight Stack: 200 lbs





### IT7002 SEATED PREACHER CURL

LXWXH: 101X81X88 CM.



### IT7003 AB BENCH

LXWXH: 175X94X100 CM



#### IT7004 STRETCH

LXWXH: 129X56X90 CM.



# IT7005 SEATED CALF RAISE

LXWXH: 135X75X83CM.



### **IT7006**

45° LEG PRESS / HACK SQUAT

LXWXH: 121X73X93 CM.

**IT7007** 

LXWXH: 225X98X146 CM.







IT7010

VERTICAL KNEE RAISE / DIP STAND

LXWXH: 112X78X155 CM.



#### IT7011 MULTI ADJUSTABLE BENCH

LXWXH: 121X75X46 CM.



#### IT7013 MULTI AB BENCH

■ LXWXH + 173 X72 X89 CM



#### IT7012

#### 12 PAIRS DUMBBELL RACK

LXWXH: 159X81X98 CM.



### IT7014 OLYMPIC FLAT BENCH

• LXWXH: 170X166X137 CM.



# IT7015 OLYMPIC INCLINE BENCH

• LXWXH: 163X165X137 CM.

## IT7016 OLYMPIC DECLINE BENCH

LXWXH: 210X166X137 CM.





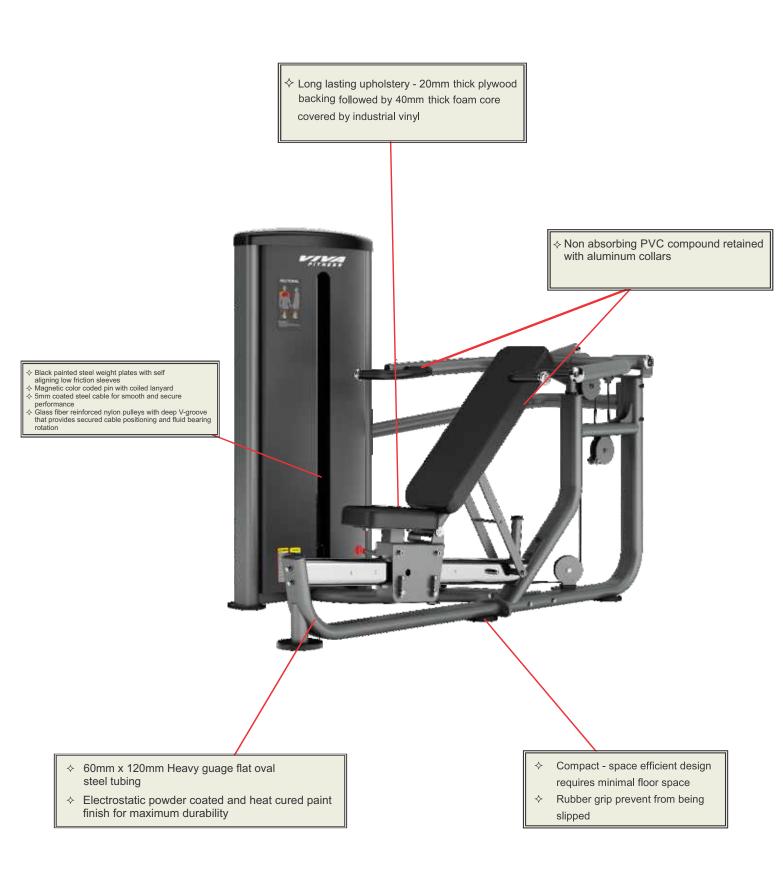
### IT7017 OLYMPIC WEIGHT TREE



# IT7022 UTILITY BENCH



### **BS SERIES UNIQUE FEATURES**



# BSOO8 LEG CURL/EXTENSION

LXWXH: 132X138X153 CM.Weight stack: 220 LBS.

# **BS009**MULTI PRESS

- LXWXH: 197X153X153 CM.
- Weight stack: 220 LBS.

# BS010 PULL DOWN/MID ROW

LXWXH: 197X152X211 CM.Weight stack: 220 LBS.







### **BS011** PEC FLY/REAR DELT

LXWXH: 179X114X202 CM.Weight stack: 220 LBS.



BSO12
BICEPS CURL/TRICEPS PRESS



BSO13

ABDOMINAL/BACK EXTENSION

LXWXH: 132X138X153 CM. Weight stack: 220 LBS.







# **BSO15**LEG PRESS/CALF RAISE

LXWXH: 187X118X153 CM.Weight stack: 220 LBS.

BSO16
HIP ABDUCTION/ADDUCTION

LXWXH: 157X94X153 CM. Weight stack: 220 LBS.

# BSO17 DIP / CHIN ASSIST

LXWXH: 188X123X215 CM.







#### **BS018**

ADJUSTABLE HI/LO PULLEY

LXWXH: 108X101X224 CM.Weight stack: 220 LBS.





BS120 LEG PRESS / HACK SQUAT

LXWXH: 221X113X150 CM







#### BS130 FUNCTIONAL TRAINER

LXWXH: 207X122X230 CMWEIGHT STACK: 220 LBS X 2

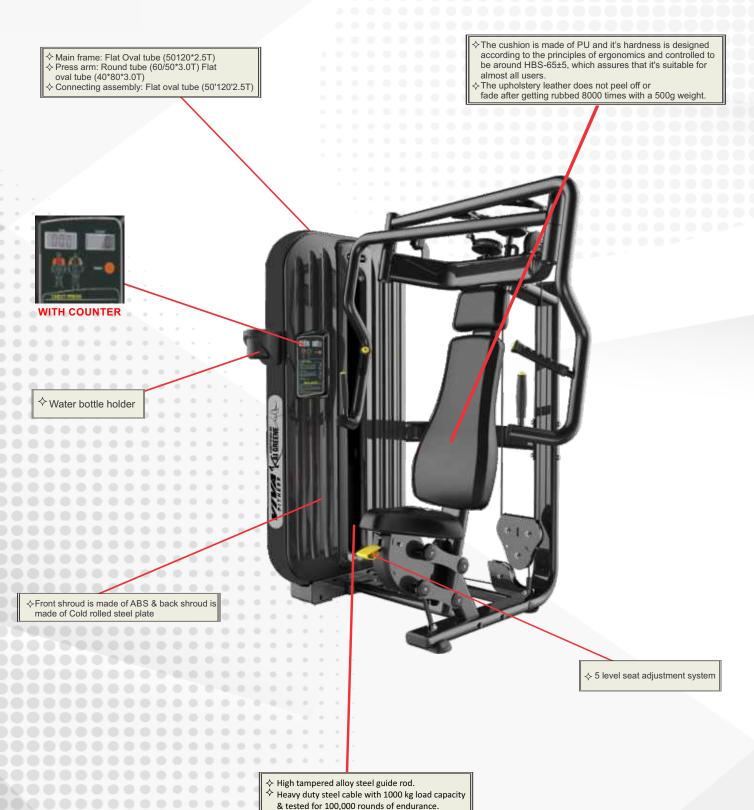


### BS140 CABLE CROSSOVER

LXWXH: 360X146X239 CMWEIGHT STACK: 220 LBS X 2



### **KG BLACK SERIES UNIQUE FEATURES**



♦ Steel weight stacks.

#### KG-6501 CHEST PRESS

LXWXH: 145X111X168 CMWEIGHT STACK: 220 LBS



#### **KG-6503** BICEP CURL

LXWXH: 130X97X168 CMWEIGHT STACK: 155 LBS



### **KG-6502**LAT PULL DOWN

LXWXH: 183X151X203 CMWEIGHT STACK: 220 LBS



### KG-6505 LEG EXTENSION

LXWXH: 136X108X168 CMWEIGHT STACK: 175 LBS



## KG-6508 ABDUCTOR/ADDUCTOR

LXWXH: 163X88X168 CMWEIGHT STACK: 175 LBS



#### **KG-6510** LEG PRESS

LXWXH: 195X110X168 CMWEIGHT STACK: 265 LBS



### **KG-6512**SHOULDER PRESS

LXWXH: 164X148X168 CMWEIGHT STACK: 175 LBS



# **KG-6515**PECFLY/REARDELT

LXWXH: 152X112X205 CMWEIGHT STACK: 220 LBS



## **KG-6517**TRICEP PRESS

LXWXH: 137X99X168 CMWEIGHT STACK: 220 LBS



#### KG-6520 ASSISTED CHIN/DIP

LXWXH: 145X132X237 CMWEIGHT STACK: 175 LBS



### **KG-6519**SEATED ROW

LXWXH: 144X88X168 CMWEIGHT STACK: 220 LBS



## **KG-6521**PRONE LEG CURL

LXWXH: 170X103X168 CMWEIGHT STACK: 175 LBS



#### KG-6522 LAT PULL/SEATED ROW

LXWXH: 190X152X210 CMWEIGHT STACK: 220 LBS



### **KG-6529** MULTI PRESS

LXWXH: 195X146X166 CMWEIGHT STACK: 175 LBS



# KG-6528 LEG EXTENSION/CURL

LXWXH: 140X120X166 CMWEIGHT STACK: 220 LBS



## **KG-6533**BICEPS/TRICEPS

LXWXH: 125X125X166 CMWEIGHT STACK: 175 LBS



# **KG-6535**SEATED HORIZONTAL PULLEY

LXWXH: 179X107X168 CMWEIGHT STACK: 220 LBS



## **KG-6545**CABLE CROSSOVER

LXWXH: 370X89X225 CMWEIGHT STACK: 220 LBS X 2

# KG-6546 FUNCTIONAL TRAINER

LXWXH: 163X108X225 CMWEIGHT STACK: 220 LBS X 2





### KG-6555 OLYMPIC FLAT BENCH

LXWXH: 183X127X120 CM



# KG-6557 OLYMPIC INCLINE BENCH

LXWXH: 207X126X135 CM



### KG-6559 AB BENCH

LXWXH: 185X72X110 CM



### KG-6556 OLYMPIC DECLINE BENCH

• LXWXH: 202X127X120 CM



# KG-6558 BACK EXTENSION BENCH

LXWXH: 123X66X78 CM



#### KG-6560 T ARM MACHINE

• LXWXH: 189X85X81 CM



#### KG-6561 STRETCH MACHINE

• LXWXH: 157X52X94 CM

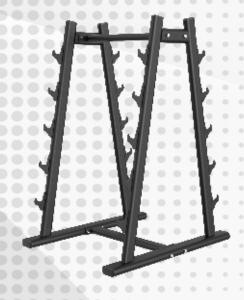


## **KG-6563**MULTI ADJUSTABLE BENCH



## **KG-6565**BARBELL RACK

LXWXH: 103X88X142 CM



#### KG-6562 FLAT BENCH

LXWXH: 150X73X45 CM



### KG-6564 UTILITY BENCH



## KG-6566 PREACHER CURL BENCH

• LXWXH: 97X74X97 CM



### SELECT LINE UNIQUE FEATURES



# CHEST PRESS

• LXWXH: 150X110X163 CM • WEIGHT STACK: 220 LBS



# PEC FLY / REAR DELT

LXWXH: 126X148X198 CM WEIGHT STACK: 220 LBS



# BRO2 SHOULDER PRESS

LXWXH: 136X143X163 CM WEIGHT STACK: 220 LBS



### **BR05 BICEP CURL**

 LXWXH: 114X110X140 CM WEIGHT STACK: 220 LBS



# BR07 LATERAL RAISE

LXWXH: 110X100X163 CMWEIGHT STACK: 190 LBS



# **BR13**LEG EXTENSION

LXWXH: 129X105X163 CMWEIGHT STACK: 220 LBS



# BRO8 LAT PULLDOWN

LXWXH: 148X87X226 CMWEIGHT STACK: 220 LBS



# BR14 SEATED LEG CURL

LXWXH: 127X103X163 CMWEIGHT STACK: 220 LBS



# **BR15**PRONE LEG CURL

LXWXH: 150X95X140 CMWEIGHT STACK: 220 LBS



### **BR25**

SEATED LEG CURL / LEG EXTENSION

LXWXH: 140X86X140 CMWEIGHT STACK: 220 LBS



# BR24 DIP / CHIN ASSIST

LXWXH: 120X110X220 CMWEIGHT STACK: 220 LBS



### **BR26**

TRICEP / BICEP

LXWXH: 121X105X140 CMWEIGHT STACK: 190 LBS



### **BR27**

### ABDUCTOR / ADDUCTOR

LXWXH: 150X70X140 CMWEIGHT STACK: 175 LBS



### BR29 MULTI PRESS

LXWXH: 188X140X163 CMWEIGHT STACK: 220 LBS



### **BR28**

### PRONE LEG CURL / LEG EXTENSION

LXWXH: 154X105X163 CM
 WEIGHT STACK: 220 LBS



### **BR30**

LAT PULL / SEATED ROW

LXWXH: 215X85X226 CMWEIGHT STACK: 220 LBS



## **BR33**

## BACK EXTENSION / ABDOMINAL

• LXWXH: 116X104X140 CM • WEIGHT STACK: 190 LBS



### **BR34 BUTTERFLY**

LXWXH: 124X142X180 CM WEIGHT STACK: 220 LBS



## **BR35**

### ROWING MACHINE

 LXWXH: 128X86X191 CM • WEIGHT STACK: 220 LBS



## **BR36**

### FUNCTIONAL TRAINER

WEIGHT STACK: 220 LBS X 2

## LXWXH: 105X195X230 CM



### **BR37**

### SMITH MACHINE

• LXWXH: 142X221X236 CM

COUNTER BALANCED



## **CONQUER LINE UNIQUE FEATURES**



## **PS2001**

## PRONE LEG CURL

• LXWXH: 165X96X153 CM • WEIGHT STACK: 210 LBS

# PS2002 LEG EXTENSION

 LXWXH: 156X103X153 CM WEIGHT STACK: 240 LBS





## **PS2003**

#### LEG PRESS

LXWXH: 209X106X153 CM EIGHT STACK: 240 LBS

## **PS2006**

### SHOULDER PRESS

 LXWXH: 175X135X153 CM WEIGHT STACK: 240 LBS





## PS2007 PEC FLY / REAR DELT

LXWXH: 186X131X202 CMWEIGHT STACK: 240 LBS



### PS2009 DIP / CHIN ASSIST

LXWXH: 139X122X235 CMWEIGHT STACK: 195 LBS



## PS2008 CHEST PRESS

LXWXH: 148X105X181 CM
 WEIGHT STACK: 240 LBS



## PS2021 ABDUCTOR / ADDUCTOR

LXWXH: 161X75X153 CMWEIGHT STACK: 200 LBS



## **PS2033**

### LONG PULL

LXWXH: 180X133X187 CMWEIGHT STACK: 240 LBS



## PS2034 VERTICAL ROW

LXWXH: 149X129X151 CMWEIGHT STACK: 210 LBS



## PS2084

#### **MULTI PRESS**

LXWXH: 181X146X153 CMWEIGHT STACK: 240 LBS



# PS2085 LAT PULL / SEATED ROW

LXWXH: 197X114X224 CMWEIGHT STACK: 240 LBS



## **PS2086**

## SEATED LEG CURL / EXTENSION

LXWXH: 145X102X153 CMWEIGHT STACK: 240 LBS



## PS2087 BICEP / TRICEP

LXWXH: 133X106X153 CMWEIGHT STACK: 240 LBS





## **BH SERIES UNIQUE FEATURES**



#### BH3501 CHEST PRESS

LXWXH: 123X140X164 CMWEIGHT STACK: 220 LBS



## BH3503 ARM CURL

LXWXH: 133X102X164 CMWEIGHT STACK: 175 LBS



LXWXH: 144X128X222 CMWEIGHT STACK: 220 LBS



## BH3505 LEG EXTENSION

LXWXH: 151X104X164 CMWEIGHT STACK: 220 LBS





## BH3506 SEATED LEG CURL

LXWXH: 170X108X164 CMWEIGHT STACK: 175 LBS



## **BH3508**

## ABDUCTOR / ADDUCTOR

LXWXH: 80X167X164 CMWEIGHT STACK: 175 LBS



#### BH3510 LEG PRESS

LXWXH: 223X108X164 CMWEIGHT STACK: 265 LBS



## BH3512 SHOULDER PRESS

LXWXH: 140X166X164 CMWEIGHT STACK: 175 LBS



#### **BH3515**

## PEC FLY / REAR DELT

LXWXH: 140X113X201 CMWEIGHT STACK: 175 LBS



## BH3519 VERTICAL ROW

LXWXH: 159X121X164 CMWEIGHT STACK: 220 LBS



## BH3517 TRICEP PRESS

LXWXH: 94X101X164 CMWEIGHT STACK: 220 LBS



## BH3520 DIP / CHIN ASSIST

LXWXH: 113X116X242 CMWEIGHT STACK: 220 LBS



## BH3521 PRONE LEG CURL

LXWXH: 154X102X164 CMWEIGHT STACK: 175 LBS



## BH3522 LAT PULL / SEATED ROW

LXWXH: 223X106X154 CMWEIGHT STACK: 220 LBS



## BH3524 LATERAL RAISE

LXWXH: 116X129X164 CMWEIGHT STACK: 175 LBS



## **BH3528**

LEG EXTENSION / LEG CURL

LXWXH: 155X112X164 CMWEIGHT STACK: 175 LBS



#### BH3529 MULTI PRESS

LXWXH: 157X142X164 CMWEIGHT STACK: 175 LBS



#### BH3533 BICEP / TRICEP

LXWXH: 144X104X164 CMWEIGHT STACK: 175 LBS



#### **BH3535**

#### SEATED HORIZONTAL PULLEY

LXWXH: 156X89X164 CMWEIGHT STACK: 220 LBS



# **BH3555**45° LEG PRESS

• LXWXH: 237X161X147 CM

## BH3559 SUPER SQUAT

## BH3560 45° LEG PRESS / HACK SQUAT

LXWXH: 226X158X157 CM







## BH3570

• Functional Trainer with Smith Machine

• LXWXH: 246X118X226 CM

• WEIGHT STACK: 175 LBS X 2



## BH3575 FUNCTIONAL TRAINER

LXWXH: 162x117x235 CM.

Weight Stack: 220 LBS x 2.



## BH 3580 CHEST PRESS

• LXWXH: 179X136X101 CM



## BH 3581 ROW

LXWXH: 175X129X109 CM



## BH 3582 INCLINE CHEST PRESS

LXWXH: 198X114X113 CM



## **E SERIES UNIQUE FEATURES**



# E5001 PRONE LEG CURL

- LXWXH: 152X99X135 CM WEIGHT STACK: 210 LBS



## E5002 LEG EXTENSION



# **E5003**SEATED LEG PRESS

- LXWXH: 190X110X162 CM
- WEIGHT STACK : 255 LBS



## E5005 LATERAL RAISE

- LXWXH: 91X115X150 CM.WEIGHT STACK: 120 LBS



## E5006 SHOULDER PRESS

LXWXH: 185X122X132 CMWEIGHT STACK: 240 LBS



#### E5008 CHEST PRESS

• LXWXH: 132X130X135 CM



# E5007 PEC FLY / REAR DELT

LXWXH: 124X99X211 CMWEIGHT STACK: 240 LBS



## E5009 DIP CHIN

LXWXH: 155X137X236 CMWEIGHT STACK: 200 LBS



## **E5013**INCLINE CHEST PRESS

LXWXH: 185X122X132 CMWEIGHT STACK: 240 LBS



# E5023 SEATED LEG CURL

LXWXH: 165X94X135 CMWEIGHT STACK: 240 LBS



#### E5030 BICEP CURL

• LXWXH: 119X89X135 CM



## E5033 LONG PULL

LXWXH: 282X109X236 CMWEIGHT STACK: 310 LBS



# E5034 VERTICAL ROW

- LXWXH: 155X132X160 CM
- WEIGHT STACK : 210 LBS



• LXWXH: 200X135X162 CM • WEIGHT STACK : 240 LBS



# E5035 LAT PULL DOWN

• LXWXH: 185X109X234 CM



# <u>TĒ</u>ŃSION

• LXWXH: 140X120X162 CM • WEIGHT STACK: 240 LBS



## E5087

## BICEP / TRICEP

• LXWXH: 140X120X162 CM • WEIGHT STACK: 140 LBS



## E5089 ABDUCTOR / ADDUCTOR

• LXWXH: 155X90X162 CM



• WEIGHT STACK : 240 LBS



### E3046

### STANDING MULTI FLIGHT

• LXWXH: 142X89X200 CM WEIGHT STACK: 175 LBS



# E3016 CABLE CROSSOVER

LXWXH: 447X109X231 CMWEIGHT STACK: 220 LBS X 2



# **E1017**FUNCTIONAL TRAINER

LXWXH: 105X176X225 CMWEIGHT STACK: 220 LBS X 2



# E5200 ADJUSTABLE HI/LO PULLEY

LXWXH: 99X124X227 CMWEIGHT STACK: 220 LBS

# **E5202**4 STATION JUNGLE GYM



## E5203 CABLE CROSSOVER

- E5200+E5200WEIGHT STACK: 220 LBS X 2





## **E5205**4 STATION JUNGLE GYM

 Multiple exercise function - Leg extension / Curl, Leg press Multi press & Hi-Lo Pulley.

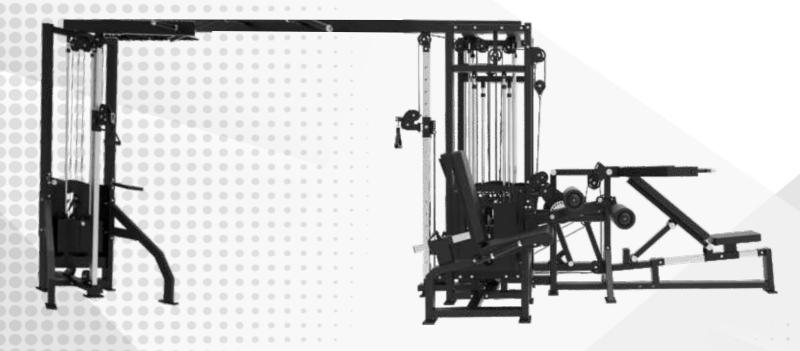
• LXWXH: 350X260X227 CM

• WEIGHT STACK: 220 LBS X 3 & 240 LBS x 1



## **E5206**5 STATION JUNGLE GYM

- E5200+E5205
- WEIGHT STACK: 220 LBS X 4 & 240 LBS x 1







## E3036 FLAT BENCH

LXWXH: 141X68X42 CM



## E3038 MULTI PURPOSE BENCH



#### E1080 AB COASTER

LXWXH: 185X72X145 cm

Maximum user weight: 150 kg



# E3037 ADJUSTABLE AB BENCH

LXWXH: 164X68X99 CM



## E3039 ADJUSTABLE BENCH



#### E1082 AB COASTER

• LXWXH: 164x78x146 CM.

Maximum user weight: 180 kg.



# E3041 OLYMPIC DECLINE BENCH

LXWXH: 209X170X122 CM



# E3043 OLYMPIC FLAT BENCH

• LXWXH: 174X170X122 CM



## E3045 HYPER EXTENSION

LXWXH: 121X89X67 CM



# E3042 OLYMPIC INCLINE BENCH

• LXWXH: 196X170X140 CM



## E3044 SEATED PREACHER CURL

• LXWXH: 113X84X88 CM



## E3047 DIP / VERTICAL KNEE RAISE

• LXWXH: 127X71X160 CM



# E3050 SQUAT RACK

• LXWXH: 173X170X178 CM





E3057
PLATE LOADED HACK SQUAT

LXWXH: 224X163X126 CM





## E3058 INCLINE LINEAR ROW

• LXWXH: 171X91X121 CM



### E3061 T BAR



## **E3093**GLUTE BUILDER

LXWXH: 140X191X353 CM

E6234
REVERSE HYPER EXTENSION



# E3063 SMITH MACHINE

- LXWXH: 142X221X236 CM
- COUNTER BALANCED





## E3062

• LXWXH: 150X71X99 CM







## E 3066 ABDOMINAL TRAINER

LXWXH: 129X61X154



# E3092 BOOTY MACHINE

LXWXH: 201X163X147 CM.



## SS SERIES UNIQUE FEATURES



#### SS01 CHEST PRESS

LXWXH: 138X113X161 CMWeight Stack: 220 lbs



#### SSO3 BICEP CURL

LXWXH : 117X119X161 CMWeight Stack : 175 lbs



## SS02 SHOULDER PRESS

LXWXH : 140X135X161 CMWeight Stack : 220 lbs



## **SS05**MULTI PRESS

LXWXH: 189X123X161 CMWeight Stack: 220 lbs



## **SS06** PEC FLY / REAR DELT

LXWXH: 162X105X200 CM • Weight Stack: 220 lbs



## SSO8 LOW ROW

LXWXH: 175X116X180 CM • Weight Stack : 220 lbs



SSO7
LAT PULL / SEATED ROW

LXWXH: 151X142X226 CM Weight Stack: 220 lbs



### **SS09** ASSISTED CHIN DIP

• LXWXH : 165X118X229 CM Weight Stack : 220 lbs



# SS11 ABDUCTOR / ADDUCTOR

• LXWXH : 155X131X161 CM

Weight Stack : 175 lbs



## **SS13**PRONE LEG CURL

LXWXH: 169X115X161 CM

Weight Stack : 220 lbs



## SS12 SEATED LEG CURL

LXWXH: 155X127X161 CM

• Weight Stack : 220 lbs



## SS14 LEG EXTENSION

LXWXH : 134X127X161 CM

Weight Stack : 220 lbs



# SS15 SEATED LEG CURL / LEG EXTENSION

LXWXH: 139X127X161 CM

• Weight Stack: 220 lbs



# **SS18**ROTARY TORSO

LXWXH: 131X107X161 CMWeight Stack: 175 lbs



# SS17 LAT PULL DOWN

LXWXH: 124X142X224 CM

Weight Stack: 220 lbs



# SS20 PRONE LEG CURL / LEG EXTENSION

LXWXH: 115X113X161 CM

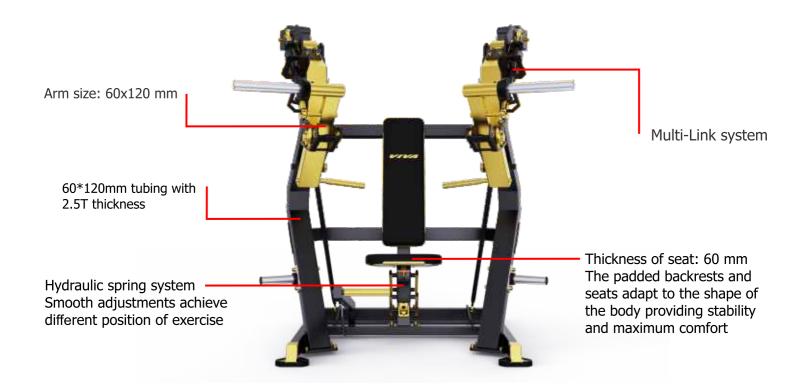
Weight Stack : 220 lbs



### **TITAN SERIES UNIQUE FEATURES**

The Titan Series features a luxurious golden finish that is truly unique, this design not only stands out but also exudes elegance and sophistication. It enhances the overall ambience of your gym and provides an exceptional visual and training experience for users. We designed an ergonomic handgrip with a textured surface to distribute the load more evenly, making push and pull movements more safe and effective.

Superior multi-link structure provides stable and uniform resistance throughout the entire range of motion, ensuring more efficient workouts. Mimics the natural movement trajectory of the human body, reducing stress on joints and soft tissues, thereby achieving safety and comfort during training.













#### TI 3001 CHEST PRESS

- LXWXH: 167X149X183 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



### TI 3002 PULL DOWN

- LXWXH: 209X147X204 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



### TI 3003 SHOULDER PRESS

- LXWXH: 155X183X171 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



### TI 3004 LOW ROW

- LXWXH: 150X147X187 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



### TI 3005 INCLINE CHEST PRESS

- LXWXH: 183X148X180 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs

#### TI 3006 LEG PRESS

- LXWXH: 256X168X158 CM
- MAX WEIGHT CAPACITY: 400Kg/880Lbs





#### TI 3008 REAR KICK

- LXWXH: 160X140X190 CM
- MAX WEIGHT CAPACITY:150Kg/330Lbs



# **TI 3007** ROW

- LXWXH: 167X135X134 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



#### TI 3023 BICEP CURL

• LXWXH: 161X118X103 CM

• MAX WEIGHT CAPACITY:300Kg/660Lbs



### TI 3024 SEATED DIP

- LXWXH: 181X170X105 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



## TI 3025 ISO LATERAL LEG EXTENSION

- LXWXH: 152X128X117 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



## TI 3050 WIDE CHEST PRESS

- LXWXH: 169X146X187 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



- LXWXH: 214X163X150 CMMAX WEIGHT CAPACITY:300Kg/660Lbs



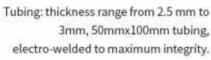
### TI 3066 HIP THRUST

- LXWXH: 192X134X95 CMMAX WEIGHT CAPACITY:300Kg/660I



### PL SERIES UNIQUE FEATURES

Easy to use, neat appearance, the PL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.



Color: black and red (Other colors are optional based on customer requirements)

Finish: Electrostatic powder-coated and heat cured after adhesiveness enhancement pre-treatment for superior durability



Compact - space efficient design requires minimal floor space.

Pad total thickness is 70mm.

Easy-to-use, flexible adjustments allow for optimal exercise positions.













### PL4001 CHEST PRESS

• LXWXH: 195X154X171 CM.

Max Weight Capacity: 300 kg / 660 lbs



# PL4003 SHOULDER PRESS

LXWXH: 176X155X148 CM.

Max Weight Capacity: 300 kg / 660 lbs



• LXWXH: 160X145X196 CM.

Max Weight Capacity: 300 kg / 660 lbs



### PL4004 LOW ROW

• LXWXH: 178X143X165 CM.

• Max Weight Capacity: 300 kg / 660 lbs





# PL4005 INCLINE CHEST PRESS

• LXWXH: 152X191X177 CM.

• Max Weight Capacity: 300 kg / 660 lbs



# PL4008 DECLINE CHEST PRESS

• LXWXH: 192X121X156 CM.

Max Weight Capacity: 300 kg / 660 lbs



## **PL4007** ROW

• LXWXH: 182X150X132 CM.

Max Weight Capacity: 300 kg / 660 lbs



## PL4009 POWER RACK

LXWXH: 204X116X228 CM



### PL4011 FID BENCH

• LXWXH: 136X68X129 CM.



## PL4017 SEATED CALF

• LXWXH: 149X78X84 CM.

Max Weight Capacity: 150 kg / 330 lbs



### PL4014 HAFL RACK

LXWXH: 203X116X227 CM.



### PL4020 LEG PRESS

• LXWXH: 250X174X154 CM.

• Max Weight Capacity: 400 kg / 880 lbs



## PL4023 BICEP CURL

• LXWXH: 140X104X120 CM.

• Max Weight Capacity: 300 kg / 660 lbs



# PL4025 LEG EXTENSION

• LXWXH: 170X128X122 CM.

Max Weight Capacity: 120 kg / 264 lbs



## PL4024 TRICEP DIP

• LXWXH: 173X158X120 CM.

Max Weight Capacity: 300 kg / 660 lbs



# PL4026 STANDING LEG CURL

• LXWXH: 170X128X122 CM.

• Max Weight Capacity: 120 kg / 264 lbs



# PL4027 BARBELL RACK

• LXWXH: 94X91X151 CM.



# PL4029 INCLINE BENCH PRESS

• LXWXH: 205X173X131 CM.



## PL4028 FLAT BENCH PRESS

LXWXH: 173X191X131 CM.



# PL4030 DECLINE BENCH PRESS

• LXWXH: 231X173X131 CM.



### PL4036 AB BENCH

• LXWXH: 112X143X162 CM.

Max Weight Capacity: 300 kg / 660 lbs



### PL4050 HIP THRUSTER

LXWXH: 170X104X84 CM.

• Max Weight Capacity: 300 kg / 660 lbs



# PL4041 SUPER OLYMPIC BENCH

LXWXH: 231X173X131 CM.



# PL4055 HALF RACK WITH WOODEN PLATFORM

• LXWXH: 140X110X230 CM.





# JPL302 SHOULDER PRESS

LXWXH: 129X128X146 CMMAX WEIGHT CAPACITY: 250Kg/550Lbs





LXWXH: 122X141X164 CM

• MAX WEIGHT CAPACITY: 250Kg/550Lbs



# JPL305 ROW

• LXWXH: 118X139X124 CM

• MAX WEIGHT CAPACITY: 250Kg/550Lbs



### JPL306 LOW ROW

• LXWXH: 120X122X163 CM

• MAX WEIGHT CAPACITY: 250Kg/550Lbs



# JPL308 INCLINE CHEST PRESS

LXWXH: 153X103X164 CM

• MAX WEIGHT CAPACITY: 250Kg/550Lbs



### JPL307 LEG PRESS

• LXWXH: 145X210X135 CM

MAX WEIGHT CAPACITY: 300Kg/660Lbs



### JPL310 REAR KICK

• LXWXH: 111X143X164 CM

• MAX WEIGHT CAPACITY : 250Kg/550Lbs



# JPL312 TRICEP DIP

LXWXH: 147X154X86 CMMAX WEIGHT CAPACITY: 250Kg/550Lbs



# JPL314 STANDING LEG CURL

• LXWXH: 144X117X142 CM • MAX WEIGHT CAPACITY: 250Kg/550Lbs



## JPL313 BICEP CURL

LXWXH: 106X139X101 CM

MAX WEIGHT CAPACITY: 250Kg/550Lbs



# **JPL315** LEG EXTENSION

LXWXH: 124X126X117 CMMAX WEIGHT CAPACITY: 250Kg/550Lbs



### **JPL316** INEAR LEG PRESS

LXWXH: 270X157X150 CMMAX WEIGHT CAPACITY: 400Kg/880Lbs



### **JPL320** CHEST PRESS / LAT PULLDOWN

LXWXH: 215X169X203 CM

MAX WEIGHT CAPACITY: 250Kg / 550Lbs



# JPL318 INCLINE PEC FLY

LXWXH: 163X164X110 CM

MAX WEIGHT CAPACITY: 250Kg / 550Lbs



# JPL322 LUNGE / DEADLIFT / SHRUGS

• LXWXH: 162X154X87 CM

MAX WEIGHT CAPACITY: 400Kg/880Lbs



### **JPL 323** ISO FID BENCH

LXWXH: 188X201X175 CM

• MAX WEIGHT CAPACITY: 160Kg / 350Lbs

#### **JPL 329** SMITH SQUAT COMBO

WITH COUNTER BALANCE MACHINE

LXWXH: 200X142X218 CM





# JPL 327 POWER RACK / SMITH MACHINE

XWXH: 183X221X219 CM

#### **JPL 328** POWER RACK / SMITH MACHINE

 WITH COUNTER BALANCE LXWXH: 183X221X219 CM





### JPL 333 STANDING HIP THRUST

• LXWXH: 117X124X152 CM.



# JPL 334 FOREARM JUNGLE

• LXWXH: 168X160X133 CM.





- LXWXH: 172X166X150 CM.
- MAX WEIGHT CAPACITY: 250Kg / 550Lbs



- LXWXH: 173X170X206 CM.
- MAX WEIGHT CAPACITY: 250Kg / 550Lbs



- LXWXH: 162X172X113 CM.
- MAX WEIGHT CAPACITY: 250Kg / 550Lbs

## JPL 340 SHOULDER PRESS

- LXWXH: 186X146X192 CM.
- MAX WEIGHT CAPACITY: 250Kg / 550Lbs





## JPL 341 PRECISION CHEST PRESS

LXWXH: 146X206X168 CM.MAX WEIGHT CAPACITY: 250Kg / 550Lbs



LXWXH: 208X151X138 CM.

MAX WEIGHT CAPACITY: 250Kg / 550Lbs





#### **JPL 343** VERTICAL CHEST PRESS

• LXWXH: 158X101X184 CM.

• MAX WEIGHT CAPACITY: 250Kg / 550Lbs



### JPL 344 OVERHEAD PRESS

LXWXH: 143X97X143 CM

MAX WEIGHT CAPACITY: 250Kg / 550Lbs



### JPL 345 LAT PULL DOWN

LXWXH: 205X90X232 CM.

MAX WEIGHT CAPACITY: 300Kg / 660Lbs



#### JPL346 INCLINE PRESS

LXWXH: 173X96X134 CM.MAX WEIGHT CAPACITY: 250Kg / 550Lbs



• MAX WEIGHT CAPACITY : 250Kg / 550Lbs



### JPL348 MULTI LOW ROW / DEADLIFT

LXWXH: 176X139X146 CM.





### **BEAST 21**

OLYMPIC FLAT BENCH

• LXWXH: 164X153X119 CM

BEAST 22
OLYMPIC INCLINE
BENCH

LXWXH: 184X153X140 CM





LXWXH: 200X153X119 CM

### **BEAST 24**

HYPER EXTENSION

LXWXH: 137X97X97 CM





LXWXH: 145X58X94 CM

# BEAST 27 AB BENCH

LXWXH: 182X99X103 CM





#### **BEAST 30** FLAT BENCH

LXWXH: 146X73X44 CM

- Option of Flat, Incline & Decline position.
- LXWXH: 178X61X135 CM





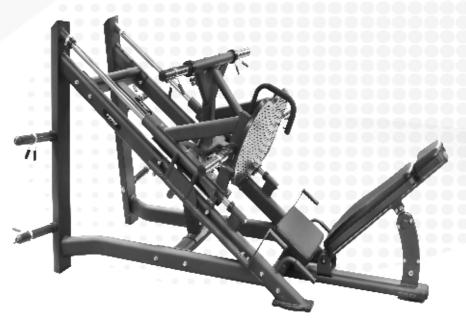
## UTILITY BENCH

BEAST 34 45° LEG PRESS

• LXWXH: 108X53X90 CM

LXWXH: 242X168X140 CM





## BEAST 38 PREACHER CURL BENCH

LXWXH: 113X84X88 CM

Beast 39
Vertical knee raise /
Dip stand

LXWXH: 119X77X136 CM







# BEAST 40 DUMBBELL RACK

- LXWXH: 209X81X83 CM
- Can hold 10 pairs.



# BEAST 41 3 TIER DUMBBELL RACK

- LXWXH: 213X63X98 CM
- Can hold 15 pairs.





### FL6002 PREACHER CURL BENCH

Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 117X75X90 CM

#### FL6005 SEATED CALF RAISE

Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 132X67X91 CM





### FL6007 HYPER EXTENSION

Paint Finish : Electrostatic Powder Coating

Seats : Tear resistant leatherite
Pipe Size : 100x50x2.5 mm
LXWXH : 125X68X90 CM



• Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 128X60X49 CM





### ICAL KNEE RAISE / DIP STAND

Paint Finish: Electrostatic Powder Coating

 Seats: Tear resistant leatherite • Pipe Size: 100x50x2.5 mm LXWXH: 109X75X158 CM



### MULTI ADJUSTABLE BENCH

Flat / Incline / Decline positionPaint Finish : Electrostatic Powder Coating

• Seats : Tear resistant leatherite Pipe Size : 100x50x2.5 mm LXWXH: 158X54X135 CM



SL7016 Dumbbell Rack

#### FL6012 DUMBBELL RACK

Paint Finish: Electrostatic Powder Coating

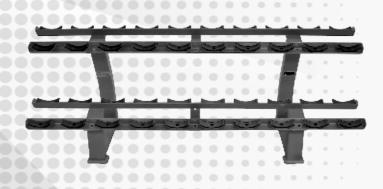
 Unique adjustable Lower base in order to accommodate dumbbell of different sizes / types

Pipe Size: 100x50x2.5 mm XWXH: 208X53X81 CM

### FL6013 MULTI AB BENCH

• Paint Finish: Electrostatic Powder Coating

 Seats: Tear resistant leatherite Pipe Size : 100x50x2.5 mm LXWXH: 178X69X92 CM





### FL6014 OLYMPIC FLAT BENCH

Paint Finish : Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 170X159X137 CM

### FL6015 OLYMPIC INCLINE BENCH

• Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 178X159X151 CM





### FL6016 OLYMPIC DECLINE BENCH

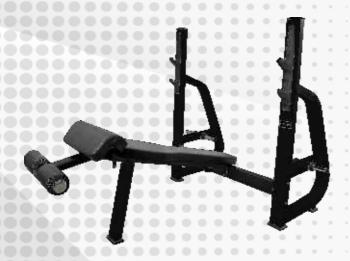
• Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 195X159X137 CM

### FL6018 DUMBBELL RACK

• Paint Finish : Electrostatic Powder Coating

Pipe Size : 100x50x2.5 mmLXWXH : 200X51X80 CM





#### FL6019 INCLINE T BAR

• Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 188X99X122 CM



#### FL6020 FID BENCH

Paint Finish: Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 145X51X132 CM



#### FL6021 SUPER SQUAT

Paint Finish : Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 190X175X185 CM



### FL6022 UTILITY BENCH

• Paint Finish : Electrostatic Powder Coating

Seats : Tear resistant leatheritePipe Size : 100x50x2.5 mmLXWXH : 101X81X88 CM



• Paint Finish: Electrostatic Powder Coating

• Seats: Tear resistant leatherite • Pipe Size: 100x50x2.5 mm LXWXH: 120X81X88 CM



## FL6041 4 WAY OLYMPIC BENCH

Unique Flat / Incline / Decline / Shoulder position

Paint Finish : Electrostatic Powder Coating

• Seats: Tear resistant leatherite Pipe Size : 100x50x2.5 mmLXWXH : 167X172X163 CM



### TER DUMBBELL RACK

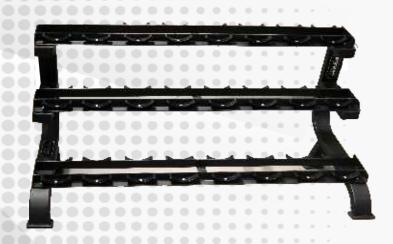
Paint Finish : Electrostatic Powder CoatingPipe Size : 100x50x2.5 mm

LXWXH: 175X81X92 CM



• Paint Finish: Electrostatic Powder Coating

• Pipe Size : 100x50x2.5 mm LXWXH: 82X68X133 CM





### FL6033 HALF RACK

Paint Finish : Electrostatic Powder CoatingPipe Size : 100x50x2.5 mm

• LXWXH: 136X175X245 CM



## FL6043 HALF RACK WITH PLATFORM

Paint Finish: Electrostatic Powder Coating

Pipe Size: 100x50x2.5 mm

Rack Size : LXWXH : 136X175X245 CM

Rubber tile thickness: 25mm Wooden board thickness: 25mm



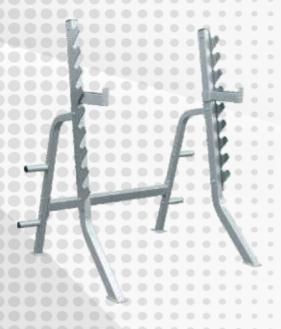
### **IFHC**HALF CAGE

- This base system provides the ultimate in safety and exercise variety.
- Self spotting triple chromed bar racking system for safer free weight solo workouts.
- Includes multiple plate holders for convenient racking.
- Adjustable safety spotters accommodates:
- LXWXH: 118X182X209 CM.



### IFSS SQUAT STAND

- Self spotting triple chromed bar racking system for safer solo workouts.
- Angled uprights for better squat and bench exercises.
- Multiple plate holders for convenient storage.
- Adjustable safety spotters
- LXWXH: 123X128X174 CM.



## IFHCS HALF CAGE SMITH ATTACHMENT

- Optional for IF-HC.
- LXWXH: 195X30X173 CM.



## **IFPT**POWER TOWER

- Contoured arm rests for secure positioning.
- Angled back pad for added comfort.
- Multiple grip positions for easy chin ups, dips, push ups and leg raise.
- LXWXH: 132X61X210 CM.



## IFAAB ADJUSTABLE ABDOMINAL BENCH

- Over sized bench padding for maximum comfort.
- Dual transport wheels for easy movement.
- LXWXH: 168X57X115 CM.

## IFAC ABDOMINAL CRUNCH

- Fixed decline angle for basic abdominal workout.
- LXWXH: 110X48X58 CM.





## **IF45**45°HYPEREXTENSION

- Adjustable thigh pads for proper positioning and support.
- 45 degree angle for optimal results.
- Dual transport wheels for easy movement.
- LXWXH: 121X74X77 CM.

## IFSPC SEATED PREACHER CURL

- Bar catch design for easy re-racking.
- Adjustable oversized arm pad.
- LXWXH: 102X71X82 CM.

## **IFFB**FLAT BENCH

- Wide base for added safety.
- Dual rear transport wheels for easy movement.
- LXWXH: 130X53X49 CM.







# **IFOIB**INCLINE BENCH

LXWXH: 156X131X119 CM.

# **IFODB**DECLINE BENCH

LXWXH: 190X131X115 CM





# YMPIC BENCH

- Excellent adjustable uprights.
- Expandable with drop in attachment. Options - IF-LEGA & IF-ARMA.
- Fully adjustable decline to shoulder press.
- LXWXH: 144X126X147 CM.



## IFFID MULTI PURPOSE BENCH

- Dual rear transport wheels for easy movement.Quick and easy seat and back pad adjustments.
- Fully adjustable decline to shoulder press.
- LXWXH: 158X65X52 CM.



### **ROBO ARM 22**

### FUNCTIONAL TRAINER

- STURDY DESIGN
- Weight stack : 200lbs x 2LXWXH : 246X359X249 cm

## ROBO ARM ECO DUAL CABLE CROSSOVER

- STURDY DESIGN
- Weight stack: 230lbs x 2





### **FTSM**

### FUNCTIONAL TRAINER CUM SMITH MACHINE

- STURDY DESIGN
- Weight stack : 200lbs x 2





#### **KH212** DUAL TWISTER

- Durable commercial grade construction.
- With Double Ball Bearings.
- Ergonomically Designed Handles.
- •LXWXH: 137X47X127 CM.



## KH271 SISSY SQUAT

Sturdy Design.



- Sturdy Design
- LXWXH: 44X44X17 CM



## KH320 BICEP CURL STAND

- Commercial Grade.
- Sturdy Frame.
- Can store upto 6 Olympic hole plates.LXWXH: 122X46X73 CM



## KH260 GORILLA GRIPPER / WRIST CURL

• Paint Finish : Electrostatic Powder Coating

• Seats : Tear resistant latherite • Pipe Size: 100x50x2.5 mm • Weight Stack: 60 KGS • LXWXH: 58X57X103 CM



Paint Finish: Electrostatic Powder Coating

Seats: Tear resistant latherite Pipe Size: 100x50x2.5 mm Weight Stack : 88 LBS LXWXH: 47X62X100 CM



## KH275 WRIST CURI

Sturdy Design.

Weight Stack: 175 lbs



## KH285 STANDING LATERAL RAISE

• Commercial Grade.

Sturdy Frame.

• Weight stack: 130 LBS. LXWXH: 145X81X150 CM



## KH286 GLUTE HAM DEVELOPER

- Commercial Grade.
- Sturdy Frame.LXWXH: 184X112X124 CM

## KH287 MULTI PURPOSE STORAGE RACK

- Commercial Grade.
- Sturdy Frame.
- Ideal for Dumbbells, Medicine balls, Kettle bells etc.





# KH646 TRIPLE STORAGE RACK

Can store upto 12 barbells, 24 weight plates and 8 pcs kettle bell.



LXWXH: 208X92X149 CM





### FID BENCH

- Durable commercial grade construction.
- Heavy duty frame structure.
- Options of flat, incline & decline position.Can be used for multiple exercises.

# X100 MULTI PURPOSE BENCH

- Flat, incline & decline position.
- With preacher curl attachment.
- With leg extension & prone leg curl.





# 3 WAY OLYMPIC BENCH

- Flat, incline & decline position.
- With smooth & convenient seat adjustmen



### **X200**

### PLATE LOADED STRENGTH TRAINER

- DIMENSIONS: 175X170X220 CMS
- MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS



### **X400**

### WALL MOUNTED FOLDABLE SQUAT RACK

- DIMENSIONS: 115X138X230 CMS MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS





# HALF RACK

- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



# X600 FUNCTIONAL RACK WITH LONG PULL

- DIMENSIONS: 154X170X232 CMS
   MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS



- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS : 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
  MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
 DIMENSIONS: 180X219X227 CMS
 WEIGHT STACK OF 100 KG X 2

MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



### 618LP ENDURANCE

### HEAVY DUTY COMMERCIAL MULTI GYM

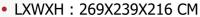
- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function Leg press, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection
- LXWXH: 269X239X216 CM



### 618EC POWER HOUSE

### HEAVY DUTY COMMERCIAL MULTI GYM

- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function Leg extension, Prone leg curl, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection





### **318LP** MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise, Shrugs & Leg press.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 219X222X213 CM



# **318MG**MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads



# 418CA STAR COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or socity use.
- 6 station gym with
  - 2 STEEL weight stacks of 70 Kgs each.
- Multiple Exercise Function -Leg extension, Leg press, Hi-Lo pully, Tricep extension, Lat pull, Bicep curl, Pec Dec, Multi press,
  Abdominal crunch, Bicep curl, Bench press,
  Vertical knee raise, Chin up & Dips stand etc.

  • Durable powder coated finish.
- · Comfortable seat pads.
- Arc cover for protection.LXWXH: 332X244X230 CM.





# 418BA STELLA LIGHT COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or socity use.
- 5 station gym with2 weight stacks of 65 Kgs each.
- Multiple Exercise Function Leg extension, Leg press, Hi-Lo pully, Chin up,
   Lat pull, Bicep curl, Pec Dec, Multi press, Tricep extension,
   Abdominal crunch, Bicep curl, Bench press, Vertical knee raise etc.
- Durable power coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH: 332X240X230 CM.



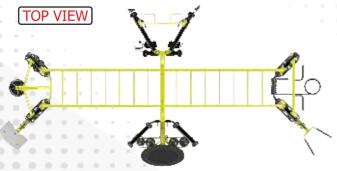
# 518LC CHAMPION LIGHT COMMERCIAL MULTI GYM

- 4 station gym with 4 weight stacks of 68 Kgs each.
- Exercise Function Leg press, Chest press Leg extension, Pec fly, Lat pull, Bicep curl, Rowing etc.
- Durable power coated finish.Ergonomic Design / Scientific Biomechanics
- LXWXH: 250X250X220 CM



### IMPULSE ZONE Customized Group Functional Training





#### X-SHAPE

PRODUCT DIMENSION 7489x3139x2446 (mm) 294.8x123.6x96.3 (in)

### **ENERGY 360**

### WITH ACCESSORIES

LXWXH: 450X400X250 CM.







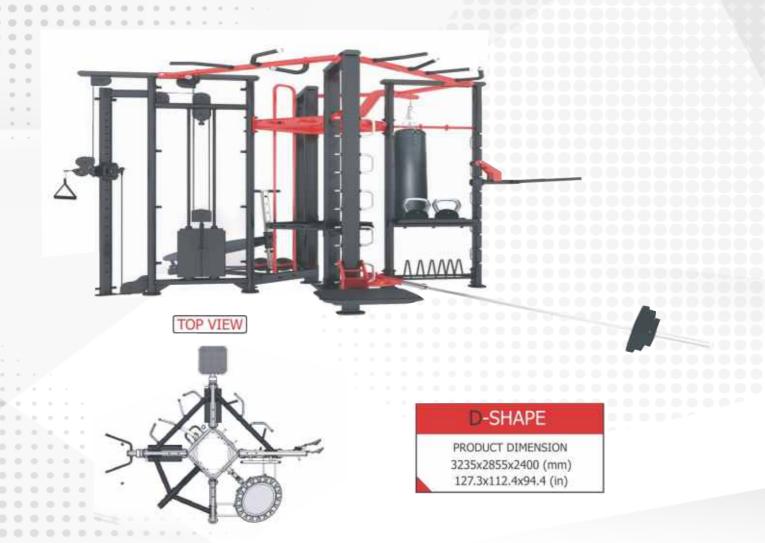












# KH308 SUSPENSION TRAINING RACK



## WEIGHT LIFTING PLATFORM

- Extra heavy duty steel platform
- Platform size is 8'x6'
- Rubber tile thickness 30mm
- Board thickness 30mm
- Steel frame 50mm



## WEIGHT LIFTING PLATFORM JUNIOR

- Heavy duty steel platform.
- Platform size is 8'x4'
- Rubber tile thickness 25mm
- Board thickness 20mm
- Steel frame 50mm



### RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES
KGS
10
15
20
25
30
35
40



### VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- Tear proof, soundless & bouncy effect.



SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40
45
- 50

### VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

### VIVA FORCE DUMBBELLS

- Made from high grade rubber compound for long life.
- Tear proof, soundless & bouncy effect.



	AVAILABLE SIZES
Ī	KGS
0	2.5
0	5
1	7.5
Ī	10
Ī	12.5
6	0 15 0
6	17.5
ľ	20
Ī	22.5
Ī	25
6	27.5
0	30
ľ	35
I	40

#### HEXAGON DUMBBELL

Made from rubber for long life. Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

# BLACK CHALLENGER BUMPER PLATES

- Made from virgin rubber.
- No smell & less bounce.
- Comes with beveled edge & knurled grip.

AVAILABLE SIZES
KGS
5
10
15
20
25



### COLOURED

BUMPER PLATES

Made from high quality rubber.

AVAILABLE SIZES			E
۰	KGS	5	
0	5		
0	10		
0	15		
0	20		
	25		



## **VIVA FITNESS TPR**OLYMPIC HOLE PLATES

 Made from high grade thermoplastic rubber for long life.

• Tear proof, soundless & bouncy effect.



SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

**AVAILABLE** 

**SIZES** 

### **VIVA POWER**

### OLYMPIC HOLE PLATES

- Patented: Unique Anti Roll Design
- Made From Durable And Premium Grade Virgin Rubber
- Aesthetically Designed With Epdm Red Granules
- Ergonomically Designed Grips
- Long Lasting Aluminium Bushes



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

## VIVA FORCE OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect



AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25

# **NEOPRENE**KETTLE BELL



AVAILABLE SIZES
KGS
2
4
8
12
16
20
24
28
32

#### R94088

#### STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- · Hard chrome tempered alloy steel
- Max loading: 1600 lbs7.2 ft olympic length.Net weight: 20 kgs.



#### **IR106**

#### COMPETITION OLYMPIC BAR

- Net weight: 20 kgs.7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality Camouflage Military green finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter: 28mm.
  Sleeve diameter: 50mm.
  Shaft length: 51.5".
  Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.



#### IR94039

#### HEAVY DUTY OF YMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length: 14".
- Max. load capacity: 816 kg / 1800 Lbs.



#### **IR94038**

#### **OLYMPIC BAR**

- Net weight: 16 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish
- Shaft diameter : 28mm.
- Sleeve diameter: 50mm.
- Sleeve length: 14".

#### **IR101**

#### COMPETITION OLYMPIC BAR

- Net weight: 20 kgs.7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter: 28mm.
  Sleeve diameter: 50mm.
  Shaft length: 51.5".
  Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.



#### **LEGACY 1001**

#### HEAVY DUTY OLYMPIC BAR

- Net weight: 20 kgs.7.2 ft Olympic length.Metal composition EN 8.
- Metal composition EN 8.
   Coating: Hard Chrome.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter: 30mm.Sleeve diameter: 50mm.
- Sleeve length: 15".
- Max load capacity 816 kg / 1800 lbs.



#### **LEGACY 1002**

#### HEAVY DUTY OLYMPIC BAR

- Net weight: 20 kgs.7.2 ft Olympic length.Metal composition EN 8
- Coating : Nickle.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter: 30mm.Sleeve diameter: 50mm.Sleeve length: 15".
- Max load capacity 816 kg / 1800 lbs.



#### IR94052

#### 72" OLYMPIC BAR

- Net weight: 13 kgs.
- High quality nickel chrome finish.
- Shaft diameter: 28mm.
  Sleeve diameter: 50mm.
- Sleeve length: 11".



### **IR94051**

### 60" OLYMPIC BAR

- Net weight : 11 kgs.
- High quality nickel chrome finish.
- Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 10".



### **IR94047**

### 47" EZ CURL BAR

- Net weight : 10 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.Sleeve diameter : 50mm.
- Sleeve length: 8".



#### **IR94083**

56" OLYMPIC BAR



### IR94045

OB20" OLYMPIC BAR



#### **IR94048**

### 48" OLYMPIC BAR

- Net weight: 10 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.Sleeve diameter : 50mm.
- Sleeve length: 8".



#### **IR102**

### MULTI GRIP BAR

• Size: 2.2 meter



### IR94025

14" REGULAR RUBBER HANDLE HOLLOW BAR

• Matches our small hole rubber plates



### IR94046

OLYMPIC TRICEP BAR



### IR94061 COLLAR



## IR95069 NYLON LAT ROPE



IR95017 38" SOLID LAT BAR



**IR95021** 



**IR95023** 



IR94064
OLYMPIC BAR COLLAR (PLASTIC)



### IR95070

SINGLE GRIP NYLON L



**IR95015**48" SOLID LAT BAR



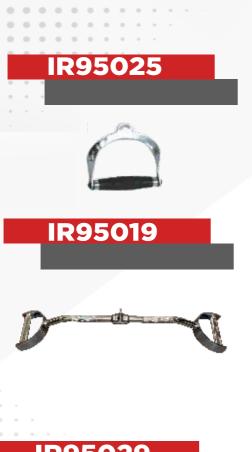
### IR95020

20" SOLID LAT BAR



### IR95022









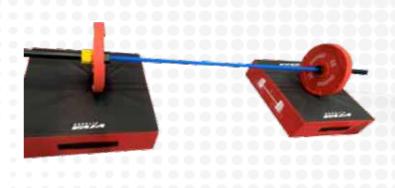
IR95024

### IR103 ROPE TRAINNER

- Unique cardio workoutAdjustable resistance control



### **POUND PAD**



# MAG HANDLE PRO SET OF 8





DOUBLE DEADLIFT JACK







- Large Dia tyre made from pre-used rubber
- Develops Power and Strength
- Good for Functional Training
- •FTU100 (100 kgs.)
- •FTU70 (70 kgs)
  •FTU50 (50 kgs)



### **SLED WITH TYRES**





### **WEIGHT SLED HYPER PRO**

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- **Drag Sports & Speed Training**
- All Fold-able for Easy Transportation
- Dual side operational



### **WEIGHT SLED** TRIO

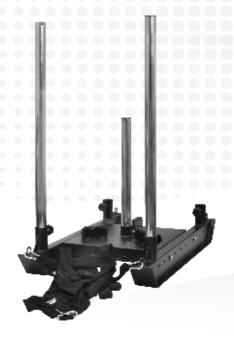
- Heavy metal Construction
- Must for all Push Pull Drag Sports & Speed Training Good for all Push Pull Drag Sports & Speed Training

- All Fold-able for Easy Transportation
- Dual side operational



### **WEIGHT SLED HYPER**

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- **Drag Sports & Speed Training**
- All Fold-able for Easy Transportatio
- Dual side operational



## WEIGHT SLED MINI

- Metal Construction with Shoulder Hardness Must for all Push Pull Drag Sports
- & Speed Training
- Good for all Push Pull Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational



NJ-1004 LADDER BARREL

The Pilates Ladder Barrel is unique. It offer both active and passive back extension exercises. Of course as with all the pilates equipment it is designed to allow many other exercises to be performed. The Pilates Equipment barrels are excellent for developing back strength and promoting trunk extension which is crucial to developing good posture.

Pilates Barrels utilize gravity rather than springs for resistance.



#### NJ-1006A

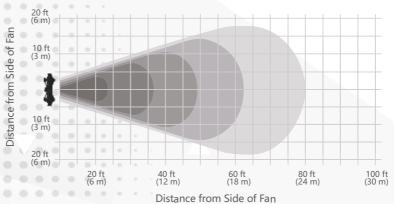
SPINE CORRECTOR

The Spine Corrector is the ultimate piece of equipment for aligning and mobilising the spine and can also contribute to an improved posture. As a diverse Pilates tool, it can also be used to perform exercises lengthening and strengthening the torso, shoulders, back and legs while correcting or restoring the spine's natural curvature.



### **GYMFAN**





#### **PRODUCT HIGHLIGHTS**

- Stepless Speed Adjustment
- 2 Highly Mobile with four wheel movement and foot locks
- Ourable Frame Structure

#### **PRODUCT SPECIFICATIONS**

**Dimension**: 2140\*690\*2030mm

Power: 1.1kw

Controller: Variable speed control

Weight: 150kg

Airflow: 24 meters length

### **OUR CLIENTS...**















































































































### GYM DESIGN

Our in-house professional design team create gym layout and propose interior schemes to maximise your investment potential in terms of user demand and diversity. Making the best use of available space and incorporating natural features, branding and equipment selection, these are visualized 2D and 3D format with full 3D-rendered animations also available.

#### A COMPLETE SOLUTION

With more then 16 years experience of running of our own gyms plus unrivalled business planning, operational and management experience, Viva Fitness has the know-how to plan & budget your project along with the hands-on management, qualified expertise and staffing resources to partner you every step of the way towards your ultimate success.







### MARKETED IN INDIA BY: Soccer International Private Limited

www.vivafitness.net www.tunturiindia.com www.californiafitness.in www.bodysolid.com