



**VIVA**<sup>®</sup>  
**FITNESS**

**#PushYourself**

**STAY FIT.  
ACCOMPLISH  
MORE.**

*Paul Adams*

PRODUCT CATALOGUE 2022- 2023

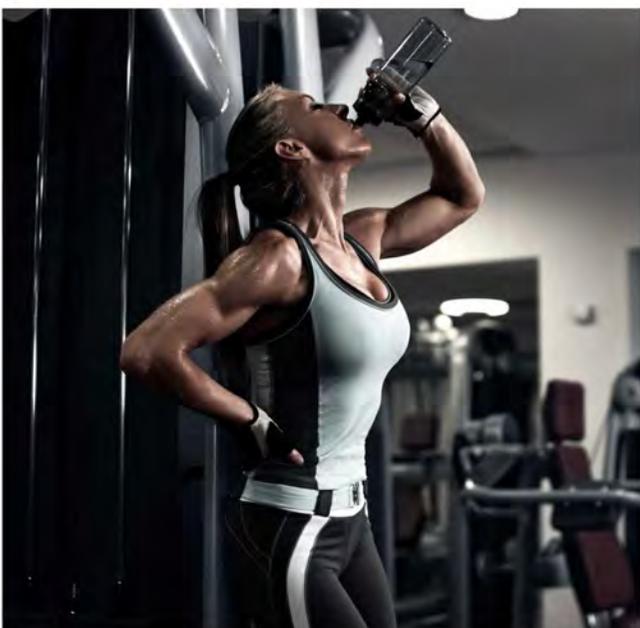
[www.vivafitness.net](http://www.vivafitness.net)

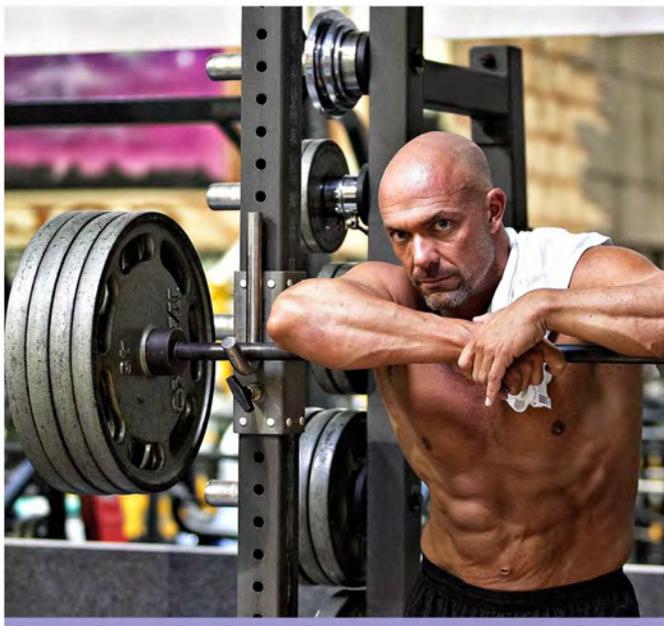
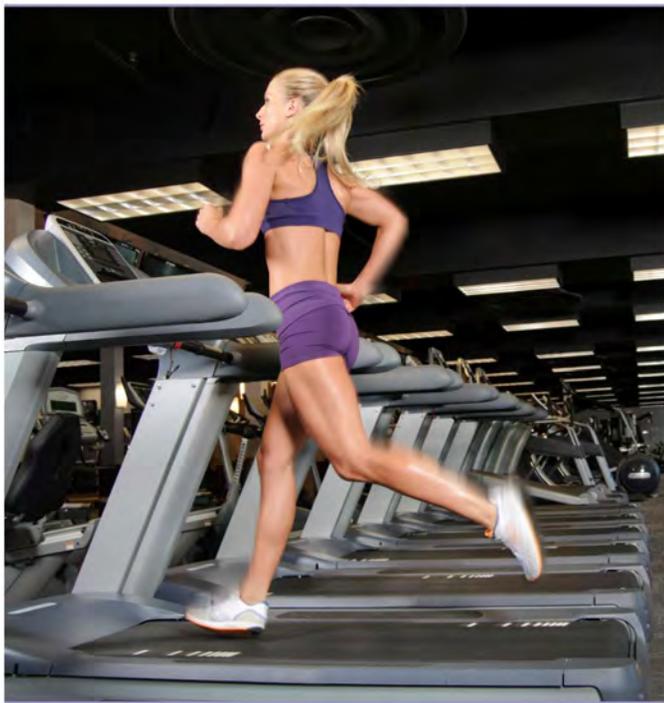


'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed for both commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.





# VIRTUAL X

## COMMERCIAL TREADMILL



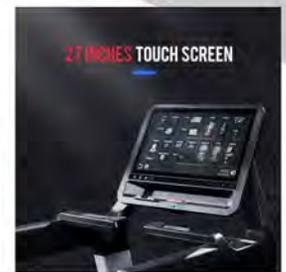
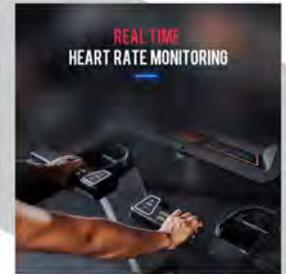
### SPECIFICATIONS

- 21.5" capacitive touch screen
- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 64" running surface.
- Speed : 1~20 kmph.
- Precise incline control from 0~15%.
- With intelligent inverter that detects speed variation and adjust automatically.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 180 Kgs.
- LXWXH : 223X95X160 CM.



# GENESIS 9i

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- 27" capacitive touch screen with 1920x1080 HD resolution display.
- Supports Wi-Fi connection and web browsing.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



# T6000

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10 HP Peak) motor.
- 22.5" x 64" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~20%.
- 16 x 24 cm Dot Matrix & alpha numerical display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopaedic running belt.
- Built in speakers
- Sweat proof console design.
- Two Cup / Mobile Holders.
- Maximum User Weight : 200 Kgs.
- LXWXH : 218X97X163 CM

### INNOVATIVE FEATURES



#### End cap & roller protect guide

- End cap installed with safety device for protection of user.



#### Safe key

- The emergency key with clip
- The user can also push center emergency button.



#### Grip

- Big, wide and smooth handle feel.
- Wide space structure so that user can work out freely and easily.
- Polyurethane sweat proof material.



#### Heart rate

- Intelligent heart rate system.
- Comfortable measure of heart rate.



#### Frame

- Steady elevation system.
- Minimum noise system.
- Advance technology for stable and durable frame.



# GENESIS 9

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- 7 window bright LED display.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



# T5555

# Signature Series

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 22.5" x 60" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 window LED display with dot matrix showing time, speed, distance, incline, calories, pace, heart rate etc.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick reversible running deck.
- Heavy duty reliable orthopaedic 2.3mm running belt.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine.
- With USB charger.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 211X95X157 CM



Intuitive LED console display with one-touch speed and incline keys.



Continuous multi-grip handlebars offer runner with countless hand-position options



A-Zone allows runners make quick and easy choices.



The bright lights underneath the handlebar indicate the treadmill's status by different colors.



# T2222

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 21.5" x 62" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and ipod.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 214X93X137 CM.



# T3300

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 24" x 65" running surface.
- Speed 0.8~25 kmph.
- Precise incline control from -3~18%
- **Unique -3% declinable deck**
- 6 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 221X103X168 CM



# T2500

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 4 HP AC continuous (8.0 HP Peak) motor.
- 23"x 62" running surface.
- Speed range 0.8~25 kmph.
- Precise incline control from -3~15%.
- **Unique - 3% declinable deck.**
- Clear and luxurious design, 6 window LED display showing time, speed, distance, incline, calories, heart rate and matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees & joints.
- Heavy duty 3.1mm reliable orthopaedic running belt.
- Machine automatically reminds for lubrication.
- MP3 connectivity with speakers.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum user weight: 180 kg.
- LXWXH : 219X96X158 CM



# T2400

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 64" running surface.
- Speed 1~20 kmph.
- Precise incline control from 0~20%.
- Clear & luxurious design - 7 window white LED display showing time, speed, distance, incline, calories, heart rate & matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty 2.5mm reliable orthopaedic running belt.
- Mp3 & USB port connectivity with speakers.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum User Weight : 180 Kgs.
- LXWXH : 214X96X160 CM.



# T2121

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 24"x 65" running surface.
- Speed range 1~25 kmph.
- Precise incline control from 0~18%.
- Clear and luxurious full LED design showing time, speed, distance, incline, calories, heart rate and matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned 8 elastomer shock absorbing deck that provides suitable push off to reduce the possibility of any type of injury to knees & joints.
- Heavy duty reliable orthopaedic running belt.
- Inbuilt speakers with MP3 & USB connector.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum user weight: 180 kg.



# T2525

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 23" x 67" running surface.
- Speed 1~22 kmph.
- Precise incline control from 0~15%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone.
- With USB charging point.
- MP3 connectivity with speakers.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 228X104X162 CM.



# T2323

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- Speed : 1~25 kmph
- Precise incline control from 0 ~25%
- 24" x 64" running surface
- 7 window with white LED showing time, speed, distance, incline, calories & heart rate.
- Direct speed & incline keys on the console
- Built in speakers & iPod/MP3 axillary jack/USB slot
- Various motivating programs for different workout requirements
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints
- Heavy duty reliable orthopedic running belt
- Emergency stop button
- Sweat proof console design
- Two Mobile/Bottle Holders
- Maximum User Weight : 150 Kgs
- LXWXH : 222X100X158 CM.



# X10

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 62" running surface.
- Speed 0.8~20 kmph.
- Precise incline control from 0~18%
- **With cordless mobile charger.**
- 5 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O<sup>2</sup> generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 160 kg.
- LXWXH : 209X88X163 CM



# T1900

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 5.0 HP AC continuous (10.0 HP motor Peak)
- 62" x 24" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~20%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- **Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension**
- 1" thick fibre board
- Heavy duty reliable orthopaedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and iPod
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 200Kgs
- LXWXH : 205X95X160 cms



# T1919

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading
- 3.5 HP AC continuous (7.0 HP Peak) motor
- 23.6" x 63" running surface
- Speed 1~22 kmph
- Precise incline control from 0~15%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- 6 PCS rubber cushion for excellent shock absorption that provides suitable push off to reduce the possibility of most of injury to knees and joints
- Heavy duty 2.5mm reliable orthopedic running belt
- MP3 connected with speakers, blue tooth music and Fit show App
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight: 180 kgs
- LXWXH : 201X92X159 CM.



# X8

## COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- Speed : 1~20 kmph.
- Precise incline control from 0 ~15%.
- 21" x 58" running surface.
- Multi window display showing time, speed, distance, incline, calories & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 216X92X151 CM.



# OMEGA 5

## LIGHT COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1~18 kmph.
- Precise incline control from 0 ~18%.
- 20.5" x 60" running surface.
- Multi window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O<sup>2</sup> generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 135 Kgs.
- LXWXH : 200X86X150 CM.



# OMEGA 6

## LIGHT COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 3.0 HP AC continuous (6.0 HP Peak) motor
- Speed : 1~22 kmph
- Precise incline control from 0 ~15%
- 22" x 62" running surface
- Large LCD display showing time, speed, distance, incline, calories, heart rate etc.
- Various motivating programs for different workout requirements
- Heavy duty reliable orthopaedic running belt
- Emergency stop button
- High speed O<sup>2</sup> generator
- USB input and headphone jack available
- Sweat proof console design
- Two Mobile/Bottle Holders
- Maximum User Weight : 135 Kgs
- LXWXH : 197X89X142 CM.



# X5

## LIGHT COMMERCIAL TREADMILL



### SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1.5 ~ 18 KMPH.
- Incline : 0~15%.
- Running surface : 21 x 59 Inches.
- Readout :- time , speed, distance, incline, calories and program.
- Mp3 system.
- Built in speakers.
- 9 pre set program.
- **Unique deck system : soft in the front, medium in the center and hard in the end.**
- It protects the joints from injury and provide a good feeling while running.
- Heavy duty running belt.
- Maximum User Weight 135 kgs.
- LXWXH : 196X83X139 CM



# T6666

## CURVEMILL



### SPECIFICATIONS

- Innovative curved deck with durable rubber belt having aluminum base.
- Non motorized technology.
- Comes with detachable waist strap that allows variety of pulling & pushing exercise.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- 195 kgs heavy duty stable steel structure.
- Noise below 80 DB.
- Maximum user weight 200 kg.
- LXWXH : 202X96X151 CM.



**MANUAL**

**LED**

# T6363

## CURVEMILL



### SPECIFICATIONS

- Innovative curved deck with durable nylon belt.
- Non motorized technology.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- Maximum user weight 150 kg.
- LXWXH : 200X90X153 CM.



**MANUAL**

**LCD**

# T007

## INCLINE TRAINER



### SPECIFICATIONS

- Unique patented Decline to Incline running deck -0.5 ~ 40%.
- Ideal for special training of army, professional sports etc.
- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1~20 kmph.
- 21.5" x 61" running surface.
- 7" large window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O<sup>2</sup> generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 179X112X202 CM



# T008

## MOUNTAIN TRAINER



### SPECIFICATIONS

- Heavy duty structure.
- Ideal for special training. For ex. professional sports, army etc.
- Large LCD display showing time, speed, distance, calories, heart rate etc.
- Sweat proof console design.
- With adjustable magnetic resistance system.
- Extra 100 kgs weight plates can be added to increase the load.
- Maximum User Weight : 150 Kgs.
- LXWXH : 179X148X149 CM



**MANUAL**

**LCD**

# KH6050

## FULL BODY TRAINER



### SPECIFICATIONS

- New patented technology that offers user to choose between Climbing/Elliptical/Running/Bike stride
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance
- Various motivating programs for different workout requirements
- Multi grip handle bar
- Variable stride length from 28" to 38" accommodating users of different heights
- Large pedals with toe caps for extra comfort
- Resistance Level : 0-16
- Reinforced frame for extra strength
- The large drink & accessories shelf is conveniently located with easy access while working out
- Maximum User Weight : 180 kgs
- LXWXH : 203X108X174 CM.



# E5555

# Signature Series

## COMMERCIAL ELLIPTICAL TRAINER



Intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control keys.



Stainless steel platform for easy entry and exit.

### SPECIFICATIONS

- New patented technology with 21" stride.
- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (**with cushioned gel pads**) provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- With USB charger.
- Handle bar control.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 191X87X180 CM



# KH3060

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

#### DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (with cushioned gel pads) provide gentle movement to reduce lower back stress.
- Self-powered system, low maintenance design and space-saving deliver a fast return of investment.
- Power : Generator.
- Resistance level : 20

#### MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

#### SPECIAL FEATURES

- Offers various motivating programs for different workout requirements.
- Large LED's and intuitive keystroke permit easy-to-operation interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Cup holder with towel handle.
- Maximum user weight : 180 kg.
- LXWXH : 218X74X161 CM.



# KH2065

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

#### DRIVE

- Two stage drive with poly V-belt.
- Resistance System : New Technology silent programmable magnetic resistance system.
- Resistance Level : 36 Levels.

#### MONITOR

- Advanced computer with 7" LCD blue Back-Lit screen.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- 14 Programs, including 10 Manual, 4 HRC & 2 User set.

#### SPECIAL FEATURES

- 20 inches long stride for ultimate workout.
- Both forward and reverse motions offer various workout options.
- Low impact workout.
- Comfy over-sized, non-slip pedals.
- Hand-held pulse sensors.
- Dual action handlebars with high density foam grips.
- Built-in speakers & Ipad / MP3 auxillary jack.
- Ipad / Ipod charging station.
- High speed circulation fan that allows the user to stay cool during workout.
- Accessory tray & built-in reading rack.
- Transport wheels.
- Adjustable Floor Levelers.
- Built-in Receiver.
- Maximum User Weight : 180 Kgs.
- LXWXH : 217X71X163 CM.



# KH4080

## OCTAVIA



- SPECIFICATIONS**
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance.
  - Various motivating programs for different workout requirements.
  - Multi grip handle bar.
  - 20" stride length.
  - 14kgs flywheels.
  - Cushioned paddles for extra comfort.
  - Console includes fan & bluetooth .
  - Re-inforced frame for extra strength.
  - With bottle holder.
  - Maximum User Weight : 140 Kgs.



# E600

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

- LED dot matrix console readouts: INCLINE, TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 20 resistance levels.
- With 15 level power incline.
- 500mm x 220mm unique stride length.
- 12 kgs flywheel.
- Both forward & reverse motions offer various workout options
- Hand held pulse sensors enable to monitor the heart rate all times.
- Mp3 with speaker and USB charger.
- With O2 generator and bottle holder.
- Unique durable floor levelers on front & rear stabilizer.
- With adaptor power system.
- Maximum user weight : 150 kg
- LXWXH : 215X77X194 CM.



# KH2055

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

#### DRIVE

- Front-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self-powered system, low maintenance design and space-saving deliver a fast return of investment.
- Striding distance : 500 mm (20").
- Power : Generator.
- Resistance level : 16.

#### MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

#### SPECIAL FEATURES

- Offers 4 programs and upto 16 resistance levels to keep fitness routine effective and fresh.
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Maximum user weight : 150 kg.
- LXWXH : 206X80X176 CM.



# KH2050

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

#### DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self-powered system, low maintenance design and space-saving deliver a fast return of investment.
- Striding distance : 500 mm (20").
- Power : Generator.
- Resistance level : 16.

#### MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

#### SPECIAL FEATURES

- Offers 6 programs and upto 16 resistance levels to keep fitness routine effective and fresh.
- Large LED's and intuitive keystroke permit easy-to-operation interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Maximum user weight : 150 kg.
- LXWXH : 196X72X146 CM.



# KH2080

## PROGRESSIVE MOTION TRAINER



### SPECIFICATIONS

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, PROFILE etc.
- Various motivating programs for different workout requirements.
- Level Control : 20 resistance levels.
- 534mm x 195mm unique stride length.
- 12 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With bottle holder.
- Unique durable floor levelers on front & rear stabilizer.
- Maximum user weight : 150 kg.
- LXWXH : 202X75X174 CM.



# KH2070

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

- Rear-drive and dual handle arms enable smooth and engaging exercise, regardless of your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance and space-saving design.
- Multi LED Dot matrix display.
- Various motivating programs for different workout requirements.
- Striding distance : 500 mm (20").
- Power: Generator.
- Resistance level : 15.
- Maximum user weight: 150 kg.
- LXWXH : 218x75x178 cm.



# E200

## COMMERCIAL ELLIPTICAL TRAINER



### SPECIFICATIONS

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 24 resistance levels.
- Dual Technology - resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With ipad holder & bottle cage.
- Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- Maximum user weight : 150 kg.
- LXWXH : 162X65X180 CM.



## KH585

### COMMERCIAL ELLIPTICAL TRAINER

#### SPECIFICATIONS

##### Drive

- Rear Drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level
- Ergonomic multi position dual action handle bars
- Large & impact-absorbing pedals (with gel pads) provide gentle movement to reduce lower back stress
- Self-powered system, low maintenance design & space-saving deliver a fast return of investment
- Power : Generator
- Resistance level : 32

##### Monitor

- Heart rate control programs provide user a challenging training
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and meters achieved.

##### Special Features

- Offers various motivating programs for different workout requirements
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor
- Quick start key allows commencing exercise with a touch of a button
- Display function is switchable for feedback of Level, Watt, Meters and Pulse
- Cup holder with towel handle
- Max User Weight :150Kgs
- LxWxH : 210x64x180 cms



## KH825

### LIGHT COMMERCIAL ELLIPTICAL TRAINER

#### SPECIFICATIONS

- Front-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Long stride length for different user heights.
- Auto scan advanced computer with blue back-lit screen.
- Display Readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- 12 programs, including 1 manual, 2HRC, 1 body fat and 2 user set.
- With adapter power system.
- Hand-held pulse sensor.
- Aluminum upright beam.
- Hidden 3 pcs cranks inside crank cover for safety & good looking.
- Transport wheels.
- Adjustable floor levelers.
- Maximum user weight: 130 kg.
- LXWXH : 170X72X163 CM.



## KH630

### LIGHT COMMERCIAL ELLIPTICAL TRAINER



#### SPECIFICATIONS

- 20" long stride.
- 24 Level resistance.
- 5" LCD display readouts : Time, Distance, RPM, Speed, Calories, Pulse and Watts.
- Multiple programs available.
- Handheld pulse sensor.
- With adapter power system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 130 Kgs.
- LXWXH : 172X72X164 CM

## KH610

### LIGHT COMMERCIAL ELLIPTICAL TRAINER



#### SPECIFICATIONS

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- Handheld pulse sensor.
- Magnetic flywheel.
- With adapter power system.
- Resistance level - 24.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH : 176X68X179 CM

## KH580

### LIGHT COMMERCIAL ELLIPTICAL TRAINER



#### SPECIFICATIONS

- 18" long stride.
- Adjustable swing bar.
- LCD display readouts : Time, Distance, RPM, Speed, Calories, Pulse and Watts.
- Multiple programs including 1 Manual, 4 HRC, 3 Goal and 5 Users.
- Handheld pulse sensor.
- 30 cm fly wheel.
- Motor magnetic 24 level resistance.
- With adapter power system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 130 Kgs.
- LXWXH : 165X60X163 CM.

## KH595

### LIGHT COMMERCIAL ELLIPTICAL TRAINER



#### SPECIFICATIONS

- Front Drive with long handle arms enabling smooth and engaging exercise regardless your fitness level
- With 3 level manual incline
- 20" Long stride length for different user heights
- Auto scan advanced computer with blue back-lit screen
- Display Readouts : time, distance, RPM, speed, level, calories, pulse & watts
- Magnetic brake with V-belt drive system
- With 7 kg flywheel
- With 3 pcs hidden crank system
- 16 levels tension control system
- Multiple programs, including 1 manual, 2 HRC, 1 body fat & 2 user set
- Hand held pulse sensor
- With adapter power system
- Transport wheels
- Adjustable floor levellers
- Maximum user weight : 130kgs
- LXWXH : 173X66X170 CM.



# R5555

# Signature Series

## COMMERCIAL RECUMBENT BIKE



Oversize intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control Keys.



Contoured and ventilated mesh seat back for improved comfort and enhanced air flow.

### SPECIFICATIONS

- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- 8 kg flywheel weight
- With USB charger.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 168X64X150 CM.



# KH3040

## COMMERCIAL RECUMBENT BIKE



### SPECIFICATIONS

#### DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

#### MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Various motivating programs for different workout requirements.

#### SPECIAL FEATURES

- Back cushion with various adjustable angles.
- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Accessory tray with cup holder.
- Seat handle bars with quick access resistance (+/-) keys and handheld pulse sensors.
- Adjustable pedal straps
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- Adjustable floor levelers
- Built-in receiver
- Maximum User Weight : 180 kgs
- LXWXH : 165X64X138 CM.



# KH2045

## COMMERCIAL RECUMBENT BIKE



### SPECIFICATIONS

#### DRIVE

- One stage drive with poly V-belt.
- Resistance System : Self powered generator brake.
- Resistance Level : 36 Levels.

#### MONITOR

- Advanced computer with 7" LCD blue Back-Lit screen.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- 14 Programs, including 10 Manual, 2 HRC, 2 User set.

#### SPECIAL FEATURES

- Innovative back cushion with various adjustable angles.
- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Seat handle bars with quick handheld pulse sensors.
- Adjustable pedal straps.
- 3 piece cranks.
- Built-in speakers & Ipad / MP3 auxillary jack.
- Ipad / Ipod charging station.
- High speed circulation fan that allows the user to stay cool during workout.
- Accessory tray, built-in reading rack, rechargeable batteries.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximun User Weight : 180 Kgs.
- LXWXH : 175X68X125 CM.



# KH1140

## COMMERCIAL RECUMBENT BIKE



### SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate & Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- Ergonomic seat adjustment.
- With heart rate receiver.
- Hand grips with pulse sensor.
- Counter balance pedals.
- With bottle holder.
- Adjustable PU seat.
- Transport wheels.
- Maximum user weight: 150 kgs.
- LXWXH : 176X59X126 CM.



# KH1040

## COMMERCIAL RECUMBENT BIKE



### SPECIFICATIONS

- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs, including 1 manual, 4 HRC, 2 test, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- Ergonomic seat adjustment.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- Adjustable PU seat.
- Transport wheels.
- Maximum user weight: 140 kg.
- LXWXH : 163X65X152 CM.



# KH575

## COMMERCIAL RECUMBENT BIKE



### SPECIFICATIONS

#### Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake
- Resistance Level : 32 Levels

#### Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

#### Special Features

- The easy-to-operate adjustment bar to move the seat forward and backward
- Walk-through design to get on / off easily
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH : 183x68x90 cms



# U5555

# Signature Series

## COMMERCIAL UPRIGHT BIKE



Oversize intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control keys.



Ergonomic single-hand seat adjustment makes easy to find the right position.

### SPECIFICATIONS

- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- 8 kg flywheel weight
- With USB charger.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 105X73X149 CM.



# KH3020

## COMMERCIAL UPRIGHT BIKE



### SPECIFICATIONS

#### DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

#### MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts .
- Various motivating programs for different workout requirements .

#### SPECIAL FEATURES

- Various seat height level adjustments.
- Accessory tray with cup holder.
- Adjustable pedal straps.
- Aluminum upright beam.
- Hidden 3 piece cranks inside crank cover for safety.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximum User Weight : 180 kgs.
- LXWXH : 109X60X149 CM.



# KH1120

## COMMERCIAL UPRIGHT BIKE



### SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 150 kg.
- LXWXH : 129X56X156 CM.



# KH1120

## COMMERCIAL UPRIGHT BIKE



### SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 150 kg.
- LXWXH : 129X56X156 CM.



## KH1020

### COMMERCIAL UPRIGHT BIKE

#### SPECIFICATIONS

- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 140 Kgs.
- LXWXH : 105X56X152 CM.



## KH565

### COMMERCIAL UPRIGHT BIKE

#### SPECIFICATIONS

##### Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Level : 32 Levels

##### Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

##### Special Features

- The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH : 111x56x148 cms



## AB900

### COMMERCIAL AIR BIKE

#### SPECIFICATIONS

- System : Fan drive.
- 1 manual + 12 built-in programs.
- Built-in wireless receiver.
- Transport wheels + Leverage adjustment.
- Big LCD with backlit.
- Quick buttons for interval program.
- Maximum user weight : 150 kg.
- LXWXH : 138X75X148 CM.



## AB600

### COMMERCIAL AIR BIKE

#### SPECIFICATIONS

- Heavy duty steel structure with 25" FAN.
- LCD monitor showing time, distance, speed, calories, watts, heart rate and interval settings.
- Transmission : Chain + V belt dry system.
- 4 way quick release seat adjustment.
- Universal ball joints provide stability and durability for long term workout.
- Transport wheels.
- Maximum user weight : 150 kg.
- LXWXH : 134X62X126.5 CM.



## AB400

### COMMERCIAL AIR BIKE

#### SPECIFICATIONS

- System : Fan drive
- 1 manual + 12 built-in programs
- Built-in wireless receiver
- Transport wheels + Aluminium pedals
- Big LCD screen with backlit
- Quick buttons for interval program
- Maximum use r weight: 150 kg.
- LxWxH : 129x59x122 cms



## KH3010

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- Ultra sturdy structure with heavy duty crank.
- 21 kgs stainless steel fly wheel.
- Fully adjustable GEL seat with sweat proof finish.
- 4 way adjustable handle bar.
- Resistance Levels : Variable linear increase.
- Side break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight : 180 kg.
- LXWXH : 119X53X105 CM.



## KH2010

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- Sturdy structure with 20 kgs stainless steel fly wheel.
- Fully adjustable GEL seat with sweat proof finish.
- Adjustable and ergonomic handle bar assist the most comfortable sitting.
- Resistance Levels : Variable linear increase.
- Punch break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight : 150 kg.
- LXWXH : 119X53X105 CM.



## KH1710

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- Ultra sturdy PATENTED design.
- New fully covered design making it sweat proof.
- Adjustable seat and handle.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Maximum user weight : 150 kg.
- LXWXH : 219X96X160 CM.



## KH155

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- New fully covered design making it sweat proof.
- Adjustable seat and handle.
- With 16 kgs fly wheel.
- 2.5 mm tube thickness.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Maximum user weight : 150 kg.
- LXWXH : 107X54X112 CM.



## KH153

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- Adjustable resistance.
- Dipping handle bar.
- With 20kgs flywheel.
- With adjustable seat.
- Computer functions : time, speed, distance, calories & pulse.
- Maximum User Weight 140 Kgs.
- LXWXH : 115X50X123 CM.



## KH142

### COMMERCIAL GROUP BIKE

#### SPECIFICATIONS

- Ultra sturdy with heavy duty crank.
- Fully adjustable Gel seat with sweat proof finish.
- With 18 kg flywheel.
- Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight : 150 kg.
- LXWXH : 107X58X112 CM.



## AR900

### VIVA '2' COMMERCIAL AIR ROWING MACHINE



#### SPECIFICATIONS

- System: FAN drive + Eddy Current.
- Resistance level : 12 levels.
- Resistance control on Knob adjustment.
- Built-in Wireless receiver.
- Transport wheels + Leverage adjustment.
- Single Aluminum Extrusion.
- LCD with Backlit.
- Max. user Weight 160 kgs.
- LXWXH : 259X53X125 CM.

## AR700

### COMMERCIAL AIR ROWER

#### SPECIFICATIONS

- Solid steel frame that folds up for easy storage.
- Air generated 10 levels resistance.
- High strength steel chain rowing strap for a smooth and quiet pull.
- Back-lit bright LCD monitor that displays all workout data.
- High quality contoured seat.
- Adjustable footrest with numbered setting
- Max. user weight: 160 Kgs.
- LXWXH : 241X62X111 CM.



## SKI 2

### SKI MACHINE

#### SPECIFICATIONS

- Durable and ergonomic construction.
- Can be either mounted on a wall or with specially designed anti-skid floor stand.
- Air generated 10 levels resistance.
- High strength light weight drive cord with strapless handles for secure grip.
- Back-lit bright LCD monitor that displays all workout data.
- Max. user weight: 160 Kgs.
- LXWXH : 128X62X216 CM.



## TYRE FLIP

### 180

#### SPECIFICATIONS

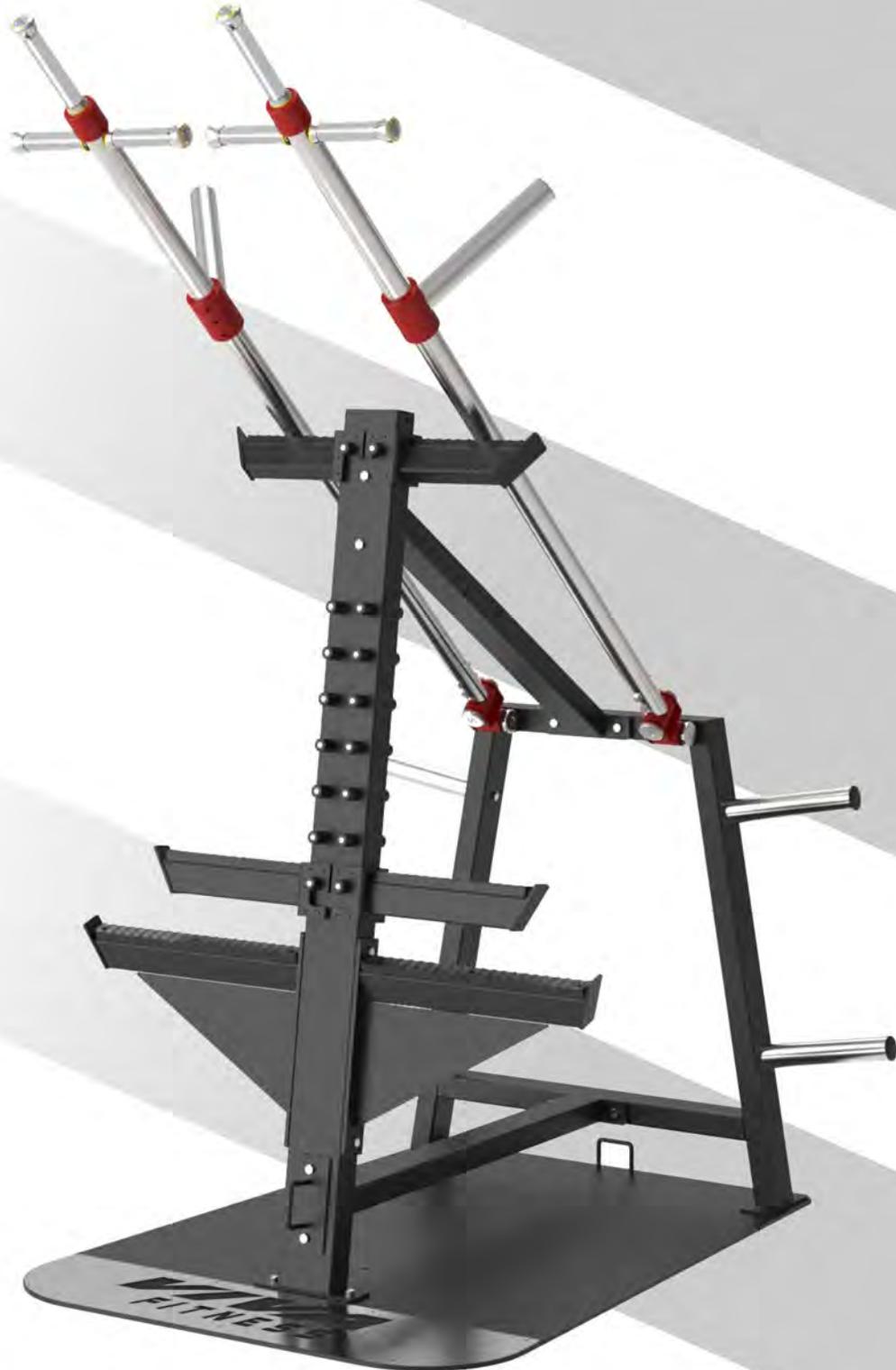
- Starting resistance of 100 lbs.
- Plate loaded ability up to 40 additional pounds.
- 4 sounds reducing bumpers .
- 2 battle rope anchor points.
- 4 floor levelers.
- 8 floor mounting points.
- Weight of the tyre : 49 kgs.
- Weight of the machine : 145 kgs.
- LXWXH : 164X124X60 CM.



# INFINITY TRAINER

## SPECIFICATIONS

- Unique machine with variety of exercises possible.
- Heavy duty stainless steel base.
- Dimensions : 220x135x162 cms
- Weight : 160 kgs



# KH6060

## STEPMILL

Durable peddle and chain design



Smart quick & program keys



Easy reach handle bar



Powerful 2 HP AC motor drive system



### SPECIFICATIONS

- Console : LED dot-matrix display.
- Data readout : Level, calories, time, distance, speed etc.
- Program : Calories goal, marathon, random, hill, speed interval, fat burn, cardio, fitness training 5k / 10k, interval heart rate control, Intensive heart rate & manual.
- With water bottle holder & accessories tray.
- SPM level : 20 levels.
- With USB charging port.
- With O<sup>2</sup> generator.
- Max user weight : 180 kgs.
- LXWXH : 156X100X214 CM.



## KH4040

### STEPMILL

#### SPECIFICATIONS

- Magnetic EMS system.
- Console : LED dot-matrix display
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : Various motivating programs for different workout requirements.
- With water bottle holder.
- Max user weight : 150 kgs.
- LXWXH : 145X88X214 CM.

Big comfortable paddles



## KH3030

### LADDERMILL

#### SPECIFICATIONS

- Super heavy & strong frame with total weight of 400 kgs.
- Strong chain driven system.
- Comes with safety sensor for protection of user.
- Max user weight : 200 kgs.
- LXWXH - 168X98X195 cms.





**VIVA**<sup>®</sup>  
**FITNESS**

**# PushYourself**

# SIGNATURE SERIES UNIQUE FEATURES

Integrated weight stack tower that offers both safety environmental protection

304 stainless steel rotating shaft which is strong, durable and beautiful

PU moulded foam cushions - Environmentally friendly, comfortable and durable

High quality  $\phi$  4.8mm cable - smooth operation, high strength and long life

Select pin is made of 6063 aluminum for smooth, durable and noiseless movement. Surface oxidation red treatment

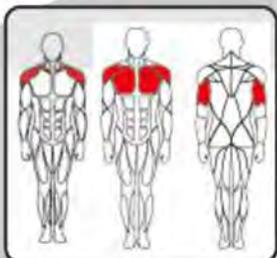
Stainless steel adjusting plate



## PC2101

### MULTI PRESS

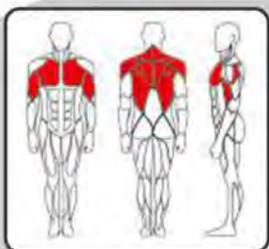
- LXWXH : 198X135X166 CM.
- Weight stack : 150 LBS.
- Optional weight stack : 270 LBS.



## PC2102

### LAT PULL / SEATED ROW

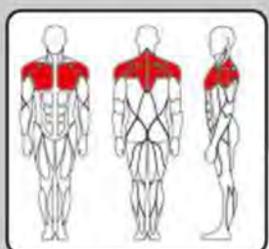
- LXWXH : 188X121X225 CM.
- Weight stack : 190 LBS.



## PC2103

### PEC FLY / REAR DELT

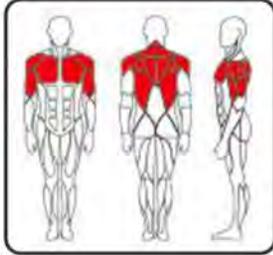
- LXWXH : 137X150X195 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 220 LBS.



## PC2104

### DIP / CHIN ASSIST

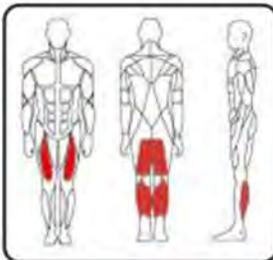
- LXWXH : 116X154X220 CM.
- Weight stack : 170 LBS.
- Optional weight stack : 220 LBS.



## PC2105

### LEG EXTENSION / LEG CURL

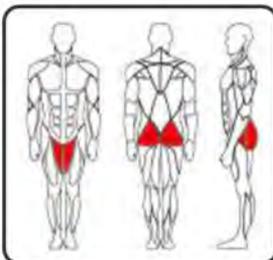
- LXWXH : 161X133X158 CM.
- Weight stack : 220 LBS.
- Optional weight stack : 290 LBS.



## PC2106

### HIP ABDUCTOR / ADDUCTOR

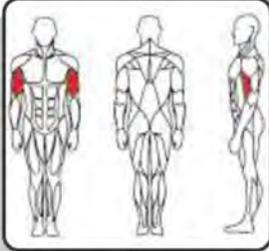
- LXWXH : 167X73X158 CM.
- Weight stack : 150 LBS.



## PC2107

### BICEP CURL / TRICEPS EXTENSION

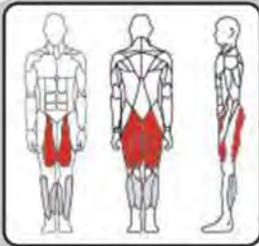
- LXWXH : 124X131X158 CM.
- Weight stack : 120 LBS.
- Optional weight stack : 220 LBS.



## PC2108

### LEG PRESS / CALF EXTENSION

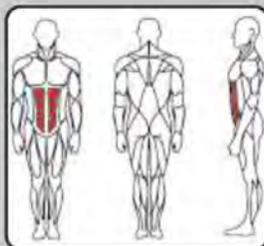
- LXWXH : 194X114X158 CM.
- Weight stack : 290 LBS.



## PC2109

### ABDOMINAL / BACK EXTENSION

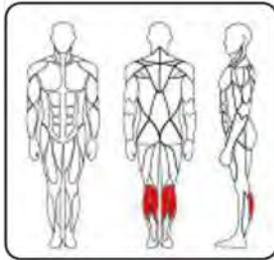
- LXWXH : 131X121X158 CM.
- Weight stack : 200 LBS.



## PC2110

### DEEP SQUAT / STANDING CALF EXTENSION

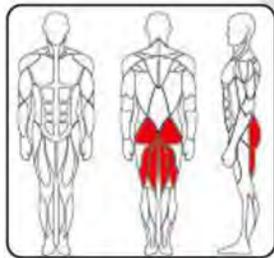
- LXWXH : 130X115X158 CM.
- Weight stack : 220 LBS.
- Optional weight stack : 270 LBS.



## PC2111

### ROTARY HIP

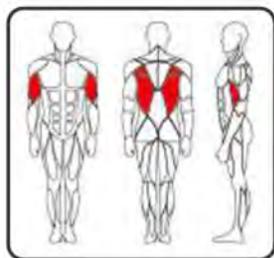
- LXWXH : 148X93X158 CM.
- Weight stack : 150 LBS.



## PC2122

### LAT PULLDOWN

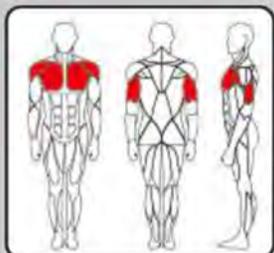
- LXWXH : 167X143X202 CM.
- Weight stack : 300 LBS.



## PC2201

### CHEST PRESS

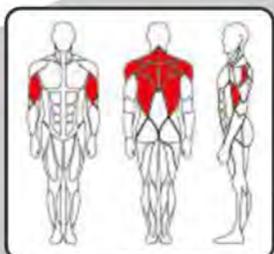
- LXWXH : 97X152X182 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 240 LBS.



## PC2202

### SEATED ROW

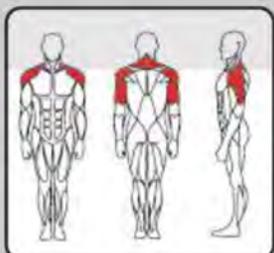
- LXWXH : 159X108X150 CM.
- Weight stack : 230 LBS.



## PC2203

### SHOULDER PRESS

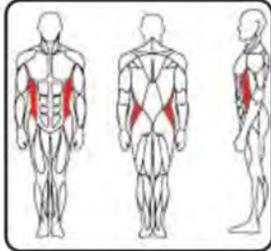
- LXWXH : 171X146X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 240 LBS.



## PC2204

### TORSO ROTATION

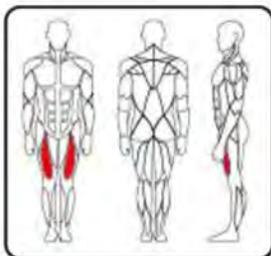
- LXWXH : 86X126X150CM.
- Weight stack : 120 LBS.



## PC2205

### LEG EXTENSION

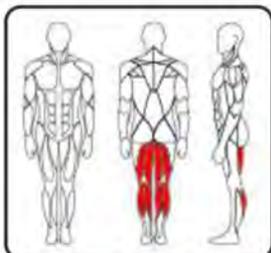
- LXWXH : 127X121X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 230 LBS.



## PC2206

### SEATED LEG CURL

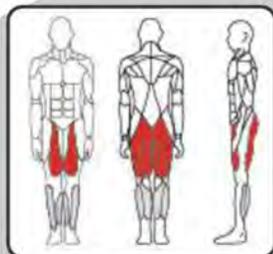
- LXWXH : 143X121X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 230 LBS.



## PC2211

### SEATED LEG PRESS

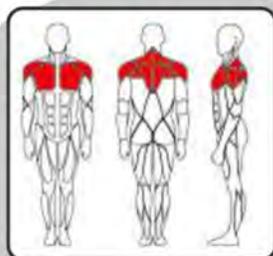
- LXWXH : 186X114X150 CM.
- Weight stack : 330 LBS.



## PC2212

### DELTOID TRAINER

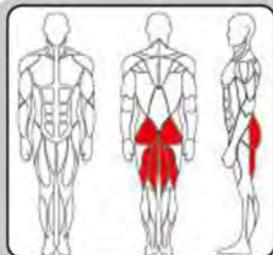
- LXWXH : 150X88X157 CM.
- Weight stack : 120 LBS.



## PC2215

### HIP TRAINER

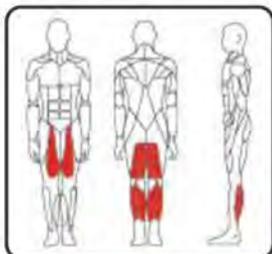
- LXWXH : 163X113X150 CM.
- Weight stack : 150 LBS.



## PC2218

### PRONE LEG CURL

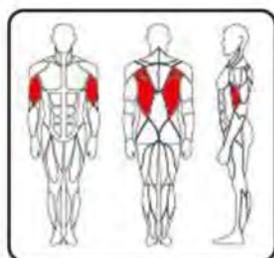
- LXWXH : 173X124X150 CM.
- Weight stack : 150 LBS.
- Optional weight stack : 230 LBS.



## PC2222

### LATERAL RAISE

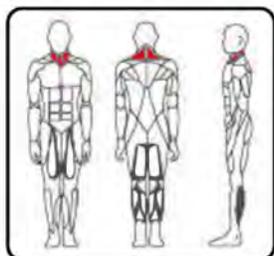
- LXWXH : 94X119X150 CM.
- Weight stack : 170 LBS.



## PC2223

### NECK BENDING MACHINE

- LXWXH : 168X88X158 CM.
- Weight stack : 200 LBS.



# IT SERIES UNIQUE FEATURES

✦ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✦ Aircraft spec 5mm American LOOS cable with 4,200 lb breaking strength. All fittings tested for 250,000 cycles using full weight stack.

✦ Easy-to-use seat with minimal adjustments and pre-stretched features optimal exercise positions.



✦ 3mm thick, 50mm by 100 mm racetrack tubing, electro-welded for maximum strength.  
✦ Electrostatic powder coated and heat cured paint finish for maximum durability.

✦ Compact - space efficient design requires minimal floor space.  
✦ Rubber grip prevent from being slipped.

## IT9501

### CHEST PRESS

- LXWXH : 148X120X150 CM
- Weight Stack : 200 lbs



## IT9502

### LAT PULLDOWN

- LXWXH : 143X138X188 CM
- Weight Stack : 295 lbs



## IT9503

### ARM CURL

- LXWXH : 130X121X150 CM
- Weight Stack : 160 lbs



## IT9504

### PECTORAL

- LXWXH : 150X146X150 CM
- Weight Stack : 200 lbs



## IT9505

### LEG EXTENSION

- LXWXH : 154X119X150 CM
- Weight Stack : 200 lbs



## IT9506

### SEATED LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



## IT9508

### ABDUCTOR / ADDUCTOR

- LXWXH : 155X90X150 CM
- Weight Stack : 160 lbs



## IT9509

### TOTAL HIP

- LXWXH : 130X98X150 CM
- Weight Stack : 200 lbs



## IT9510

### LEG PRESS

- LXWXH : 180X120X150 CM
- Weight Stack : 295 lbs



## IT9512

### SHOULDER PRESS

- LXWXH : 156X144X151 CM
- Weight Stack : 200 lbs



## IT9514

### ABDOMINAL

- LXWXH : 135X115X158 CM
- Weight Stack : 200 lbs



## IT9515

### PEC FLY / REAR DELT

- LXWXH : 166X129X200 CM
- Weight Stack : 200 lbs



## IT9516

### STANDING CALF

- LXWXH : 135X115X158 CM
- Weight Stack : 235 lbs



## IT9517

### TRICEP PRESS

- LXWXH : 179.4X126X150 CM
- Weight Stack : 200 lbs



## IT9518

### ROTARY TORSO

- LXWXH : 122X120X150 CM
- Weight Stack : 160 lbs



## IT9519

### VERTICAL ROW

- LXWXH : 144X114X150 CM
- Weight Stack : 200 lbs



## IT9520

### DIP / CHIN ASSIST

- LXWXH : 122X136X220 CM
- Weight Stack : 200 lbs



## IT9521

### PRONE LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



## IT9522

### LAT PULL / SEATED ROW

- LXWXH : 135X115X158 CM
- Weight Stack : 295 lbs



## IT9524

### LATERAL RAISE

- LXWXH : 122X121X150 CM
- Weight Stack : 200 lbs



## IT9526

### GLUTE

- LXWXH : 150X124X150 CM
- Weight Stack : 200 lbs



## IT9528

### LEG EXTENSION / LEG CURL

- LXWXH : 135X122X150 CM
- Weight Stack : 235 lbs



## IT9529

### MULTI PRESS

- LXWXH : 182 X143 X166 CM
- Weight Stack : 235 lbs



## IT9533

### BICEP CURL / TRICEP EXTENSION

- LXWXH : 130X124X150 CM
- Weight Stack : 200 lbs



## IT9534

BACK EXTENSION /  
ABDOMINAL

- LXWXH : 119X118X150 CM
- Weight Stack : 200 lbs



## IT7001

COUNTER BALANCED  
SMITH MACHINE

- LXWXH : 138X225X229 CM.



## IT7002

### SEATED PREACHER CURL

- LXWXH : 101X81X88 CM.



## IT7003

### AB BENCH

- LXWXH : 175X94X100 CM.



## IT7004

### STRETCH

- LXWXH : 129X56X90 CM.



## IT7005

### SEATED CALF RAISE

- LXWXH : 135X75X83 CM.



## IT7006

45° LEG PRESS / HACK SQUAT

- LXWXH : 225X98X146 CM.



## IT7007

MULTI  
HYPER EXTENSION

- LXWXH : 121X73X93 CM.



## IT7009

FLAT BENCH

- LXWXH : 115X90X42 CM.



## IT7010

VERTICAL KNEE RAISE / DIP STAND

- LXWXH : 112X78X155 CM.



## IT7011

MULTI ADJUSTABLE  
BENCH

- LXWXH : 121X75X46 CM.



## IT7012

12 PAIRS  
DUMBBELL RACK

- LXWXH : 159X81X98 CM.



## IT7013

MULTI AB BENCH

- LXWXH : 173X72X89 CM.



## IT7014

OLYMPIC FLAT BENCH

- LXWXH : 170X166X137 CM.



## IT7015

OLYMPIC INCLINE BENCH

- LXWXH : 163X165X137 CM.



## IT7016

OLYMPIC DECLINE BENCH

- LXWXH : 210X166X137 CM.



## IT7017

### OLYMPIC WEIGHT TREE

- LXWXH : 96X63X120 CM.



## IT7018

### DUMBBELL RACK

- LXWXH : 158X81X198 CM.



## IT7022

### UTILITY BENCH



## IT7031

### SHOULDER PRESS BENCH

- LXWXH : 135X113X165 CM.



## IT7032

### BARBELL RACK

- LXWXH : 96X71X108 CM.

# BS SERIES UNIQUE FEATURES

◇ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

◇ Non absorbing PVC compound retained with aluminum collars

◇ Black painted steel weight plates with self aligning low friction sleeves  
◇ Magnetic color coded pin with coiled lanyard  
◇ 5mm coated steel cable for smooth and secure performance  
◇ Glass fiber reinforced nylon pulleys with deep V-groove that provides secured cable positioning and fluid bearing rotation



◇ 60mm x 120mm Heavy guage flat oval steel tubing  
◇ Electrostatic powder coated and heat cured paint finish for maximum durability

◇ Compact - space efficient design requires minimal floor space  
◇ Rubber grip prevent from being slipped

## BS008

### LEG CURL/EXTENSION

- LXWXH : 132X138X153 CM.
- Weight stack : 220 LBS.



## BS009

### MULTI PRESS

- LXWXH : 197X153X153 CM.
- Weight stack : 220 LBS.



## BS010

### PULL DOWN/MID ROW

- LXWXH : 197X152X211 CM.
- Weight stack : 220 LBS.



## BS011

### PEC FLY/REAR DELT

- LXWXH : 179X114X202 CM.
- Weight stack : 220 LBS.



## BS012

### BICEPS CURL/TRICEPS PRESS

- LXWXH : 138X115X153 CM.
- Weight stack : 220 LBS.



## BS013

### ABDOMINAL/BACK EXTENSION

- LXWXH : 132X138X153 CM.
- Weight stack : 220 LBS.



## **BS015**

### LEG PRESS/CALF RAISE

- LXWXH : 187X118X153 CM.
- Weight stack : 220 LBS.



## **BS016**

### HIP ABDUCTION/ADDUCTION

- LXWXH : 157X94X153 CM.
- Weight stack : 220 LBS.



## **BS017**

### DIP / CHIN ASSIST

- LXWXH : 188X123X215 CM.
- Weight stack : 220 LBS.



## BS110

### SMITH SQUAT COMBO

- LXWXH : 224X180X213 CM



## BS120

### LEG PRESS / HACK SQUAT

- LXWXH : 221X113X150 CM



## BS130

### FUNCTIONAL TRAINER

- LXWXH : 207X122X230 CM
- WEIGHT STACK : 220 LBS X 2



## BS140

### CABLE CROSSOVER

- LXWXH : 360X146X239 CM
- WEIGHT STACK : 220 LBS X 2



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# BEAST SERIES UNIQUE FEATURES

✦ Instructive - simple, step-by-step instructions and training tips help users get the most out of their exercise. Makes exercise easy and enjoyable

✦ Aesthetic looking bottle holder located at a convenient height.



**WITH COUNTER**

✦ Newly designed state of art frame to give ultimate strength to the machine.  
 ✦ Tubing: 3mm, 50mm by 100mm race track tubing, electro-welded to maximum integrity.  
 ✦ Color: metallic silver gray  
 ✦ Finish: Powder-coated painting color for premium look and also for protection from rusting.

✦ Strong ABS cover for user safety and machine protection.

✦ Seats made from integrated foam to give perfect support and avoid de-shaping even after long use.

✦ Easy-to-use, minimal adjustments and pre-stretch features allow optimal exercise positions.  
 ✦ Made from stainless tube to avoid rusting.

✦ Aircraft spec 5mm American LOOS cable with a 3,500 lbs breaking strength. End fittings tested to 200,000 cycles using full weight stack.  
 ✦ Pure steel weight stacks.  
 ✦ D: 106.2mm powerful nylon pulley in full alignment with cable for lifetime use.

✦ Compact - space efficient design requires minimal floor space.  
 ✦ Rubber grip prevent from being slipped.

## BEAST 1

### CHEST PRESS

- LXWXH : 117X157X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 2

### SHOULDER PRESS

- LXWXH : 144X156X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 3

### INDEPENDENT ARM

- LXWXH : 106X153X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 4

### TRICEP PRESS

- LXWXH : 168X135X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 5

### MULTI PRESS

- LXWXH : 186X138X162 CM
- WEIGHT STACK : 200 LBS



## BEAST 6

### PEC FLY / REAR DELT

- LXWXH : 152X117X206 CM
- WEIGHT STACK : 200 LBS



## BEAST 7

### LAT PULL / SEATED ROW

- LXWXH : 193X113X219 CM
- WEIGHT STACK : 220 LBS



## BEAST 8

### LOW ROW

- LXWXH : 144X104X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 9

### ASSISTED CHIN DIP

- LXWXH : 137X142X233 CM
- WEIGHT STACK : 200 LBS



## BEAST 10

### ABDOMINAL

- LXWXH : 131X128X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 11

### ABDUCTOR / ADDUCTOR

- LXWXH : 144X148X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 12

### SEATED LEG CURL

- LXWXH : 166X138X163 CM
- WEIGHT STACK : 175 LBS



## BEAST 13

### PRONE LEG CURL

- LXWXH : 173X6X131X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 14

### LEG EXTENSION

- LXWXH : 151X138X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 15

### LEG CURL / LEG EXTENSION

- LXWXH : 158X130X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 16

### LEG PRESS

- LXWXH : 177X124X163 CM
- WEIGHT STACK : 220 LBS



## BEAST 17

PRONE LEG CURL / EXTENSION

- LXWXH : 178X120X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 18

SMITH MACHINE

- LXWXH : 229X138X234 CM
- COUNTER BALANCED



## BEAST 35

LATERAL RAISE

- LXWXH : 130X151X163 CM
- WEIGHT STACK : 200 LBS



## BEAST 36

GLUTE MACHINE

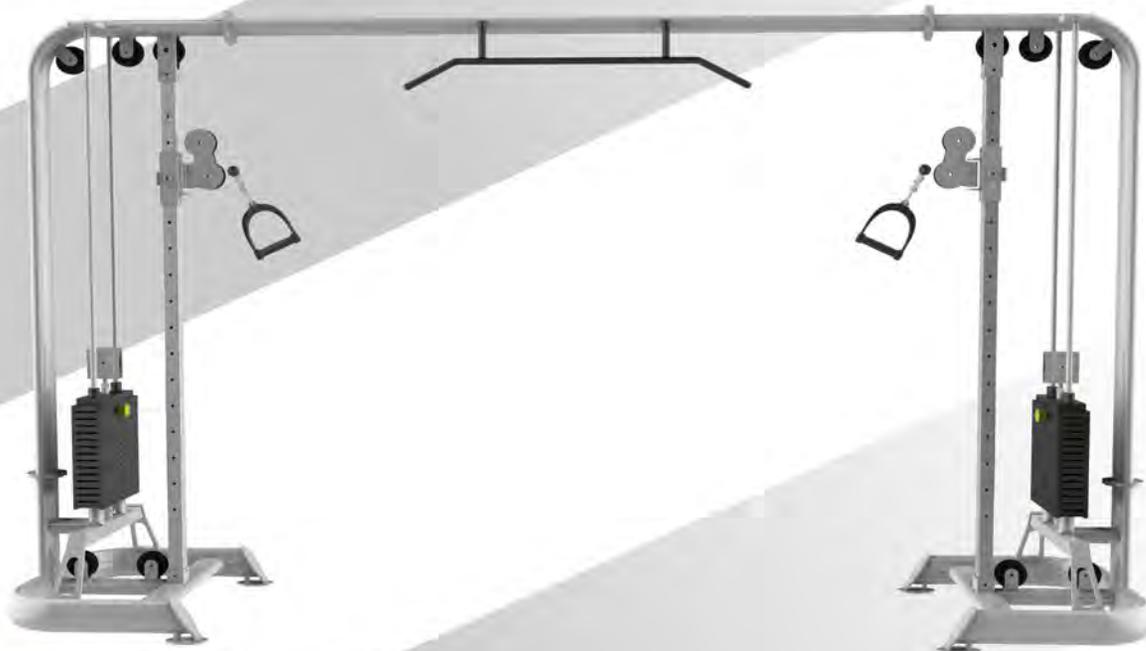
- LXWXH : 214X115X163 CM
- WEIGHT STACK : 220 LBS



## BEAST 19

### CABLE CROSSOVER

- LXWXH : 370X89X225 CM
- WEIGHT STACK : 200x2 LBS



## BEAST 20

### FUNCTIONAL TRAINER

- LXWXH : 153X97X147 CM
- WEIGHT STACK : 200x2 LBS



## BEAST 21

OLYMPIC FLAT BENCH

- LXWXH : 164X153X119 CM



## BEAST 22

OLYMPIC INCLINE BENCH

- LXWXH : 184X153X140 CM



## BEAST 23

OLYMPIC DECLINE BENCH

- LXWXH : 200X153X119 CM



## BEAST 24

HYPER EXTENSION

- LXWXH : 139X98X89 CM



## BEAST 25

VERTICAL KNEE  
RAISE

- LXWXH : 122X85X161 CM



## BEAST 26

SEATED CALF

- LXWXH : 125X60X91 CM



## BEAST 27

AB BENCH

- LXWXH : 182X99X103 CM



## BEAST 28

STRETCH

- LXWXH : 135X49X100 CM



## BEAST 29

ADJUSTABLE AB  
BENCH

- LXWXH : 184X73X94 CM



## BEAST 30

FLAT BENCH

- LXWXH : 146X73X447 CM



## BEAST 31

MULTI ADJUSTABLE BENCH

- LXWXH : 143X59X44 CM



## BEAST 32

UTILITY BENCH

- LXWXH : 108X53X90 CM



## BEAST 33

STANDING PREACHER CURL

- LXWXH : 121X84X112 CM



## BEAST 34

45° LEG PRESS

- LXWXH : 242X168X140 CM



## BEAST 37

### PLATE TREE

- LXWXH : 78X78X110 CM



## BEAST 38

### PREACHER CURL BENCH

- LXWXH : 97X71X101 CM



## BEAST 39

### KNEE CHIN DIP

- LXWXH : 112X147X230 CM



## BEAST 40

### DUMBBELL RACK

- LXWXH : 209X81X83 CM





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# TP SERIES UNIQUE FEATURES

✧ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✧ Made in Japan 6mm thick wire with maximum load capacity of 3000 LBS

✧ Easy-to-use seat with minimal adjustments and pre-stretched features for optimal exercise positions.

✧ 50x100mm flat oval tube strong steel structure  
✧ Electrostatic powder coated and heat cured paint finish for maximum durability.

✧ Compact - space efficient design requires minimal floor space.  
✧ Rubber grip prevent from being slipped.



## TP-01

### CHEST PRESS

- LXWXH : 155X150X163 CM.
- Weight stack : 220 LBS.



## TP-02

### SHOULDER PRESS

- LXWXH : 198X145X163 CM.
- Weight stack : 220 LBS.



## TP-04

### PEC FLY / REAR DELT

- LXWXH : 149X134X208 CM.
- Weight stack : 220 LBS.



## TP-05

### ARM CURL

- LXWXH : 136X116X163 CM.
- Weight stack : 175 LBS.



## TP-07

### LATERAL RAISE

- LXWXH : 134X132X163 CM.
- Weight stack : 220 LBS.



## TP-08

### PULLDOWN

- LXWXH : 172X158X183 CM.
- Weight stack : 220 LBS.



## TP-13

### LEG EXTENSION

- LXWXH : 132X122X163 CM.
- Weight stack : 220 LBS.



## TP-14

### SEATED LEG CURL

- LXWXH : 166X123X163 CM.
- Weight stack : 220 LBS.



## TP-15

### PRONE LEG CURL

- LXWXH : 163X112X163 CM.
- Weight stack : 220 LBS.



## TP-16

### LEG PRESS

- LXWXH : 198X122X163 CM.
- Weight stack : 264 LBS.



## TP-22

### ISO LONG PULL

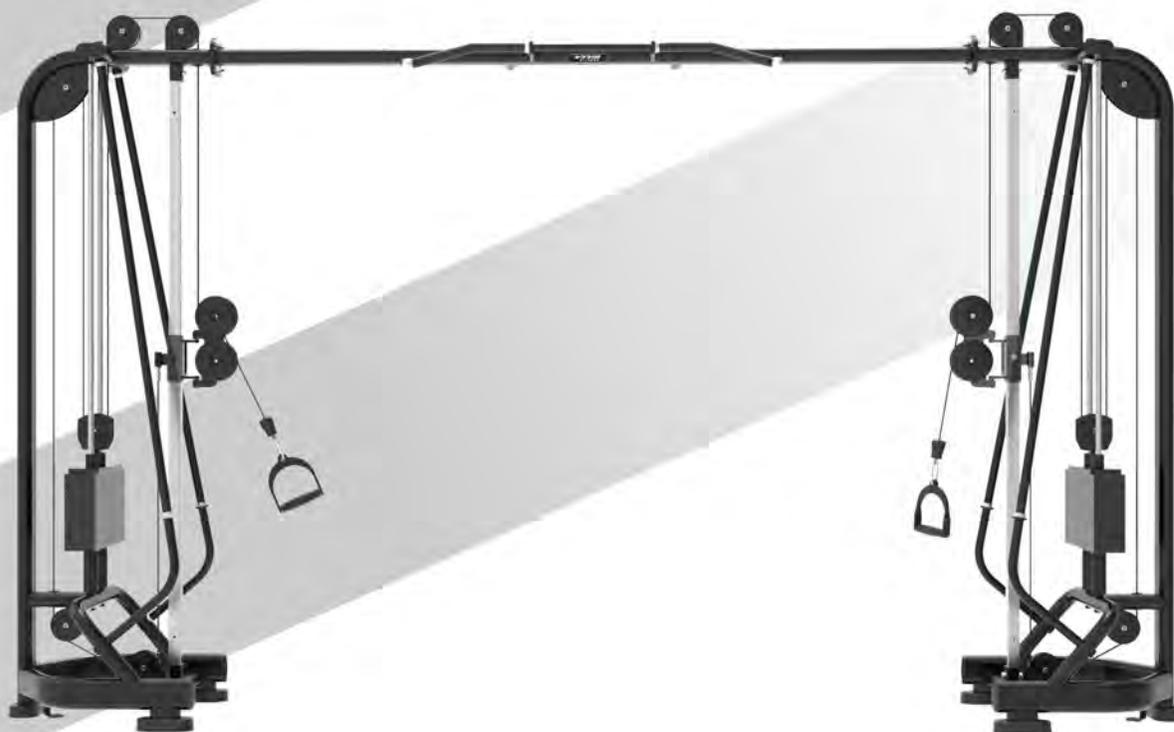
- LXWXH : 200X117X163 CM.
- Weight stack : 220 LBS.



## TP-21

### CABLE CROSSOVER

- LXWXH : 386X70X233 CM.
- Weight stack : 220 LBS X 2.



## TP-23

### FUNCTIONAL TRAINER

- LXWXH : 193X100X233 CM.
- Weight stack : 220 LBS X 2.



## TP-24

### DIP CHIN ASSIST

- LXWXH : 157X123X225 CM.
- Weight stack : 220 LBS.



## TP-25

### SEATED LEG CURL / EXTENSION

- LXWXH : 172X125X163 CM.
- Weight stack : 220 LBS.



## TP-26

### BICEPS / TRICEPS

- LXWXH : 152X119X163 CM.
- Weight stack : 175 LBS.



## TP-27

### ABDUCTOR / ADDUCTOR

- LXWXH : 145X133X163 CM.
- Weight stack : 175 LBS.



## TP-28

### PRONE LEG CURL / SEATED EXTENSION

- LXWXH : 126X186X163 CM.
- Weight stack : 220 LBS.



## TP-29

### MULTI PRESS

- LXWXH : 150X197X163 CM.
- Weight stack : 220 LBS.



## TP-30

### LAT PULL / SEATED ROW

- LXWXH : 186X167X218 CM.
- Weight stack : 220 LBS.



## TP-32

### MULTI HIP

- LXWXH : 120X106X163 CM.
- Weight stack : 220 LBS.



# SELECT LINE UNIQUE FEATURES



## BR01

### CHEST PRESS

- LXWXH: 104X145X163 CM
- WEIGHT STACK : 220 LBS



## BR02

### SHOULDER PRESS

- LXWXH: 152X142X163 CM
- WEIGHT STACK : 220 LBS



## BR04

### PEC FLY / REAR DELT

- LXWXH: 124X142X180 CM
- WEIGHT STACK : 220 LBS



## BR05

### BICEP CURL

- LXWXH: 114X104X140 CM
- WEIGHT STACK : 190 LBS



## BR07

### LATERAL RAISE

- LXWXH: 107X94X140 CM
- WEIGHT STACK : 190 LBS



## BR08

### LAT PULLDOWN

- LXWXH: 137X84X226 CM
- WEIGHT STACK : 220 LBS



## BR13

### LEG EXTENSION

- LXWXH: 119X104X163 CM
- WEIGHT STACK : 220 LBS



## BR14

### SEATED LEG CURL

- LXWXH: 140X86X140 CM
- WEIGHT STACK : 220 LBS



## BR15

### PRONE LEG CURL

- LXWXH: 165X99X140 CM
- WEIGHT STACK : 220 LBS



## BR24

### DIP / CHIN ASSIST

- LXWXH: 118X113X221 CM
- WEIGHT STACK : 220 LBS



## BR25

### SEATED LEG CURL / LEG EXTENSION

- LXWXH: 140X86X140 CM
- WEIGHT STACK : 220 LBS



## BR26

### TRICEP / BICEP

- LXWXH: 114X104X140 CM
- WEIGHT STACK : 190 LBS



## BR27

### ABDUCTOR / ADDUCTOR

- LXWXH: 155X67X180 CM
- WEIGHT STACK : 190 LBS



## BR28

### PRONE LEG CURL / LEG EXTENSION

- LXWXH: 117X102X140 CM
- WEIGHT STACK : 220 LBS



## BR29

### MULTI PRESS

- LXWXH: 152X142X163 CM
- WEIGHT STACK : 220 LBS



## BR30

### LAT PULL / SEATED ROW

- LXWXH: 137X84X226 CM
- WEIGHT STACK : 220 LBS



## BR33

BACK EXTENSION / ABDOMINAL

- LXWXH: 117X102X140 CM
- WEIGHT STACK : 190 LBS



## BR34

BUTTERFLY

- LXWXH: 124X142X180 CM
- WEIGHT STACK : 220 LBS



## BR35

ROWING MACHINE

- LXWXH: 132X86X180 CM
- WEIGHT STACK : 220 LBS



## E5001

### PRONE LEG CURL

- LXWXH: 152X99X135 CM
- WEIGHT STACK : 210 LBS



## E5002

### LEG EXTENSION

- LXWXH: 130X99X135 CM
- WEIGHT STACK : 240 LBS



## E5003

### SEATED LEG PRESS

- LXWXH: 190X110X162 CM
- WEIGHT STACK : 255 LBS



## E5005

### LATERAL RAISE

- LXWXH: 91X115X150 CM.
- WEIGHT STACK : 120 LBS



## E5006

### SHOULDER PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



## E5007

### PEC FLY / REAR DELT

- LXWXH: 124X99X211 CM
- WEIGHT STACK : 240 LBS



## E5008

### CHEST PRESS

- LXWXH: 132X130X135 CM
- WEIGHT STACK : 240 LBS



## E5009

### DIP CHIN

- LXWXH: 155X137X236 CM
- WEIGHT STACK : 200 LBS



## E5013

### INCLINE CHEST PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



## E5023

### SEATED LEG CURL

- LXWXH: 165X94X135 CM
- WEIGHT STACK : 240 LBS



## E5030

### BICEP CURL

- LXWXH: 119X89X135 CM
- WEIGHT STACK : 140 LBS



## E5033

### LONG PULL

- LXWXH: 282X109X236 CM
- WEIGHT STACK : 240 LBS



## E5034

### VERTICAL ROW

- LXWXH: 155X132X160 CM
- WEIGHT STACK : 210 LBS



## E5035

### LAT PULL DOWN

- LXWXH: 185X109X234 CM
- WEIGHT STACK : 240 LBS



## E5084

### MULTI PRESS

- LXWXH: 200X135X162 CM
- WEIGHT STACK : 240 LBS



## E5088

### ABDOMINAL / BACK EXTENSION

- LXWXH: 131X99X162 CM
- WEIGHT STACK : 240 LBS



## E5086

LEG CURL /  
LEG EXTENSION

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 240 LBS



## E5087

BICEP / TRICEP

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 140 LBS



## E5089

ABDUCTOR / ADDUCTOR

- LXWXH: 155X90X162 CM
- WEIGHT STACK : 210 LBS



## E1080

AB COASTER

- LXWXH : 185X72X145 cm
- Maximum user weight : 150 kg.



## E1082

AB COASTER

- LXWXH : 164x78x146 CM.
- Maximum user weight : 180 kg.



# E3016

## CABLE CROSSOVER

- LXWXH: 447X109X231 CM
- WEIGHT STACK : 220 LBS X 2



# E1017

## FUNCTIONAL TRAINER

- LXWXH: 105X176X225 CM
- WEIGHT STACK : 220 LBS X 2



**E3036**

FLAT BENCH

• LXWXH: 141X68X42 CM



**E3037**

ADJUSTABLE AB BENCH

• LXWXH: 164X68X99 CM



**E3038**

MULTI PURPOSE BENCH

• LXWXH: 106X68X90 CM



**E3039**

ADJUSTABLE BENCH

• LXWXH: 138X68X69 CM



## E3041

### OLYMPIC DECLINE BENCH

• LXWXH: 209X170X122 CM



## E3042

### OLYMPIC INCLINE BENCH

• LXWXH: 196X170X140 CM



## E3043

### OLYMPIC FLAT BENCH

• LXWXH: 174X170X122 CM



## E3044

### SEATED PREACHER CURL

• LXWXH: 113X84X88 CM



## E3045

### HYPER EXTENSION

• LXWXH: 121X89X67 CM



## E3047

### DIP / VERTICAL KNEE RAISE

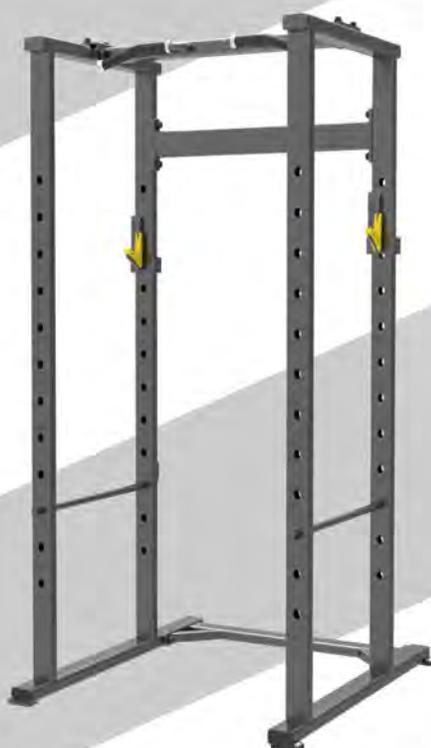
• LXWXH: 127X71X160 CM



## E3048

### POWER CAGE

• LXWXH: 157X124X234 CM



## E3050

### SQUAT RACK

• LXWXH: 173X170X178 CM



## E3056

PLATE LOADED  
LEG PRESS

• LXWXH: 221X63X135 CM



## E3057

PLATE LOADED  
HACK SQUAT

• LXWXH: 224X163X126 CM



## E3061

T BAR

• LXWXH : 185x79x119 CM



## E3062

SEATED CALF

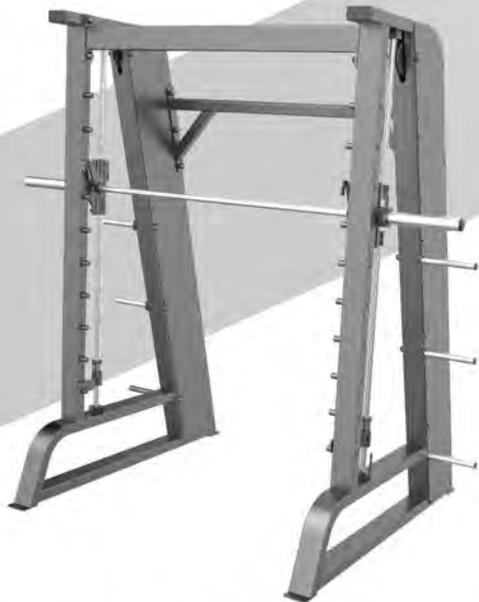
• LXWXH: 150X71X99 CM



## E3063

### SMITH MACHINE

- LXWXH: 142X221X236 CM
- COUNTER BALANCED



## E3065

### SUPER SQUAT

- LXWXH: 185X79X119 CM



## E3077

### DUMBBELL RACK

- LXWXH: 72X248X81 CM



## E6233

### WEIGHT PLATE BASE

- \*LXWXH: 143X74X43 CM.



## E3092

### BOOTY MACHINE

- LXWXH: 201X163X147 CM.



A muscular man with a beard and long braids is sitting on a red gym machine. He is wearing a grey hoodie, a grey tank top with 'VIVA FITNESS' and '#PushYourself' printed on it, black pants with 'RYDOR' on the side, and red sneakers. He is looking upwards and to the right. The background is a gym with various equipment.

**VIVA**<sup>®</sup>  
FITNESS

**#PushYourself**

## SS01

### CHEST PRESS

- LXWXH : 138X113X161 CM
- Weight Stack : 220 lbs



## SS02

### SHOULDER PRESS

- LXWXH : 140X135X161 CM
- Weight Stack : 220 lbs



## SS03

### BICEP CURL

- LXWXH : 117X119X161 CM
- Weight Stack : 175 lbs



## SS04

### TRICEP PRESS

- LXWXH : 146X123X161 CM
- Weight Stack : 220 lbs



## SS05

### MULTI PRESS

- LXWXH : 189X123X161 CM
- Weight Stack : 220 lbs



## SS06

### PEC FLY / REAR DELT

- LXWXH : 162X105X200 CM
- Weight Stack : 220 lbs



## SS07

### LAT PULL / SEATED ROW

- LXWXH : 151X142X226 CM
- Weight Stack : 220 lbs



## SS08

### LOW ROW

- LXWXH : 175X116X180 CM
- Weight Stack : 220 lbs



## SS09

### ASSISTED CHIN DIP

- LXWXH : 165X118X229 CM
- Weight Stack : 220 lbs



## SS10

### ABDOMINAL

- LXWXH : 120X112X161 CM
- Weight Stack : 175 lbs



## SS11

### ABDUCTOR / ADDUCTOR

- LXWXH : 155X131X161 CM
- Weight Stack : 175 lbs



## SS12

### SEATED LEG CURL

- LXWXH : 155X127X161 CM
- Weight Stack : 220 lbs



## SS13

### PRONE LEG CURL

- LXWXH : 169X115X161 CM
- Weight Stack : 220 lbs



## SS14

### LEG EXTENSION

- LXWXH : 134X127X161 CM
- Weight Stack : 220 lbs



## SS15

### SEATED LEG CURL / LEG EXTENSION

- LXWXH : 139X127X161 CM
- Weight Stack : 220 lbs



## SS16

### SEATED LEG PRESS

- LXWXH : 155X127X161 CM
- Weight Stack : 220 lbs



## SS17

### LAT PULL DOWN

- LXWXH : 124X142X224 CM
- Weight Stack : 220 lbs



## SS18

### ROTARY TORSO

- LXWXH : 131X107X161 CM
- Weight Stack : 175 lbs



## SS19

### BUTTERFLY

- LXWXH : 124X156X161 CM
- Weight Stack : 220 lbs



## SS20

### PRONE LEG CURL / LEG EXTENSION

- LXWXH : 115X113X161 CM
- Weight Stack : 220 lbs





**VIVA**<sup>®</sup>  
FITNESS

#PushYourself

## DFT601

### PRONE LEG CURL

- LXWXH : 150x100x137 CM.
- Weight Stack:175 lbs.



## DFT602

### LEG EXTENSION

- LXWXH : 130x100x137 CM.
- Weight Stack:175 lbs.



## DFT606

### SHOULDER PRESS

- LXWXH : 185x125x137 CM.
- Weight Stack:220 lbs.



## DFT607

### PEC FLY / REAR DELT

- LXWXH : 125x100x210 CM.
- Weight Stack:220 lbs.



## DFT608

### CHEST PRESS

- LXWXH : 130x130x137 CM.
- Weight Stack:220 lbs.



## DFT609

### DIP CHIN MACHINE

- LXWXH : 155x137x236 CM.
- Weight Stack:175 lbs.



## DFT616

### CABLE CROSSOVER

- LXWXH : 335x110x235 CM.
- Weight Stack:220 LBS X 2.



## DFT619

### ABDOMINAL

- LXWXH : 120x100x137 CM.
- Weight Stack:175 lbs.



## DFT623

### SEATED LEG CURL

- LXWXH : 170x95x137 CM.
- Weight Stack:220 lbs.



## DFT630

### ARM CURL

- LXWXH : 114x94x137 CM.
- Weight Stack:175 lbs.



## DFT633

### LONG PULL

- LXWXH : 280x110x234 CM.
- Weight Stack:175 lbs.



## DFT635

### LAT PULL

- LXWXH : 185x110x234 CM.
- Weight Stack:220 lbs.



## DFT690

### BICEP / TRICEP

- LXWXH : 110X114X163 CM
- Weight Stack : 200 lbs



## DFT691

### LAT PULL / SEATED ROW

- LXWXH : 170X97X223 CM
- Weight Stack : 200 lbs



## DFT692

### LEG CURL / LEG EXTENSION

- LXWXH : 122X120X163 CM
- Weight Stack : 200 lbs



## DFT693

### ABDUCTOR / ADDUCTOR

- LXWXH : 157X88X163 CM
- Weight Stack : 200 lbs



## DFT694

### MULTI PRESS

- LXWXH : 157X88X163 CM
- Weight Stack : 200 lbs



## DFT695

### ABDOMINAL CRUNCH / BACK EXTENSION

- LXWXH : 108X104X163 CM
- Weight Stack : 200 lbs



## DFT696

### LEG / CALF PRESS

- LXWXH : 182X107X163 CM
- Weight Stack : 200 lbs



## DFT636

FLAT BENCH

- LXWXH : 140x68x42 CM.



## DFT637

MULTI AB BENCH

- LXWXH : 165x68x100 CM.



## DFT638

UTILITY BENCH

- LXWXH: 106x68x90 CM



## DFT639

ADJUSTABLE BENCH

- LXWXH : 138x68x69 CM.



## DFT640

GLUTE HAM DEVELOPER (GHD)

## DFT641

### OLYMPIC DECLINE BENCH

- LXWXH : 210x170x125 CM.



## DFT642

### OLYMPIC INCLINE BENCH

- LXWXH : 196x170x140 CM.



## DFT643

### OLYMPIC FLAT BENCH

- LXWXH : 174x170x125 CM.



## DFT644

### SEATED PREACHER CURL

- LXWXH : 132x84x97 CM.



## DFT646

### TRIPLE STORAGE RACK

- Can store upto 12 barbells, 24 weight plates and 8 pcs kettle bell.

## DFT645

### HYPER EXTENSION BENCH

- LXWXH : 122x89x68 CM.



## DFT647

### VERTICAL KNEE RAISE / DIP STAND

- LXWXH : 127x70x96 CM.



## DFT649

### DUMBBELL RACK

- LXWXH : 72x25x80 CM.



## DFT650

### SQUAT RACK

- LXWXH : 173x170x180 CM.



## DFT656

### PLATE LOADING LEG PRESS

- LXWXH : 222x165x135 CM.



## DFT657

PLATE LOADING HACK SQUAT

- LXWXH : 225x125x125 CM.



## DFT661

T BAR

- LXWXH :185x80x120 CM.



## DFT662

SEATED CALF

- LXWXH : 150x70x100 CM.



## DFT663

SMITH MACHINE

- Counter Balanced.



## DFT671/679

### FUNCTIONAL TRAINER

- LXWXH : 162x117x235 CM.
- Weight Stack:220 LBS x 2.



## DFT683

### SUPER SQUAT

- LXWXH: 185X79X119 CM



## DFT698

### LEG PRESS / HACK SQUAT

- LXWXH : 208X92X149 CM



# SL SERIES UNIQUE FEATURES

Easy to use, neat appearance, the SL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.



## SL7001

### CHEST PRESS

- LXWXH: 194X137X171 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



## SL7002

### PULL DOWN

- LXWXH: 148X149X197 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



## SL7003

### SHOULDER PRESS

- LXWXH: 156X182X149 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



## SL7004

### LOW ROW

- LXWXH: 176X145X165 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



## SL7005

### INCLINE CHEST PRESS

- LXWXH: 190X152X178 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



## SL7006

### LEG PRESS

- LXWXH: 223X142X142 CM
- MAX WEIGHT CAPACITY:400Kg/880Lbs.



## SL7007

### ROW

- LXWXH: 182X150X133 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



## SL7008

### REAR KICK

- LXWXH: 168X123X164 CM
- MAX WEIGHT CAPACITY:150Kg/330Lbs.



## SL7009

### OLYMPIC POWER RACK

- LXWXH: 203X145X228 CM



## SL7010

### PLATE RACK

- LXWXH: 89X63X122 CM



## SL7011

### FID BENCH

- LXWXH: 135X67X135 CM



## SL7012

FID BENCH

- LXWXH: 155X67X135 CM



## SL7013

GLUTE HAM BENCH

- LXWXH: 156X91X148 CM



## SL7014

HALF RACK

- LXWXH: 139X175X244 CM



## SL7016

### DUMBBELL RACK

- LXWXH : 226X76X74CM



## SL7017

### SEATED CALF RAISE

- LXWXH: 146X77X85 CM
- MAX WEIGHT CAPACITY: 150 KG/330 LBS



## SL7018

### STANDING PREACHER CURL

- LXWXH : 114X86X102 CM



## SL7019

### INCLINE ROW

- LXWXH : 196X102X125 CM
- Maximum Weight Capacity : 150kg / 330 LBS



## SL7020

### 45° LEG PRESS

- LXWXH : 250X187X154CM
- MAX WEIGHT CAPACITY:450Kg/990Lbs.



## SL7021

### HACK SQUAT

- LXWXH : 220X188X129CM
- MAX WEIGHT CAPACITY:400Kg/880Lbs



## SL7022

### UTILITY BENCH

- LXWXH : 119X63X82 CM.



## SL7023

### BICEP CURL

- LXWXH : 140X105X120 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



## SL7024

### TRICEP DIP

- LXWXH : 173X158X120 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



## SL7025

### LEG EXTENSION

- LXWXH: 127X169X100 CM.
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



## SL7026

### STANDING LEG CURL

- LXWXH : 140X104X120 CM
- MAX WEIGHT CAPACITY: 120 KG/264 LBS



## SL7027

### BARBELL RACK

- LXWXH : 95X91X161 CM



## SL7028

### FLAT BENCH PRESS

• LXWXH : 191X173X132 CM



## SL7029

### INCLINE BENCH PRESS

• LXWXH : 206X174X150 CM



## SL7030

### DECLINE BENCH PRESS

• LXWXH : 219X174X132 CM



## SL7031

### SHOULDER BENCH PRESS

• LXWXH : 172X126X192 CM



## SL7032

### STANDING CALF RAISE

- LXWXH : 162X138X173 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



## SL7034

### SQUAT

- LXWXH : 226X126X180 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



## SL7035

### FLAT BENCH

- LXWXH : 128X63X53 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



## SL7036

### ABDOMINAL

- LXWXH: 162X127X164 CM.
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



## SL7041

SUPER OLYMPIC BENCH

• LXWXH : 241X174X162 CM



## SL7043

MULTI AB BENCH

• LXWXH : 172X63X91 CM



## SL7042

MAGIC RACK /  
SMITH MACHINE

• LXWXH : 232X224X239 CM



## SL7044

### STRETCH MACHINE

• LXWXH : 157X63X126 CM



## SL7045

### VERTICAL KNEE RAISE / DIP STAND

• LXWXH : 119X77X136 CM



## SL7046

### ISO-LATERAL SUPER CHEST PRESS

• LXWXH : 250X174X162 CM



## SL7047

### HYPER EXTENSION BENCH

• LXWXH : 134X95X77 CM



## JPL302

### SHOULDER PRESS

- LXWXH : 129X128X146 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL303

### CHEST PRESS

- LXWXH : 122X141X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL304

### PULL DOWN

- LXWXH : 112X138X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL305

### ROW

- LXWXH : 118X139X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL306

### LOW ROW

- LXWXH : 120X122X163 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL307

### LEG PRESS

- LXWXH : 145X210X135 CM
- MAX WEIGHT CAPACITY : 300Kg/660Lbs



## JPL308

### INCLINE CHEST PRESS

- LXWXH : 153X103X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL310

### REAR KICK

- LXWXH : 111X143X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL312

### TRICEP DIP

- LXWXH : 147X154X86 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL313

### BICEP CURL

- LXWXH : 106X139X101 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL314

### STANDING LEG CURL

- LXWXH : 144X117X142 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL315

### LEG EXTENSION

- LXWXH : 124X126X117 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



## JPL316

### LINEAR LEG PRESS

- LXWXH : 270X157X150 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



## JPL321

### MULTI ADJUSTABLE BENCH

- LXWXH : 156X74X41 CM

## JPL317

### LINEAR LEG PRESS

- LXWXH : 270X157X150 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



## JPL318

### INCLINE PEC FLY

- LXWXH : 163X164X110 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



## JPL319

### POWER RACK

- LXWXH : 204X116X228 CM



## JPL320

### CHEST PRESS / LAT PULLDOWN

- LXWXH : 215X169X203 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



## FL6002

### PREACHER CURL BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 117X75X90 CM



## FL6005

### SEATED CALF RAISE

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 132X67X91 CM



## FL6007

### HYPER EXTENSION

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 125X68X90 CM



## FL6009

### FLAT BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 128X60X49 CM



## FL6010

### VERTICAL KNEE RAISE / DIP STAND

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 109X75X158 CM



## FL6011

### MULTI ADJUSTABLE BENCH

- Flat / Incline / Decline position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 158X54X135 CM



## FL6012

### DUMBBELL RACK

- Paint Finish : Electrostatic Powder Coating
- Unique adjustable Lower base in order to accommodate dumbbell of different sizes / types
- Pipe Size : 100x50x2.5 mm
- LXWXH : 208X53X81 CM



## FL6013

### MULTI AB BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X69X92 CM



## FL6014

### OLYMPIC FLAT BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 170X159X137 CM



### **FL6015**

#### **OLYMPIC INCLINE BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X159X151 CM



### **FL6016**

#### **OLYMPIC DECLINE BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 195X159X137 CM



### **FL6018**

#### **DUMBBELL RACK**

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 200X51X80 CM



### **FL6019**

#### **INCLINE T BAR**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 188X99X122 CM



### **FL6020**

#### **FID BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 145X51X132 CM



## FL6021

### SUPER SQUAT

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 190X175X185 CM



## FL6022

### UTILITY BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 101X81X88 CM



## FL6033

### HALF RACK

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 136X175X245 CM



## FL6041

### 4 WAY OLYMPIC BENCH

- Unique Flat / Incline / Decline / Shoulder position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 167X172X163 CM



## IFHC

### HALF CAGE

- This base system provides the ultimate in safety and exercise variety.
- Self spotting triple chromed bar racking system for safer free weight solo workouts.
- Includes multiple plate holders for convenient racking.
- Adjustable safety spotters accommodates:
- LXWXH : 118X182X209 CM.



## IFHCS

### HALF CAGE SMITH ATTACHMENT

- Optional for IF-HC.
- LXWXH : 195X30X173 CM.



## IFSS

### SQUAT STAND

- Self spotting triple chromed bar racking system for safer solo workouts.
- Angled uprights for better squat and bench exercises.
- Multiple plate holders for convenient storage.
- Adjustable safety spotters
- LXWXH : 123X128X174 CM.



## IF45

### 45°HYPEREXTENSION

- Adjustable thigh pads for proper positioning and support.
- 45 degree angle for optimal results.
- Dual transport wheels for easy movement.
- LXWXH : 121X74X77 CM.



## IFAAB

### ADJUSTABLE ABDOMINAL BENCH

- Over sized bench padding for maximum comfort.
- Dual transport wheels for easy movement.
- LXWXH : 168X57X115 CM.



## IFAC

### ABDOMINAL CRUNCH

- Fixed decline angle for basic abdominal workout.
- LXWXH : 110X48X58 CM.



## IFPT

### POWER TOWER

- Contoured arm rests for secure positioning.
- Angled back pad for added comfort.
- Multiple grip positions for easy chin ups, dips, push ups and leg raise.
- LXWXH : 132X61X210 CM.



## IFSPC

### SEATED PREACHER CURL

- Bar catch design for easy re-racking.
- Adjustable oversized arm pad.
- LXWXH : 102X71X82 CM.



## IFFB

### FLAT BENCH

- Wide base for added safety.
- Dual rear transport wheels for easy movement.
- LXWXH : 130X53X49 CM.



## IFFID

### MULTI PURPOSE BENCH

- Dual rear transport wheels for easy movement.
- Quick and easy seat and back pad adjustments.
- Fully adjustable decline to shoulder press.
- LXWXH : 158X65X52 CM.



## IFOB

### OLYMPIC BENCH

- Excellent adjustable uprights.
- Expandable with drop in attachment. Options - IF-LEGA & IF-ARMA.
- Fully adjustable decline to shoulder press.
- LXWXH : 144X126X147 CM.



## IFOFB

### FLAT BENCH

- LXWXH : 153X131X127 CM



## IFOIB

### INCLINE BENCH

- LXWXH : 156X131X119 CM.



## IFODB

### DECLINE BENCH

- LXWXH : 190X131X115 CM



## IFDB4

### 4FT HORIZONTAL DUMBBELL RACK

- For easy racking and unranking.
- Ideal for larger dumbbells sets.
- Can be converted into a 3 tier rack by adding IF-DB4A
- LXWXH : 137X47X87 CM.



## IFDB4A

### 4FT DUMBBELL RACK 3RD TIER OPTION

- Optional for IF-DB4.
- LXWXH : 124X24X74 CM.



## IFPTO

### OLYMPIC PLATE TREE

- Unique design that optimises storage space.
- LXWXH : 84X83X111 CM.



## ROBO ARM 22

- STURDY DESIGN
- Weight stack : 200lbs x 2
- LXWXH : 246X359X249 cm



## ROBO ARM 2.0 ECO

- STURDY DESIGN
- Weight stack : 200lbs x 2
- LXWXH : 173X345X200 CM.



## FTSM

### FUNCTIONAL TRAINER CUM SMITH MACHINE

- STURDY DESIGN
- Heavy duty oval tube structure of size 50mm x 100mm.
- Tube thickness 2.5mm.
- Weight Stack of 80 Kg X 2
- LXWXH : 119X2224X222 CM .



## KH309

### STRETCH RACK

- STURDY DESIGN
- Ideal for stretching exercise
- LXWXH : 155X107X228 cms



## KH211

### FRONT LOADING PLATE TREE

- Durable commercial grade construction.
- Sturdy Frame.



## KH212

### DUAL TWISTER

- Durable commercial grade construction.
- With Double Ball Bearings.
- Ergonomically Designed Handles.
- LXWXH : 137X47X127 CM.



## KH270

### SQUAT PLATFORM

- Sturdy Design.



## KH271

### SISSY SQUAT

- Sturdy Design.



## KH304

### BARBELL RACK

- Sturdy Design
- LXWXH : 86X63X33 cms

## KH275

### WRIST CURL

- Sturdy Design.
- Weight Stack : 175 lbs



## KH280

### WRIST CURL

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant latherite
- Pipe Size : 100x50x2.5 mm
- Weight Stack : 88 LBS
- LXWXH : 47X62X100 CM



## KH285

### STANDING LATERAL RAISE

- Commercial Grade.
- Sturdy Frame.
- Weight stack : 130 LBS.
- LXWXH : 145X81X150 CM



## KH305

### DUMBBELL RACK

- Sturdy Design.
- LXWXH : 243X73X82.5 CM.



## KH306

### PLATE TREE

- Sturdy Design.
- LXWXH : 67X67X116 CM.



## KH320

### BICEP CURL STAND

- Commercial Grade.
- Sturdy Frame.
- Can store upto 6 Olympic hole plates.
- LXWXH : 122X46X73 CM



## X50

### PORTABLE SQUAT STAND

- Can be used as both for squats & bench press exercises.



## X75

### FID BENCH

- Durable commercial grade construction.
- Heavy duty frame structure.
- Options of flat, incline & decline position.
- Can be used for multiple exercises.



## X100

### MULTI PURPOSE BENCH

- Flat, incline & decline position
- With preacher curl attachment
- With leg extension & prone leg curl



## X200

### PLATE LOADED STRENGTH TRAINER

- DIMENSIONS : 175X170X220 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 120 KGS



## X400

### WALL MOUNTED FOLDABLE SQUAT RACK

- DIMENSIONS : 115X138X230 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



## X500

### HALF RACK

- DIMENSIONS : 126X180X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



## X600

### FUNCTIONAL RACK WITH LONG PULL

- DIMENSIONS : 154X170X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 120 KGS



# X900

## FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS : 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



# SAVAGE

## MULTI TRAINER

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS : 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



## 618LP ENDURANCE

### HEAVY DUTY COMMERCIAL MULTI GYM

- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function – Leg press, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection
- LXWXH : 269X239X216 CM



# 518BI KARIZMA

## COMMERCIAL MULTI GYM

- 4 station gym with 2 weight stacks of 72 Kgs each.
- Exercise Function - Leg press, Leg extension, Chest press, Pec fly, Lat pull, Rowing, Knee raise, Push up stand etc.
- Durable power coated finish.
- Ergonomic Design / Scientific Biomechanics.
- Arc cover for protection.



# 418CA STAR

## COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 6 station gym with 2 STEEL weight stacks of 70 Kgs each.
- Multiple Exercise Function - Leg extension, Leg press, Hi-Lo pulley, Tricep extension, Lat pull, Bicep curl, Pec Dec, Multi press, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise, Chin up & Dips stand etc.
- Durable powder coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X244X230 CM.



# 318MG

## MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function – Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH : 213X150X213 CM



# 518LC CHAMPION

## LIGHT COMMERCIAL MULTI GYM

- 4 station gym with 4 weight stacks of 68 Kgs each.
- Exercise Function - Leg press, Chest press, Leg extension, Pec fly, Lat pull, Bicep curl, Rowing etc.
- Durable power coated finish.
- Ergonomic Design / Scientific Biomechanics.
- LXWXH : 250X250X220 CM



# 418BA STELLA

## LIGHT COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 5 station gym with 2 weight stacks of 90 Kgs & 65 Kgs each.
- Multiple Exercise Function - Leg extension, Leg press, Hi-Lo pully, Chin up, Lat pull, Bicep curl, Pec Dec, Multi press, Tricep extension, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise etc.
- Durable power coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X240X230 CM.



# IMPULSE ZONE

Customized Group Functional Training



TOP VIEW



X-SHAPE

PRODUCT DIMENSION  
7489x3139x2446 (mm)  
294.8x123.6x96.3 (in)

# ENERGY 360

WITH ACCESSORIES

● LXWXH : 450X400X250 CM.



8 PCS TRX



9 METERS



MEDICINE BALL  
5 SETS



2 PAIRS

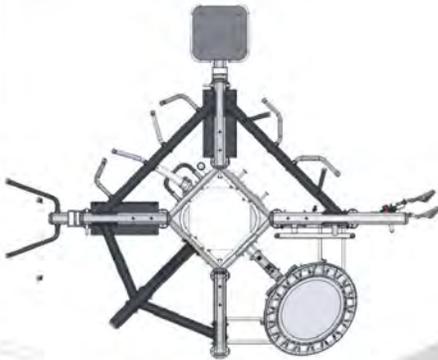


5 SETS





TOP VIEW



### D-SHAPE

PRODUCT DIMENSION  
 3235x2855x2400 (mm)  
 127.3x112.4x94.4 (in)

## SMART 360

● LXWXH : 225X240X258 CM.



## WEIGHT LIFTING PLATFORM

- Extra heavy duty steel platform
- Platform size is 8'x6'
- Rubber tile thickness 30mm
- Board thickness 30mm
- Steel frame 50mm



## WEIGHT LIFTING PLATFORM JUNIOR

- Heavy duty steel platform.
- Platform size is 8'x4'
- Rubber tile thickness 25mm
- Board thickness 20mm
- Steel frame 50mm



## KH308

### SUSPENSION TRAINING RACK

- Sturdy Design.
- LXWXH : 312X206X251 CM.



## RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES
KGS
10
15
20
25
30
35
40



## VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40
45
50

## VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

## BLUE CIRCLED DUMBBELLS

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40

## HEXAGON DUMBBELL

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

## COLOURED

### BUMPER PLATES

- Made from high quality rubber.

AVAILABLE SIZES
KGS
5
10
15
20
25



## BLACK

### BUMPER PLATES

- Made from high quality rubber.



AVAILABLE SIZES
KGS
5
10
15
20
25

## VIVA FITNESS TPR

### OLYMPIC HOLE PLATES

- Made from high grade thermoplastic rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

## VIVA FORCE

### OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect



#### AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25

## COLOURED

### RUBBER PLATES

- Available in both olympic & 29 mm hole
- Tear proof, soundless & bouncy effect.



#### AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25

## NEOPRENE

### KETTLE BELL



#### AVAILABLE SIZES

KGS
2
4
8
12
16
20
24
28
32

## IR94088

### STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading : 1600 lbs
- Length : 2.2 mtrs\*Weight : 44 lbs



## IR101

### COMPETITION OLYMPIC BAR

- Hard chrome tempered alloy steel
- Max loading : 2000 lbs
- Length : 2.2 mtrs
- Handle shaft length : 1.31 meter
- Handle shaft Dia : 29 mm



## IR94039

### HEAVY DUTY OLYMPIC BAR

- Heat treatment grip bar
- Max loading : 1000 lbs
- Length : 2.2 mtrs



## IR102

### MULTI GRIP BAR

Size : 2.2 meter



## IR94038

### 84" OLYMPIC BAR



## IR94047

### 47" EZ CURL BAR



## IR94052

### 72" OLYMPIC BAR



## IR94048

### 48" OLYMPIC BAR



## IR94051

### 60" OLYMPIC BAR



## IR94083

### 56" OLYMPIC BAR



## IR94045

### OB20" OLYMPIC BAR



### IR94025

14" REGULAR RUBBER  
HANDLE HOLLOW BAR

• Matches our small hole rubber plates



### IR94046

OLYMPIC TRICEP BAR



### IR94065

OLYMPIC BAR COLLAR (STEEL)



### IR94064

OLYMPIC BAR COLLAR (PLASTIC)



### IR95069

NYLON LAT ROPE



### IR94061

COLLAR



### IR95017

38" SOLID LAT BAR



### IR95015

48" SOLID LAT BAR



### IR95021



### IR95020

20" SOLID LAT BAR



### IR95023



### IR95022



**IR95025**



**IR95024**



**IR95019**



**IR95026**



**IR95029**



**IR94084**



**IR95028**



**IR94089**

OLYMPIC BAR PIVOT



**IR103**

ROPE TRAINER

- Unique cardio workout
- Adjustable resistance control



**IR94090**

T BAR HANDLE



**POUND PAD**



## POWER SLED WITH TYRE

- Minimum storage space required.
- Multi-level grip positions.
- Full range of functional movements.
- Maximum load capacity : 400 kgs.



## WEIGHT SLED HYPER

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational



## WEIGHT SLED TRIO

- Heavy metal Construction
- Must for all Push Pull Drag Sports & Speed Training
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational



## WEIGHT SLED MINI

- Metal Construction with Shoulder Hardness
- Must for all Push Pull Drag Sports & Speed Training
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational



## FLIP TYRE

- Large Dia tyre made from pre-used rubber
- Develops Power and Strength
- Good for Functional Training
- FTU100 (100 kgs.)
- FTU70 (70 kgs)
- FTU50 (50 kgs)





**VIVA<sup>®</sup>**  
**FITNESS**

**#PushYourself**



Dimensions: L 229cm x W 80cm x H 218cm (Carriage W 62cm x H 62cm)

Weight: 165kgs

Features included: Reformer, Platform Extender, Stainless Steel Full Trapeze Tower, Pair of Fluffy Hand Straps, Horizontal Steel Cross Bar, Rehab Legs, Built-in Standing Platform, Sitting Box, Jumpboard, Pulley Rises, 8 x Additional Deluxe Springs

#### Specifications

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded headrest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Padded double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded European Maple wood Frame
- Commercial quality stainless steel Full Trapeze Tower with 16 carbine attachment point
- High-density EVA foam Padded Platform Extender is soft but supportive, converting the reformer carriage into a much larger stable platform for a range of additional trapeze exercises
- Padded stainless steel Push-Through Bar with heavy-duty nylon safety strap
- Beech Roll-Down Bar
- Beech Trapeze bar with heavy duty nylon foot strap
- 8 additional stainless steel deluxe springs
- 2 double-Loop Straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- One pair of deluxe fluffy hand straps
- One adjustable horizontal stainless steel crossbar with 2 carbine attachment points
- High-Set "Rehab" legs

#### Features

- The new premium 8-wheel "dual-angle treaded roller" system with high-quality bearings and stainless steel rails for whisper quiet operation and the smoothest carriage glide
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Detachable padded jump board (included)
- Large Sitting box (included)
- Built-in standing platform (included)
- Quick-Release Adjustable foot bar with non-slip padding



**Dimensions:** L-226cm x W-61cm x H-198cm (Carriage Height 31cm)

**Weight:** 120kgs

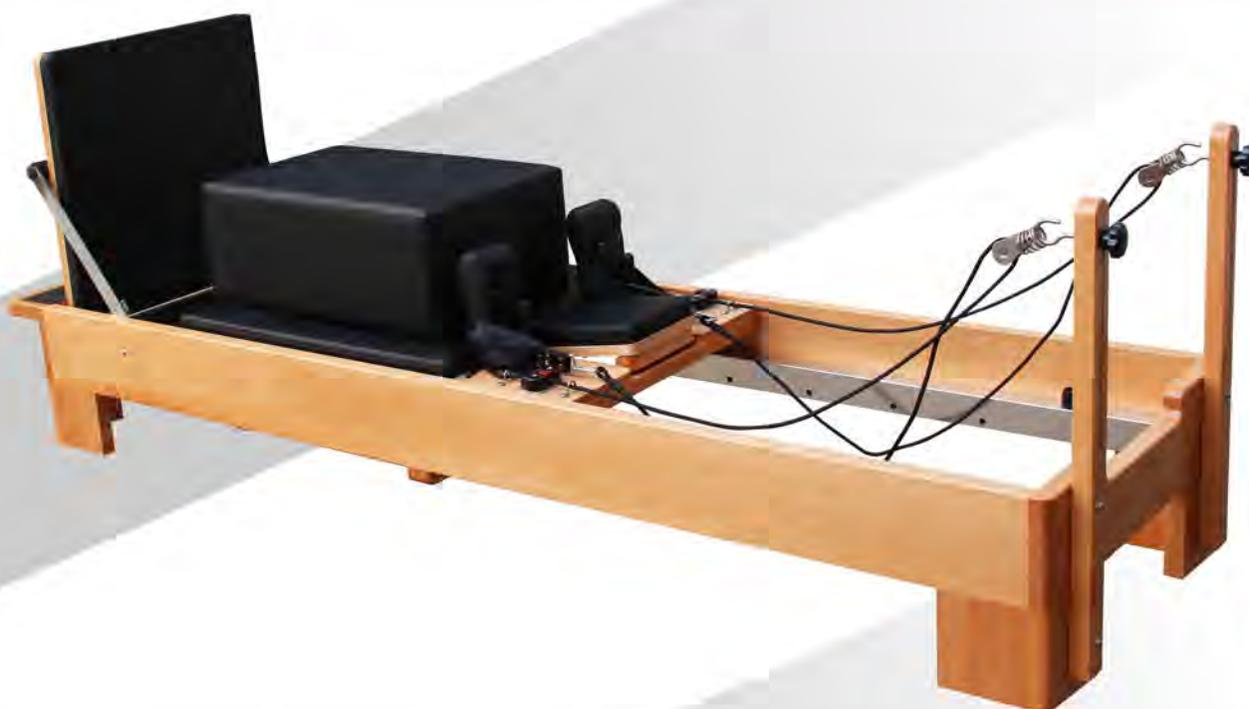
**Features included:** Reformer, Platform Extender, Stainless Steel Half Trapeze Tower, Built-in Standing Platform, Sitting Box, Jump-board, 6 x additional deluxe springs

**Specifications:**

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded head rest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Padded double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded European Maple wood Frame
- Stainless Steel Half Trapeze Tower with 11 carbine attachment points
- High-density EVA foam Padded Platform Extender is soft but supportive, converting the reformer carriage into a much larger stable platform for a range of additional trapeze exercises
- Padded stainless steel Push-Through Bar with heavy-duty nylon safety strap
- Beech Roll-Down Bar
- 6 additional soft-sheathed stainless steel deluxe springs (2 x Red Hard, 2 x Yellow Medium, and 2 x Long)
- 2 additional double-Loop Straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises

**Features:**

- The new premium 8-wheel "dual-angle treaded roller" system with high quality bearings and stainless steel rails for whisper quiet operation and the smoothest carriage glide.
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Includes a Detachable padded jumpboard, Large Sitting Box, Built-in standing platform
- Quick-Release Adjustable foot bar with non-slip padding



**Dimensions:** L 238cm x W 69cm x H 32cm

**Weight:** 80 kg

**Features included:** Sitting Box, Standing Platform, Jumpboard, Commercial Grade Springs, 8 wheel dual angle treaded roller system, Quick Release Adjustable Foot Bar, Adjustable Foot strap, Pulley Rises, Sturdy Beechwood Frame, Optional Half Trapeze attachment

## Description

The Studio Reformer offers extraordinary flexibility & versatility suitable for a vast range of body heights, sizes and abilities. This model is the most popular with Pilates teaching studios and physios as it is very sturdy and has lots of flexibility to cater for all exercises. Our Pilates equipment is manufactured from high-quality materials, built to the European safety standard CE and has been carefully crafted incorporating clever designs to simplify operator use. Standard options of our Pilates machines provide quick adjustments without lengthy operation.

## Specifications:

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded headrest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded Maple wood frame.

## Features:

- The new 8-wheel "dual-angle treaded roller" system with high-quality bearings and stainless steel rails for quiet operation and the smoothest carriage glide
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Detachable padded jump board (included)
- Large Sitting box (included)
- Built-in standing platform (included)
- Quick-Release Adjustable foot bar with non-slip padding

## NJ-1004

## LADDER BARREL

The Pilates Ladder Barrel is unique. It offer both active and passive back extension exercises. Of course as with all the pilates equipment it is designed to allow many other exercises to be performed.

The Pilates Equipment barrels are excellent for developing back strength and promoting trunk extension which is crucial to developing good posture.

Pilates Barrels utilize gravity rather than springs for resistance.



## NJ-1005

## WUNDA CHAIR

Popular in rehab, and studios, the Wunda Chair is finding its way into more and more homes, as more and more people are learning the value of low-impact resistance training.

Features include:

- Strong solid wood frame for sturdiness
- Beautiful multi-layered laminated wood with satin finish
- Comfortable high-density EVA foam padding with durable non-slip black vinyl
- 4x Medium Deluxe stainless steel springs
- Padded foot/hand pedals
- Two adjustable non-slip stainless steel stability handles



## NJ-1006A

## SPINE CORRECTOR

The Spine Corrector is the ultimate piece of equipment for aligning and mobilising the spine and can also contribute to an improved posture. As a diverse Pilates tool, it can also be used to perform exercises lengthening and strengthening the torso, shoulders, back and legs while correcting or restoring the spine's natural curvature.



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**RAMADA INN**

**Rajpath Club Ltd.**

**GAEKWAD BARODA GOLF CLUB**

**BARODA CRICKET ASSOCIATION**

**HYUNDAI**

**SPA HIBISCUS**

**B**

**HYPE**  
THE GYM

**karma**  
THE FITNESS STUDIO

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**CHUNDA PALACE**

**HINDUSTAN ZINC LIMITED**

**REVIVAL GYM & SPA**

**Radisson BLU**

**WE DESIGN YOUR FITNESS PROJECT**



### **GYM DESIGN**

Our in-house professional design team create gym layout and propose interior schemes to maximise your investment potential in terms of user demand and diversity. Making the best use of available space and incorporating natural features, branding and equipment selection, these are visualized 2D and 3D format with full 3D-rendered animations also available.

### **A COMPLETE SOLUTION**

With more than 16 years experience of running of our own gyms plus unrivalled business planning, operational and management experience, Viva Fitness has the know-how to plan & budget your project along with the hands-on management, qualified expertise and staffing resources to partner you every step of the way towards your ultimate success.



SCAN FOR DOWNLOADING  
THE COMPLETE CATALOGUE

**VIVA**<sup>®</sup>  
**FITNESS**

**# Push Yourself**



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[www.vivafitness.net](http://www.vivafitness.net) [www.tunturiindia.com](http://www.tunturiindia.com)

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