

VIVA FITNESS

P U S H Y O U R S E L F



**STAY STRONG
STAY AHEAD**

**PRODUCT
CATALOGUE
2026**

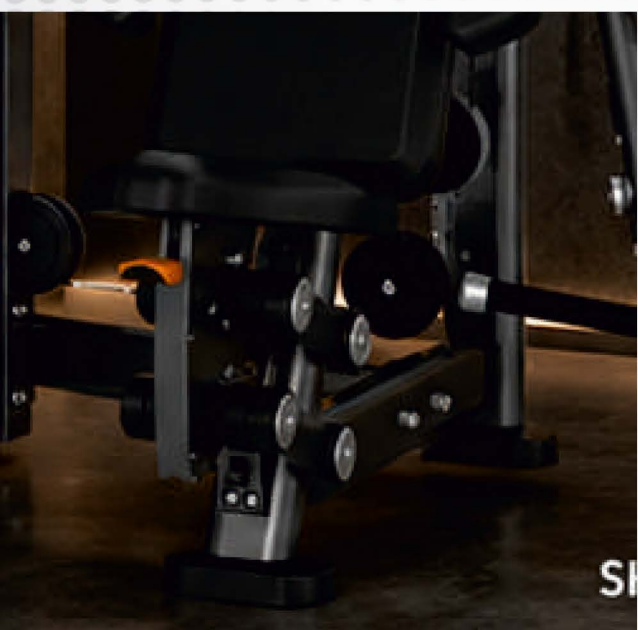
www.vivafitness.net



'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed for both commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.



VIRTUAL X

COMMERCIAL TREADMILL



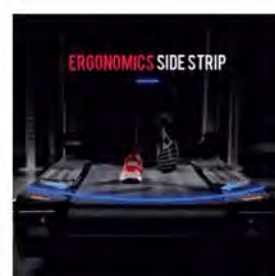
SPECIFICATIONS

- **21.5" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 64" running surface.
- Speed : 1~20 kmph.
- Precise incline control from 0~15%.
- With intelligent inverter that detects speed variation and adjust automatically.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 180 Kgs.
- LXWXH : 223X95X160 CM.



GENESIS 9i

COMMERCIAL TREADMILL



SPECIFICATIONS

- 27" capacitive touch screen with 1920x1080 HD resolution display.
- Supports Wi-Fi connection and web browsing.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



LEGACY i

COMMERCIAL TREADMILL



SPECIFICATIONS

- **23.8" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
- 23" x 61" running surface.
- Speed 0.8-22kmph.
- Precise incline control from 0-18%.
- Including key-press, with direct speed (3/6/9/12) & incline(3/6/9/12) on the TFT screen.
- 36 programs : Fast Motion Mode (1), Classic Mode (3), Interval Mode (3), Custom Mode (12), Marathon Mode (4), Scenario Mode (3), Heart Rate Mode (3) & Fitness Test Mode(7).
- Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
- Comes with unique curved upright tube and handle bar.
- With USB, audio port, speaker & regular lubrication & replacement reminder.
- **With wireless charger.**
- Bluetooth app with speaker & connectivity with Kinomap.
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Durable and reliable aluminum side rails.
- With durable Japanese bearing in rollers.
- Maximum user weight : 200kg.
- LXWXH :206X90.5X155 CM.



T6000

COMMERCIAL TREADMILL



INNOVATIVE FEATURES



End cap & roller protect guide

- End cap installed with safety device for protection of user.



Safe key

- The emergency key with clip
- The user can also push center emergency button.



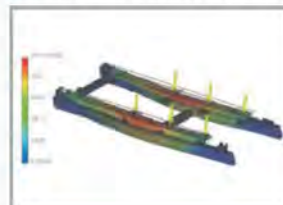
Grip

- Big, wide and smooth handle feel.
- Wide space structure so that user can work out freely and easily.
- Polyurethane sweat proof material.



Heart rate

- Intelligent heart rate system.
- Comfortable measure of heart rate.



Frame

- Steady elevation system.
- Minimum noise system.
- Advance technology for stable and durable frame.

SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10 HP Peak) motor.
- 22.5" x 64" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~20%.
- 16 x 24 cm Dot Matrix & alpha numerical display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopaedic running belt.
- Built in speakers
- Sweat proof console design.
- Two Cup / Mobile Holders.
- Maximum User Weight : 200 Kgs.
- LXWXH : 218X97X163 CM



T2222

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 21.5" x 62" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and ipod.
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 214X93X137 CM.



Q9i

COMMERCIAL TREADMILL



SPECIFICATIONS

- **24" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
- 25" x 66" running surface.
- Speed 0.5-25kmph.
- Precise incline control from 0-20%.
- Inducing key-press, with direct speed (3/6/9) & incline(3/6/9) on the TFT screen.
- 38 programs : HRC (4), custom (18), manual (1), target (3), fatburn (3), cardio (3), strength (5) & fat measuring program.
- Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
- Comes with unique curved upright tube and handle bar.
- With USB, audio port, speaker & regular lubrication & replacement reminder.
- **With wireless charger.**
- Bluetooth app with speaker & connectivity with Kinomap.
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Durable and reliable aluminum side rails.
- With durable Japanese bearing in rollers.
- Maximum user weight : 200kg.
- LXWXH : 226×97×167 CM.



LEGACY

COMMERCIAL TREADMILL



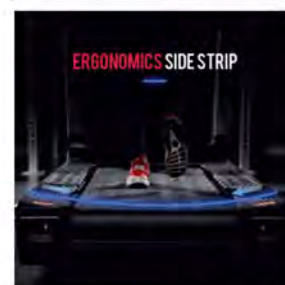
SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
- 23" x 61" running surface.
- Speed 0.8-22 kmph.
- Precise incline control from 0-18%.
- 23.8" LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs, temperature etc.
- Medical grade silicon keys with direct speed (3/6/9/12) & incline (3/6/9/12) on the console.
- 44 programs : Fast Motion Mode(1), Manual Mode(1), Custom Mode(U1~U3), Distance Countdown Mode (1), Calorie Countdown Mode (1), Time Countdown Mode (1), P Mode(1~36) & fat measuring program.
- Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
- Comes with unique curved upright tube and handle bar.
- With USB, audio port, speaker & regular lubrication & replacement reminder.
- Bluetooth app with Kinomap connectivity.
- Sweat proof console design.
- Large sized twin cup holder.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Durable and reliable aluminum side rails.
- With durable Japanese bearing in rollers.
- Maximum user weight : 200 kg.
- LXWXH :206X90.5X155 CM.



GENESIS 9

COMMERCIAL TREADMILL



SPECIFICATIONS

- 7 window bright LED display.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Bluetooth app with Kinomap connectivity
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



T3300

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 24" x 65" running surface.
- Speed 0.8~25 kmph.
- Precise incline control from -3~18%
- **Unique -3% declinable deck**
- 6 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- Bluetooth app with Kinomap connectivity
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.



T2525

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 23" x 67" running surface.
- Speed 1~22 kmph.
- Precise incline control from 0~15%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps.
- Comes with Aluminum strip on side rail
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone.
- With USB charging point.
- Bluetooth app with Kinomap connectivity
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 228X104X162 CM.



Q9**COMMERCIAL TREADMILL****SPECIFICATIONS**

- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 65" running surface.
- Speed 0.5-25kmph.
- Precise incline control from 0-20%.
- 7LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs, temperature etc.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- 38 programs : HRC (4), custom (18), manual (1), target (3), fatburn (3), cardio (3), strength (5) & fat measuring program.
- Programs developed by TOORX in collaboration with medical institutions in Italy & refined over a decade of use.
- Comes with unique curved upright tube and handle bar.
- With USB, audio port, speaker & regular lubrication & replacement reminder.
- Bluetooth app with Kinomap connectivity
- Sweat proof console design.
- Large sized twin cup holder.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Durable and reliable aluminum side rails.
- With durable Japanese bearing in rollers.
- Maximum user weight 200kg.
- LXWXH : 226×97×167 CM.



Q7i

COMMERCIAL TREADMILL



SPECIFICATIONS

- **15.6" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) external roto motor, high heat dissipation performance.
- 24"x63" running surface.
- Speed 1-22kmph.
- Precise incline control from 0-15%.
- Inducing key-press, with direct speed (3/6/9) & incline (3/6/9) on the TFT screen.
- Various motivating programs for different workout requirements.
- With USB & audio interface.
- **With wireless charger.**
- Bluetooth app with speaker & connectivity with Kinomap
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- With durable Japanese bearing in rollers.
- Maximum user weight: 180kg.
- LXWXH : 210×93×161 CM.



T1212

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 24.5" x 64" running surface.
- Speed 1–25 kmph.
- Precise incline control from 0~20%.
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate.
- Sweat proof console design / two cup / bottle holders / handle bar.
- Various motivating programs for different workout requirements.
- With BT music / BT App (including Fitshow & Zwift & Kinomap) / Wireless charging.
- The full-wrap side rails make the machine sturdier and more robust.
- Comes with stainless steel pedal on side rail.
- Heavy duty 3.7mm commercial use running belt.
- 25mm high-density running board.
- Maximum User Weight: 180 kgs.
- LXWXH : 238X104X162 CM.



Q8

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5 HP AC continuous (10.0 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 65" running surface.
- Speed 0.5-25kmph.
- Precise incline control from 0-20%.
- 6 LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs & temperature.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements.
- With USB & audio interface, USB can be used for charging.
- Bluetooth app with Kinomap connectivity.
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- With durable Japanese bearing in rollers.
- Maximum user weight :180kg.
- LXWXH:226×97×167 CM.



Q5i

COMMERCIAL TREADMILL



SPECIFICATIONS

- **15.6" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) external roto motor, high heat dissipation performance
- 23.6"x 63"(60*160cm) running surface
- Speed 1-22kmph
- Precise incline control from 0-15%
- Inducing key-press, with direct speed (3/6/9) & incline (3/6/9) on the TFT screen
- Various motivating programs for different workout requirements: quick start/real scene mode (6) / target mode (3) / training mode (5) / HRC mode
- With USB & audio interface
- **With wireless charger**
- Bluetooth app with speaker & connectivity with Kinomap
- Sweat proof console design
- Large sized, twin cup holder to hold your mobile phone
- Emergency stop button
- Extra heavy duty running board supporting structure
- Heavy duty reliable orthopaedic running belt
- Maximum user weight : 180kg
- L X W X H : 210x93x161 cm



X10

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 62" running surface.
- Speed 0.8~20 kmph.
- Precise incline control from 0~18%
- With cordless mobile charger.
- Bluetooth app with Kinomap connectivity.
- 5 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone.
- With USB charging point.
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 160 kg.
- L X W X H : 209 X 88 X 163 CM



T3000

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 23.5" x 61" running surface
- Speed 1~20 kmph
- Precise incline control from 0~20%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- Double shock absorption that provides suitable push off to reduce the possibility of injury to knees and joints
- Comes with Aluminum strip on side rail
- Heavy duty 2.5mm reliable orthopedic running belt
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight: 180 kgs
- LXWXH : 190X96X165 CM.



Q7

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) external roto motor, high heat dissipation performance.
- 24" x 63" running surface.
- Speed 1-22kmph.
- Precise incline control from 0-15%.
- 7 LED+dot matrix display showing time, incline, speed, pace, calorie, distance, heart rate, step, METs & temperature.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements.
- With USB & audio interface, USB can be used for charging.
- Bluetooth app with Kinomap connectivity
- Sweat proof console design.
- Large sized twin cup holder.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- With durable Japanese bearing in rollers.
- Maximum user weight: 180kg.
- LXWXH: 210x93x161 CM.



Q3i

COMMERCIAL TREADMILL



SPECIFICATIONS

- **15.6" HD TFT Screen with different landscape programs.**
- **Supports Wi-Fi connection & web browsing.**
- AC driving system with adjustable variable frequency
- 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance
- 22.44" x 59" running surface
- Speed:1-20km/h
- Precise incline control from 0-15%
- Inducing key-press, with direct speed (3/6/9) & incline (3/6/9) on the TFT screen
- Various motivating programs for different workout requirements: quick start/ real scene mode (6) / target mode (3) / training mode (5) / HRC mode
- With USB & audio interface
- **With wireless charger**
- Bluetooth app with speaker & connectivity with Kinomap
- Sweat proof console design
- Large sized, twin cup holder to hold your mobile phone
- Emergency stop button
- Extra heavy duty running board supporting structure
- Durable Japanese bearing used in roller
- Max user weight:150kg
- L x W x H : 197x93x145 cm



X8

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- Speed : 1~20 kmph.
- Precise incline control from 0 ~15%.
- 21" x 58" running surface.
- Multi window display showing time, speed, distance, incline, calories & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 216X92X151 CM.



Q5

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) external roto motor with high heat performance.
- 23.6" x 63" running surface.
- Speed : 1-22 kmph.
- Precise incline control from 0-15%.
- 6 LED+dot matrix display showing time, incline, calorie, distance and heart rate.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements: HRC, custom, manual, hill, fat burn, target, cardio, strength, fit test etc.
- Bluetooth app with Kinomap connectivity
- Sweat proof console design.
- Large sized, twin cup holder with a built-in tray to hold your mobile phone / tablet.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.
- Maximum user weight: 180kg.
- LXWXH: 210×93×161 CM.





SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 3.0HP AC continuous (6.0HP Peak) external rotor motor with high hear performance.
- 22.44" x 59" running surface.
- Speed: 1-20km/h.
- Precise incline control from 0-15%.
- 5 LED+dot matrix display showing time, incline, speed, calorie, distance, heart rate and step.
- Medical grade silicon keys with direct speed (3/6/9) & I ncline(4/8/12) on the console.
- Various motivating programs for different workout requirements: 4HRC, 18 preset, 1 manual, 1 fit test.
- Sweat proof console design.
- Large sized, twin cup holder with a built in tray to hold your mobile phone & tablet PC.
- Bluetooth app with Kinomap connectivity
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Durable Japanese bearing used in roller.
- Max user weight : 150 kg.
- L X W X H : 197×93×145cm.



T6666

CURVEMILL



SPECIFICATIONS

- Innovative curved deck with durable rubber belt having aluminum base.
- Non motorized technology.
- Comes with Farmer's handle & detachable waist strap that allows variety of pull & push exercises
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- Maximum user weight 200 kg.
- LXWXH :202X96X151 CM.



MANUAL

LCD

T6262

CURVEMILL



SPECIFICATIONS

- Innovative curved deck with durable nylon belt.
- Non motorized technology.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- Maximum user weight 150 kg.
- LXWXH : 200X90X153 CM.



MANUAL

LCD

T007

INCLINE TRAINER



SPECIFICATIONS

- Unique patented Decline to Incline running deck -0.5 ~ 40%.
- Ideal for special training of army, professional sports etc.
- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1~20 kmph.
- 21.5" x 61" running surface.
- 7" large window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O² generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 179X112X202 CM



KH6050

FULL BODY TRAINER

CLIMBING STRIDE



ELLIPTICAL STRIDE



RUNNING STRIDE



SPECIFICATIONS

- New patented technology that offers user to choose between Climbing/Elliptical/Running/Bike stride
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance
- Various motivating programs for different workout requirements
- Multi grip handle bar
- Variable stride length from 28" to 38" accommodating users of different heights
- Large pedals with toe caps for extra comfort
- Resistance Level : 0-16
- Reinforced frame for extra strength
- The large drink & accessories shelf is conveniently located with easy access while working out
- Maximum User Weight : 180 kgs
- LXWXH : 203X108X174 CM.



E1000

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Resistance : Magnetron resistance system.
- Power : Self-generation.
- Display : 4 window LED with easy to use control panel.
- Resistance level : 40 levels.
- Program : Constant Watt, Interval, Fat burn, Cardio etc.
- Flywheel : 14kg.
- Maximum User Weight : 180 kgs.
- LXWXH : 176X92X116 CM.





SPECIFICATIONS

DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (**with cushioned gel pads**) provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance design and space-saving deliver a fast return of investment.
- Power : Generator.
- Resistance level : 20

MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

SPECIAL FEATURES

- Offers various motivating programs for different workout requirements.
- Large LED's and intuitive keystroke permit easy-to-operation interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Cup holder with towel handle.
- Maximum user weight : 180 kg.
- LXWXH : 218X74X161 CM.



E900i

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Display : 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level : 32 levels.
- Program : Various motivating programs for different workout requirements.
- 14.2kg two ways flywheel with 20" stride length & 3 pcs crank arm.
- Comes with Blue tooth connectivity, Speakers & Mobile phone holder.
- Maximum User Weight : 160 kgs.
- LXWXH : 190X86X177 CM.



AIR GLIDE 700+

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: INCLINE, TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, RECOVERY etc.
- Various motivating programs for different workout requirements.
- Level Control : 32 resistance levels.
- Inclination : 10-34°.
- 51cm unique stride length.
- 14 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- Mp3 with speaker and USB charger.
- Unique durable floor levelers on front & rear stabilizer.
- With adaptor power system.
- Maximum user weight : 180 kg
- LXWXH : 215X75X170 CM.



E700i

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Display : 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level : 40 levels.
- Program : 12 Preset, Manual, Interval, Weight loss, Target heart rate, Random, Warm up & down.
- 10kg two ways flywheel with 22" stride length & 3 pcs crank arm.
- Comes with Earphone port, Speakers & Mobile phone holder.
- Maximum User Weight : 160 kgs.
- LXWXH : 165X53X80 CM.



E900

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Resistance : Magnetron resistance system.
- Display : 5 window LED dot matrix.
- Self power generating.
- Resistance level : 32 levels.
- Various motivating programs for different workout requirements.
- 14.2kg two ways flywheel with 20" stride length & 3 pcs crank arm.
- Comes with Mobile phone holder & Transport wheels.
- Maximum User Weight : 160 kgs.
- LXWXH : 190X85X176 CM.



E600

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: INCLINE, TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 20 resistance levels.
- With 15 level power incline.
- 500mm x 220mm unique stride length.
- 12 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- Mp3 with speaker and USB charger.
- With O2 generator and bottle holder.
- Unique durable floor levelers on front & rear stabilizer.
- With adaptor power system.
- Maximum user weight : 150 kg
- LXWXH : 215X77X194 CM.



E800

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Rear drive and dual handle arms enable smooth and engaging exercise, regardless of your fitness level.
- Self-powered system.
- LED screen.
- 8 Defaulted programs + 2 customized programs.
- Stride distance : 500mm.
- Resistance level : 26 levels.
- Max user weight : 150KGS.
- LXWXH : 209X78X168 cm.



KH620

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 20" long stride.
 - Red backlight LED display.
 - Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
 - Multiple programs including 1 Manual, 4 HRC, 1 Watt, 20 preset, 4 Users and 3 Fitness test.
 - 3 pcs crank system with 14kgs flywheels.
 - USB port with MP3 reader.
 - Handheld pulse sensor.
 - Magnetic flywheel.
 - With self generating system.
 - Resistance level - 24.
 - Transport wheels.
 - Adjustable floor levelers.
- Maximum User Weight: 150kgs.



E200

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 24 resistance levels.
- Dual Technology - resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With ipad holder & bottle cage.
- Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- Maximum user weight : 150 kg.
- LXWXH : 162X65X180 CM.



KH640

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Display : 5 window LED dot matrix.
- Self power generating.
- Resistance level : 40 levels.
- Program : 12 Preset, Manual, Interval, Weight loss, Target heart rate, Random, Warm up & down.
- 14.2kg two ways flywheel with 19" stride length & 3 pcs crank arm.
- Comes with Mobile phone holder & Transport wheels.
- Maximum User Weight : 160 kgs.
- LXWXH : 200X81X166 CM.



KH585

COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

Drive

- Rear Drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large & impact-absorbing pedals (with gel pads) provide gentle movement to reduce lower back stress.
- Self-powered system, low maintenance design & space-saving deliver a fast return of investment.
- Power : Generator.
- Resistance level : 16.

Monitor

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and meters achieved.

Special Features

- Offers various motivating programs for different workout requirements.
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor.
- Quick start key allows commencing exercise with a touch of a button.
- Display function is switchable for feedback of Level, Watt, Meters and Pulse.
- Cup holder with towel handle.
- Max User Weight : 150Kgs.
- LxWxH : 210x64x180 cm.

KH610

LIGHT COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- Handheld pulse sensor.
- Magnetic flywheel.
- With adapter power system.
- Resistance level - 24.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH : 176X68X179 CM

KH965

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 20" long stride length with 2 levels of adjustment.
- Adjustable swing bar.
- Display readouts : Time, Distance, RPM, Speed, Calories, Pulse, Body Ratio, BMI, BMR and Temperature.
- Various motivating programs for different workout requirements.
- Handheld pulse sensor.
- 10kgs flywheel.
- 15 level Magnetic resistance system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 135 Kgs.

KH960

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 20" long stride length with 2 levels of adjustment.
- Adjustable swing bar.
- Display readouts : Time, Distance, RPM, Speed, Calories, Pulse, Body ratio, BMI, BMR and Temperature.
- Handheld pulse sensor.
- 10 kgs fly wheel.
- Magnetic 8 level manual tension control system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 130 Kgs.

R900i

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

- Display : 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level : 32 levels.
- Program : Various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Cushioned seats with horizontal adjustment.
- Comes with Blue tooth connectivity, Speakers & Mobile phone holder.
- Maximum User Weight : 160 kgs.
- LXWXH : 166X66X132 CM.



KH3040

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Various motivating programs for different workout requirements.

SPECIAL FEATURES

- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Accessory tray with cup holder.
- Seat handle bars with quick access resistance (+/-) keys and handheld pulse sensors.
- Adjustable pedal straps
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- Adjustable floor levelers
- Built-in receiver
- Maximum User Weight : 180 kgs
- LXWXH : 165X64X138 CM.



R900

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

- 5 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Cushioned seats with horizontal adjustment.
- Low maintenance and space-saving design.
- Resistance level : 32
- Large sized cup holder.
- Maximum user weight: 160 kg.
- LXWXH : 166X66X132 CM.



KH619

COMMERCIAL RECUMBENT BIKE

Drive

- One stage drive with poly V-belt.
- Resistance System : Self powered generator brake.
- Resistance Level : 32 Levels.

Monitor

- LED(red light).
- Display readouts : speed,time,distance,calorie,heart rate,level,wat.
- 20 programs : 1 manual, 11 presetting , 4 HRC , 3 fittest, 1 wat.

Special Features

- The easy-to-operate adjustment to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Seat handle bars with handheld pulse sensors.
- Adjustable pedal straps.
- 3 piece crank.
- Built-in speakers & Bluetooth Music.
- With IP support bracket.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 180 kgs.



KH575

COMMERCIAL RECUMBENT BIKE

Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake
- Resistance Level : 16.

Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

Special Features

- The easy-to-operate adjustment bar to move the seat forward and backward
- Walk-through design to get on / off easily
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight : 150kgs
- LxWxH : 183x68x90 cms



U900i

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

- Display : 15.6" TFT touch screen.
- Supports Wi-Fi connection & web browsing.
- Resistance level : 32 levels.
- Program : Various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Cushioned seat with vertical adjustment.
- Comes with Blue tooth connectivity, Speakers & Mobile phone holder.
- Maximum User Weight : 160 kgs.
- LXWXH : 135X58X144 CM.



KH3020

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Various motivating programs for different workout requirements.

SPECIAL FEATURES

- Various seat height level adjustments.
- Accessory tray with cup holder.
- Adjustable pedal straps.
- Aluminum upright beam.
- Hidden 3 piece cranks inside crank cover for safety.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximum User Weight : 180 kgs.
- LXWXH : 109X60X149 CM.



U900

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

- 5 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Cushioned seat with vertical adjustment.
- Low maintenance and space-saving design.
- Resistance level : 32
- Large sized cup holder.
- Maximum user weight: 160 kg.
- LXWXH : 135X58X144 CM.



KH618

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

Drive

- One stage drive with poly V-belt
- Resistance System : Self powered generator brake.
- Resistance Level : 32 Levels

Monitor

- LED (red light)
- Display readouts : speed, time, distance, calorie, heart rate, level, wat.
- 20 programs : 1 manual , 11 presetting, 4 HRC , 3 fittest, 1 wat.

Special Features

- Various seat height levels easily adjustable by knob ball
- Ergonomic stationary handle bars
- Handheld pulse sensor
- Adjustable pedal straps
- 3 piece cranks
- Transport wheels
- Built-in speakers & Bluetooth Music
- With IP support bracket
- Adjustable floor levelers
- Maximum User Weight: 180 kgs



KH840

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

- Control System: PMS intelligent electric resistance
- Heart Rate: hand-held heart rate
- Screen Display: 5-window high-brightness white light LED display
- Sports Program: built-in program 30P mode, HRC mode x 3 & WATT mode
- Resistance adjustment: 32 levels
- With 4 way seat adjustment
- Flywheel weight: 9KG two-way magnetic control wheel
- Transmission method: belt
- Motion trajectory: fixed elliptical motion trajectory
- With USB charging function, Bluetooth music input function.
- Maximum User Weight : 150kgs
- LxWxH : 115x65x152 cms



KH565

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Level : 16.

Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

Special Features

- The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH : 111x56x148 cms



AB1000

COMMERCIAL AIR BIKE

The resistance is delivered by fan, which is driven by power and speed pedal along with two handles that move back and forth. Users are able to determine intensity level and resistance.



26 ABS blades molded into one piece which makes it more stable and quiet than traditional steel blades in using condition.



Consider electroplated steel gets rust easily, the seat support and pedals of AIR BIKE are made of aluminum alloy, which is less prone to corrosion, helping to provide long service life.

Compared to ordinary, AIR BIKE with its chain always sways and bumps and needs scheduled maintenance. AIR BIKE's V-Belt drive provides smooth and consistent ride without extra maintenance or high cost.

Maximum User Weight	150kg	Programs	3 target programs (Time, Distance, Calories), 3 Heart Rate Programs (65%, 75%, 85%), 4 Interval Programs (3 time interval and 1 distance interval)
Resistance	Air Resistance	Heart Rate Monitor	Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
Drive Model	Belt Drive	Cup Holder	Yes
Pedals & handle bars	Synchronized Motion	Fan Size	26 inches
Pedals	Double Faced Aluminum Alloy	Fan Blades	26 ABS Curved blades
Footholds	Aluminum	Product Dimension	130 × 71 × 134 CM
Crank	Oversize		
Console Display	5" LCD Screen		
Console Readouts	Time, Speed/Average Speed, Calories/Average Calories, Distance, RPM/Average RPM, Watt/Average Watt		



This Bike enables users to do upper body training, lower body training and total body training. It helps to improve your body coordination and meets training demands of various people.

AB700

COMMERCIAL AIR BIKE

SPECIFICATIONS

- Belt transmission system with fan flywheel.
- Various motivating programs for different workout requirements.
- 3 pcs Crank system.
- Comes with horizontal and vertical saddle post adjustment.
- Transport wheels + Aluminum pedals.
- Big LCD screen with backlit.
- Quick buttons for interval program.
- Maximum user weight: 160 kg.
- LXWXH : 129x59x122 cms



AB400

COMMERCIAL AIR BIKE

SPECIFICATIONS

- System : Fan drive
- 1 manual + 12 built-in programs
- Built-in wireless receiver
- Transport wheels + Aluminium pedals
- Big LCD screen with backlit
- Quick buttons for interval program
- Maximum user weight: 150 kg.
- LXWXH : 129x59x122 cms



KH160

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Frame made from durable flat oval tube 50x120 mm
- Belt transmission system with 20 kg rear flywheel
- Magnetic resistance system with adjustment lever
- Dip moulded PVC rust proof handle bar
- Aluminium alloy seat post with 4 way adjustment
- Maximum user weight: 160 kg.
- LXWXH : 166X70X144 CM.



KH159

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Computer shows SCAN, TIME, DISTANCE, CALORIES, SPEED & RPM.
- Bluetooth connectivity for Kinomap & Zwift.
- Frame made from durable fat oval tube 50x100 mm.
- Belt transmission system with 20 kg flywheel.
- Friction resistance system.
- Dip moulded PVC rust proof handle bar.
- Aluminum alloy seat post with 4 way adjustment.
- With commercial use crank and pedals.
- Maximum user weight: 150 kg.
- LXWXH : 133 x 53 x 125 cm.



KH156

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Comes with large computer display
- Adjustable resistance
- Racing handle bar
- With 20kgs flywheel
- 3 piece aluminum crank with SPD pedals
- Computer functions : time, speed, distance, calories & pulse
- Maximum User Weight : 150 Kgs
- LXWXH : 124X51X120 cm



KH154

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Comes with large computer display.
- Ultra sturdy structure.
- Fully adjustable GEL seat with sweat proof finish.
- 4 way adjustable handle bar.
- Belt transmission system with 20 kg flywheel.
- Side break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight: 150 kg.
- LXWXH : 119X53X105 CM.



KH153

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Adjustable resistance.
- Dipping handle bar.
- With 20kgs flywheel.
- With adjustable seat.
- Computer functions : time, speed, distance, calories & pulse.
- Maximum User Weight 140 Kgs.
- LXWXH : 115X50X123 CM.



KH142

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Ultra sturdy with heavy duty crank.
- Fully adjustable Gel seat with sweat proof finish.
- With 18 kg flywheel.
- Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight : 150 kg.
- LXWXH : 107X58X112 CM.



AR1000

COMMERCIAL AIR ROWER



Drive Model	Chain
Maximum User Weight	150kg
Resistance Design	Air Resistance
Console Display	5" LCD display with 8 readout windows
Console Readouts	Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level
Programs	Multiple
HR Monitor	Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
Product Dimension	224 × 36 × 106 CM

AR800

COMMERCIAL AIR ROWER



SPECIFICATIONS

- Unique fan plus magnetic wheel system.
- Durable chain drive with 1-way bearing.
- Air+magnetic dual resistance.
- Aluminum rowing rail with stainless top surface.
- Dual adjustable console.
- Comfortable & smooth rowing seat.
- Ultra adjustable pedal.
- Max. User weight: 160 kgs.
- Lxwxh : 224x35x150 cm.

AR600

COMMERCIAL AIR ROWER



SPECIFICATIONS

- Unique fan plus magnetic wheel system.
- Durable chain drive with 1-way bearing.
- Air+magnetic dual resistance.
- Aluminum rowing rail with stainless top surface.
- Dual adjustable console.
- KINOMAP compatible through bluetooth.
- Comfortable & smooth rowing seat.
- Ultra adjustable pedal.
- Max. User weight: 160 kgs.
- LXWXH : 224x35x150 cm.

AR500

COMMERCIAL AIR ROWER

SPECIFICATIONS

- Solid steel frame that folds up for easy storage.
- Air generated 10 levels resistance.
- High strength steel chain rowing strap for a smooth and quiet pull.
- Back-lit bright LCD monitor that displays all workout data.
- Compatible with FITLOG, KINOMAP and ZWIFT.
- High quality contoured seat.
- Adjustable footrest with numbered setting
- Max. user weight: 160 Kgs.
- LXWXH : 241X62X111 CM.



SR1000

COMMERCIAL SKI / AIR ROWER

Maximum User Weight	150kg
Drive Model	Belt
Handlebar Design	Rowing Bar & Skiing Bar
Flywheel Weight	4.1kg
Special Features	Provided Rowing & Skiing Training
Resistance Design	MARS (Magnetic & Air Resistance System)
Resistance Power	300W
Resistance Levels	20
Console Display	5" LCD display with 8 readout windows
Console Readouts	Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level
Programs	5(Time/Distance/Calorie Target, Interval Time/Distance)
HR Monitor	Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
Product Dimension	Horizontal Form: 262 × 88 × 106 CM Vertical Form: 136 × 88 × 214 CM
Seat Height	513mm/ 20.2"
Monorail	1663mm/ 65.5" (Aluminum)



The transport wheels make it easy to place to a workout space.



High intensity cords achieve the maximum strength test up to 1,000,000 times ensuring the high quality of product.



SKI600

SKI MACHINE

SPECIFICATIONS

- Durable and ergonomic construction.
- Can be either mounted on a wall or with specially designed anti-skid floor stand.
- Air generated 10 levels resistance.
- High strength light weight drive cord with strapless handles for secure grip.
- Back-lit bright LCD monitor that displays all workout data.
- KINOMAP compatible through bluetooth.
- Max. user weight: 160 Kgs.
- LXWXH : 128X62X216 CM.



SKI 500

SKI MACHINE

SPECIFICATIONS

- Durable and ergonomic construction.
- Can be either mounted on a wall or with specially designed anti-skid floor stand.
- Air generated 10 levels resistance.
- High strength light weight drive cord with strapless handles for secure grip.
- Back-lit bright LCD monitor that displays all workout data.
- Compatible with FITLOG, KINOMAP and ZWIFT.
- Max. user weight: 160 Kgs.
- LXWXH : 128X62X216 CM.



SPECIFICATIONS

INFINITY TRAINER

- Unique machine with variety of exercises possible.
- Heavy duty stainless steel base.
- Dimensions : 220x135x162 cms
- Weight : 160 kgs



TYRE FLIP 180

SPECIFICATIONS

- Starting resistance of 100 lbs.
- Plate loaded ability up to 40 additional pounds.
- 4 sounds reducing bumpers .
- 2 battle rope anchor points.
- 4 floor levelers.
- 8 floor mounting points.
- Weight of the tyre : 49 kgs.
- Weight of the machine : 145 kgs.
- LXWXH : 164X124X60 CM.



KH5050

STEPMILL



SPECIFICATIONS

- Magnetic EMS system.
- Console : 6 window LED dot-matrix display.
- Speed & Start / Stop button on handle bar.
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : P1-36 + FAT + User / Countdown / Manual - Floor mode & Cool down.
- 3 - Emergency stop switch including infrared sensor.
- Step size : 21" wide step, 11" deep & 8" height
- Comes with wireless charger.
- With water bottle holder.
- Max user weight : 180 kgs.
- LXWXH : 167X87X131 CM.

KH4040

STEPMILL



SPECIFICATIONS

- Magnetic EMS system.
- Console : LED dot-matrix display.
- Speed & Start / Stop button on handle bar.
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : Various motivating programs for different workout requirements.
- With water bottle holder.
- Max user weight : 160 kgs.
- LXWXH : 145X82X208 CM.

KH3030

STEPMILL

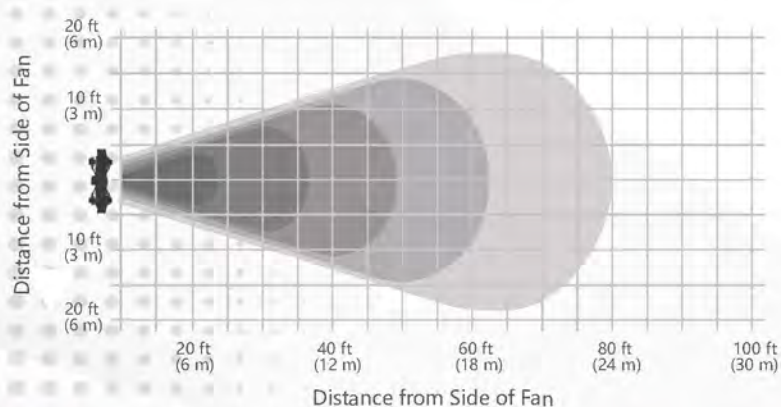


Big comfortable paddles

SPECIFICATIONS

- Magnetic EMS system.
- Console : LED dot-matrix display
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : Various motivating programs for different workout requirements.
- With water bottle holder.
- Max user weight : 150 kgs.
- LXWXH : 145X82X208 CM.

GYM FAN



PRODUCT HIGHLIGHTS

- 1 Stepless Speed Adjustment**
- 2 Highly Mobile with four wheel movement and foot locks**
- 3 Durable Frame Structure**

PRODUCT SPECIFICATIONS

Dimension : 2140*690*2030mm
Power : 1.1kw
Controller : Variable speed control
Weight : 150kg
Airflow : 24 meters length



VIVA[®]
FITNESS

#PushYourself

SIGNATURE SERIES UNIQUE FEATURES

Integrated weight stack tower that offers both safety environmental protection

304 stainless steel rotating shaft which is strong, durable and beautiful

PU moulded foam cushions - Environmentally friendly, comfortable and durable

High quality ϕ 4.8mm cable - smooth operation, high strength and long life

Select pin is made of 6063 aluminum for smooth, durable and noiseless movement. Surface oxidation red treatment

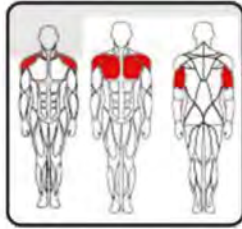
Stainless steel adjusting plate



PC2101

MULTI PRESS

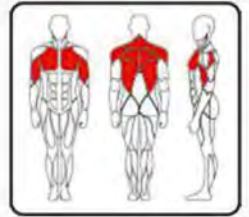
- LXWXH : 198X135X166 CM.
- Weight stack : 150 LBS.



PC2102

LAT PULL / SEATED ROW

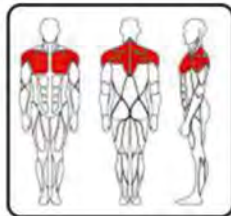
- LXWXH : 188X121X225 CM.
- Weight stack : 190 LBS.



PC2103

PEC FLY / REAR DELT

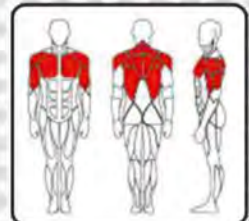
- LXWXH : 137X150X195 CM.
- Weight stack : 220 LBS.



PC2104

DIP / CHIN ASSIST

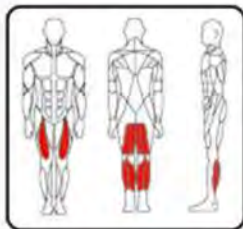
- LXWXH : 116X154X220 CM.
- Weight stack : 170 LBS.



PC2105

LEG EXTENSION / LEG CURL

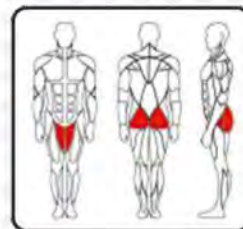
- LXWXH : 161X133X158 CM.
- Weight stack : 220 LBS.



PC2106

HIP ABDUCTOR / ADDUCTOR

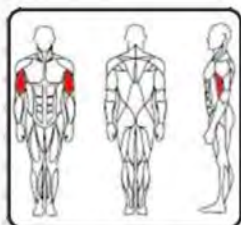
- LXWXH : 167X73X158 CM.
- Weight stack : 150 LBS.



PC2107

BICEP CURL / TRICEPS EXTENSION

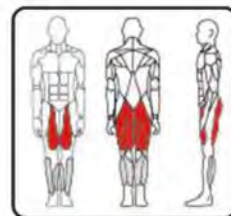
- LXWXH : 124X131X158 CM.
- Weight stack : 220 LBS.



PC2108

LEG PRESS / CALF EXTENSION

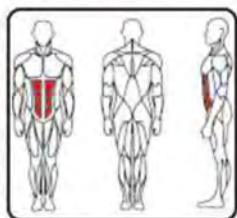
- LXWXH : 194X114X158 CM.
- Weight stack : 290 LBS.



PC2109

ABDOMINAL / BACK EXTENSION

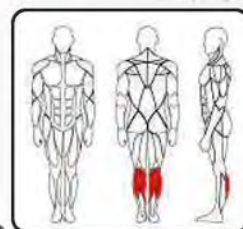
- LXWXH : 131X121X158 CM.
- Weight stack : 200 LBS.



PC2110

DEEP SQUAT / STANDING CALF EXTENSION

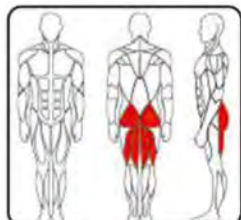
- LXWXH : 130X115X158 CM.
- Weight stack : 220 LBS.



PC2111

ROTARY HIP

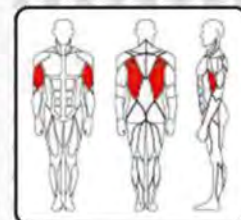
- LXWXH : 148X93X158 CM.
- Weight stack : 150 LBS.



PC2122

LAT PULLDOWN

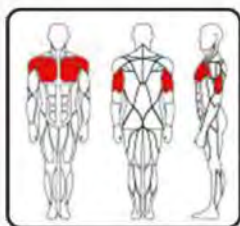
- LXWXH : 167X143X202 CM.
- Weight stack : 300 LBS.



PC2201

CHEST PRESS

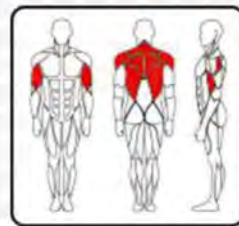
- LXWXH : 97X152X182 CM.
- Weight stack : 240 LBS.



PC2202

SEATED ROW

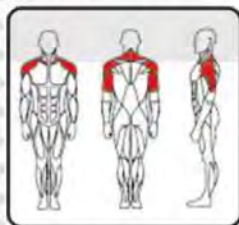
- LXWXH : 159X108X150 CM.
- Weight stack : 230 LBS.



PC2203

SHOULDER PRESS

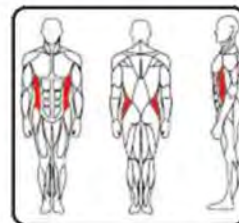
- LXWXH : 171X146X150 CM.
- Weight stack : 240 LBS.



PC2204

TORSO ROTATION

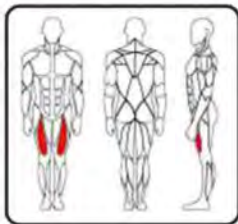
- LXWXH : 86X126X150CM.
- Weight stack : 120 LBS.



PC2205

LEG EXTENSION

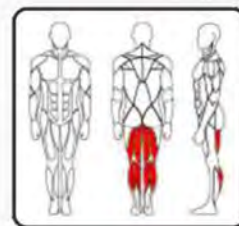
- LXWXH : 127X121X150 CM.
- Weight stack : 230 LBS.



PC2206

SEATED LEG CURL

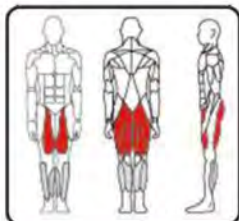
- LXWXH : 143X121X150 CM.
- Weight stack : 230 LBS.



PC2211

SEATED LEG PRESS

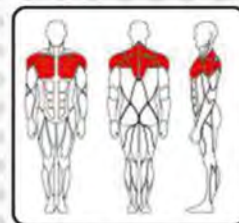
- LXWXH : 186X114X150 CM.
- Weight stack : 330 LBS.



PC2212

DELTOID TRAINER

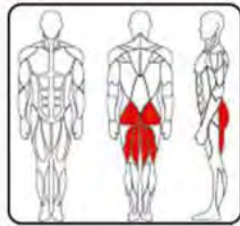
- LXWXH : 150X88X157 CM.
- Weight stack : 120 LBS.



PC2215

HIP TRAINER

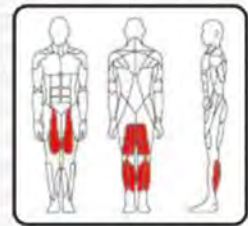
- LXWXH : 163X113X150 CM.
- Weight stack : 150 LBS.



PC2218

PRONE LEG CURL

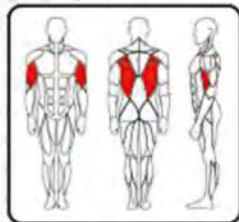
- LXWXH : 173X124X150 CM.
- Weight stack : 230 LBS.



PC2222

LATERAL RAISE

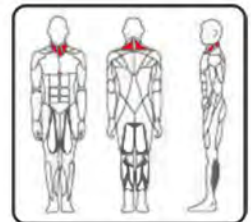
- LXWXH : 94X119X150 CM.
- Weight stack : 150 LBS.



PC2223

NECK BENDING MACHINE

- LXWXH : 168X88X158 CM.
- Weight stack : 200 LBS.



PC2230

CABLE CROSSOVER

- LXWXH : 414X76X236 CM.
- Weight stack : 220 LBS X 2.



PC2235

FUNCTIONAL TRAINER

- LXWXH : 166X123X242 CM.
- Weight stack : 220 LBS X 2.



PC2240

SMITH MACHINE

- Counter Balanced.
- Comes with Aluminum pulley.
- LXWXH : 140X209X250 CM.



PC2245

DUAL ARM FUNCTIONAL TRAINER

- Counter Balanced.
- Weight stack : 220 LBS X 2.
- WIDTH : 89 CM & HEIGHT 200 CM



PC1013

BICEP CURL

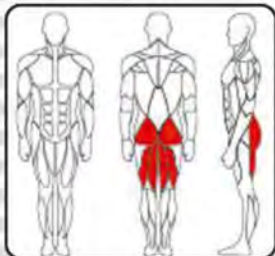
- LXWXH : 148X108X119 CM.
- MAX WEIGHT CAPACITY : 150KG / 330 LBS.



PC1015

HIP THRUST

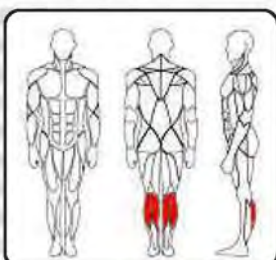
- LXWXH : 162X124X81 CM.
- MAX WEIGHT CAPACITY : 200KG / 440 LBS.



PC1018

POWER SQUAT

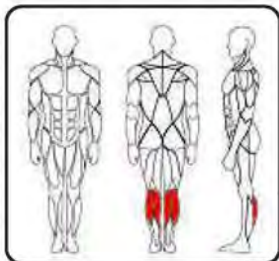
- LXWXH : 199X129X140 CM.
- MAX WEIGHT CAPACITY : 400KG / 880 LBS



PC1021

PENDULUM SQUAT

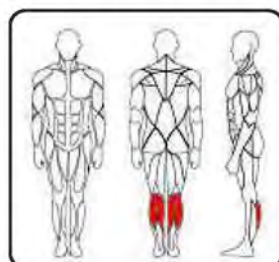
- LXWXH : 213X162X96 CM.
- MAX WEIGHT CAPACITY : 200KG / 440 LBS



PC1022

DEEP BELT SQUAT

- LXWXH : 172X175X143 CM.
- MAX WEIGHT CAPACITY : 350KG / 770 LBS.
- COMES WITH BELT ATTACHMENT.



PC3013

LEG EXTENSION / PRONE LEG CURL

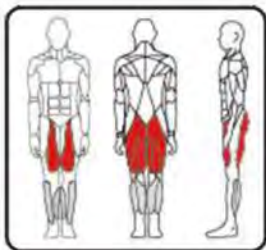
- UNIQUE LOAD DROP MECHANISM, ALLOWS FOR UP TO 30% WEIGHT REDUCTION.
- LXWXH : 141X134X103 CM.
- MAX WEIGHT CAPACITY : 150KG / 330 LBS



PC3008

ISO LATERAL LEG PRESS

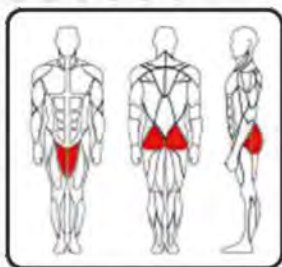
- UNIQUE LOAD DROP MECHANISM, ALLOWS FOR UP TO 30% WEIGHT REDUCTION
- LXWXH : 217X186X154 CM.
- MAX WEIGHT CAPACITY : 500KG / 1100 LBS



PC3016

HIP ABDUCTOR

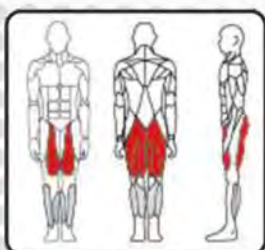
- LXWXH : 152X93X145 CM.
- MAX WEIGHT CAPACITY : 150KG / 330 LBS



PC1116

45 DEGREE LEG PRESS

- LXWXH : 214X161X140 CM.
- MAX WEIGHT CAPACITY : 600KG / 1300 LBS



VIVA[®]
FITNESS

PushYourself



LEGACY SERIES UNIQUE FEATURES

✧ Aircraft spec 5mm American LOOS cable with 4,200 lb breaking strength. All fittings tested for 250,000 cycles using full weight stack.

✧ Two pcs of 2.5 kgs micro weight stack

✧ Long lasting upholstery - **15mm** thick plywood backing followed by **45mm** thick foam core covered by industrial vinyl

✧ 3mm thick, **65mm** by **114mm** racetrack tubing, electro-welded for maximum strength.
✧ Electrostatic powder coated and heat cured paint finish for maximum durability.

✧ Easy-to-use seat with minimal adjustments and pre-stretched features optimal exercise positions.

✧ Compact - space efficient design requires minimal floor space.
✧ Rubber grip prevent from being slipped.



IP1001

CHEST PRESS

- LXWXH : 142X107X149 CM.
- Weight stack : 175 LBS.



IP1003

ARM CURL

- LXWXH : 130X119X149 CM.
- Weight stack : 175 LBS.



IP1005

LEG EXTENSION

- LXWXH : 147X112X148 CM.
- Weight stack : 220 LBS.



IP1006

LEG CURL

- LXWXH : 149X112X148 CM.
- Weight stack : 175 LBS.



IP1008

ABDUCTOR / ADDUCTOR

- LXWXH : 166X78X149 CM.
- Weight stack : 220 LBS.



IP1010

LEG PRESS

- LXWXH : 210X108X149 CM.
- Weight stack : 220 LBS.



IP1012

SHOULDER PRESS

- LXWXH : 170X147X149 CM.
- Weight stack : 175 LBS.



IP1014

ABDOMINAL

- LXWXH : 142X107X149 CM.
- Weight stack : 175 LBS.



IP1015

PEC FLY / REAR DELT

- LXWXH : 190X132X203 CM.
- Weight stack : 220 LBS.



IP1017

TRICEP PRESS

- LXWXH : 130X115X149 CM.
- Weight stack : 180 LBS.



IP1019

SEATED ROW

- LXWXH : 133X112X149 CM.
- Weight stack : 220 LBS.



IP1020

DIP CHIN / ASSIST

- LXWXH : 164X148X223 CM.
- Weight stack : 220 LBS.



IP1021

PRONE LEG CURL

- LXWXH : 165X104X148 CM
- Weight stack : 220 LBS.



IP1022

LAT PULL / SEATED ROW

- LXWXH : 170X130X160 CM.
- Weight stack : 220 LBS.



IP1024

LATERAL RAISE

- LXWXH : 125X120X149 CM.
- Weight stack : 175 LBS.



IP1025

CABLE CROSS OVER

- LXWXH : 435X80X221 CM.
- Weight stack : 220 LBS X 2.



IP1027

5 STATION JUNGLE GYM

- LXWXH : 566X376X242 CM.
- Weight stack : 220 LBS X 5.



IP1028

LEG CURL/ EXTENSION

- LXWXH : 149X112X148 CM.
- Weight stack : 220 LBS.



IP1029

MULTI PRESS

- LXWXH : 170X126X130 CM.
- Weight stack : 220 LBS.



IP1030

DUAL ADJUSTABLE PULLEY

- LXWXH : 158X120X244 CM.
- Weight stack : 220 LBS X 2.



IP1033

BICEP / TRICEP

- LXWXH : 130X119X149
- Weight stack : 175 LBS.



IP1034

BACK EXTENSION / ABDOMINAL

- LXWXH : 140X112X149
- Weight stack : 175 LBS.



IP1501

COUNTER BALANCED SMITH MACHINE

- LXWXH : 125X221X237 CM.



IP1502

STANDING ARM CURL

- LXWXH : 84X120X117 CM.



IP1503

ABDOMINAL CRUNCH BENCH

- LXWXH : 169X89X98 CM.



IP1507

HYPER EXTENSION BENCH

- LXWXH : 127X68X97 CM.



IP1509

FLAT BENCH

- LXWXH : 126X168X42 CM.



IP1510

CHIN DIP / LEG RAISE

- LXWXH : 130X173X240 CM.



IP1511

MULTI ADJUSTABLE BENCH

- LXWXH : 135X82X45 CM.



IP1513

ADJUSTABLE AB BENCH

- LXWXH : 168X68X82 CM.



IP1514

OLYMPIC FLAT BENCH

- LXWXH : 183X168X125 CM.



IP1515

OLYMPIC INCLINE BENCH

- LXWXH : 209X200X144 CM.



IP1516

OLYMPIC DECLINE BENCH

- LXWXH : 217X170X143 CM.



IP1519

PREACHER CURL BENCH

- LXWXH : 102X80X88 CM.



IP1522

UTILITY BENCH

- LXWXH : 91X68X110 CM.



IT SERIES UNIQUE FEATURES

✧ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✧ Aircraft spec 5mm American LOOS cable with 4,200 lb breaking strength. All fittings tested for 250,000 cycles using full weight stack.

✧ Easy-to-use seat with minimal adjustments and pre-stretched features optimal exercise positions.



✧ 3mm thick, 50mm by 100 mm racetrack tubing, electro-welded for maximum strength.
✧ Electrostatic powder coated and heat cured paint finish for maximum durability.

✧ Compact - space efficient design requires minimal floor space.
✧ Rubber grip prevent from being slipped.

IT9501

CHEST PRESS

- LXWXH : 148X120X150 CM
- Weight Stack : 200 lbs



IT9502

LAT PULLDOWN

- LXWXH : 143X138X188 CM
- Weight Stack : 295 lbs



IT9503

ARM CURL

- LXWXH : 130X121X150 CM
- Weight Stack : 160 lbs



IT9504

PECTORAL

- LXWXH : 150X146X150 CM
- Weight Stack : 200 lbs



IT9505

LEG EXTENSION

- LXWXH : 154X119X150 CM
- Weight Stack : 200 lbs



IT9506

SEATED LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



IT9508

ABDUCTOR / ADDUCTOR

- LXWXH : 155X90X150 CM
- Weight Stack : 160 lbs



IT9509

TOTAL HIP

- LXWXH : 130X98X150 CM
- Weight Stack : 200 lbs



IT9510

LEG PRESS

- LXWXH : 180X120X150 CM
- Weight Stack : 295 lbs



IT9512

SHOULDER PRESS

- LXWXH : 156X144X151 CM
- Weight Stack : 200 lbs



IT9514

ABDOMINAL

- LXWXH : 135X115X158 CM
- Weight Stack : 200 lbs



IT9515

PEC FLY / REAR DELT

- LXWXH : 166X129X200 CM
- Weight Stack : 200 lbs



IT9516

STANDING CALF

- LXWXH : 135X115X158 CM
- Weight Stack : 235 lbs



IT9517

TRICEP PRESS

- LXWXH : 179.4X126X150 CM
- Weight Stack : 200 lbs



IT9518

ROTARY TORSO

- LXWXH : 122X120X150 CM
- Weight Stack : 160 lbs



IT9519

VERTICAL ROW

- LXWXH : 144X114X150 CM
- Weight Stack : 200 lbs



IT9520

DIP / CHIN ASSIST

- LXWXH : 122X136X220 CM
- Weight Stack : 200 lbs



IT9521

PRONE LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



IT9522

LAT PULL / SEATED ROW

- LXWXH : 135X115X158 CM
- Weight Stack : 295 lbs



IT9524

LATERAL RAISE

- LXWXH : 122X121X150 CM
- Weight Stack : 200 lbs



IT9526

GLUTE

- LXWXH : 150X124X150 CM
- Weight Stack : 200 lbs



IT9528

LEG EXTENSION / LEG CURL

- LXWXH : 135X122X150 CM
- Weight Stack : 235 lbs



IT9529

MULTI PRESS

- LXWXH : 182X143X166 CM
- Weight Stack : 235 lbs



IT9533

BICEP CURL / TRICEP EXTENSION

- LXWXH : 130X124X150 CM
- Weight Stack : 200 lbs



IT9534

BACK EXTENSION / ABDOMINAL

- LXWXH : 119X118X150 CM
- Weight Stack : 200 lbs



IT9537

STANDING MULTI FLIGHT MACHINE

- LXWXH : 145X90X186 CM
- Weight Stack : 200 lbs



IT7001

COUNTER BALANCED SMITH MACHINE

- LXWXH : 138X225X229 CM.



IT7002

SEATED PREACHER CURL

- LXWXH : 101X81X88 CM.



IT7003

AB BENCH

- LXWXH : 175X94X100 CM.



IT7005

SEATED CALF RAISE

- LXWXH : 135X75X83 CM.



IT7006

45° LEG PRESS / HACK SQUAT

● LXWXH : 225X98X146 CM.



IT7009

FLAT BENCH

● LXWXH : 115X90X42 CM.



IT7010

VERTICAL KNEE RAISE / DIP STAND

● LXWXH : 112X78X155 CM.



IT7011

MULTI ADJUSTABLE
BENCH

- LXWXH : 121X75X46 CM.



IT7012

12 PAIRS
DUMBBELL RACK

- LXWXH : 159X81X98 CM.



IT7013

MULTI AB BENCH

- LXWXH : 173X72X89 CM.



IT7014

OLYMPIC FLAT BENCH

- LXWXH : 170X166X137 CM.



IT7015

OLYMPIC INCLINE BENCH

- LXWXH : 163X165X137 CM.



IT7016

OLYMPIC DECLINE BENCH

- LXWXH : 210X166X137 CM.



IT7017

OLYMPIC WEIGHT TREE

- LXWXH : 96X63X120 CM.

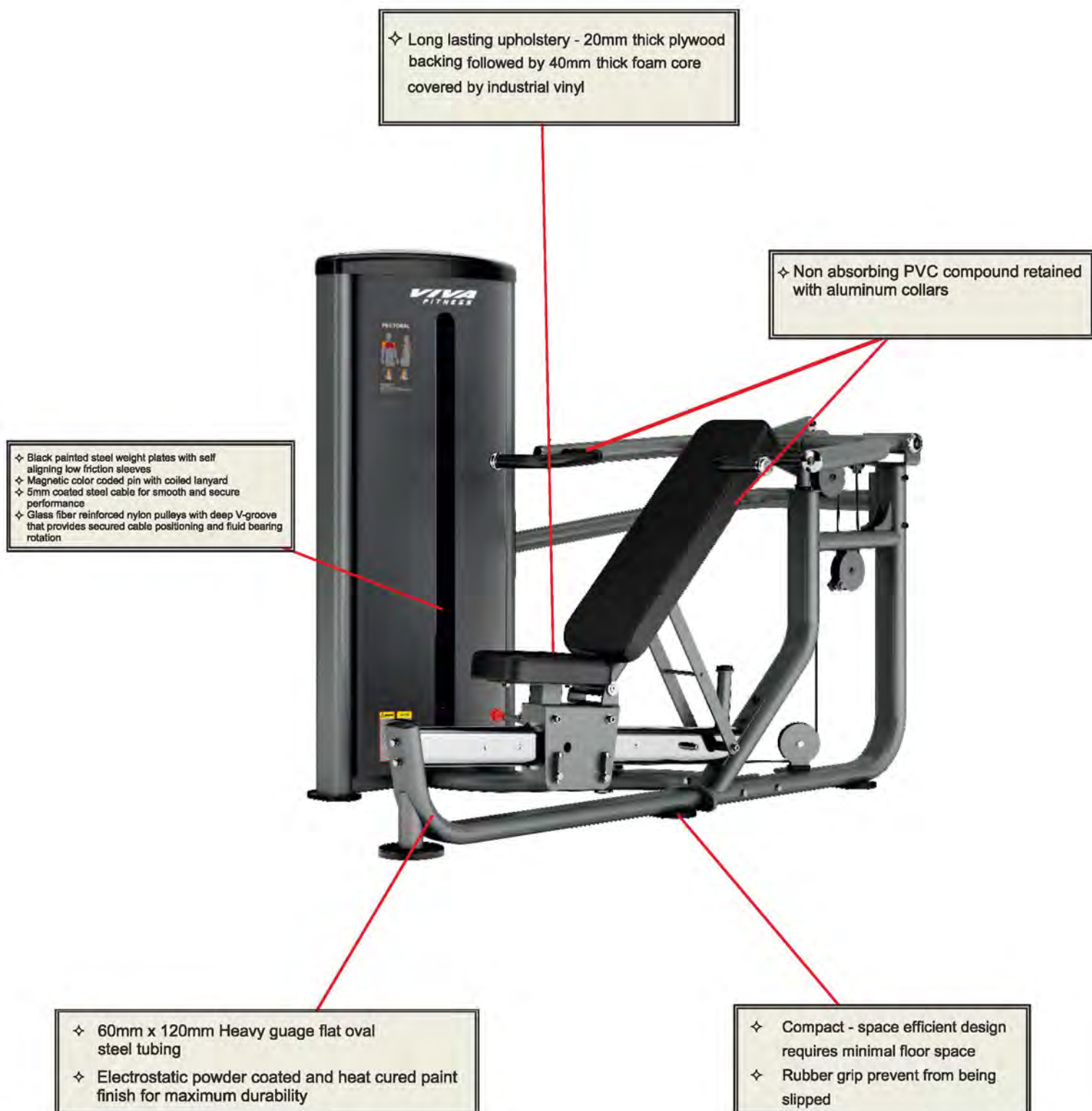


IT7022

UTILITY BENCH



BS SERIES UNIQUE FEATURES



BS009

MULTI PRESS

- LXWXH : 197X153X153 CM.
- Weight stack : 220 LBS.



BS010

PULL DOWN/MID ROW

- LXWXH : 197X152X211 CM.
- Weight stack : 220 LBS.



BS011

PEC FLY/REAR DELT

- LXWXH : 179X114X202 CM.
- Weight stack : 220 LBS.



BS013

ABDOMINAL/BACK EXTENSION

- LXWXH : 132X138X153 CM.
- Weight stack : 220 LBS.



BS015

LEG PRESS/CALF RAISE

- LXWXH : 187X118X153 CM.
- Weight stack : 220 LBS.



BS016

HIP ABDUCTION/ADDUCTION

- LXWXH : 157X94X153 CM.
- Weight stack : 220 LBS.



BS017

DIP / CHIN ASSIST

- LXWXH : 188X123X215 CM.
- Weight stack : 220 LBS.



BS110

SMITH SQUAT COMBO

- LXWXH : 224X180X213 CM



BS120

LEG PRESS / HACK SQUAT

- LXWXH : 221X113X150 CM



BS130

FUNCTIONAL TRAINER

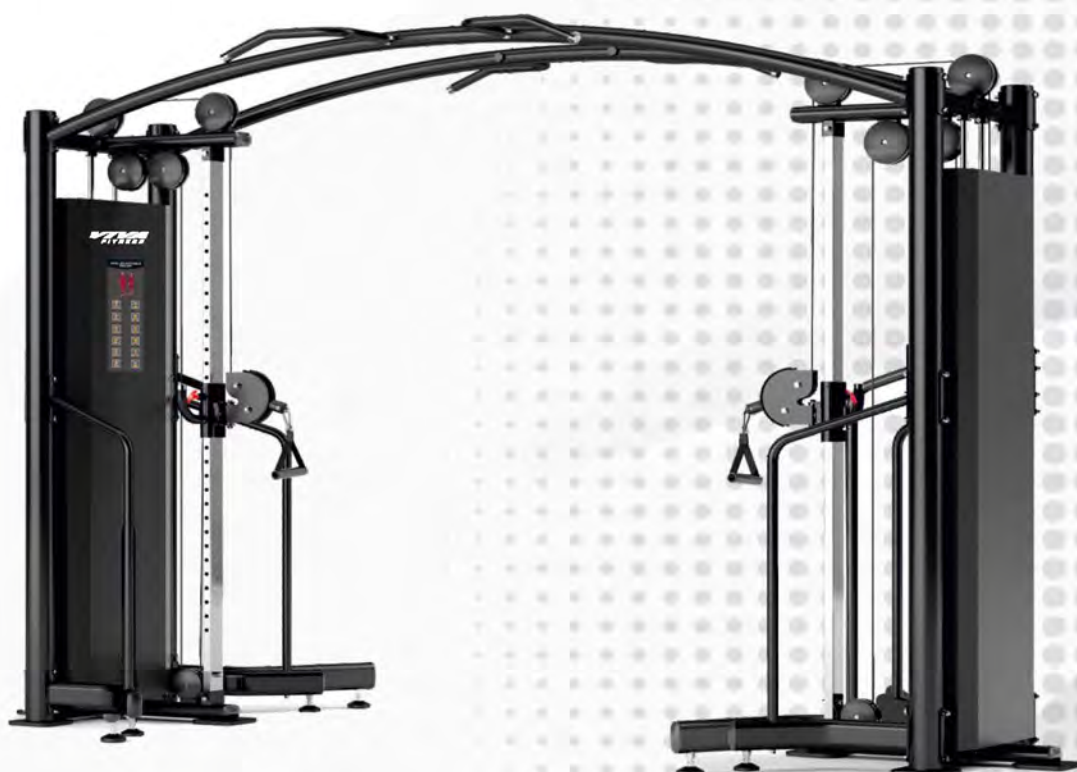
- LXWXH : 207X122X230 CM
- WEIGHT STACK : 220 LBS X 2



BS140

CABLE CROSSOVER

- LXWXH : 360X146X239 CM
- WEIGHT STACK : 220 LBS X 2



KG BLACK SERIES UNIQUE FEATURES

- ✧ Main frame: Flat Oval tube (50*120*2.5T)
- ✧ Press arm: Round tube (60/50*3.0T) Flat oval tube (40*80*3.0T)
- ✧ Connecting assembly: Flat oval tube (50*120*2.5T)

- ✧ The cushion is made of PU and it's hardness is designed according to the principles of ergonomics and controlled to be around HBS-65±5, which assures that it's suitable for almost all users.
- ✧ The upholstery leather does not peel off or fade after getting rubbed 8000 times with a 500g weight.



WITH COUNTER

- ✧ Water bottle holder

- ✧ Front shroud is made of ABS & back shroud is made of Cold rolled steel plate

- ✧ 5 level seat adjustment system

- ✧ High tempered alloy steel guide rod.
- ✧ Heavy duty steel cable with 1000 kg load capacity & tested for 100,000 rounds of endurance.
- ✧ Steel weight stacks.



KG6501

CHEST PRESS

- LXWXH : 145X111X168 CM
- WEIGHT STACK : 220 LBS



KG6502

LAT PULL DOWN

- LXWXH : 183X151X203 CM
- WEIGHT STACK : 220 LBS



KG6503

BICEP CURL

- LXWXH : 130X97X168 CM
- WEIGHT STACK : 155 LBS



KG6504

ADJUSTABLE LAT PULL DOWN

- LXWXH : 183X151X203 CM
- WEIGHT STACK : 220 LBS



KG6505

LEG EXTENSION

- LXWXH : 136X108X168 CM
- WEIGHT STACK : 175 LBS



KG6508

ABDUCTOR/ADDUCTOR

- LXWXH : 163X88X168 CM
- WEIGHT STACK : 175 LBS



KG6510

LEG PRESS

- LXWXH : 195X110X168 CM
- WEIGHT STACK : 265 LBS



KG6512

SHOULDER PRESS

- LXWXH : 164X148X168 CM
- WEIGHT STACK : 175 LBS



KG6515

PECFLY/REARDELT

- LXWXH : 152X112X205 CM
- WEIGHT STACK : 220 LBS



KG6517

TRICEP PRESS

- LXWXH : 137X99X168 CM
- WEIGHT STACK : 220 LBS



KG6519

SEATED ROW

- LXWXH : 144X88X168 CM
- WEIGHT STACK : 220 LBS



KG6520

ASSISTED CHIN/DIP

- LXWXH : 145X132X237 CM
- WEIGHT STACK : 175 LBS



KG6521

PRONE LEG CURL

- LXWXH : 170X103X168 CM
- WEIGHT STACK : 175 LBS



KG6522

LAT PULL/SEATED ROW

- LXWXH : 190X152X210 CM
- WEIGHT STACK : 220 LBS



KG6528

LEG EXTENSION/CURL

- LXWXH : 140X120X166 CM
- WEIGHT STACK : 220 LBS



KG6529

MULTI PRESS

- LXWXH : 195X146X166 CM
- WEIGHT STACK : 175 LBS



KG6533

BICEPS/TRICEPS

- LXWXH : 125X125X166 CM
- WEIGHT STACK : 175 LBS



KG6535

SEATED HORIZONTAL PULLEY

- LXWXH : 179X107X168 CM
- WEIGHT STACK : 220 LBS



KG6536

STANDING MULTI FLIGHT

- LXWXH : 148X80X228 CM
- WEIGHT STACK : 220 lbs



KG6546

FUNCTIONAL TRAINER

- LXWXH : 163X108X225 CM
- WEIGHT STACK : 220 LBS X 2



KG6545

CABLE CROSSOVER

- LXWXH : 370X89X225 CM
- WEIGHT STACK : 220 LBS X 2



KG6555

OLYMPIC FLAT BENCH

- LXWXH : 183X127X120 CM



KG6556

OLYMPIC DECLINE BENCH

- LXWXH : 202X127X120 CM



KG6557

OLYMPIC INCLINE BENCH

- LXWXH : 207X126X135 CM



KG6558

BACK EXTENSION BENCH

- LXWXH : 123X66X78 CM



KG6559

AB BENCH

- LXWXH : 185X72X110 CM



KG6560

T ARM MACHINE

- LXWXH : 189X85X81 CM



KG6561

STRETCH MACHINE

- LXWXH : 157X52X94 CM



KG6562

FLAT BENCH

- LXWXH : 150X73X45 CM



KG6563

MULTI ADJUSTABLE BENCH

- LXWXH : 136X56X107 CM



KG6564

UTILITY BENCH

- LXWXH : 103X52X105 CM



KG6565

BARBELL RACK

- LXWXH : 103X88X142 CM



KG6566

PREACHER CURL BENCH

- LXWXH : 97X74X97 CM



KG6567

SQUAT RACK

- LXWXH : 167X136X234 CM



KG6568

VERTICAL KNEE RAISE WITH CHIN DIP

- LXWXH : 130X119X235 CM



KG6569

SEATED CALF

- LXWXH : 138X60X94 CM





Push Yourself



SELECT LINE UNIQUE FEATURES

✧ High strength Japanese cable with load capacity of 1300 lbs

✧ Main frame tube size 50*100mm and side frame tube size 50*80mm
✧ Steel grade used Q235

✧ All the counter balance blocks are rubber coated

✧ Two pcs of 2.3 kgs micro weight stack

✧ Half-transparent Acrylic cover panel for better view

✧ Double stitching upholstery for more classier look
✧ Comfortable foam padding

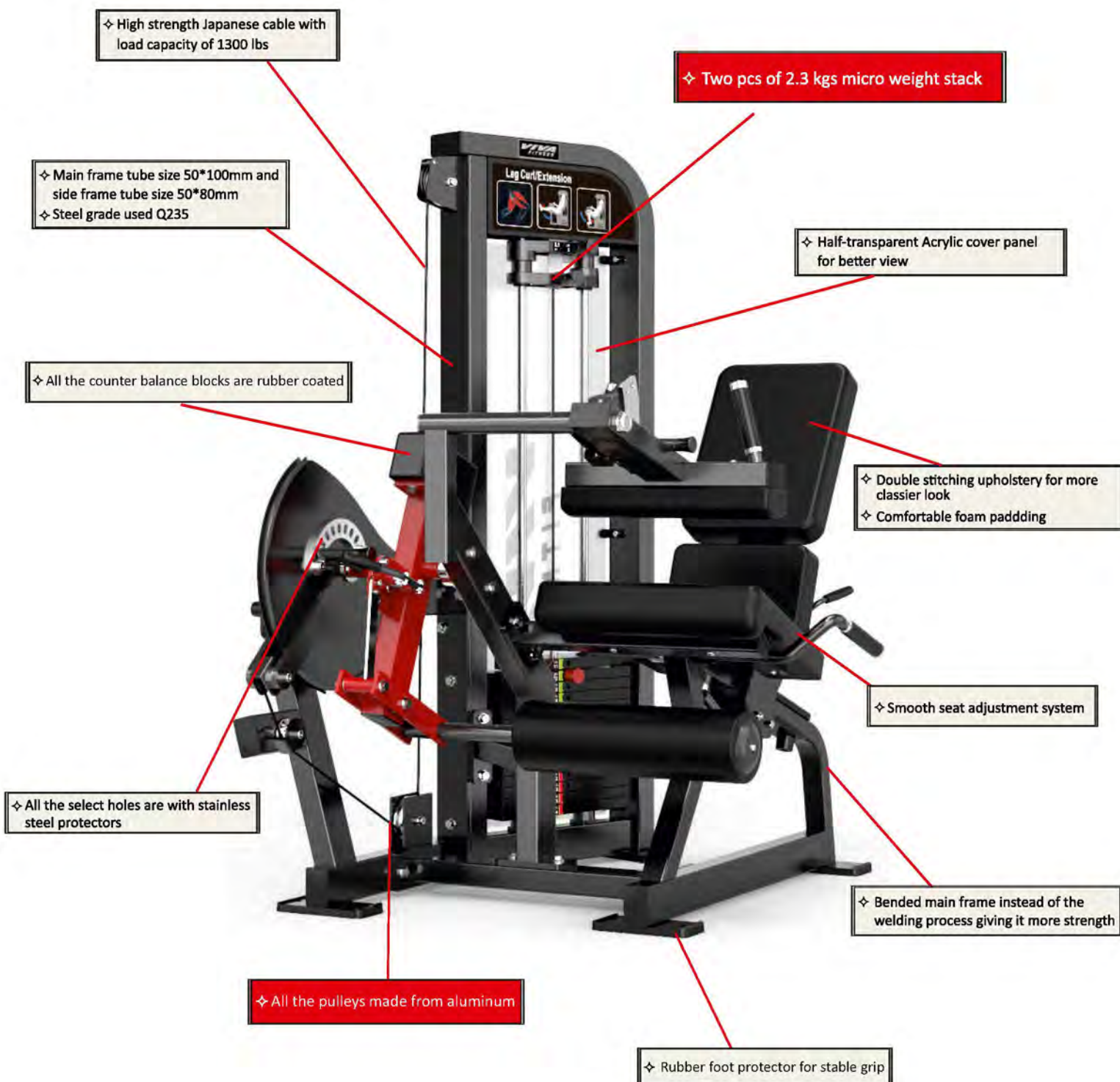
✧ Smooth seat adjustment system

✧ All the select holes are with stainless steel protectors

✧ Bended main frame instead of the welding process giving it more strength

✧ All the pulleys made from aluminum

✧ Rubber foot protector for stable grip



BR01

CHEST PRESS

- LXWXH: 150X110X163 CM
- WEIGHT STACK : 220 LBS



BR02

SHOULDER PRESS

- LXWXH: 136X143X163 CM
- WEIGHT STACK : 220 LBS



BR04

PEC FLY / REAR DELT

- LXWXH: 126X148X198 CM
- WEIGHT STACK : 220 LBS



BR05

BICEP CURL

- LXWXH: 114X110X140 CM
- WEIGHT STACK : 220 LBS



BR07

LATERAL RAISE

- LXWXH: 110X100X163 CM
- WEIGHT STACK : 190 LBS



BR08

LAT PULLDOWN

- LXWXH: 148X87X226 CM
- WEIGHT STACK : 220 LBS



BR13

LEG EXTENSION

- LXWXH: 129X105X163 CM
- WEIGHT STACK : 220 LBS



BR14

SEATED LEG CURL

- LXWXH: 127X103X163 CM
- WEIGHT STACK : 220 LBS



BR15

PRONE LEG CURL

- LXWXH: 150X95X140 CM
- WEIGHT STACK : 220 LBS



BR24

DIP / CHIN ASSIST

- LXWXH: 120X110X220 CM
- WEIGHT STACK : 220 LBS



BR25

SEATED LEG CURL / LEG EXTENSION

- LXWXH: 140X86X140 CM
- WEIGHT STACK : 220 LBS



BR26

TRICEP / BICEP

- LXWXH: 121X105X140 CM
- WEIGHT STACK : 190 LBS



BR27

ABDUCTOR / ADDUCTOR

- LXWXH: 150X70X140 CM
- WEIGHT STACK : 175 LBS



BR28

PRONE LEG CURL / LEG EXTENSION

- LXWXH: 154X105X163 CM
- WEIGHT STACK : 220 LBS



BR29

MULTI PRESS

- LXWXH: 188X140X163 CM
- WEIGHT STACK : 220 LBS



BR30

LAT PULL / SEATED ROW

- LXWXH: 215X85X226 CM
- WEIGHT STACK : 220 LBS



BR33

BACK EXTENSION / ABDOMINAL

- LXWXH: 116X104X140 CM
- WEIGHT STACK : 190 LBS



BR35

ROWING MACHINE

- LXWXH: 128X86X191 CM
- WEIGHT STACK : 220 LBS



BR36

FUNCTIONAL TRAINER

- LXWXH: 105X195X230 CM
- WEIGHT STACK : 220 LBS X 2



BR37

SMITH MACHINE

- LXWXH: 142X221X236 CM
- COUNTER BALANCED



CONQUER LINE UNIQUE FEATURES

- ✧ Ergonomic style double stitching upholstery
- ✧ Comfortable foam padding

✧ Oval tube main frame of size 50*120mm

✧ Shroud cover made of steel for maximum safety

✧ Round rubber foot protector for stable grip

✧ Aluminum handle caps

✧ Hydraulic seat adjustment system

✧ Oval tube base frame of size 50*100mm

PS2001

PRONE LEG CURL

- LXWXH: 165X96X153 CM
- WEIGHT STACK : 210 LBS



PS2002

LEG EXTENSION

- LXWXH: 156X103X153 CM
- WEIGHT STACK : 240 LBS



PS2003

LEG PRESS

- LXWXH: 209X106X153 CM
- WEIGHT STACK : 240 LBS



PS2006

SHOULDER PRESS

- LXWXH: 175X135X153 CM
- WEIGHT STACK : 240 LBS



PS2007

PEC FLY / REAR DELT

- LXWXH: 186X131X202 CM
- WEIGHT STACK : 240 LBS



PS2008

CHEST PRESS

- LXWXH: 148X105X181 CM
- WEIGHT STACK : 240 LBS



PS2009

DIP / CHIN ASSIST

- LXWXH: 139X122X235 CM
- WEIGHT STACK : 195 LBS



PS2021

ABDUCTOR / ADDUCTOR

- LXWXH: 161X75X153 CM
- WEIGHT STACK : 200 LBS



PS2033

LONG PULL

- LXWXH: 180X133X187 CM
- WEIGHT STACK : 240 LBS



PS2034

VERTICAL ROW

- LXWXH: 149X129X151 CM
- WEIGHT STACK : 210 LBS



PS2084

MULTI PRESS

- LXWXH: 181X146X153 CM
- WEIGHT STACK : 240 LBS



PS2085

LAT PULL / SEATED ROW

- LXWXH: 197X114X224 CM
- WEIGHT STACK : 240 LBS



PS2086

SEATED LEG CURL / EXTENSION

- LXWXH: 145X102X153 CM
- WEIGHT STACK : 240 LBS



PS2087

BICEP / TRICEP

- LXWXH: 133X106X153 CM
- WEIGHT STACK : 240 LBS



BH SERIES UNIQUE FEATURES

- ✧ Main frame: Flat Oval Tube (50 120*2.5T)
- ✧ Press arm: Round tube (60/50*3.0T)
Flat Oval Tube (40*80*3.0T)
- ✧ Connecting assembly: Flat Oval Tube (50*120*2.5T)

- ✧ Material : Hollow stainless steel. Surface polishing, refined through several processes to ensure low noise, super wear-resistant, non-deformation, good smoothness, brighter and more durable. It does not get rust after 24h of salt atmosphere test.

- ✧ The cushion is made of PU and it's hardness is designed according to the principles of ergonomics and controlled to be around HBS-65±5, which assures that it's suitable for almost all users.
- ✧ The upholstery leather does not peel off or fade after getting rubbed 8000 times with a 500g weight

- ✧ PVC sticker, backed with 3M high viscosity adhesive, moisture resistant and corrosion resistant.

- ✧ Max load : 1000kg
It has passed a 100,000 round endurance test.

- ✧ Material: PVC
Process: one forming technology

- ✧ High-Quality domestic bearing

- ✧ All steel (20# alloy steel) accurate weight.



BH3501

CHEST PRESS

- LXWXH: 123X140X164 CM
- WEIGHT STACK : 220 LBS



BH3502

LAT PULLDOWN

- LXWXH: 144X128X222 CM
- WEIGHT STACK : 220 LBS



BH3503

ARM CURL

- LXWXH: 133X102X164 CM
- WEIGHT STACK : 175 LBS



BH3505

LEG EXTENSION

- LXWXH: 151X104X164 CM
- WEIGHT STACK : 220 LBS



BH3506

SEATED LEG CURL

- LXWXH: 170X108X164 CM
- WEIGHT STACK : 175 LBS



BH3508

ABDUCTOR / ADDUCTOR

- LXWXH: 80X167X164 CM
- WEIGHT STACK : 175 LBS



BH3510

LEG PRESS

- LXWXH: 223X108X164 CM
- WEIGHT STACK : 265 LBS



BH3512

SHOULDER PRESS

- LXWXH: 140X166X164 CM
- WEIGHT STACK : 175 LBS



BH3515

PEC FLY / REAR DELT

- LXWXH: 140X113X201 CM
- WEIGHT STACK : 175 LBS



BH3517

TRICEP PRESS

- LXWXH: 94X101X164 CM
- WEIGHT STACK : 220 LBS



BH3519

VERTICAL ROW

- LXWXH: 159X121X164 CM
- WEIGHT STACK : 220 LBS



BH3520

DIP / CHIN ASSIST

- LXWXH: 113X116X242 CM
- WEIGHT STACK : 220 LBS



BH3521

PRONE LEG CURL

- LXWXH: 154X102X164 CM
- WEIGHT STACK : 175 LBS



BH3522

LAT PULL / SEATED ROW

- LXWXH: 155X149X221 CM
- WEIGHT STACK : 220 LBS



BH3524

LATERAL RAISE

- LXWXH: 116X129X164 CM
- WEIGHT STACK : 175 LBS



BH3528

LEG EXTENSION / LEG CURL

- LXWXH: 155X112X164 CM
- WEIGHT STACK : 175 LBS



BH3529

MULTI PRESS

- LXWXH: 157X142X164 CM
- WEIGHT STACK : 175 LBS



BH3533

BICEP / TRICEP

- LXWXH: 144X104X164 CM
- WEIGHT STACK : 175 LBS



BH3535

SEATED HORIZONTAL PULLEY

- LXWXH: 156X89X164 CM
- WEIGHT STACK : 220 LBS



BH3555

45° LEG PRESS

- LXWXH: 237X161X147 CM



BH3559

SUPER SQUAT

- LXWXH: 223X150X170 CM



BH3560

45° LEG PRESS / HACK SQUAT

- LXWXH: 226X158X157 CM



BH3570

FTSM

- Functional Trainer with Smith Machine
- LXWXH: 246X118X226 CM
- WEIGHT STACK : 175 LBS X 2



BH3575

FUNCTIONAL TRAINER

- LXWXH : 162x117x235 CM.
- Weight Stack:220 LBS x 2.



BH3580

CHEST PRESS

- LXWXH: 179X136X101 CM



BH3581

ROW

- LXWXH: 175X129X109 CM



BH3582

INCLINE CHEST PRESS

- LXWXH: 198X114X113 CM



BH3583

FID WARRIOR BENCH

- Comes with adjustable flat, incline & decline positions
- Both front & back seats can be adjusted
- Easy to read marking on chrome plate
- Comfortable PU moulded embroidered seats
- Heavy duty frame structure with maximum user weight of 130 kg



BH3585

FUNCTIONAL TRAINER

- LXWXH: 160X117X235 CM
- Weight Stack : 220 Lbs X 2



VIVA[®]
FITNESS

#PushYourself



E SERIES UNIQUE FEATURES



E5001

PRONE LEG CURL

- LXWXH: 152X99X135 CM
- WEIGHT STACK : 210 LBS



E5002

LEG EXTENSION

- LXWXH: 130X99X135 CM
- WEIGHT STACK : 240 LBS



E5003

SEATED LEG PRESS

- LXWXH: 190X110X162 CM
- WEIGHT STACK : 255 LBS



E5005

LATERAL RAISE

- LXWXH: 91X115X150 CM.
- WEIGHT STACK : 120 LBS



E5006

SHOULDER PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



E5007

PEC FLY / REAR DELT

- LXWXH: 124X99X211 CM
- WEIGHT STACK : 240 LBS



E5008

CHEST PRESS

- LXWXH: 132X130X135 CM
- WEIGHT STACK : 240 LBS



E5009

DIP CHIN

- LXWXH: 155X137X236 CM
- WEIGHT STACK : 200 LBS



E5013

INCLINE CHEST PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



E5023

SEATED LEG CURL

- LXWXH: 165X94X135 CM
- WEIGHT STACK : 240 LBS



E5030

BICEP CURL

- LXWXH: 119X89X135 CM
- WEIGHT STACK : 140 LBS



E5033

LONG PULL

- LXWXH: 282X109X236 CM
- WEIGHT STACK : 310 LBS



E5034

VERTICAL ROW

- LXWXH: 155X132X160 CM
- WEIGHT STACK : 210 LBS



E5035

LAT PULL DOWN

- LXWXH: 185X109X234 CM
- WEIGHT STACK : 240 LBS



E3046

STANDING MULTI FLIGHT

- LXWXH: 142X89X200 CM
- WEIGHT STACK : 175 LBS



E5084

MULTI PRESS

- LXWXH: 200X135X162 CM
- WEIGHT STACK : 240 LBS



E5086

LEG CURL /
LEG EXTENSION

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 240 LBS



E5087

BICEP / TRICEP

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 140 LBS



E5088

ABDOMINAL /
BACK EXTENSION

- LXWXH: 131X99X162 CM
- WEIGHT STACK : 240 LBS



E5089

ABDUCTOR / ADDUCTOR

- LXWXH: 155X90X162 CM
- WEIGHT STACK : 210 LBS



E3016

CABLE CROSSOVER

- LXWXH: 447X109X231 CM
- WEIGHT STACK : 220 LBS X 2



E1017

FUNCTIONAL TRAINER

- LXWXH: 105X176X225 CM
- WEIGHT STACK : 220 LBS X 2



E5200

ADJUSTABLE HI/LO PULLEY

- LXWXH : 99X124X227 CM
- WEIGHT STACK : 220 LBS



E5202

4 STATION JUNGLE GYM

- Multiple exercise function - Lat Pulldown, Mid row
Pec fly / Rear delt & Hi-Lo Pulley
- LXWXH : 350X228X227 CM
- WEIGHT STACK : 220 LBS X 4



E5203

CABLE CROSSOVER

- E5200+E5200
- WEIGHT STACK : 220 LBS X 2



E5204

5 STATION JUNGLE GYM

- E5200+E5202
- WEIGHT STACK : 220 LBS X 5



E5205

4 STATION JUNGLE GYM

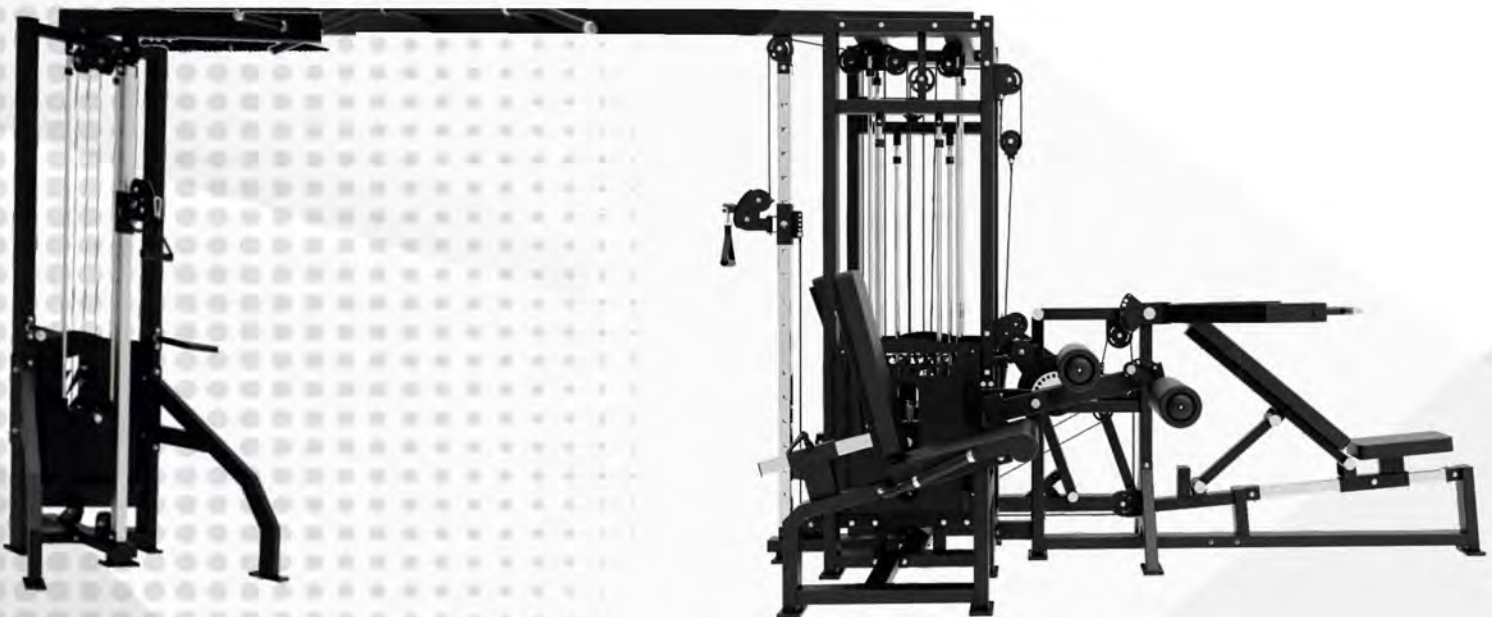
- Multiple exercise function - Leg extension / Curl, Leg press Multi press & Hi-Lo Pulley.
- LXWXH : 350X260X227 CM
- WEIGHT STACK : 220 LBS X 3 & 240 LBS x 1



E5206

5 STATION JUNGLE GYM

- E5200+E5205
- WEIGHT STACK : 220 LBS X 4 & 240 LBS x 1



E5207

8 STATION JUNGLE GYM

- E5202+E5205
- LXWXH : 760X350X227 CM
- WEIGHT STACK : 220 LBS X 7 & 240 LBS X 1



E1080

AB COASTER

- LXWXH : 185X72X145 cm
- Maximum user weight : 150 kg.



E1082

AB COASTER

- LXWXH : 164x78x146 CM.
- Maximum user weight : 180 kg.



E3036

FLAT BENCH

- LXWXH: 141X68X42 CM



E3037

ADJUSTABLE AB BENCH

- LXWXH: 164X68X99 CM



E3038

MULTI PURPOSE BENCH

- LXWXH: 106X68X90 CM



E3039

ADJUSTABLE BENCH

- LXWXH: 138X68X69 CM



E3041

OLYMPIC DECLINE BENCH

• LXWXH: 209X170X122 CM



E3042

OLYMPIC INCLINE BENCH

• LXWXH: 196X170X140 CM



E3043

OLYMPIC FLAT BENCH

• LXWXH: 174X170X122 CM



E3044

SEATED PREACHER CURL

• LXWXH: 113X84X88 CM



E3045

HYPER EXTENSION

• LXWXH: 121X89X67 CM



E3047

DIP / VERTICAL KNEE RAISE

• LXWXH: 127X71X160 CM



E3050

SQUAT RACK

• LXWXH: 173X170X178 CM



E3055

PLATE LOADED LEG PRESS

• LXWXH: 217X161X126 CM



E3056

PLATE LOADED LEG PRESS

• LXWXH: 221X63X135 CM



E3057

PLATE LOADED HACK SQUAT

• LXWXH: 224X163X126 CM



E3058

INCLINE LINEAR ROW

- LXWXH: 171X91X121 CM



E3061

T BAR

- LXWXH : 185x79x119 CM



E3062

SEATED CALF

- LXWXH: 150X71X99 CM



E3063

SMITH MACHINE

- LXWXH: 142X221X236 CM
- COUNTER BALANCED



E3065

SUPER SQUAT

- LXWXH: 185X79X119 CM



E 3066

ABDOMINAL TRAINER

- LXWXH: 129X61X154



E3092

BOOTY MACHINE

- LXWXH: 201X163X147 CM.



E3093

GLUTE BUILDER

- LXWXH: 140X191X353 CM



E6234

REVERSE HYPER EXTENSION

- LXWXH: 155X140X123 CM



E6254

HALF RACK WITH WOODEN PLATFORM

- LXWXH: 139X152X235 CM
- Thickness of wooden platform is 30mm and rubber pad under wooden platform is 20mm
- Thickness of rubber matt on sides is 50mm



E6255

BELT SQUAT

- LXWXH: 194X148X133 CM



E6256

PENDULUM SQUAT

- Comes with adjustable footplate angles
- LXWXH: 243X141X167 CM



E6257

BELT HIP THRUST

- LXWXH: 151X157X90 CM



E6258

TRICEP EXTENSION / DIP

- Adjustable seat rest for different height
- LXWXH: 123X81X119 CM



E6259

POWER LIFTING BENCH

- Seamless height adjustment.
- Stable structure & exceptional safety for professional use.
- Comes with lever-arm jack system for quick adjustments.
- Removable bench & spotters.
- LXWXH : 208x177x135 CM.



SS SERIES UNIQUE FEATURES

✦ Instructive - simple, step-by-step instructions and training tips help users get the most out of their exercise. Makes exercise easy and enjoyable

✦ Steel weight stack cover for user safety and machine protection.

✦ Seats made from integrated foam to give perfect support and avoid de-shaping even after long use.

✦ Aircraft spec 5.7mm American LOOS cable with 3,500 lbs breaking strength. End fittings tested to 200,000 cycles using full weight stack.
✦ Pure steel weight stacks.
✦ D: 106.2mm powerful nylon pulley in full alignment with cable for lifetime use.

✦ Classic frame design for professional training
✦ Tubing: 3mm, 50mm by 100mm flat oval tubing
✦ Finish: Powder-coated painting color for premium look and also for protection from rusting.

✦ Compact - space efficient design requires minimal floor space.
✦ Rubber grip prevent from being slipped.

SS01

CHEST PRESS

- LXWXH : 138X113X161 CM
- Weight Stack : 220 lbs



SS02

SHOULDER PRESS

- LXWXH : 140X135X161 CM
- Weight Stack : 220 lbs



SS03

BICEP CURL

- LXWXH : 117X119X161 CM
- Weight Stack : 175 lbs



SS05

MULTI PRESS

- LXWXH : 189X123X161 CM
- Weight Stack : 220 lbs



SS06

PEC FLY / REAR DELT

- LXWXH : 162X105X200 CM
- Weight Stack : 220 lbs



SS07

LAT PULL / SEATED ROW

- LXWXH : 151X142X226 CM
- Weight Stack : 220 lbs



SS08

LOW ROW

- LXWXH : 175X116X180 CM
- Weight Stack : 220 lbs



SS09

ASSISTED CHIN DIP

- LXWXH : 165X118X229 CM
- Weight Stack : 220 lbs



SS11

ABDUCTOR / ADDUCTOR

- LXWXH : 155X131X161 CM
- Weight Stack : 175 lbs



SS12

SEATED LEG CURL

- LXWXH : 155X127X161 CM
- Weight Stack : 220 lbs



SS13

PRONE LEG CURL

- LXWXH : 169X115X161 CM
- Weight Stack : 220 lbs



SS14

LEG EXTENSION

- LXWXH : 134X127X161 CM
- Weight Stack : 220 lbs



SS15

SEATED LEG CURL / LEG EXTENSION

- LXWXH : 139X127X161 CM
- Weight Stack : 220 lbs



SS17

LAT PULL DOWN

- LXWXH : 124X142X224 CM
- Weight Stack : 220 lbs



SS18

ROTARY TORSO

- LXWXH : 131X107X161 CM
- Weight Stack : 175 lbs



SS20

PRONE LEG CURL / LEG EXTENSION

- LXWXH : 115X113X161 CM
- Weight Stack : 220 lbs



TITAN SERIES UNIQUE FEATURES

The Titan Series features a luxurious golden finish that is truly unique, this design not only stands out but also exudes elegance and sophistication. It enhances the overall ambience of your gym and provides an exceptional visual and training experience for users. We designed an ergonomic handgrip with a textured surface to distribute the load more evenly, making push and pull movements more safe and effective.

Superior multi-link structure provides stable and uniform resistance throughout the entire range of motion, ensuring more efficient workouts. Mimics the natural movement trajectory of the human body, reducing stress on joints and soft tissues, thereby achieving safety and comfort during training.



TI 3001

CHEST PRESS

- LXWXH : 167X149X183 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3002

PULL DOWN

- LXWXH : 209X147X204 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3003

SHOULDER PRESS

- LXWXH : 155X183X171 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3004

LOW ROW

- LXWXH : 150X147X187 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3005

INCLINE CHEST PRESS

- LXWXH : 183X148X180 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3006

LEG PRESS

- LXWXH : 256X168X158 CM
- MAX WEIGHT CAPACITY:400Kg/880Lbs



TI 3008

REAR KICK

- LXWXH : 160X140X190 CM
- MAX WEIGHT CAPACITY:150Kg/330Lbs



TI 3007

ROW

- LXWXH : 167X135X134 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3023

BICEP CURL

- LXWXH : 161X118X103 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3024

SEATED DIP

- LXWXH : 181X170X105 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3025

ISO LATERAL LEG EXTENSION

- LXWXH : 152X128X117 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3050

WIDE CHEST PRESS

- LXWXH : 169X146X187 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3064

PULLOVER

- LXWXH : 214X163X150 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



TI 3066

HIP THRUST

- LXWXH : 192X134X95 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



PL SERIES UNIQUE FEATURES

Easy to use, neat appearance, the PL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.

Tubing: thickness range from 2.5 mm to 3mm, 50mmx100mm tubing, electro-welded to maximum integrity.

Color: black and red (Other colors are optional based on customer requirements)

Finish: Electrostatic powder-coated and heat cured after adhesiveness enhancement pre-treatment for superior durability

Compact - space efficient design requires minimal floor space.

Pad total thickness is 70mm.

Easy-to-use, flexible adjustments allow for optimal exercise positions.



PL4001

CHEST PRESS

- LXWXH : 195X154X171 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4002

PULL DOWN

- LXWXH : 160X145X196 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4003

SHOULDER PRESS

- LXWXH : 176X155X148 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4004

LOW ROW

- LXWXH : 178X143X165 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4005

INCLINE CHEST PRESS

- LXWXH : 152X191X177 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4007

ROW

- LXWXH : 182X150X132 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4008

DECLINE CHEST PRESS

- LXWXH : 192X121X156 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4009

POWER RACK

- LXWXH : 204X116X228 CM



PL4011

FID BENCH

- LXWXH : 136X68X129 CM.



PL4014

HAFL RACK

- LXWXH : 203X116X227 CM.



PL4017

SEATED CALF

- LXWXH : 149X78X84 CM.
- Max Weight Capacity : 150 kg / 330 lbs



PL4020

LEG PRESS

- LXWXH : 250X174X154 CM.
- Max Weight Capacity : 400 kg / 880 lbs



PL4023

BICEP CURL

- LXWXH : 140X104X120 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4024

TRICEP DIP

- LXWXH : 173X158X120 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4025

LEG EXTENSION

- LXWXH : 170X128X122 CM.
- Max Weight Capacity : 120 kg / 264 lbs



PL4026

STANDING LEG CURL

- LXWXH : 170X128X122 CM.
- Max Weight Capacity : 120 kg / 264 lbs



PL4027

BARBELL RACK

- LXWXH : 94X91X151 CM.



PL4028

FLAT BENCH PRESS

- LXWXH : 173X191X131 CM.



PL4029

INCLINE BENCH PRESS

- LXWXH : 205X173X131 CM.



PL4030

DECLINE BENCH PRESS

- LXWXH : 231X173X131 CM.



PL4036

AB BENCH

- LXWXH : 112X143X162 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4041

SUPER OLYMPIC BENCH

- LXWXH : 231X173X131 CM.



PL4050

HIP THRUSTER

- LXWXH : 170X104X84 CM.
- Max Weight Capacity : 300 kg / 660 lbs



PL4055

HALF RACK WITH WOODEN PLATFORM

- LXWXH : 140X110X230 CM.



PL4065

45° ISO LATERAL LEG PRESS

- Max Weight Capacity : 400 kg / 880 lbs



JPL302

SHOULDER PRESS

- LXWXH : 129X128X146 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL303

CHEST PRESS

- LXWXH : 122X141X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL304

PULL DOWN

- LXWXH : 112X138X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL305

ROW

- LXWXH : 118X139X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL306

LOW ROW

- LXWXH : 120X122X163 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL307

LEG PRESS

- LXWXH : 145X210X135 CM
- MAX WEIGHT CAPACITY : 300Kg/660Lbs



JPL308

INCLINE CHEST PRESS

- LXWXH : 153X103X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL310

REAR KICK

- LXWXH : 111X143X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL312

TRICEP DIP

- LXWXH : 147X154X86 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL313

BICEP CURL

- LXWXH : 106X139X101 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL314

STANDING LEG CURL

- LXWXH : 144X117X142 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL315

LEG EXTENSION

- LXWXH : 124X126X117 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL316

LINEAR LEG PRESS

- LXWXH : 270X157X150 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



JPL318

INCLINE PEC FLY

- LXWXH : 163X164X110 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL320

CHEST PRESS / LAT PULLDOWN

- LXWXH : 215X169X203 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL322

LUNGE / DEADLIFT / SHRUGS

- LXWXH : 162X154X87 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



JPL323

ISO FID BENCH

- LXWXH : 188X201X175 CM
- MAX WEIGHT CAPACITY : 160Kg / 350Lbs



JPL329

SMITH SQUAT COMBO

- WITH COUNTER BALANCE MACHINE
- LXWXH : 200X142X218 CM



JPL327

POWER RACK / SMITH MACHINE

- LXWXH : 183X221X219 CM



JPL328

POWER RACK / SMITH MACHINE

- WITH COUNTER BALANCE
- LXWXH : 183X221X219 CM



JPL333

STANDING HIP THRUST

● LXWXH : 117X124X152 CM.



JPL334

FOREARM JUNGLE

● LXWXH : 168X160X133 CM.



JPL335

FOREARM JUNGLE WITH ARM WRESTLING



JPL337

PULLOVER

- LXWXH : 172X166X150 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL338

PULL DOWN

- LXWXH : 173X170X206 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL339

ROWING MACHINE

- LXWXH : 162X172X113 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550lbs



JPL340

SHOULDER PRESS

- LXWXH : 186X146X192 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550lbs



JPL341

PRECISION CHEST PRESS

- LXWXH : 146X206X168 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550lbs



JPL342

3D SMITH HIP THRUST

- LXWXH : 208X151X138 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550lbs



JPL 343

VERTICAL CHEST PRESS

- LXWXH : 158X101X184 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL344

OVERHEAD PRESS

- LXWXH : 143X97X143 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL345

LAT PULL DOWN

- LXWXH : 205X90X232 CM.
- MAX WEIGHT CAPACITY : 300Kg / 660Lbs



JPL346

INCLINE PRESS

- LXWXH : 173X96X134 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL347

ADJUSTABLE T-BAR

- LXWXH : 210X91X133 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL348

MULTI LOW ROW / DEADLIFT

- LXWXH : 176X139X146 CM.
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL349

BI-LATERAL REVERSE PULL DOWN

- LXWXH : 162X119X200 CM.
- MAX WEIGHT CAPACITY : 300Kg / 660Lbs



JPL350

HIP TRAINER

- LXWXH : 174X148X80 CM.



BEAST 21

OLYMPIC FLAT BENCH

• LXWXH : 164X153X119 CM



BEAST 22

OLYMPIC INCLINE BENCH

• LXWXH : 184X153X140 CM



BEAST 23

OLYMPIC DECLINE BENCH

• LXWXH : 200X153X119 CM



BEAST 24

HYPER EXTENSION

• LXWXH : 137X97X97 CM



BEAST 26

SEATED CALF

- LXWXH : 145X58X94 CM



BEAST 27

AB BENCH

- LXWXH : 182X99X103 CM



BEAST 30

FLAT BENCH

- LXWXH : 146X73X44 CM



BEAST 29

MULTI AB BENCH

- LXWXH : 172X63X91 CM



BEAST 31

MULTI ADJUSTABLE BENCH

- Option of Flat, Incline & Decline position.
- LXWXH : 178X61X135 CM



BEAST 32

UTILITY BENCH

- LXWXH : 108X53X90 CM



BEAST 33

FID BENCH

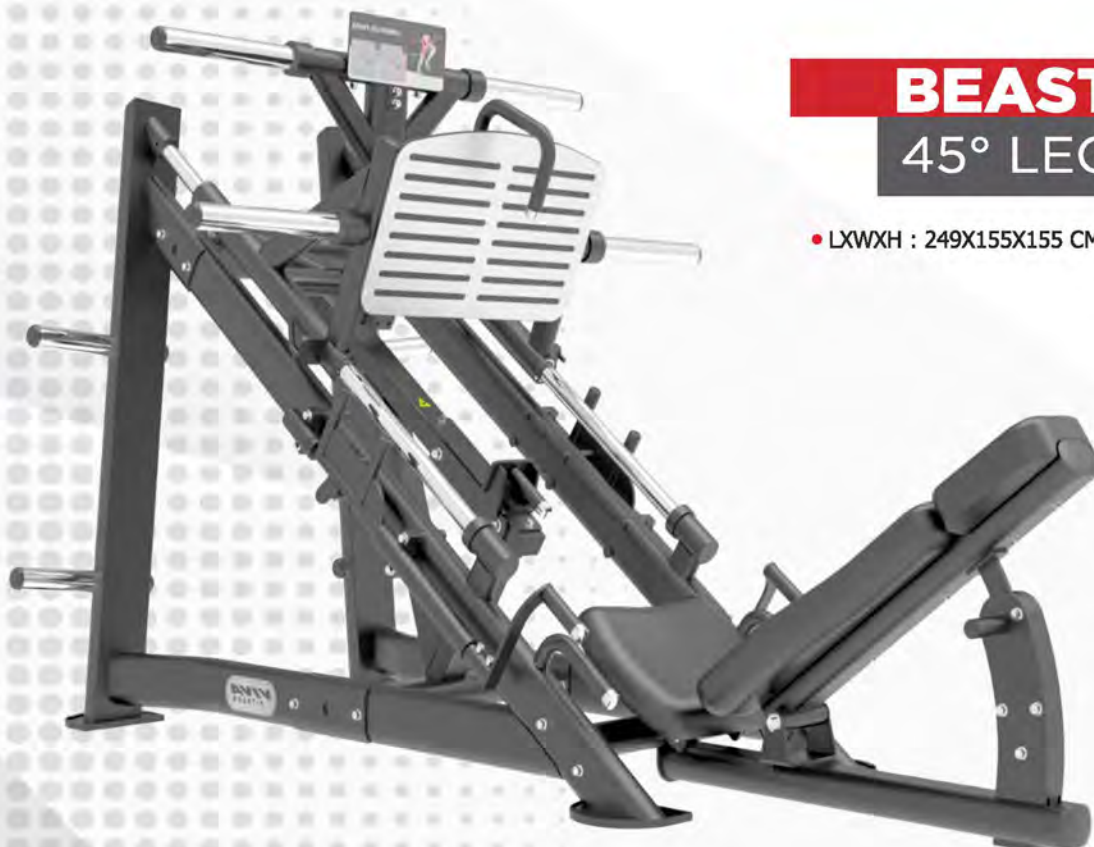
- Comes with adjustable flat, incline & decline positions
- Both front & back seats can be adjusted
- Easy to read marking on chrome plate
- Comfortable PU moulded seats
- Heavy duty frame structure with maximum user weight of 140 kg



BEAST 35

45° LEG PRESS

- LXWXH : 249X155X155 CM



BEAST 37

PLATE TREE

LXWXH : 96X63X120 CM.



BEAST 38

PREACHER CURL BENCH

• LXWXH : 113X84X88 CM



Beast 39

Vertical knee raise / Dip stand

• LXWXH : 119X77X136 CM



BEAST 40

DUMBBELL RACK

- LXWXH : 209X81X83 CM
- Can hold 10 pairs.



BEAST 41

3 TIER DUMBBELL RACK

- LXWXH : 213X63X98 CM
- Can hold 15 pairs.



FL6002

PREACHER CURL BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 117X75X90 CM



FL6005

SEATED CALF RAISE

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 132X67X91 CM



FL6007

HYPER EXTENSION

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 125X68X90 CM



FL6009

FLAT BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 128X60X49 CM



FL6010**VERTICAL KNEE RAISE / DIP STAND**

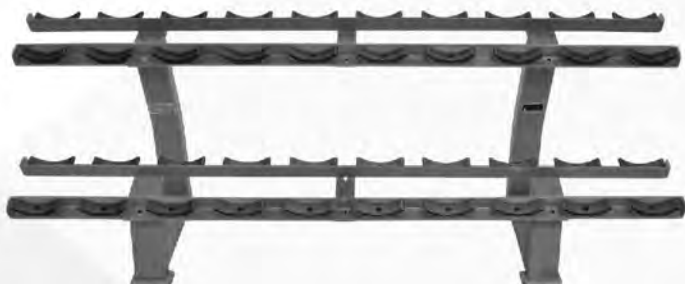
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 109X75X158 CM

**FL6011****MULTI ADJUSTABLE BENCH**

- Flat / Incline / Decline position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 158X54X135 CM

**FL6012****DUMBBELL RACK**

- Paint Finish : Electrostatic Powder Coating
- Unique adjustable Lower base in order to accommodate dumbbell of different sizes / types
- Pipe Size : 100x50x2.5 mm
- LXWXH : 208X53X81 CM

**FL6013****MULTI AB BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X69X92 CM



FL6014**OLYMPIC FLAT BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 170X159X137 CM

**FL6015****OLYMPIC INCLINE BENCH**

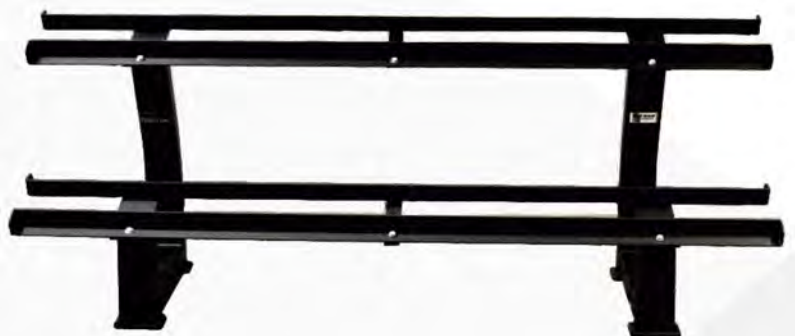
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X159X151 CM

**FL6016****OLYMPIC DECLINE BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 195X159X137 CM

**FL6018****DUMBBELL RACK**

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 200X51X80 CM



FL6019

INCLINE T BAR

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 188X99X122 CM



FL6020

FID BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 145X51X132 CM



FL6021

SUPER SQUAT

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 190X175X185 CM



FL6022

UTILITY BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 101X81X88 CM



FL6024

DELUXE UTILITY STOOL

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 120X81X88 CM



FL6041

4 WAY OLYMPIC BENCH

- Unique Flat / Incline / Decline / Shoulder position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 167X172X163 CM



FL6063

3 TIER DUMBBELL RACK

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 175X81X92 CM



FL6064

PLATE TREE

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 82X68X133 CM



FL6033 HALF RACK

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 136X175X245 CM



FL6043 HALF RACK WITH PLATFORM

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- Rack Size : LXWXH : 136X175X245 CM
- Rubber tile thickness : 25mm
- Wooden board thickness : 25mm



IFHC

HALF CAGE

- This base system provides the ultimate in safety and exercise variety.
- Self spotting triple chromed bar racking system for safer free weight solo workouts.
- Includes multiple plate holders for convenient racking.
- Adjustable safety spotters accommodates:
- LXWXH : 118X182X209 CM.



IFHCS

HALF CAGE SMITH ATTACHMENT

- Optional for IF-HC.
- LXWXH : 195X30X173 CM.



IFSS

SQUAT STAND

- Self spotting triple chromed bar racking system for safer solo workouts.
- Angled uprights for better squat and bench exercises.
- Multiple plate holders for convenient storage.
- Adjustable safety spotters
- LXWXH : 123X128X174 CM.



IFAAB

ADJUSTABLE ABDOMINAL BENCH

- Over sized bench padding for maximum comfort.
- Dual transport wheels for easy movement.
- LXWXH : 168X57X115 CM.



IFAC

ABDOMINAL CRUNCH

- Fixed decline angle for basic abdominal workout.
- LXWXH : 110X48X58 CM.



IF45

45°HYPEREXTENSION

- Adjustable thigh pads for proper positioning and support.
- 45 degree angle for optimal results.
- Dual transport wheels for easy movement.
- LXWXH : 121X74X77 CM.



IFSPC

SEATED PREACHER CURL

- Bar catch design for easy re-racking.
- Adjustable oversized arm pad.
- LXWXH : 102X71X82 CM.



IFFB

FLAT BENCH

- Wide base for added safety.
- Dual rear transport wheels for easy movement.
- LXWXH : 130X53X49 CM.



IFOIB

INCLINE BENCH

- LXWXH : 156X131X119 CM.



IFODB

DECLINE BENCH

- LXWXH : 190X131X115 CM



IFOB

OLYMPIC BENCH

- Excellent adjustable uprights.
- Expandable with drop in attachment. Options - IF-LEGA & IF-ARMA.
- Fully adjustable decline to shoulder press.
- LXWXH : 144X126X147 CM.



ROBO ARM ECO

DUAL CABLE CROSSOVER

- STURDY DESIGN
- Weight stack : 230lbs x 2



FTSM

FUNCTIONAL TRAINER CUM SMITH MACHINE

- STURDY DESIGN
- Weight stack : 200lbs x 2
- LXWXH : 258X102X248 CM



KH212

DUAL TWISTER

- Durable commercial grade construction.
- With Double Ball Bearings.
- Ergonomically Designed Handles.
- LXWXH : 137X47X127 CM.



KH230

SKI CORE BALANCE BOARD



KH260

GORILLA GRIPPER / WRIST CURL

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant latherite
- Pipe Size : 100x50x2.5 mm
- Weight Stack : 60 KGS
- LXWXH : 58X57X103 CM



KH271

SISSY SQUAT

- Sturdy Design.



KH272

SISSY SQUAT

- Sturdy Design.



KH273

TIBIA TRAINER

- Sturdy Design.



KH275

WRIST CURL

- Sturdy Design.
- Weight Stack : 175 lbs



KH276

WRIST CURL

- Sturdy Design
- Weight Stack : 110 lbs



KH280

WRIST CURL

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant latherite
- Pipe Size : 100x50x2.5 mm
- Weight Stack : 88 LBS
- LXWXH : 47X62X100 CM



KH285

STANDING LATERAL RAISE

- Commercial Grade.
- Sturdy Frame.
- Weight stack : 130 LBS.
- LXWXH : 145X81X150 CM



KH286

GLUTE HAM DEVELOPER

- Commercial Grade.
- Sturdy Frame.
- LXWXH : 184X112X124 CM



KH287

MULTI PURPOSE STORAGE RACK

- Commercial Grade.
- Sturdy Frame.
- Ideal for Dumbbells, Medicine balls, Kettle bells etc.
- LXWXH : 198X63X180 CM



KH288

ACCESSORIES RACK



KH300

FUNCTIONAL TRAINER

- Comes with double pulley on both sides
- Weight Stack : 100X2 kg
- LXWXH : 85X207X225 CM



KH303

BARBELL RACK

- Sturdy Design
- LXWXH : 44X44X17 CM
- For 9 rods



KH305

BARBELL RACK

- Sturdy Design
- For 5 rods



KH320

BICEP CURL STAND

- Commercial Grade.
- Sturdy Frame.
- Can store upto 6 Olympic hole plates.
- LXWXH : 122X46X73 CM



KH322

AB MAT



KH321

REVOLVING BARBELL RACK

- Can Hold 12 Pcs Barbells.



KH646

TRIPLE STORAGE RACK

- Can store upto 12 barbells, 24 weight plates and 8 pcs kettle bell.



Body-Solid®
Built for Life



Body-Solid®

Built for Life

www.bodysolid.com
800-833-1227

Body-Solid is the leading provider of high quality fitness products. With innovative design and durable structure, Body-Solid equipment delivers the optimum workout experience for any body type. For over twenty years, we have been committed to superior customer service and sales assistance. Even after the initial sale is complete, our representatives are there to help you for the life of your equipment. Your satisfaction is Body-Solid's top priority, no matter the setting.



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MULTI-STATION SELECTORIZED GYM

G9S

This multi-station gym provides health club quality strength training for up to three people simultaneously. The G9S incorporates a multi-function press arm station for chest press, incline press, shoulder press and chest supported mid row exercises. Perfect Pec™ station has fully adjustable range of motion. Includes Leg Press/Calf Press station that operates on a 2:1 ratio giving it a weight capacity of 420 pounds. The G9S provides maximum strength and a weight room full of workout options in a minimum amount of space. The G9S comes standard with a 210 lb. weight stack.

- Includes ab-crunch strap, lat bar, low row bar, ankle strap, water bottle, DVD and exercise chart

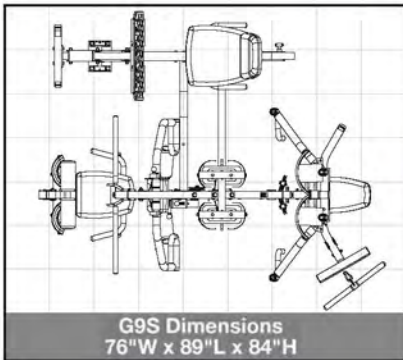
Optional Attachments



Vertical Knee Raise
(GKR9)



Seated Inner/Outer
Thigh (GIOT9)



G9S Dimensions
76\"/>



Body-Solid®
Built for Life

FUSION600

PERSONAL TRAINER

F600

STATIONS

- ? Bi-Angular * pressing station adjustable for incline and shoulder press
- ? Synchronized adjustable cable arms for functional training
- ? Dedicated chest supported mid row station
- ? Seated leg curl and seated leg extension station
- ? High pulley station, swiveling mid and low pulley stations from functional arms

FEATURES

- ? Cables add two optional attachments allowing up to four options on one gym
- ? Oversized V-groove high pulley
- ? Two-way adjustable back pad
- ? Gas assisted seat adjustment
- ? Standard 210 lb. weight stack
- ? Standard full metal weight stack shroud

SPECIFICATIONS

- ? 2"x4" oval tubing, 11-gauge steel
- ? Sealed bearing bench press pivot
- ? Sealed bearing leg developer pivot

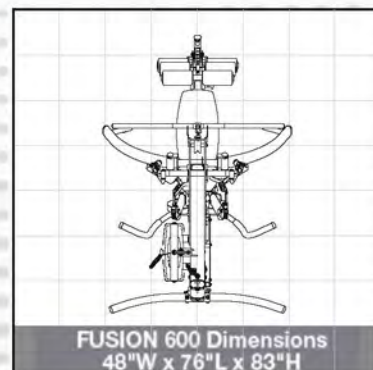
The Fusion 600 includes a lat bar, low row bar, two nylon cable handles, ankle strap, exercise chart.



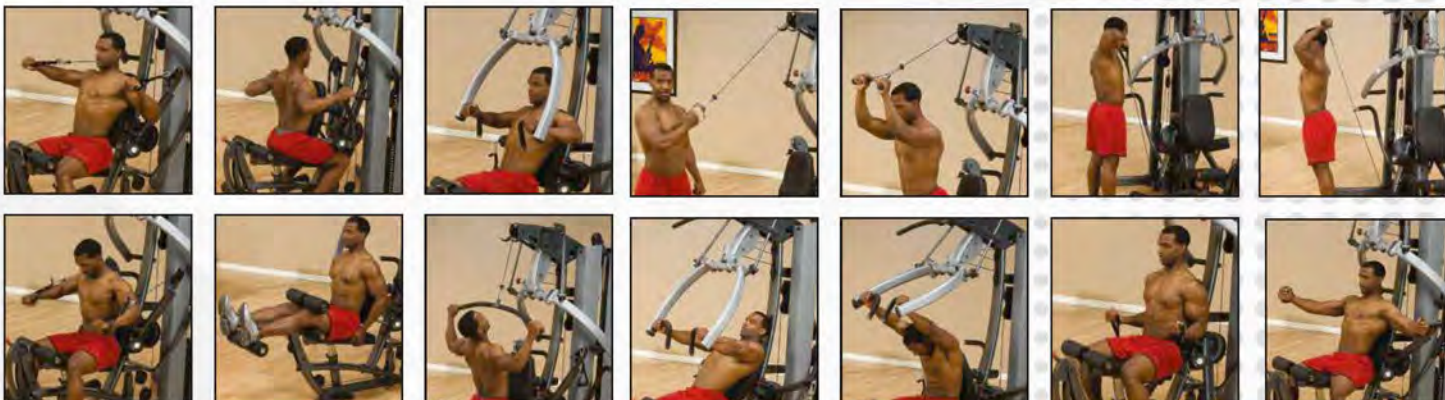
Optional Attachment



Leg Press (FLP)



Over 60 Exercises



Body-Solid®

Built for Life



MULTI-STATION HOME GYM

G6BR

Patented Bi-Angular converging press arm system guides you through the optimal range of motion while applying resistance from two directions simultaneously. This increases muscle interaction by 25%. Comes complete with the Perfect Pec? station with adjustable range of motion. Press station and leg developer station feature the SmoothGlide Bearing System? with biomechanically accurate pivot points for friction free movement. The G6BR comes standard with a 210 lb. weight stack.

- Includes ab-crunch strap, lat bar, low row bar, ankle strap, water bottle, DVD and exercise chart

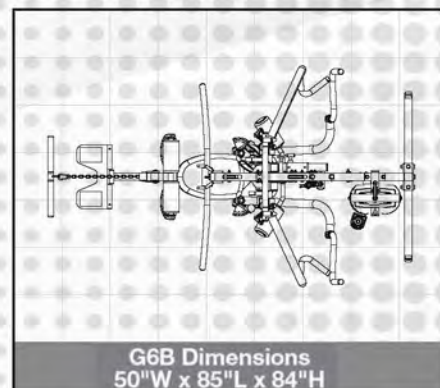
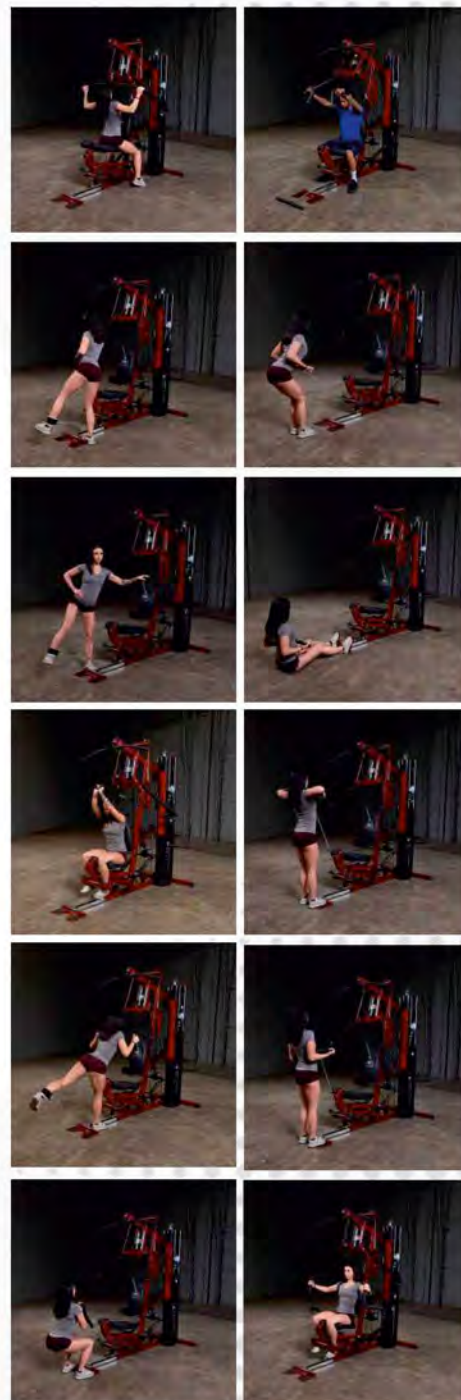
Optional Attachments



Seated Inner/Outer Thigh (GIOT)



Leg Press/Calf Press (GLP)





MULTI-STATION HOME GYM

G6B

Patented Bi-Angularconverging press arm system guides you through the optimal range of motion while applying resistance from two directions simultaneously. This increases muscle interaction by 25%. Comes complete with the Perfect Pec? station with adjustable range of motion. Press station and leg developer station feature the SmoothGlide Bearing System? with biomechanically accurate pivot points for friction free movement. The G6B comes standard with a 210 lb. weight stack.

- Includes ab-crunch strap, lat bar, low row bar, ankle strap, water bottle, DVD and exercise chart

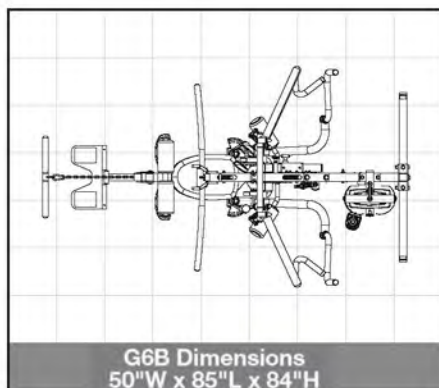
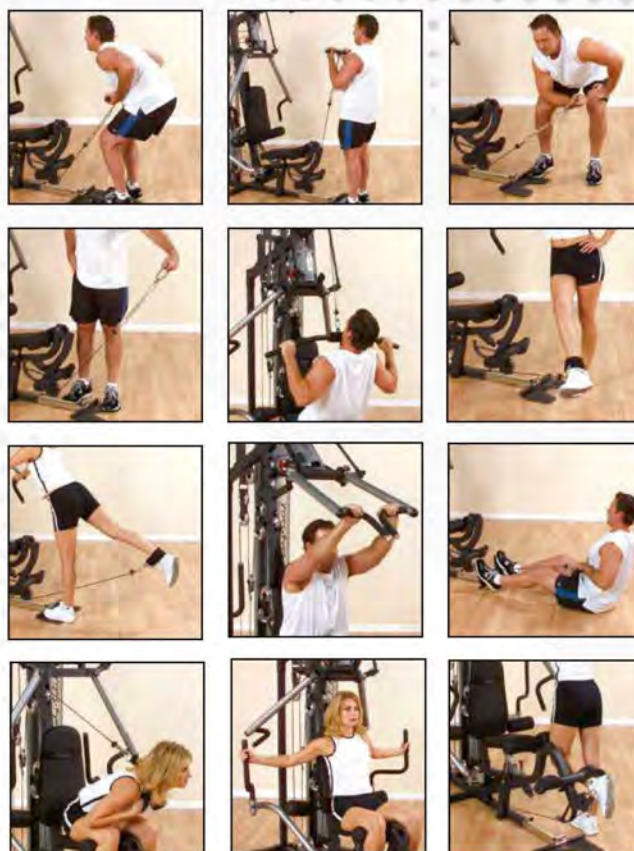
Optional Attachments



Seated Inner/Outer Thigh (GIOT)



Leg Press/Calf Press (GLP)



Shown with optional Seated Inner/Outer Thigh attachment (GIOT)



Body-Solid®

Built for Life



MULTI-STATION HOME GYM

G2B

The G2B's most unique feature is the patented Bi-Angular™ converging press arm system. Bi-Angular™ technology uses a converging axis during all pressing motions to provide 25% more muscle interaction. Included in this versatile gym is a Multi-Hip station to sculpt your hips, thighs and glutes. The G2B allows you to perform every exercise you need to sculpt your body to its ultimate form. The G2B comes standard with a 160 lb. weight stack.

- Includes ab-crunch strap, lat bar, low row bar, ankle strap, water bottle, DVD and exercise chart

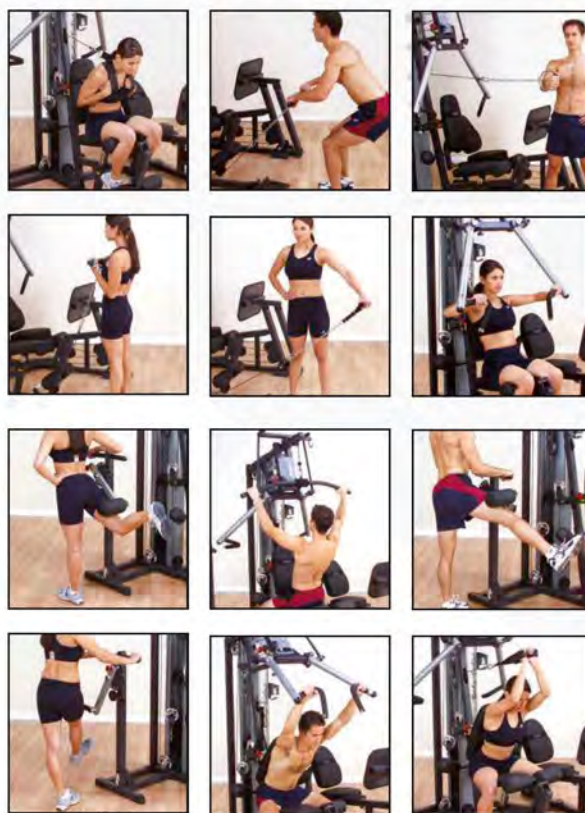
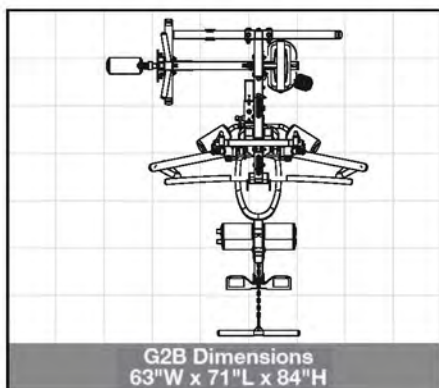
Optional Attachments



Seated Inner/Outer Thigh (GIOT)



Leg Press/Calf Press (GLP)



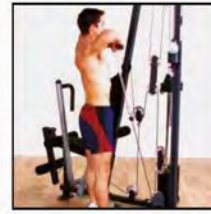
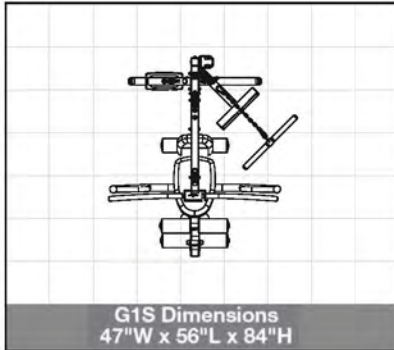


MULTI-STATION HOME GYM

G1S

The Body-Solid G1S packs a lot of power, strength and durability into the smallest footprint available. Centered on a 160 lb. selectorized weight stack, this gym allows over 40 toning, trimming and strength training exercises.

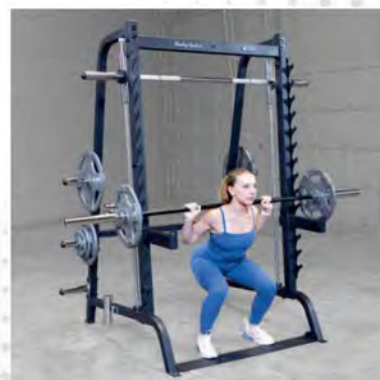
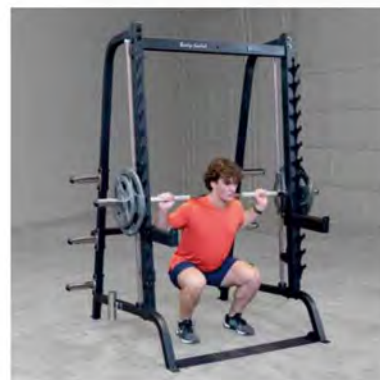
- Includes ab-crunch strap, lat bar, low row bar, ankle strap, water bottle, DVD and exercise chart



GS348QB

SERIES 7 SMITH MACHINE

- Large diameter, 25 lb. Smith Bar
- For smith and freeweight barbell exercises
- 56"L x 70"W x 83"H, 276 lbs.



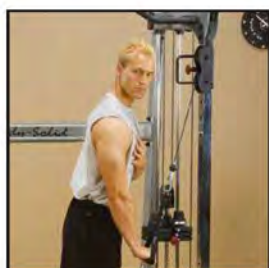
FUNCTIONAL TRAINING CENTER

GDCC200

Featuring a dual-independent weight stack system, users get dedicated resistance with true isolateral movements. Modern, precision-fitted components along with high quality materials and finishes guarantee a long lasting, durable station at a price that is unbeatable in the market. The Functional Training Center has ergonomically designed adjustments and interchangeable cable handles that offer an unlimited number of exercise possibilities for all experience levels.

Includes two 160 lb. weight stacks.

Dimensions: 83.5"H x 40.5"L x 78"W

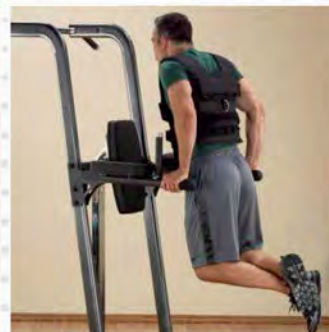


VERTICAL KNEE RAISE/ DIP/PULL-UP STATION

FCD

- ? Close or wide grip pull-up bar
- ? Oversized dip handles
- ? Thick DuraFirm back and arm pads
- ? 2"x3" oval tubing
- ? 10° reverse pitch incr eases abdominal range of motion

Dimensions: 82"H x 63"L x 27"W

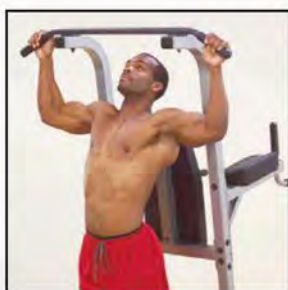


VERTICAL KNEE RAISE/DIP/ PULL UP/CHIN MACHINE

GVKR82B

- 10° reverse pitch increases abdominal range of motion and securely locks you into position
- Easy access dip station features oversized diameter grips for ultimate comfort
- Push-up station is cushioned and mounted 12" off the floor for the deep pec building push-ups
- DuraFirm™ back pad features extra lumbar support
- Heavy-gauge 2"x2" all-4-side welded high tensile strength steel mainframe construction

Dimensions: 82"H x 57"L x 43"W



FLAT/INCLINE/DECLINE BENCH

GFID31B

- Designed with a shortened base frame to fit perfectly in all Smith Machines, Power Racks and Multi-Press Racks
- Quick and secure six-position ladder-style back pad adjustment
- Expandable for Leg Developer (GLDA1), Preacher Curl Attachment (GPCA1)
- Thick DuraFirm™ upholstery

Dimensions: 22"H x 59"L x 27"W



HEAVY DUTY FLAT/INCLINE/DECLINE BENCH

GFID71B

- Full commercial quality with over 1,000 lb. capacity
- Six-position seat and back pad adjustment allows any sized user to do bent knee sit-ups and ab crunches
- Full 2 $\frac{3}{4}$ " thick DuraFirm™ Pads will never bottom out
- Includes T-Bar leg hold-down attachment with rollers
- Expandable for Leg Developer (GLDA3), Preacher Curl Attachment (GPCA1).
- Wheels for easy mobility

Dimensions: 19"H x 70"L x 28"W



OPTIONAL

**Leg Developer
Attachment
GLDA1
FOR GFID31B**



**Leg Developer
Attachment
GLDA3
FOR GFID71B**



**Preacher Curl
Attachment
GPCA1
FOR GFID31B/GFID71B**

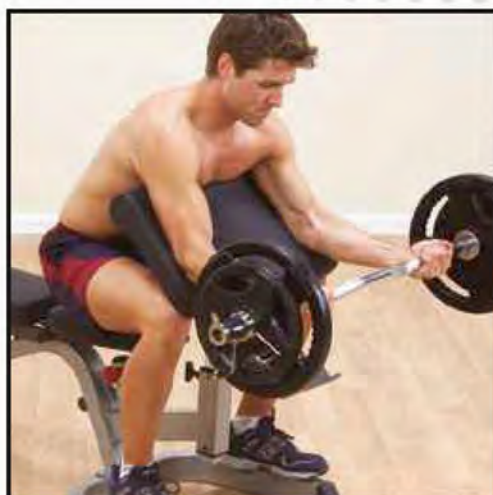


POWERCENTER COMBO BENCH

GDIB46LB

- ? Includes Leg Developer
- ? Six position Flat/Incline/Decline
- ? DuraFirm? back and seat pads
- ? Multi-position telescoping uprights

Dimensions: 43"H x 77"L x 46"W



**GPCA1
Optional
Preacher Curl
Attachment**

MULTI-PRESS RACK

GPR370B

Fitness professionals, coaches and personal trainers agree that a heavy duty rack with easy to use adjustments and a barbell set go a long way in the world of strength training. Freeweight training is most effective when the user feels safe enough to use heavy weights and push the envelope. Our full commercial Multi-Press Rack is an industrial strength training partner that does not try to change how you workout, it works with you.

Dimensions: 74"H x 45"L x 64"W



LEG PRESS/HACK SQUAT MACHINE

GLPH1100B

- Quad track roller system operates smoothly and evenly distributes weight
- Both back pads utilize a quick flip-and-lock mechanism
- Heavy gauge diamond plate foot platforms for both leg press and hack squat positions
- Easy access under carriage plate load system
- Heavy duty 2"x4" 11-gauge steel mainframe minimizes torsional flex for maximum strength and stability
- Tough, double stitched 4" thick DuraFirm™ back and shoulder pads are contoured for maximum support of the lower back and shoulders
- 1,000 lb capacity

Dimensions: 56"H x 83"L x 34"W



X75

FID BENCH

- Durable commercial grade construction.
- Heavy duty frame structure.
- Options of flat, incline & decline position.
- Can be used for multiple exercises.



X76

BRIDGE BENCH

- Durable commercial grade construction.
- Heavy duty frame structure.
- Options of flat, incline & decline position.
- Can be used for multiple exercises.



X100

MULTI PURPOSE BENCH

- Flat, incline & decline position.
- With preacher curl attachment.
- With leg extension & prone leg curl.



X150

3 WAY OLYMPIC BENCH

- Flat, incline & decline position.
- With smooth & convenient seat adjustment.
- LXWXH : 241X188X142 CM.



X300

SMITH MACHINE



X500

HALF RACK

- DIMENSIONS : 126X115X200 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



X600

FUNCTIONAL RACK WITH LONG PULL

- DIMENSIONS : 154X170X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 120 KGS



X900

FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS : 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



SAVAGE

MULTI TRAINER

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS : 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



618LP ENDURANCE

HEAVY DUTY COMMERCIAL MULTI GYM

- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function – Leg press, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection
- LXWXH : 269X239X216 CM



618EC POWER HOUSE

HEAVY DUTY COMMERCIAL MULTI GYM

- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function – Leg extension, Prone leg curl, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection
- LXWXH : 269X239X216 CM



318LP

MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function – Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise, Shrugs & Leg press.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH : 219X222X213 CM



318MG

MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function – Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH : 213X150X213 CM



418CA STAR

COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 6 station gym with 2 STEEL weight stacks of 70 Kgs each.
- Multiple Exercise Function - Leg extension, Leg press, Hi-Lo pulley, Tricep extension, Lat pull, Bicep curl, Pec Dec, Multi press, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise, Chin up & Dips stand etc.
- Durable powder coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X244X230 CM.



418BA STELLA

LIGHT COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 5 station gym with 2 weight stacks of 65 Kgs each.
- Multiple Exercise Function -
Leg extension, Leg press, Hi-Lo pulley, Chin up, Lat pull, Bicep curl, Pec Dec, Multi press, Tricep extension, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise etc.
- Durable power coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X240X230 CM.



518LC CHAMPION

LIGHT COMMERCIAL MULTI GYM

- 4 station gym with 4 weight stacks of 68 Kgs each.
- Exercise Function - Leg press, Chest press, Leg extension, Pec fly, Lat pull, Bicep curl, Rowing etc.
- Durable power coated finish.
- Ergonomic Design / Scientific Biomechanics.
- LXWXH : 250X250X220 CM



IMPULSE ZONE

Customized Group Functional Training



TOP VIEW



X-SHAPE

PRODUCT DIMENSION
7489x3139x2446 (mm)
294.8x123.6x96.3 (in)

ENERGY 360

WITH ACCESSORIES

● LXWXH : 450X400X250 CM.



8 PCS TRX



9 METERS



MEDICINE BALL
5 SETS

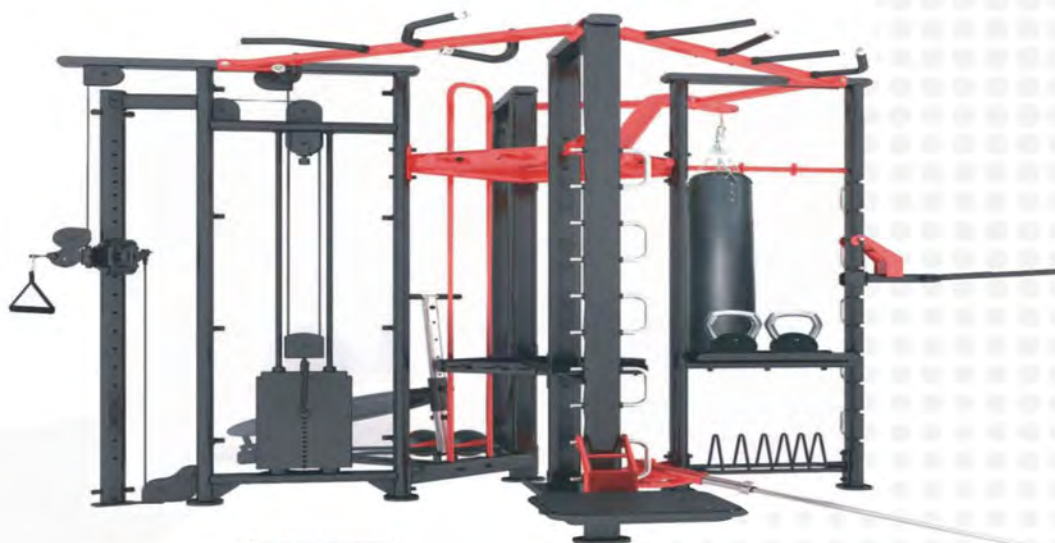


2 PAIRS



5 SETS





TOP VIEW



D-SHAPE

PRODUCT DIMENSION
3235x2855x2400 (mm)
127.3x112.4x94.4 (in)

KH308

SUSPENSION TRAINING RACK

- Sturdy Design.
- LXWXH : 312X206X251 CM.



WEIGHT LIFTING PLATFORM

- Extra heavy duty steel platform
- Platform size is 8'x6'
- Rubber tile thickness 30mm
- Board thickness 30mm
- Steel frame 50mm



WEIGHT LIFTING PLATFORM JUNIOR

- Heavy duty steel platform.
- Platform size is 8'x4'
- Rubber tile thickness 25mm
- Board thickness 20mm
- Steel frame 50mm



RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
10
15
20
25
30
35
40

RUBBER COATED VIVA FORCE FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
10
15
20
25
30
35
40

VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40
45
50

VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

VIVA FORCE DUMBBELLS

- Made from high grade rubber compound for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

HEXAGON DUMBBELL

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

BLACK CHALLENGER

BUMPER PLATES

- Made from virgin rubber.
- No smell & less bounce.
- Comes with beveled edge & knurled grip.

AVAILABLE SIZES

KGS
5
10
15
20
25



COLOURED

BUMPER PLATES

- Made from high quality rubber.

AVAILABLE SIZES

KGS
5
10
15
20
25



VIVA FITNESS TPR

OLYMPIC HOLE PLATES

- Made from high grade thermoplastic rubber for long life.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25



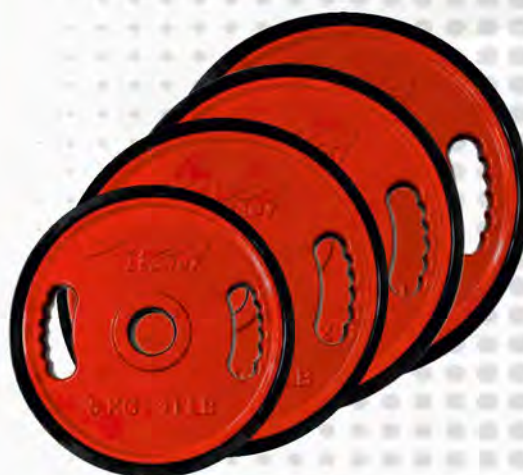
VIVA LEGACY

OLYMPIC HOLE PLATES

- Made from high quality MS Steel
- Comes with outer TPU cover to protect flooring

AVAILABLE SIZES

KGS
5
7.5
10
15
20
25



VIVA POWER

OLYMPIC HOLE PLATES

- Patented : Unique Anti Roll Design
- Made From Durable And Premium Grade Virgin Rubber
- Aesthetically Designed With Epdm Red Granules
- Ergonomically Designed Grips
- Long Lasting Aluminium Bushes



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

VIVA FORCE

OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect



AVAILABLE SIZES
KGS
2.5
5
7.5
10
15
20
25

NEOPRENE

KETTLE BELL



AVAILABLE SIZES
KGS
2
4
8
12
16
20
24
28
32

KH289

DUMBBELL TO KETTLE BELL CONVERTER

- Recommended for dumbbells below 20 kgs



IR94088

STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading : 1600 lbs
- 7.2 ft olympic length.
- Net weight : 20 kgs.



IR106

COMPETITION OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality Camouflage Military green finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Shaft length : 51.5".
- Sleeve length : 15.2"
- Max. load capacity : 907 kg / 2000 Lbs.



IR101

COMPETITION OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Shaft length : 51.5".
- Sleeve length : 15.2"
- Max. load capacity : 907 kg / 2000 Lbs.



LEGACY 1001

HEAVY DUTY OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft Olympic length.
- Metal composition EN 8.
- Coating : Hard Chrome.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length : 15"
- Max load capacity 816 kg / 1800 lbs.



LEGACY 1002

HEAVY DUTY OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft Olympic length.
- Metal composition EN 8
- Coating : Nickel.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length : 15".
- Max load capacity 816 kg / 1800 lbs.



IR94039

HEAVY DUTY OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length : 14".
- Max. load capacity : 816 kg / 1800 Lbs.



IR94038

OLYMPIC BAR

- Net weight : 16 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length : 14".



IR94052

72" OLYMPIC BAR

- Net weight : 13 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length : 11".



IR94051

60" OLYMPIC BAR

- Net weight : 11 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length : 10".



IR94048

48" OLYMPIC BAR

- Net weight : 10 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length : 8".



IR94047

47" EZ CURL BAR

- Net weight : 10 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length : 8".



IR102

MULTI GRIP BAR

- Size : 2.2 meter



IR94083

56" OLYMPIC BAR



IR94025

14" REGULAR RUBBER HANDLE HOLLOW BAR

- Matches our small hole rubber plates



IR94045

OB20" OLYMPIC BAR



IR94046

OLYMPIC TRICEP BAR



IR94061

COLLAR



IR94064

OLYMPIC BAR COLLAR (PLASTIC)



IR94065

OLYMPIC BAR COLLAR (TPR)



IR95069

NYLON LAT ROPE



IR95070

SINGLE GRIP NYLON LAT BAR



IR95071

TRICEP ROPE 70 CMS



IR95017

38" SOLID LAT BAR



IR95015

48" SOLID LAT BAR



IR95021



IR95020

20" SOLID LAT BAR



IR95023



IR95022



IR95025



IR95019



IR95029



IR95028



IR107

SPIRAL TRICEP ROPE



IR95024



IR95026



IR108

SAFETY SQUAT BAR



IR94089

OLYMPIC BAR PIVOT



IR94090

T BAR HANDLE



IR103

ROPE TRAINER

- Unique cardio workout
- Adjustable resistance control



IR104

FLY WHEEL ROPE TRAINER

- Unique cardio workout
- Adjustable resistance control



IR110

DEADLIFT MINI JACK



IR111

DOUBLE DEADLIFT JACK



IR112

SQUAT WEDGE 20°



IR113

WEIGHT STACK PIN



IR115

OB HAND GRIP BAR



IR116

REVOLVING HANDLE GRIP



IR117

CABLE ATTACHMENT



IR118

PULL DOWN HANDLE ATTACHMENT



IR119

WEIGHT LIFTING GRIP



IR120

STRAP HANDLE



IR121

HANDLE GRIP



IR122

LAT PULLDOWN V-HANDLE



WOODEN PEG BOARD



CLUB BAR



**AVAILABLE
SIZES**

KGS

2

4

6

8

10

12

15

20

POUND PAD



WOODEN DECK WITH CRASH PADS



MAG HANDLE SET OF 5



MAG HANDLE PRO BUNDLE SET OF 8



SLED WITH TYRES



POWER SLED

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- Drag Sports & Speed Training
- Dual side operational



WEIGHT SLED HYPER PRO

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- Drag Sports & Speed Training



OUR CLIENTS...



WE DESIGN YOUR FITNESS PROJECT



GYM DESIGN

Our in-house professional design team create gym layout and propose interior schemes to maximise your investment potential in terms of user demand and diversity. Making the best use of available space and incorporating natural features, branding and equipment selection, these are visualized 2D and 3D format with full 3D-rendered animations also available.

A COMPLETE SOLUTION

With more than 16 years experience of running of our own gyms plus unrivalled business planning, operational and management experience, Viva Fitness has the know-how to plan & budget your project along with the hands-on management, qualified expertise and staffing resources to partner you every step of the way towards your ultimate success.



SCAN FOR DOWNLOADING
THE COMPLETE CATALOGUE

VIVA FITNESS

P U S H Y O U R S E L F



CELEBRATING
50
YEARS
OF EXCELLENCE

MARKETED IN INDIA BY :

Soccer International Private Limited

www.vivafitness.net www.tunturiindia.com www.californiafitness.in www.bodysolid.com

* All pictures / models are indicative only * Design and price is subject to change without prior notice * Conditions apply * GST extra