





'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed both for commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.

















## T-1919 Commercial Treadmill

- · AC driving system provides higher torgue of power for heavy loading
- 3.5 HP AC continuous (7.0 HP Peak) motor
- 23.6" x 63" running surface
- Speed 1~22 kmph
- Precise incline control from 0~15%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- 6 PCS rubber cushion for excellent shock absorption that provideds suitable push off to reduce the possibility of most of injury to knees and joints
- Heavy duty 2.5mm reliable orthopedic running belt
- MP3 connected with speakers, blue tooth music and Fit show App
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight: 180 kgs
- LXWXH: 201X92X159 CM.





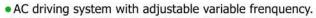


LXWXH: 216X92X151 CM.

## Q3

## Light Commercial Treadmill

#### > Specifications



 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance.

• 22.44" x 59" running surface.

Speed:1-20km/h.

Precise incline control from 0-15%.

• 5 LED+dot matrix display showing time, incline, speed, calorie, distance, heart rate and step.

 Medical grade silicon keys with direct speed (3/6/9) & incline(4/8/12) on the console.

• Various motivating programs for different workout requirements: 4HRC, 18 preset, 1 manual, 1 fit test.

Sweat proof console design.

 Large sized, twin cup holder with a built in tray to hold your mobile phone & tablet PC.

Emergency stop button.

Extra heavy duty running board supporting structure.

Durable Japanese bearing used in roller.

Max user weight: 150 kg.LXWXH: 197×93×145 cm.

































## T-255 Motorized Treadmill

#### Specifications

• DC Motor: 5 HP peak duty (2.5 HP continuous).

• Speed Range: 1 ~ 18kmph.

• Incline: 0 ~ 15%.

• Running surface: 18 x 56 inches.

• Display: 5" large LCD.

Programs: 14 Programs with body fat tester.

• Readout : speed, time, body fat, calories, distance & pulse.

· Speakers to connect with MP3 or iPod.

• Speed and incline switch button on the handle bar.

Emergency stop button.

Wheels for transportation.

· Heavy duty running belt.

Large cup holders.

· Cylinder provide hand free deck folding down.

· Foldable with locking system.

· Easy Installation.

· Maximum User Weight: 120 Kgs.























## **E200**

## Commercial Elliptical

- Specifications
   LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control: 24 resistance levels.
- Dual Technology resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- · 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- · Hand held pulse sensors enable to monitor the heart rate all times.
- · With ipad holder & bottle cage.
- · Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- · Maximum user weight: 150 kg.
- LXWXH: 162X65X180 CM.





#### Elliptical Cum Recumbent Bike

#### Specifications

- 10 kgs / 2 ways Magnetic fly wheel system
- 20" long stride length
- 32 levels auto Tension system
- 7" Large LCD display for speed, time, distance, calories and pulse
- · Various motivating programs for different workout
- · With phone / tablet stand
- Comfortable cushioned pedals
- · Handle bar with hand pulse
- Assembled size:1570\*950\*1280MM
- Max. User Weight 125 Kgs



## KH-595

## Light Commercial Elliptical

- Front Drive with long handle arms enabling smooth and engaging exercise regardless your fitness level
- With 3 level manual incline
- · 20" Long stride length for different user heights
- Auto scan advanced computer with blue back-lit screen
- Display Readouts: time, distance, RPM, speed, level, calories pulse & watts
- Magnetic brake with V-belt drive system
- With 7 kg flywheel
- With 3 pcs hidden crank system
- 16 levels tension control system
- Multiple programs, including 1 manual, 2 HRC, 1 body fat & 2 user set
- Hand held pulse sensor
- With adapter power system
- Transport wheels
- Adjustable floor levellers
- Maximum user weight: 130kgs
- LXWXH: 173X66X170 CM





## Light Commercial Elliptical

#### Specifications

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- · Handheld pulse sensor.
- Magnetic flywheel.
- · With adapter power system.
- Resistance level 24.
- Transport wheels.
- · Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH: 176X68X179 CM



## **KH-690**

## Light Commercial Elliptical

#### Specifications

#### Drive

- Pull Motor System with poly V-belt.
- Resistance system: New Technology silent programmable magnetic resistance system.
- Resistance level: 32 levels.
- · With adaptor power system.

#### Monitor

- Advance LCD display.
- · Display readouts: Time, Distance, Speed, Level, Calories, Pulse & Watts.
- 10 programs.

#### **Special Features**

- With 4 level manual incline.
- Adjustable stride for ultimate workout.
- Both forward and reverse motions offer various workout options.
- · Heavy -gauge, epoxy hybrid, steel frame.
- Low impact workout.
- Long stride & 9 kg of rotating flywheel ensures smooth & dynamic elliptical movement.
- Comfy over-sized, non-slip pedals.
- · Handheld pulse sensors.
- Dual action handle bars with high density foam grips.
- Accessory tray & built-in reading rack.
- · Transport wheels.
- Zwift support.
- Bluetooth support.
- · Adjustable floor levelers.
- · Maximum User Weight: 150 Kgs.
- \*LXWXH: 165X63X170 CM.







## KH-813 Programable Magnetic Elliptical

#### Specifications

- · Ergometer Magnetic Elliptical.
- · 8 Kgs flywheel with outer magnetic system.
- 3 pcs crank for smooth functioning.
- · Three level stride adjustment with pedals.
- Digital coloured screen showing time, rpm, speed, distance, calories, pulse, recovery and body fat.
- Digital Tension Control System.
- 1 manual and 12 programs.
- · Transport wheels.
- · Maximum User Weight 120 Kgs.

# KH-653 Magnetic Elliptical Specifications

- 8 Kg magnetic wheel with two way system
- 15 level manual Tension Control System
- Computer display for speed, time, distance, temperature, odo, pulse & calories
- · With hand pulse
- · Smooth & silent belt transmission
- · With wheels for easy movement.
- Max User Weight 120 Kgs



## KH-736 Magnetic Elliptical

#### Specifications

- Assembled with "universal Pivot Joint" for crank axle.
- Computer display for time, speed, distance, pulse, cal, rpm, scan, pulse recovery.
- 15 level manual tension control.
- 8 kgs. Two ways, flat belt, disk crank.
- · Manual adjustable stride length.
- · With hand pulse.
- Transport wheels.
- Maximum User Weight 120 kgs.





## KH-265 Magnetic Elliptical

- Assembled with 'Universal Pivot Joint' for crank axle.
- Computer display for speed, time, distance & calories.
- 8 level Tension Control System
- · 3 racing games integrated in the computer display.
- · G1 to G4 training modes available.
- · With wheels for easy movement.
- With adjustable seat.
- · Adjusting caps for uneven floor.
- TUV / GS approved.
- With hand pulse and body fat.
- Max User Weight 110 Kgs.

## KH-735 Magnetic Elliptical

#### Specifications

- Assembled with 'Universal Pivot Joint' for crank axle.
- Computer display for speed, time, distance and calories.
- 8 level Tension Control System.
- 3 racing games integrated in the computer display.
- G1 to G4 training modes available.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- · TUV / GS approved.
- · With hand pulse and body fat.
- · Maximum User Weight 110 Kgs.





## KH-80201 Magnetic Elliptical

- Assembled with 'Universal Pivot Joint' for crank axle.
- Automatically adjust the tolerance of disk running.
- Computer display for speed, time, distance, calories and room temperature.
- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- TUV / GS approved.
- · With hand pulse and body fat.
- · Maximum User Weight 100 Kgs.

## KH-70201 Magnetic Elliptical

## Specifications

- · Assembled with 'Universal Pivot Joint' for crank axle.
- · Automatically adjust the tolerance of disk running.
- · Computer display for speed, time, distance, calories and room temperature.
- . 6 Kg fly wheel with magnetic system.
- 8 level Tension Control System.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- · TUV / GS approved.
- · With hand pulse and body fat.
- Maximum User Weight 100 Kgs.



## **KH-66** Magnetic Elliptical

#### Specifications

- Assembled with 'Universal Pivot Joint' for crank axle
- Large LCD display for speed, time, distance & calories
   8 level Tension Control System
- With 4 kg flywheel
- Belt driven with magnetic resistence system



## **KH-65** Magnetic Elliptical

- Assembled with 'Universal Pivot Joint' for crank axle
- · Large LCD display for speed, time, distance & calories
- · 8 level Tension Control System
- With 4 kg flywheel
- Belt driven with magnetic resistence system



#### Metallic Double Burner

#### Specifications

- Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for. smooth working.
- Brake system for tension control.
- Additional handle support in front.
- Can be used as a cycle or cross-trainer.
  Computer display for hand pulse, time, speed, distance and calories.
- · Adjustable handle bars for varying heights.
- Max User Weight: 100 Kgs.



## KH-235 Metallic Double Burner

#### Specifications

- Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for. smooth working.
- · Brake system for tension control.
- . 6 Kg fly wheels.
- · Can be used as a cycle or cross-trainer.
- · Computer display for hand pulse, time, speed, distance and calories.
- · Adjustable handle bars for varying heights.



### **KH-200** Double Burner

#### Specifications

- Orbitrek with seat.
- · Can be used as a cycle or cross-trainer.
- · Computer display for time, speed,
- Micro adjustable tension control.
- · Adjustable handle bars for varying heights.



## KH-195

#### Double Burner

- Specifications
- Orbitrek with seat.
- Can be used as a cycle or cross-trainer.
- · Computer display for time, speed, distance & calories.
- Micro adjustable tension control.
- · Adjustable handle bars for varying heights.



## KH-1040 Commercial Recumbent Bike

- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistence.
- · With self generator system.
- 12 programs, including 1 manual, 4 HRC, 2 test, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- Ergonomic seat adjustment.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- Adjustable PU seat.
- Transport wheels.
- Maximum user weight: 140 kg
- LXWXH: 163X65X152 CM.



## Commercial Recumbent Bike

#### Specifications

#### Drive

Two stage drive with poly V-belt.

• Resistance System : Self powered hybrid brake

Resistance Level : 32 Levels

#### Monitor

7 window dot matrix LED display

• Display readouts: Time, Distance, Speed, Level, Calories, Pulse and Watts

Various motivating programs for different workout requirements

#### **Special Features**

• The easy-to-operate adjustment bar to move the seat forward and backward

· Walk-through design to get on / off easily

Adjustable resistance levels

Aluminum upright beam

· Hidden 3 piece cranks inside crank cover for safety

Transport wheels

· With easy moving wheels

Built-in receiver

Maximum User Weight: 150 kgs

LxWxH: 183x68x90 cms



## KH-820

### Light Commercial Recumbent Bike

#### Specifications

Auto scan advanced computer with blue BACK-LT LCD screen.

• 12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set.

Display showing Pulse, Recovery, Time, RPM/Speed, Distance,
 K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type.

Magnetic brake with V-belt drive system.

16 levels tension control system.

· With adapter power system.

• Innovative adjustment end cap, easy to go with uneven floor.

· Aluminum upright & seat rails.

PU seat & back rest.

Easy to adjust seat position.

Hand grip pulse sensors.

· Hidden crank(3pcs) safer & neat.

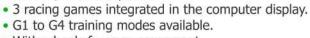
Transport wheels.

Maximum user weight: 130 kg





## KH-725 Magnetic Recumbent Bike Specifications • 6 Kg fly wheel. • 8 level Tension Control System.



· With wheels for easy movement. · Adjusting cap for uneven floor.

TUV / GS approved.

Maximum User Weight 110 Kgs.





## KH-724 Magnetic Recumbent Bike

#### Specifications

- · 6 Kg fly wheel.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories, RPM and pulse.
- · With wheels for easy movement.
- · Adjusting cap for uneven floor.
- TUV / GS approved.
- · Maximum User Weight 110 Kgs.



## KH-704 Magnetic Recumbent Bike

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- Health Index : Pulse recovery and Body fat analyze.
- · With wheels for easy movement.
- · Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 100 Kgs.

## Magnetic Recumbent Bike

#### Specifications

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- Health Index: Pulse recovery and Body fat analyze.
- · With wheels for easy movement.
- · Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 100 Kgs.



## **KH-64**

## Magnetic Recumbent bike

- · Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- · Adjustable handle bar with hand pulse
- Max. User Weight 100 Kgs



#### Commercial Upright Bike

#### Specifications

- LED display showing Pulse, Recovery, Time, RPM, Sp Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- · Counter balance pedals.
- With bottle holder.
- · PU seat with adjustable height.
- Transport wheels.
- User weight: 140 kg.
- LXWXH: 105X56X152 CM.



## **KH-565**

## Commercial Upright Bike

## Specifications

#### Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Lével : 32 Levels

#### Monitor

- 7 window dot matrix LED display
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

#### Special Features

- The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- · Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH: 111x56x148 cms



#### Light Commercial Upright Bike

#### Specifications

- Auto scan advanced computer with blue BACK-LT LCD screen. 12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set.
- Display showing Pulse, Recovery, Time, RPM/Speed, Distance, K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type. Magnetic brake with V-belt drive system.

  16 levels tension control system.

- With adapter power system.

  Innovative adjustment end cap, easy to go with uneven floor.
- Aluminum upright beam.
- Hand grip pulse sensors. Counter balance pedals.



### KH-190 Magnetic Bike

#### Specifications

- 8 Kg fly wheel with inner magnetic system.
- 1 manual and 3 programs.
- · 8 level Tension Control System.
- · Computer display for speed, time, distance, calories, recovery and body fat.
- · With hand pulse.
- · With wheels for easy movement.
- Adjustable seat height for different users.
- Adjusting caps for uneven floor.
- TUV / GS Approved.
- · 3 pcs. Crank / Axle System.
- · Maximum User Weight 120 Kgs.



## KH-448 Magnetic Bike

#### Specifications

- · 8 Kg fly wheel with magnetic system
- · 8 level Tension Control System
- · Computer display for speed, time, distance, pulse, temperature & calories
- · 3 pcs advance crank system
- With hand pulse
- · With wheels for easy movement
- · Adjustable seat height for different users
- Adjusting caps for uneven floor



## KH-715 Magnetic Bike

- . 6 Kg fly wheel with magnetic system.
- · 8 level Tension Control System.
- · Computer display for speed, time, distance, pulse, RPM, temperature & calories.
- 3 pcs advance crank system
- · With hand pulse.
- · With wheels for easy movement.
- · Adjustable seat height for different users.
- · Adjusting caps for uneven floor.
- · TUV / GS Approved.
- · Maximum User Weight 110 Kgs.



## KH-795 Magnetic Bike

#### Specifications

- · 6 Kg fly wheel with magnetic system.
- · 8 level Tension Control System.
- · Computer display for speed, time, distance & calories.
- · With hand pulse.
- · With wheels for easy movement.
- · Adjustable seat height for different users.



## KH-62 Magnetic Bike

#### Specifications

- · Magnetic flywheel system
- · 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- · With 4kg flywheel
- Vertical & Horizontal seat adjustment



## KH-63 Magnetic Bike

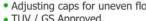
#### Specifications

- Magnetic flywheel system
- 8 level manual Tension Control System
- · Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- · Adjustable handle bar with hand pulse



## KH-555 Magnetic Bike

- 5 Kg fly wheel.
- 8 level tension control system.
- · Computer display for speed, time, distance and calories.
- · With hand pulse.
- · Handle bar adjustment
- With wheels for easy movement.





#### KH-550 Magnetic Bike

#### Specifications

- 5 Kg fly wheel.
- 8 level tension control system.
- · Computer display for speed, time, distance and calories.
- · With hand pulse.
- With wheels for easy movement.Ajustable seat height for different users.
- · Adjusting caps for uneven floor.
- . TUV / GS Approved.
- · Maximum User Weight 100 Kgs.



#### KH-442 X Bike

#### Specifications

- · Magnetic wheel with two ways system.
- · 8 Level Tension Control System.
- Computer display for speed, time, distance & calories.
- PU saddle with backpack
- · Smooth & silent belt transmission.
- · With wheels for easy movement.
- · Adjustable seat height for different users.
- Max User Weight 100 Kgs.



#### KH-245 Air Bike

- · Micro-adjustable tension.
- · Computer display for speed, pulse, time, distance and calories.
- · Adjustable seat height for different users.
- · Pedal with strap.



# **CULTBIKE X1** Commercial Group Bike









## KH-153

#### Spin Bike

#### Specifications

- Can be used for clubs.
- Adjustable resistance. Dipping handle bar.
- · Ultra sturdy structure with 20 kgs CNC flywheel.
- With adjustable seat.
- · Computer functions : time, speed, distance, calories & pulse.
- · Maximum User Weight 140 Kgs.

#### KH-152 Spin Bike Specifications

- Sturdy structure with 21 kgs stainless steel fly wheels.
   Adjustable resistance.
- Dipping handle bar.
- With adjustable seat.
- · With bottle holder, without bottle.
- · Computer functions: time, speed, distance, calories & pulse.

  Maximum User Weight 120 Kgs.



## KH-140

#### Spin Bike

- · Sturdy structure with stainless steel fly wheel.
- Adjustable seat.
- Adjustable seat.
   Adjustable and ergonomic handle bar assist the most comfortable sitting.
   Resistance levels: Variable.
   Computer display for showing time, distance, speed & RPM.

- SPD racing pedals.
- Transport wheels for easy movement.
   Maximum User Weight 100 Kgs





#### 318LP

#### **MULTI GYM**

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise, Shrugs & Leg press.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 219X222X213 CM



#### 318MG

#### **MULTI GYM**

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 213X150X213 CM





#### KH-316 Deluxe Home Gym

#### Specifications

- High end home gym with unique feature of bench press.
- 200 LBS weight plates with metal cover.
- 60mm x 1.5mm oval tubular steel frame.
- · With adjustments in most of the seats and handles.
- · Heavy upholstery with high density foam padding.



# KH-313 Home Gym

#### Specifications

- Home Gym with weight cover.
- 150 LBS PVC weights.
- . 60mm x 1.5mm oval tubular steel frame.

With abdominal strap.



#### KH-4700 Home Gym

#### Specifications

- · Home Gym with preacher curl.
- · With push up bars.
- · With situp bench.
- 130 LBS PVC weights with metal cover.
- Heavy 50mm x 50mm square tubular steel frame.



## KH-312 Home Gym

#### Specifications

- Home Gym without weight cover.
- 150 LBS PVC weights.
- 60mm x 1.5mm oval tubular steel frame.

· With abdominal strap.



# X50 PORTABLE SQUAT STAND

#### Specifications

Can be used as both for squats & bench press



#### **X75 FID BENCH**

#### Specifications

- Heavy duty frame structure.
- Options of flat, incline & decline position.Can be used for multiple exercises.



# X100 MULTI PURPOSE BENCH

#### Specifications

· Flat, incline & decline position

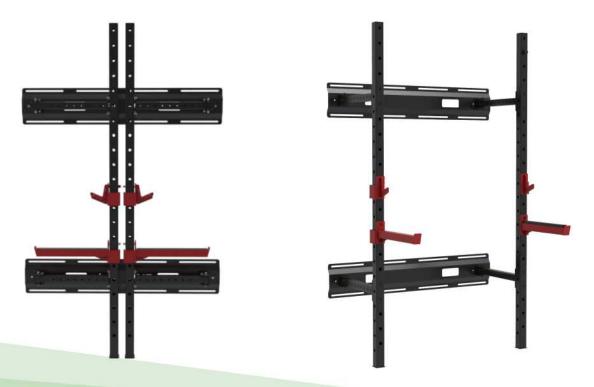
 With preacher curl attachment With leg extension & prone leg curl



#### X400

#### WALL MOUNTED FOLDABLE SQUAT RACK

- DIMENSIONS: 115X138X230 CMS
  MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



# X500 HALF RACK

#### Specifications

DIMENSIONS: 126X180X232 CMS

• MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



## X600

#### **FUNCTIONAL RACK WITH LONG PULL**

#### Specifications

DIMENSIONS: 154X170X232 CMS
 MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS



# **X900** FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS: 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



## **SAVAGE**

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS: 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



### VX-3600 Olympic Weight Bench

#### Specifications

- · Olympic Weight Bench.
- · Flat / Incline / Decline positions.
- · Adjustable incline for barbell set holder and seat.
- Padded rollers and seat for maximum comfort.
- Adjustable seat.
- Maximum User Weight 120 Kgs.



# VX-3500

#### Olympic Weight Bench

#### Specifications

- · Olympic Weight Bench.
- · Adjustable incline for barbell set holder and seat.
- Padded rollers and seat for maximum comfort.
- Adjustable seat.
- · Maximum User Weight 100 Kgs.



## VX-3400 Adjustable Bench

#### Specifications

- Flat / incline / decline position
- Leg extension / curl
- Maximum user weight 90 kgs



# VX-203a Adjustable Utility Bench

#### tajestable emily E

- Ideal exercise for building and tightening upper / lower body and abdominal muscles.
- · Adjustable incline and decline.
- · Padded seat for maximum comfort.



# KH-215 3 TIER DUMBBELL RACK

#### Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- Can hold upto 8-10 pairs of dumbbell.



#### KH-216 3 IN 1 STORAGE RACK

#### Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- · Can hold upto 8-10 pairs of dumbbell.
- · Can store weight plates and 4 barbells.



#### KH-218 Dumbbell Rack

#### Specifications

- · Made from Heavy Duty Cast Iron angles.
- · Can hold 10 pairs of Dumbbells.



#### VX-102 SIT-UP BENCH

- Ideal exercise for building and tightening abdominal muscles.
- Ajustable inclination.
- Padded roller and seat for maximum comfort.



## RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES
KGS
10
15
20
25
30
35
40



## VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- · Tear proof, soundless & bouncy effect.



-	SIZES
	KGS
	2.5
	5
	7.5
	10
	12.5
	15
	17.5
	20
	22.5
	25
	30
	35
	40
	45
	50

AVAILABLE

# VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



A	VAILABLE SIZES
	KGS
	2.5
	5
	7.5
	10
	12.5
	15
	17.5
	20
	22.5
	25
	27.5
	30
	35
	40
	45
	50

# VIVA FORCE DUMBBELLS

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



A	VAILABLE
	SIZES
	KGS
	2.5
	5
	7.5
	10
	12.5
	15
	17.5
	20
	22.5
	25
	27.5
	30
	35
	40

#### HEXAGON DUMBBELL

- · Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

## COLOURED BUMPER PLATES

• Made from high quality rubber.

AVAILABLE SIZES
KGS
5
10
15
20
25



# VIVA FITNESS TPR OLYMPIC HOLE PLATES

- Made from high grade thermoplastic rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

# VIVA POWER OLYMPIC HOLE PLATES

- Patented: Unique Anti Roll Design
- Made From Durable And Premium Grade Virgin Rubber
- Aesthetically Designed With Epdm Red Granules
- Ergonomically Designed Grips
- Long Lasting Aluminium Bushes



AVAILABLE SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

# VIVA FORCE OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- · Tear proof, soundless & bouncy effect

|--|

SIZES
KGS
1.25
2.5
5
7.5
10
15
20
25

AVAII ARI F

# NEOPRENE KETTLE BELL



of the latest development of the latest deve	ABLE ES
K	GS
	2
	4
9	8
	12
1	16
2	20
2	24
2	28
3	32

#### STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading: 1600 lbs
- 7.2 ft olympic length.
- Net weight: 20 kgs.



# IR105 POWER LIFTING BAR

- Net weight: 20 kgs.7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- · High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.Sleeve diameter : 50mm.
- Shaft length: 51.5".Sleeve length: 15.2"
- Max. load capacity: 816 kg / 1800 Lbs.

#### IR101

#### COMPETITION OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- · High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.Sleeve diameter : 50mm.
- Shaft length: 51.5".Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.



#### IR104 HEAVY LIFTING BAR

- Net weight: 20 kgs.
   7.2 ft olympic length
- 7.2 ft olympic length.
- Made from heat treated alloy steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush.
- Shaft diameter : 30mm.Sleeve diameter : 50mm.
- Shaft length: 53".
- Sleeve length: 15.2"
- Max. load capacity: 816 kg / 1800 Lbs.



#### IR94039

#### HEAVY DUTY OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 30mm.
- Sleeve diameter: 50mm.
- Sleeve length: 14".
- Max. load capacity: 816 kg / 1800 Lbs.



#### IR94038

#### OLYMPIC BAR

- Net weight : 16 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter: 28mm.
- Sleeve diameter: 50mm.
- Sleeve length: 14".



#### 72" OLYMPIC BAR

Net weight: 13 kgs.

High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 11".



#### **IR94048**

#### 48" OLYMPIC BAR

Net weight : 10 kgs.

· High quality nickel chrome finish.

Shaft diameter : 28mm.Sleeve diameter : 50mm.

Sleeve length: 8".



#### IR102 MULTI GRIP BAR

• Size: 2.2 meter



#### **IR94051**

#### 60" OLYMPIC BAR

Net weight : 11 kgs.

· High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 10".



#### IR94047

#### 47" EZ CURL BAR

Net weight : 10 kgs.

High quality nickel chrome finish.

Shaft diameter : 28mm.Sleeve diameter : 50mm.

Sleeve length: 8".



#### IR94083

56" OLYMPIC BAR



#### IR94045

OB20" OLYMPIC BAR



14" REGULAR RUBBER HANDLE HOLLOW BAR

• Matches our small hole rubber plates





IR94065
OLYMPIC BAR COLLAR (STEEL)



IR95069 NYLON LAT ROPE



IR95017 38" SOLID LAT BAR



IR95021



IR95023



IR94064
OLYMPIC BAR COLLAR (PLASTIC)



IR94061 COLLAR



**IR95015** 48" SOLID LAT BAR



IR95020 20" SOLID LAT BAR



IR95022





#### IR95019



#### IR95029



#### IR95028



# IR103 ROPE TRAINNER

- Unique cardio workout
- Adjustable resistance control





#### IR95024



#### IR95026



#### IR94084



# IR94089 OLYMPIC BAR PIVOT



IR94090 T BAR HANDLE



#### **POUND PAD**







INTRODUCING
TUNTURI ROUTES APP
For all our
cardio equipment

Explore the World from Home





# Explore the world from home

Do you want to check out your holiday destination or do you wish to cycle or run through the famous Central Park in New York City? This is possible with Tunturi Routes.

Make use of the videos users have uploaded all around the world. The resistance of your cardio equipment will sync automatically with the elevation changes in the video. It's like you are there...



## Choose from 50,000+ videos

Never get bored on your cardio trainer again. The platform offers you 50,000+ videos you can choose to play. The videos are from places all over the world, from the United 58 States to Australia and everything in between.





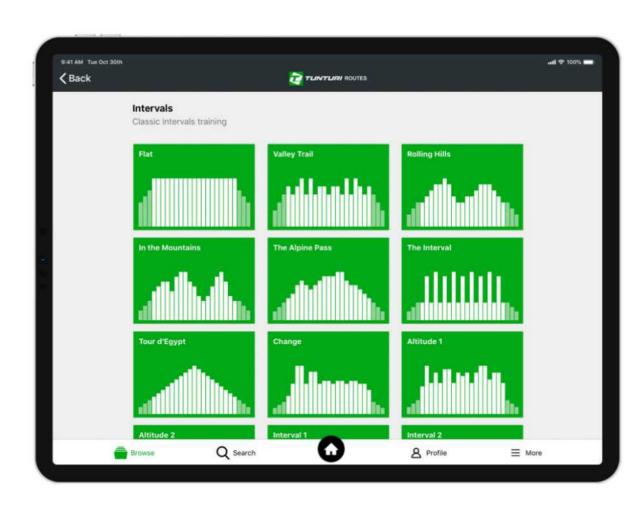
Cycle, cross and run at your own level

Is cycling up the Alpe 'D Huez on your bucket list, but still far out of reach? You can easily adjust the difficulty of video, which makes it possible for you to conquer mountains at your own level. Is the road ahead not challenging enough, increase the level of difficulty and challenge yourself.



Follow coaching classes from home

Do you know spin classes? A room full of sweaty people on spinning bikes accompanied by loud music? Coaches around the world have uploaded their coaching lessons on the platform, so you can follow the instructions of the coach from the comfort of your own home.



# **Expand your training profiles**

Doesn't your cardio trainer have enough training programs? No worries! Tunturi Routes offers a lot more training programs to do interval training. Start an interval training profile you like and decide yourself how long it takes.



MONITOR	DISPLAY TYPE	10 INCH LCD BACKLIGHT + 4 LED (GRAPHICAL PROFILES)	ERGONOMICS	RUNNING BELT / PROFILE	1.8 MM / CROSS TIP
	PROGRAMS TOTAL	44		HANDGRIP CONTROL	
		36 PRESET 3 USER 1 QUICK START 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN		SPEED/INCLINE	0
				FRONT HANDLEBAR	0
			EXTRA	HEART RATE VIA HANDSETS	<b>Ø</b>
	TIME, DISTANCE,	1 TIME COUNTDOWN		ANALOG CHESTBELT CONNECTION	<b>⊘</b> 5.0 - 5.4 KHZ
	CALORIE	<b>O</b>		BLUETOOTH CHEST BELT CONNECTION	<b>⊘</b> VIA APP
GENERAL	MOTOR	5 HP AC		BOTTLE HOLDER	<b>O</b>
	SPEED	0.8 - 24 KM/H			
	INCLINE	15		TRANSPORT WHEELS	O
	RUNNING SURFACE	W 55 x L 153 CM		BLUETOOTH	<b>O</b>
	RUNNING DECK TYPE	21 MM		USB CHARGER	0
	FOLDABLE	SOFT DROP		APPS (ANDROID / IOS)	(TUNTURI ROUTES / ANYRUN KINOMAP)
	SHOCK ABSORBING	T-FLEX COMFORT TOP		TABLET SUPPORT	0
	MAX USER WEIGHT	150 KG		STEP COUNTER	<b>②</b>
				USE	LIGHT COMMERCIAL

SERIES

ENDURANCE

TYPE



MONITOR	DISPLAY TYPE	10 INCH LCD BACKLIGHT + 4 LED (GRAPHICAL PROFILES)	ERGONOMICS	RUNNING BELT / PROFILE	1.8 MM / CROSS TIP
	PROGRAMS TOTAL	44			
		36 PRESET 3 USER 1 QUICK START 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN 1 TIME COUNTDOWN		HANDGRIP CONTROL SPEED/INCLINE	•
				FRONT HANDLEBAR	<b>O</b>
				HEART RATE VIA HANDSETS	•
	TIME, DISTANCE,			ANALOG CHESTBELT CONNECTION	<b>⊘</b> 5.0 - 5.4 KHZ
GENERAL	CALORIE	5.5 HP DC		BLUETOOTH CHEST BELT CONNECTION	<b>⊘</b> VIA APP
	SPEED	0.8 - 22 KM/H		BOTTLE HOLDER	0
	INCLINE	15		TRANSPORT WHEELS	0
	RUNNING SURFACE	W 55 x L 153 CM	EXTRA	BLUETOOTH	0
	RUNNING DECK TYPE	21 MM		USB CHARGER	0
	FOLDABLE	SOFT DROP		APPS (ANDROID / IOS)	(TUNTURI ROUTES / ANYRUN KINOMAP)
	SHOCK ABSORBING	T-FLEX COMFORT TOP		TABLET SUPPORT	<b>O</b>
	MAX USER WEIGHT	150 KG		STEP COUNTER	0
				USE	LIGHT COMMERCIAL



MONITOR	DISPLAY TYPE	4 LED + 400M TRACK	ERGONOMICS	RUNNING BELT / PROFILE	1.6 MM / SAND
GENERAL	PROGRAMS TOTAL	36 PRESET		HANDGRIP CONTROL SPEED/INCLINE	<b>②</b>
		3 USER 1 QUICK START 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN 1 TIME COUNTDOWN		FRONT HANDLEBAR	0
				HEART RATE VIA HANDSETS	•
	TIME DIOTANGE			ANALOG CHESTBELT	<b>◯</b> 5.0 - 5.4 KHZ
	CALORIE	0	EXTRA	BLUETOOTH CHEST BELT CONNECTION	<b>⊘</b> VIA APP
	MOTOR	4.5 HP DC			
	SPEED	1.0 - 20 KM/H		BOTTLE HOLDER	<b>Ø</b>
	INCLINE	15		TRANSPORT WHEELS	<b>O</b>
	RUNNING SURFACE	W 50 x L 140 CM		BLUETOOTH	<b>Ø</b>
		WETCHTAINENE AT A TRACTOR		USB CHARGER	0
	FOLDABLE	18 MM SOFT DROP		APPS (ANDROID / IOS)	(TUNTURI ROUTES / ANYRUN KINOMAP)
	SHOCK ABSORBING	T-FLEX COMFORT PLUS		TABLET SUPPORT	0
	MAX USER WEIGHT	135 KG		STEP COUNTER	<b>②</b>
				USE	номе



TOR	DISPLAY SIZE	5.5 INCH	GENERAL	BRAKE SYSTEM	PMS, SERVOMOTOR	ERGONOMICS	ADJUSTABLE MONITOR	•
	DISPLAY TYPE	COLOR LCD BACKLIGHT		FLYWHEELSYSTEM	32 KG		HANDLEBARS FIXED	
	PROGRAMS TOTAL	21		RESISTANCE	350 W		AND SWIVEL	0
		1 MANUAL, 12 PRESET,		ERGOMETER	0		HEART RATE VIA HANDSETS	0
		4 HEART RATE, 1 WATT, 1 RECOVERY,		POWER SUPPLY	ADAPTER 9V/1A		ANALOG CHESTBELT	<b>⊘</b> 5.0 - 5.4 KHZ
		1 BODY FAT/BMI 1 USER		STRIDE LENGTH	19 INCH / 50 CM		BLUETOOTH CHEST	•
	RESISTANCE LEVELS	32		PEDALS	COMFORT		BELT CONNECTION	0
	WATT PROGRAM	10 - 350 PER 5 WATT		DIMENSIONS	L 195 w 74 H 162 CM		BOTTLE HOLDER	HOLDER + BOTTLE
	FITNESS TEST	0		MAX. USER WEIGHT	135 KG		TRANSPORT WHEELS	ROBUST
	TIME, DISTANCE,					EXTRA	BLUETOOTH	•
	CALORIE	0				-	APPS(ANDROID / IOS)	TUNTURI ROUTES ICONSOL TRAINING/KINOMAP/ZWII
							TABLET SUPPORT	0
							USE	HOME

SERIES PERFORMANCE

TYPE E50R



NITOR	DISPLAY TYPE	5.5 INCH COLOR LCD BACKLIGHT	GENERAL	BRAKE SYSTEM	PMS, SERVOMOTOR	ERGONOMICS	HANDLEBAR	FIXED
	PROGRAMS TOTAL	21		FLYWHEELSYSTEM	11 KG		SEAT	COMFORT
		1 MANUAL 12 PRESET		RESISTANCE	350 W		SEAT ADJUSTMENT	HORIZONTAL
		4 HEART RATE 1 WATT		ERGOMETER	0		BACKREST	COMFORT
		1 RECOVERY 1 BODY FAT/BMI 1 USER		POWER SUPPLY	ADAPTER 9V/1A		BACKREST ADJUSTABLE	ANGLE
	RESISTANCE LEVELS	32		PEDALS	COMFORT		HEART RATE VIA	0
	WATT PROGRAM	10 - 350 PER 5 WATT		DIMENSIONS	L168 W 64 H 122 CM		HANDSETS	<u>×</u>
	FITNESS TEST	0		MAX. USER WEIGHT	135 KG		ANALOG CHESTBELT CONNECTION	<b>◎</b> 5.0 - 5.4 KHZ
	TIME, DISTANCE, CALORIE	0					BLUETOOTH CHEST BELT CONNECTION	0
							TRANSPORT WHEELS	ROBUST
						EXTRA	BLUETOOTH	0
							APPS (ANDROID / IOS)	TUNTURI ROUTES / ICONSOLE+ TRAINS KINOMAP / ZWIFT
							TABLET SUPPORT	0
							USE	HOME

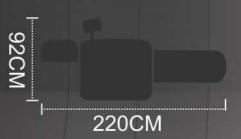


IONITOR	DISPLAY TYPE	5.5 INCH COLOR LCD BACKLIGHT	GENERAL	BRAKE SYSTEM	PMS, SERVOMOTOR	ERGONOMICS	ADJUSTABLE MONITOR	0
	PROGRAMS TOTAL	21		FLYWHEELSYSTEM	11 KG		HANDLEBAR	MULTIGRIP (ADJUSTABLE)
		1 MANUAL 12 PRESET		RESISTANCE	350 W		SEAT	COMFORT
		4 HEART RATE 1 WATT		ERGOMETER	0		SEAT ADJUSTMENT	HORIZONTAL / HEIGHT
		1 RECOVERY 1 BODY FAT/BMI 1 USER		POWER SUPPLY	ADAPTER 9V/1A		HEART RATE VIA	<b>O</b>
	RESISTANCE LEVELS	32 O 10 - 350 PER 5 WATT		PEDALS	COMFORT		ANALOG CHESTBELT	
	WATT PROGRAM			DIMENSIONS	L99 W 60 H 158 CM		CONNECTION	<b>◎</b> 5.0 - 5.4 KHZ
	FITNESS TEST	0		MAX. USER WEIGHT	135 KG		BLUETOOTH CHEST BELT CONNECTION	0
	TIME, DISTANCE, CALORIE	0					BOTTLE HOLDER	HOLDER + BOTTLI
	27,231112						TRANSPORT WHEELS	ROBUST
						EXTRA	BLUETOOTH	0
							APPS(ANDROID / IOS)	TUNTURI ROUTES / ICONSOLE + TRAINING/ KINOMAP / ZWIFT
							TABLET SUPPORT	0
							USE	HOME



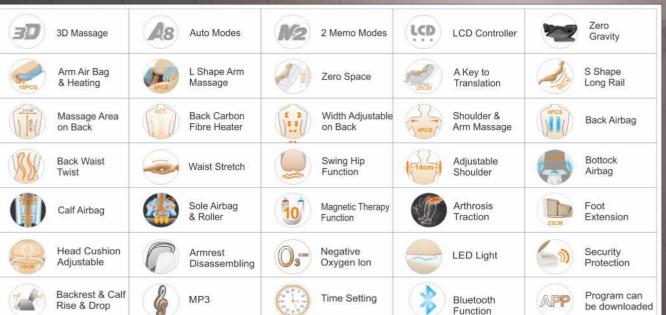


- 3D Technology Intelligent Massage
- Zero Wall
- Hip Swing
- Free Downloadable APP
- Fast-pairing Bluetooth
- Sole Roller Massage
- Shoulder 3 Width Switchable
- Negative ion Release
- S Contours Massage









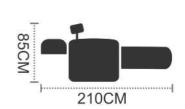
















3D Massage	Auto Modes	3 Memo Modes	Zero Gravity	Backrest & Calf Rise and Drop
Arm Air Bag and Heating	L Shape Arm Massage	Massage Area on Back	Back Carbon Fibre Heater	Width Adjustable on Back
Shoulder And Arm Massage	Back Airbag	Back-waist Twist	Waist Stretch	Buttock Airbag
Arthrosis Traction	Knee Heating	Calf Airbag	Sole Airbag and Roller	VFD Controller
Foot Extension	USB charging point connected with speakers	Child Protection Safety lock	Time setting	Head Cushion Adjustable

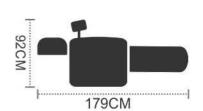
AVAILABLE COLOR OPTIONS



































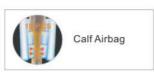




















LCD Controller



3 Auto Mode



Eye Vibration



Ocular Pressure



Light Wave Heating



MP3

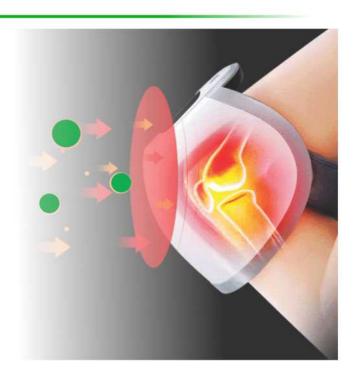








- SLEEK AND EASY TO USE
- NATURAL MAGNETS INSIDE THAT PROMOTES BLOOD **CIRCULATION & RELIEVES KNEE PAIN**
- WITH DIFFERENT LEVELS OF MASSAGE PRESSURE
- CARBON FIBRE INFRA-RED HEATER



# **Notes**

























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