





'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed both for commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.























Q3i

Commercial Treadmill

Specifications

- 15.6" HD TFT Screen with different landscape programs.
- Supports Wi-Fi connection & web browsing.
- AC driving system with adjustable variable frequency
- 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance
- 22.44" x 59" running surface.Speed:1-20km/h
- Precise incline control from 0-15%
- Inducing key-press, with direct speed (3/6/9) & incline(3/6/9) on the TFT screen
- Various motivating programs for different workout requirements: quick start/ real scene mode (6) / target mode (3) / training mode (5) / HRC mode
- With USB & audio interface
- With wireless charger
- Sweat proof console design
- Large sized, twin cup holder to hold your mobile phone
- Emergency stop button
- Extra heavy duty running board supporting structure
- Durable Japanese bearing used in roller
- Max user weight: 150kg
- LXWXH : 197×93×145 cm



- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) external roto motor with high heat performance.
- 23.6" x 63" running surface.

- 6LED+dot matrix display showing time, incline, calorie, distance and heart rate.
- Medical grade silicon keys with direct speed (3/6/9) & incline (4/8/12) on the console.
- Various motivating programs for different workout requirements: HRC,
- Large sized, twin cup holder with a built-in tray to hold your mobile phone / tablet.
- Extra heavy duty running board supporting structure.
- Heavy duty reliable orthopaedic running belt.



X8

Commercial Treadmill

Specifications

AC driving system with adjustable variable frequency.

• 3.0 HP AC continuous (6.0 HP Peak) motor.

• Speed: 1~20 kmph.

• Precise incline control from 0 ~15%.

• 21" x 58" running surface.

• Multi window display showing time, speed, distance, incline, calories & heart rate.

Direct speed & incline keys on the console.

Various motivating programs for different workout requirements.

 Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.

· Heavy duty reliable orthopedic running belt.

Emergency stop button.

Sweat proof console design.

Two Mobile/Bottle Holders.

• Maximum User Weight: 150 Kgs.

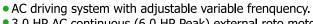
• LXWXH: 216X92X151 CM.



Q3

Light Commercial Treadmill

Specifications



• 3.0 HP AC continuous (6.0 HP Peak) external roto motor with high hear performance.

• 22.44" x 59" running surface.

Speed:1-20km/h.

• Precise incline control from 0-15%.

• 5 LED+dot matrix display showing time, incline, speed, calorie, distance, heart rate and step.

• Medical grade silicon keys with direct speed (3/6/9) & incline(4/8/12) on the console.

• Various motivating programs for different workout requirements: 4HRC, 18 preset, 1 manual, 1 fit test.

Sweat proof console design.

 Large sized, twin cup holder with a built in tray to hold your mobile phone & tablet PC.

Emergency stop button.

Extra heavy duty running board supporting structure.

• Durable Japanese bearing used in roller.

Max user weight: 150 kg.LXWXH: 197×93×145 cm.



T-910 Motorized Treadmill

Specifications

• For high end home use.

• 4 HP powerful AC motor (2 HP continuous).

• Speed :- 1 ~ 20 kmph.

• Incline: 0 ~15%.

• Running surface : 20 x 60 inches.

 7" large LCD window that readouts: time, speed, distance, incline, calories and programs.

• Various workout programs to meet different user requirements.

• Instant speed and incline keys.

• Speakers to connect with Mp3 or Ipod.

• Innovative cushioning system.

· Heavy duty running belt.

• Cylinder provide hand free deck folding system.

Easily foldable.

• Maximum User Weight 130 Kgs.



















































T-470 Motorized Treadmill

Specifications

- DC Motor: 3.5 HP peak duty (1.75 HP continuous).
- \bullet Speed Range : 0.8 \sim 14 kmph.
- Incline : 3 level manual.
- Running surface : 16 x 48 inches.
- Display: 5 large LCD window.
- Programs : P1 \sim P9.
- Readout : speed, time, calories, distance & pulse.
- Speakers to connect with Mp3 or Ipod.
- Speed switch buttons on handle bars.
- Emergency stop button.
- Wheels for transportation.
 Heavy duty rupping belt
- Heavy duty running belt.
- Large cup holders.
- Cylinder provide hand free deck folding down.
- · Foldable with locking system.
- Easy Installation.
- Maximum User Weight: 100 Kgs.

T-160 Motorized Treadmill

- DC Motor: 3.5 HP peak duty (1.75 HP continuous)
- Speed Range : 1 \sim 14 kmph
- Incline : 3 level manual
- Running surface : 16.5 x 47.2 inches
- Display : 1 large LCD window
- Readout : time, speed, distance, calories & pulse
- Various workout programs, each is designed by certified personal trainers to help you run faster, loose weight & keep toned
- With bluetooth speaker
- With bluetooth APP: Zwift & Kinomap
- Emergency stop button
- Wheels for transportation
- Heavy duty running belt
- With cup holders
- · Cylinder provide hand free deck folding down
- Foldable with locking system
- Easy Installation
- Maximum User Weight: 100 Kgs





E200

Commercial Elliptical

Specifications

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control: 24 resistance levels.
- Dual Technology resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With ipad holder & bottle cage.
- Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- Maximum user weight: 150 kg.
- LXWXH: 162X65X180 CM.



KH-610 Light Commercial Elliptical

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- · Handheld pulse sensor.
- Magnetic flywheel.
- With adapter power system.
- Resistance level 24.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH: 176X68X179 CM





KH-690 Light Commercial Elliptical

Specifications

Drive

- Pull Motor System with poly V-belt.
- Resistance system: New Technology silent programmable magnetic resistance system.
- Resistance level: 32 levels.
- · With adaptor power system.

Monitor

- Advance LCD display.
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse & Watts.
- 10 programs.

Special Features

- With 4 level manual incline.
- · Adjustable stride for ultimate workout.
- Both forward and reverse motions offer various workout options.
- Heavy -gauge, epoxy hybrid, steel frame.
- · Low impact workout.
- Long stride & 9 kg of rotating flywheel ensures smooth & dynamic elliptical movement.
- Comfy over-sized, non-slip pedals.
- · Handheld pulse sensors.
- Dual action handle bars with high density foam grips.
- Accessory tray & built-in reading rack.
- Transport wheels.
- Zwift support.
- Bluetooth support.
- Adjustable floor levelers.
- Maximum User Weight: 150 Kgs.
- •LXWXH: 165X63X170 CM.

KH-965 Light Commercial Elliptical

- 20" long stride length with 2 levels of adjustment.
- Adjustable swing bar.
- Display readouts: Time, Distance, RPM, Speed, Calories, Pulse, Body Ratio, BMI, BMR and Temperature.
- Various motivating programs for different workout requirements.
- · Handheld pulse sensor.
- 10kgs flywheel.
- 15 level Magnetic resistence system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 135 Kgs.



Light Commercial Elliptical

Specifications

- 20" long stride length with 2 levels of adjustment.
- · Adjustable swing bar.
- Display readouts: Time, Distance, RPM, Speed, Calories, Pulse, Body ratio, BMI, BMR and Temprature.
- Handheld pulse sensor.
- 10 kgs fly wheel.
- Magnetic 8 level manual tension control system.
- · Transport wheels.



KH-653 Magnetic Elliptical

Specifications

- 8 Kg magnetic wheel with two way system
- 15 level manual Tension Control System
- · Computer display for speed, time, distance, temperature, pulse & calories
- With hand pulse
- Smooth & silent belt transmission

• With wheels for easy movement.



KH-753

Programable Magnetic Elliptical

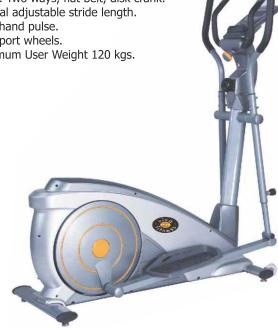
Specifications

- 8 Kg magnetic wheel with two way system.
- 16 level digital resistence system.
- Computer display for speed, time, distance, temperature pulse & calories.
- · With hand pulse.
- Smooth & silent belt transmission.
- With wheels for easy movement.
- Max User Weight: 120 Kgs.



KH-736 Magnetic Elliptical

- · Assembled with "universal Pivot Joint" for crank axle.
- · Computer display for time, speed, distance, pulse, cal, rpm, scan, pulse recovery.
- 15 level manual tension control.
- 8 kgs. Two ways, flat belt, disk crank.
- Manual adjustable stride length.
- · With hand pulse.
- · Transport wheels.
- Maximum User Weight 120 kgs.



KH-265 Magnetic Elliptical

Specifications

- Assembled with 'Universal Pivot Joint' for crank axle.
- Computer display for speed, time, distance & calories.
- 8 level Tension Control System
- 3 racing games integrated in the computer display.



KH-735 Magnetic Elliptical Specifications

- · Assembled with 'Universal Pivot Joint' for crank axle.
- · Computer display for speed, time, distance and calories.
- 8 level Tension Control System.

• 3 racing games integrated in the computer display.

• G1 to G4 training modes available.

· With wheels for easy movement.

• TUV / GS approved.

• With hand pulse and body fat.

· Maximum User Weight 110 Kgs.



KH-80201 Magnetic Elliptical

Specifications

- for crank axle.

- 6 Kg fly wheel with inner magnetic system.



KH-70201

Magnetic Elliptical

- · Assembled with 'Universal Pivot Joint' for crank axle.
- · Automatically adjust the tolerance of disk
- Computer display for speed, time, distance,
- calories and room temperature. • 6 Kg fly wheel with magnetic system.
- 8 level Tension Control System.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- TUV / GS approved.
- With hand pulse and body fat.
- Maximum User Weight 100 Kgs.



Magnetic Elliptical

Specifications

- Assembled with 'Universal Pivot Joint' for crank axle
 Large LCD display for speed, time, distance & calories
- 8 level Tension Control System
- With 4 kg flywheel
 Belt driven with magnetic resistence system
- · With wheels for easy movement



KH-350 Metallic Double Burner

Specifications

- Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for smooth working.
- Brake system for tension control.Additional handle support in front.
- Can be used as a cycle or cross-trainer.Computer display for hand pulse, time,
- speed, distance and calories.

 Adjustable handle bars for varying heights.
- Max User Weight: 100 Kgs



KH-65

KH-235 Metallic Double Burner

Specifications

- · Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for. smooth working.
- · Brake system for tension control.
- 6 Kg fly wheels.
- Can be used as a cycle or cross-trainer.
- Computer display for hand pulse, time, speed, distance and calories.
- · Adjustable handle bars for varying heights.



KH-200 Double Burner

Specifications

- Orbitrek with seat.
- •Can be used as a cycle or cross-trainer.
- ·Computer display for time, speed, distance & calories.
- Micro adjustable tension control.
- · Adjustable handle bars for varying heights.

KH-195 **Double Burner**

- Orbitrek with seat.
- ·Can be used as a cycle or cross-trainer.
- •Computer display for time, speed, distance & calories.
- · Micro adjustable tension control.
- · Adjustable handle bars for varying heights.





Elliptical Cum Recumbent Bike

Specifications

- 10 kgs / 2 ways Magnetic fly wheel system.
- 20" long stride length.
- 32 levels auto Tension system.
- 7" Large LCD display for speed, time, distance, calories and pulse.
- Various motivating programs for different workout.
- With phone / tablet stand.
- Comfortable cushioned pedals.
- Handle bar with hand pulse.
- Assembled size:1570*950*1280MM.
- Max. User Weight 125 Kgs.



KH-752

Magnetic Recumbent Bike

- 7 Kg Flywheel.
- 16 level Digital System System.
- Computer display for speed, time, distance calories and pulse.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- Deluxe big seats.
- Max. User Weight 125 Kgs.



Magnetic Recumbent Bike

Specifications

- 7 Kg Flywheel
- 15 level Tension Control System
- Computer display for speed, time, distance, calories and pulse
- With wheels for easy movement
- · Adjusting cap for uneven floor
- Deluxe big seats
- Max. User Weight 125 Kgs



KH-725 Magnetic Recumbent Bike

- 8 level Tension Control System.
- Computer display for speed, time, distance, calories, RPM and pulse.
- 3 racing games integrated in the computer display.
- G1 to G4 training modes available.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 110 Kgs.



KH-724 Magnetic Recumbent Bike



Specifications

- 6 Kg fly wheel.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories, RPM and pulse.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 110 Kgs.



KH-704 Magnetic Recumbent Bike

S

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- Health Index: Pulse recovery and Body fat analyze.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 100 Kgs.



KH-703 Magnetic Recumbent Bike

Specifications

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- Health Index: Pulse recovery and Body fat analyze.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 100 Kgs.

KH-64Magnetic Recumbent bike

- Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- Adjustable handle bar with hand pulse
- Max. User Weight 100 Kgs



Commercial Upright Bike

Specifications

- LED display showing Pulse, Recovery, Time, RPM, Sp Watt, Heart Rate and Resistance.
- · With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- · With heart rate receiver.
- · Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.



KH-651 Magnetic Bike

Specifications

- 7 Kg Flywheel
- 15 level Tension Control System
- Computer display for speed, time, distance calories and pulse
- With wheels for easy movement
- Adjusting cap for uneven floor
- Deluxe big seats
- Max. User Weight 125 Kgs



KH-751 Magnetic Bike

Specifications

- 7 Kg Flywheel.
- 16 level Digital Resistance System.
- Computer display for speed, time, distance calories and pulse.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- Deluxe big seats.
- Max. User Weight 125 Kgs.



KH-560 Magnetic Bike

- 6 Kg one way fly wheel with 3 pcs crank
- 15 level Magnetic Tension Control System
- Computer display for speed, time, distance & calories
- With hand pulse
- Comes with tablet / smart phone stand
- With wheels for easy movement
- Adjustable seat height for different users
- Adjusting caps for uneven floor
- Comfortable and oversized pedals
- Max. User Weight 125 Kgs



KH-557 Magnetic Bike

Specifications

- 6 Kg one way fly wheel 3 pcs crank
- 8 level Magnetic Tension Control System
- Computer display for speed, time, distance & calories
- With hand pulse
- Adjustable ergonomic handle bar
- Comes with tablet / smart phone stand With wheels for easy movement
- · Adjustable seat height for different users

Deluxe Anti slip pedals

Max. User Weight 125 Kgs



KH-795 Magnetic Bike

Specifications

- 6 Kg fly wheel with magnetic system.
- 8 level Tension Control System.
- · Computer display for speed, time, distance & calories.
- · With hand pulse.
- · With wheels for easy movement.
- Adjustable seat height for different users.
- · Adjusting caps for uneven floor.



KH-715 Magnetic Bike

Specifications

- 6 Kg fly wheel with magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, pulse, RPM, temperature & calories.
- 3 pcs advance crank system
- · With hand pulse.
- With wheels for easy movement.

• Adjustable seat height for different users.

· Adjusting caps for uneven floor. TUV / GS Approved.



KH-63 Magnetic Bike

- Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- Adjustable handle bar with hand pulse
- Max. User Weight 100 Kgs



KH-62 Magnetic Bike

Specifications

- Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- Vertical & Horizontal seat adjustment



KH-555 Magnetic Bike

Specifications

- 5 Kg fly wheel.
- 8 level tension control system.
- Computer display for speed, time, distance and calories.
- · With hand pulse.
- Handle bar adjustment
- With wheels for easy movement.Both way adjustable seat for different user.

Adjusting caps for uneven floor.

TUV / GS Approved.Maximum User Weight 100 Kgs.



KH-550 Magnetic Bike

Specifications

- 5 Kg fly wheel.
- 8 level tension control system.
- Computer display for speed, time, distance and calories.
- With hand pulse.
- With wheels for easy movement.
- Ajustable seat height for different users.
- Adjusting caps for uneven floor.
- TUV / GS Approved.
- Maximum User Weight 100 Kgs.

KH-442 X Bike

Specifications

- Magnetic wheel with two ways system.
- 8 Level Tension Control System.
- Computer display for speed, time, distance & calories.
- PU saddle with backpack
- Smooth & silent belt transmission.
- With wheels for easy movement.
- Adjustable seat height for different users.
- Max User Weight 100 Kgs.

KH-245 Air Bike

- · Micro-adjustable tension.
- Computer display for speed, pulse, time, distance and calories.
- Adjustable seat height for different users.
- Pedal with strap.







Spin Bike

Specifications

- Can be used for clubs.
- · Adjustable resistance.
- Dipping handle bar.
- Ultra sturdy structure with 20 kgs CNC flywheel.
- With adjustable seat.
- · Computer functions: time, speed, distance, calories & pulse.
- Maximum User Weight 140 Kgs.



KH-142

Spin Bike

Specifications

- Ultra sturdy with heavy duty crank.
- Fully adjustable Gel seat with sweat proof finish.
- With 18 kg flywheel.
- Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight: 150 kg.
- LXWXH: 107X58X112 CM.



KH-152

Spin Bike

Specifications

- Sturdy structure with 21 kgs stainless steel fly wheels.
- · Adjustable resistance.
- · Dipping handle bar.
- · With adjustable seat.
- With bottle holder, without bottle.
- Computer functions : time, speed, distance, calories & pulse.
- Maximum User Weight 120 Kgs.



KH-140

Spin Bike

- · Sturdy structure with stainless steel fly wheel.
- Adjustable seat.
- · Adjustable and ergonomic handle bar assist the most comfortable sitting.
- Resistance levels: Variable.
 Computer display for showing time, distance, speed & RPM.
- SPD racing pedals.



318LP

MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise, Shrugs & Leg press.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 219X222X213 CM



318MG

MULTI GYM

- Innovative design and ideal for corporate & society useMulti station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 213X150X213 CM



KH-326

DELUXE HOME GYM

- High end home gym with durable powder coated finish
- 220 LBS weight plates with metal cover
- Countoured deep padded seats and back rest
- 60mm x 1.5mm oval tubular steel frame
- With adjustments in most of the seats and handles
- Functions: Leg Press, Chest Press, Pec Fly, Rear Delt, Leg Extension, Lat Pull Down, Bicep Curl etc.





KH-313 Home Gym

Specifications

- Home Gym with weight cover.150 LBS PVC weights.
- 60mm x 1.5mm oval tubular steel frame.
- With abdominal strap.



KH-312 Home Gym

- Home Gym without weight cover.150 LBS PVC weights.
- 60mm x 1.5mm oval tubular steel frame.
- With abdominal strap.



X75 FID BENCH

Specifications

- Heavy duty frame structure.
- Options of flat, incline & decline position.
- Can be used for multiple exercises.



X150 3 WAY OLYMPIC BENCH

> Specifications

- Flat, incline & decline position.
- With smooth & convenient seat adjustment.
- LXWXH: 241X188X142 CM.



Specifications

- Flat, incline & decline position
- With preacher curl attachment
- With leg extension & prone leg curl



X200 PLATE LOADED STRENGTH TRAINER

- DIMENSIONS: 175X170X220 CMS
- MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS





X400

WALL MOUNTED FOLDABLE SQUAT RACK

Specifications

- DIMENSIONS: 115X138X230 CMSMAXIMUM WEIGHT LOADING CAPACITY: 200 KGS





X500 HALF RACK

Specifications

- DIMENSIONS: 126X180X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS

X600 FUNCTIONAL RACK WITH LONG PULL

- DIMENSIONS: 154X170X232 CMS
 MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS





X900 FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS : 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



SAVAGE

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS : 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



VX-3600 Olympic Weight Bench

Specifications

- Olympic Weight Bench.
- Flat / Incline / Decline positions.
- Adjustable incline for barbell set holder and seat.
- Padded rollers and seat for maximum comfort.
- Adjustable seat.
- Maximum User Weight 120 Kgs.



VX-3500 Olympic Weight Bench

Specifications

- Olympic Weight Bench.
- Adjustable incline for barbell set holder and seat.
- Padded rollers and seat for maximum comfort.
- Adjustable seat.
- Maximum User Weight 100 Kgs.



VX-3400 Adjustable Bench

Specifications

- Flat / incline / decline position
- Leg extension / curl
- Maximum user weight 90 kgs



- Ideal exercise for building and tightening upper / lower body and abdominal muscles.
- Adjustable incline and decline.
- Padded seat for maximum comfort.





KH-215

3 TIER DUMBBELL RACK

Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- Can hold upto 8-10 pairs of dumbbell.



KH-216 3 IN 1 STORAGE RACK

Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- Can hold upto 8-10 pairs of dumbbell.
- Can store weight plates and 4 barbells.



KH-218 Dumbbell Rack

Specifications

- Made from Heavy Duty Cast Iron angles.
- Can hold 10 pairs of Dumbbells.



VX-102 SIT-UP BENCH

- Ideal exercise for building and tightening abdominal muscles.
- Ajustable inclination.



RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES
KGS
10
15
20
25
30
35
40



VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40
45
50

VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

VIVA FORCE DUMBBELLS

- Made from high grade rubber compound for long life.
- Tear proof, soundless & bouncy effect.



SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40

AVAILABLE

HEXAGON DUMBBELL

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

BLACK CHALLENGER BUMPER PLATES

- Made from virgin rubber.
- No smell & less bounce.
- Comes with beveled edge & knurled grip.

AVAILABLE SIZES
KGS
5
10
15
20
25

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VIVA	FITNESS	VIVA	VIV.	MARIA
KG DA	KG 0 9X	KG O SX	KG 0 93	Ke O SH
Size .	STATES	STATES	STATES	Side dia
		Mary 1		

COLOURED BUMPER PLATES

• Made from high quality rubber.

AVAILABLE SIZES
KGS
5
10
15
20
25



VIVA FITNESS TPR OLYMPIC HOLE PLATES

• Made from high grade thermoplastic rubber for long life.

• Tear proof, soundless & bouncy effect-



SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

AVAILABLE

VIVA POWER OLYMPIC HOLE PLATES

- Patented: Unique Anti Roll Design
- Made From Durable And Premium Grade Virgin Rubber
- Aesthetically Designed With Epdm Red Granules
- Ergonomically Designed Grips
- Long Lasting Aluminium Bushes



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

VIVA FORCE OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect

SIZES	-
KGS	
1.25	
2.5	
5	
7.5	
10	
15	
20	
25	

NEOPRENE KETTLE BELL



AVAILABLE SIZES				
KGS				
2				
4				
8				
12				
16				
20				
24				
28				
32				

STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading: 1600 lbs
- 7.2 ft olympic length.
- Net weight: 20 kgs.



IR106

COMPETITION OLYMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality Camouflage Military green finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Shaft length: 51.5".
- Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.



IR94039

HEAVY DUTY OLYMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length: 14".
- Max. load capacity: 816 kg / 1800 Lbs.



IR94038

OLYMPIC BAR

- Net weight: 16 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter: 28mm.
- Sleeve diameter : 50mm.
- Sleeve length: 14".

IR101

COMPETITION OLYMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.
- Sleeve diameter: 50mm.
- Shaft length: 51.5".
- Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.



LEGACY 1001

HEAVY DUTY OLYMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft Olympic length.
- Metal composition EN 8.
- Coating: Hard Chrome.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter: 30mm.
- Sleeve diameter: 50mm.
- Sleeve length: 15".
- Max load capacity 816 kg / 1800 lbs.



LEGACY 1002

HEAVY DUTY OLYMPIC BAR

- Net weight: 20 kgs.
- 7.2 ft Olympic length.
- Metal composition EN 8
- Coating : Nickle.
- Comes with 2 bronze bush & 4 high quality bearings.
- Shaft diameter: 30mm.
- Sleeve diameter : 50mm.
- Sleeve length: 15".
- Max load capacity 816 kg / 1800 lbs.



IR94052

72" OLYMPIC BAR

- Net weight: 13 kgs.
- High quality nickel chrome finish.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Sleeve length: 11".



60" OLYMPIC BAR

Net weight: 11 kgs.

• High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 10".



IR94047

47" EZ CURL BAR

Net weight: 10 kgs.

• High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 8".



IR94083 56" OLYMPIC BAR



IR94045 OB20" OLYMPIC BAR

IR94048

48" OLYMPIC BAR

Net weight: 10 kgs.

• High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.

• Sleeve length: 8".



IR102

MULTI GRIP BAR

• Size: 2.2 meter



IR94025

14" REGULAR RUBBER HANDLE HOLLOW BAR

• Matches our small hole rubber plates



IR94046
OLYMPIC TRICEP BAR



COLLAR



IR94064

OLYMPIC BAR COLLAR (PLASTIC)



IR95069

NYLON LAT ROPE



IR95070

SINGLE GRIP NYLON LAT BAR



IR95017

38" SOLID LAT BAR



IR95015

48" SOLID LAT BAR



IR95021



IR95020

20" SOLID LAT BAR



IR95023



IR95022





IR95019



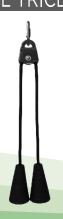
IR95029



IR95028



IR107 SPIRAL TRICEP ROPE



IR95024



IR95026



IR94084



IR94089 OLYMPIC BAR PIVOT



IR94090 T BAR HANDLE



IR103 ROPE TRAINNER

- Unique cardio workout
- Adjustable resistance control







MAG HANDLE SET OF 5

MAG HANDLE PRO SET OF 8







AN EXQUISITE RELAXING MASSAGE EXPERIENCE



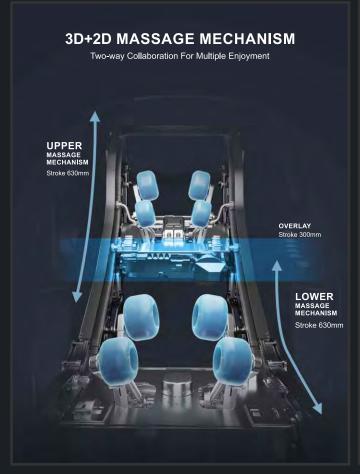






1684mm 1970mm



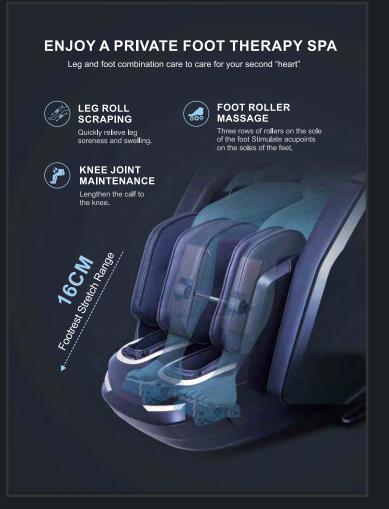






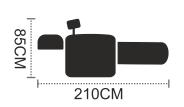










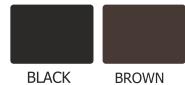






3D Massage	Auto Modes	3 Memo Modes	Zero Gravity	Backrest & Calf Rise and Drop
Arm Air Bag and Heating	L Shape Arm Massage	Massage Area on Back	Back Carbon Fibre Heater	Width Adjustable on Back
Shoulder And Arm Massage	Back Airbag	Back-waist Twist	Waist Stretch	Buttock Airbag
Arthrosis Traction	Knee Heating	Calf Airbag	Sole Airbag and Roller	VFD Controller
Foot Extension	USB charging point connected with speakers	Child Protection Safety lock	Time setting	Head Cushion Adjustable











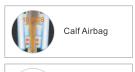






















LCD Controller

Ocular Pressure









3 Auto Mode

Light Wave Heating



MP3





- SLEEK AND EASY TO USE
- NATURAL MAGNETS INSIDE THAT PROMOTES BLOOD **CIRCULATION & RELIEVES KNEE PAIN**
- WITH DIFFERENT LEVELS OF MASSAGE PRESSURE
- CARBON FIBRE INFRA-RED HEATER

59



















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